

## CURRICULUM VITAE

**Sangita Pudasainee-Kapri, PhD, DNP, RN, APN, FNP-BC, CPN**

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### Title and Address:

Associate Professor  
Rutgers, The State University of New Jersey  
School of Nursing—Camden  
530 Federal Street  
Camden, NJ 08102-1508

### Contact Information:

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[Rutgers Faculty Page](#)  
[Google Scholar](#)  
[ResearchGate](#)

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## EDUCATION

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**Doctor of Philosophy in Child and Family Studies**, Syracuse University, Syracuse, NY, 2017

Dissertation Title: “*Developmental pathways between low birth weight status and children’s academic and socioemotional competence: The role of parenting processes as a moderator*” May 2017

Dissertation Committee: Dr. Rachel A. Razza, PhD (Advisor), Dr. Matthew Mulvaney, PhD, and Sandra D. Lane, PhD, MPH

**Doctor of Nursing Practice**, Rutgers, The State University of New Jersey, School of Nursing-Camden, Camden, NJ, 2020

DNP Project Title: “*Providers’ adherence to evidence-based asthma guidelines in primary care: A practice improvement project*” May 2020

DNP Committee: Dr. Cynthia Ayres, PhD, RN, FNAP, FNYAM (Advisor/Chair), Dr. Nancy M. H. Pontes PhD, RN, FNP-BC, DRCC, FNAP, FAAN

**Master of Science in Child and Family Studies**, Syracuse University, Syracuse, NY, 2020

**Bachelor of Science in Nursing**, Tribhuvan University, Kathmandu, Nepal, 2007

**Bachelor of Education**, Tribhuvan University, Kathmandu, Nepal, 2005

**Proficiency Certificate Level in Nursing**, Tribhuvan University, Nepal, 2002

## Certificates and Licenses Held

Advanced Practice Nurse, New Jersey (NJ) (2020-2028)

Registered Professional Nurse, NJ (2016-2028)

Registered Professional Nurse, Pennsylvania (PA) (2016-2025)

Certified Pediatric Nurse, Pediatric Nursing Certification Board (2016-2027)

Family Nurse Practitioner-Board Certified (FNP-BC: Since 2020), American Nurse Credentialing Center

Certificate of Advanced Study in Global Health (2014): Syracuse University, Syracuse, NY

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## HONORS AND AWARDS

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### Fellowships, Scholarships, and Post-Graduate Training

- 2026-2027: Honors College Faculty Fellow (Course Title: Pandemics and Child Wellbeing), Rutgers University
- 2024-2025: Early Career Faculty Fellow, Institute for the Study of Global Racial Justice (ISGRJ), Rutgers University
- 2024-2025: Early Career and Racial Equity Program Cohort, Faculty Diversity Collaborative, Rutgers University
- 2024-2025: National Institutes of Health (NIH) Engagement and Access for Research-Active Institutions (EARA) Pilot Program Cohort, NIH. *The EARA Pilot was targeted at faculty who plan to submit a research project grant in the next year and are ready to engage with one or more program officers at NIH. EARA helped me to match and connect with a NIH program officer.*
- 2022-2023: Engaged Civic Learning (ECL) Faculty Fellow, Office of Civic Engagement, Rutgers University-Camden, Camden NJ
- 2022-2022: Health Disparities Research Institute (HDRI) Scholar, NIH: National Institute of Minority Health and Health Disparities (NIMHD). OMB NUMBER: 0925-0740. *Project Title: Advancing Health Equity in Asthma Management among Adolescents from Low-Income Minority Families.*
- 2021-2022: Program for Early Career Excellence (PECE), Rutgers Office for Faculty Development, Rutgers University, Camden, NJ
- 2018-2020: Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing (AACN) and Johnson & Johnson
- 2018-2020: Nurse Faculty Loan Program (NFLP) Award funded by Health Resources and Services Administration (HRSA), Rutgers University, School of Nursing-Camden, Camden, NJ
- 2012-2013: Syracuse University Graduate Fellowship, Syracuse University, Syracuse, NY
- 2010-2012: Graduate Assistantship, Department of Human Development and Family Science, Syracuse University, Syracuse, NY

### Professional Honors and Awards

- 2025: Exemplary Leadership Award, Nepalese American Nurses Association
- 2025: Certificate of Recognition, Early Career and Racial Equity Program, Rutgers University
- 2025: Nominee, New Jersey CARES Award for Research Category, Institute for Nursing Foundation of the New Jersey State Nurses Association, Edison, NJ
- 2024: Diversity, Equity, and Inclusion Faculty Award, Rutgers University, School of Nursing-Camden, Camden, NJ
- 2024: Chancellor's Award for Diversity, Inclusion, and Community Engagement, Faculty/Staff Community Service, Rutgers University–Camden
- 2023: Certificate of Best Oral Presentation Award, National Nursing Conference for Nursing Scholars, School of Nursing and Midwifery, Sanepa, Lalitpur, Nepal
- 2023: Nurse Faculty Rising Star Award, Rutgers University, School of Nursing-Camden, Camden, NJ

- 2022: Certificate of Achievement, Nepalese American Nurses Association
- 2022: Certificate of Appreciation for Dedicated Service, Rutgers University, School of Nursing-Camden, Camden NJ
- 2021: Strategic Poster Award – Exemplifying Interdisciplinary Research related to Children’s Development, Society for Research in Child Development
- 2021: 40 Under 40 Leaders in Minority Health Award, National Minority Quality Forum
- 2020: Certificate of Appreciation, Nepalese American Nurses Association
- 2020: Certificate of Recognition, Community Leadership Center, Rutgers University-Camden
- 2017: Human Development and Family Science Doctorate Award for Research Excellence, Syracuse University, Syracuse, NY
- 2016: The Dean Edith Smith Dissertation Award, Syracuse University, Syracuse, NY
- 2015: Outstanding Newbie Award, St. Cloud Hospital, St. Cloud, MN
- 2013: Travel Grant Award for the Society for Research in Child Development Biennial Conference Presentations, Graduate Student Organization, Syracuse University, Syracuse, NY
- 2012: Graduate Student Master’s Prize, Syracuse University, Syracuse, NY

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## RESEARCH INTERESTS

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### Professional Identification

- Associate Professor of Nursing
- Nationally Certified Family Nurse Practitioner
- Nationally Certified Pediatric Nurse
- Global Health Nursing Leader
- Interdisciplinary Researcher
- Health Disparities Researcher

### Description of Research and Scholarly or Creative Objectives

As an independent nurse scientist, my research focus is upon maternal and child health disparities and chronic illness management research, with a focus on low-income and racially/ethnic minority families. My research utilizes both qualitative and quantitative methodologies, including advanced statistical modeling. The primary goal of my research—building on my dissertation—explores the impact of social determinants of health and clinical factors on perinatal mental health and developmental outcomes among at-risk children globally, such as those born preterm or with low birth weight infants. These studies provide a deeper understanding of factors that impact perinatal mental health and infant outcomes, offering a foundation for targeted interventions aimed at reducing mental health disparities and improving children’s outcomes with potential future applications in public health policy and community programs. The second stream of my research is to identify the unique social determinants of health and environmental factors that impact asthma self-management and asthma control among low-income minority children and adolescents. This focus merges with my expertise in pediatric clinical practice and interdisciplinary research and is fueled by the passion to reduce health disparities among children with chronic illnesses and to improve outcomes for underserved populations.

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## EMPLOYMENT HISTORY

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### Academic Positions

Rutgers, The State University of New Jersey, NJ

- 2026- Present: Associate Professor, Rutgers School of Nursing-Camden
- 2020-2026: Assistant Professor (Tenure-Track), Rutgers School of Nursing-Camden
- 2023-Present: Affiliate Faculty, Department of Prevention Science, Rutgers-Camden
- 01/2020-05/2020: Teaching Assistant, Rutgers School of Nursing-Camden
- 01/2019-05/2019: Part-time Lecturer, Rutgers School of Nursing-Camden

Syracuse University, Syracuse, NY

- 08/2010-05/2012: Graduate Teaching Assistant

### Clinical Experience

#### *Registered Nurse, Nursing Incharge, and/Preceptor*

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|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12/2017 – 08/2020 | Jefferson Washington Township Hospital, Turnersville, NJ<br><i>Department: Pediatric, Neonatal Intensive Care Unit (NICU), Mother-Baby /Postpartum Unit, Emergency Department</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 03/2017 – 06/2018 | Cooper Children's Regional Hospital, Camden, NJ<br><i>Department: Pediatric, Mother-Baby, and NICU (Float Nurse)</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 10/2014 – 07/2016 | St. Cloud Hospital, St. Cloud, MN<br><i>Department: General Pediatric, Pediatric Intermediate Care Unit, Pediatric Intensive Care Unit, Pediatric Sedation, and NICU</i><br>Spring 2016: Clinical Preceptor for Capstone Student of St. Cloud University, MN                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 07/2013 – 07/2014 | Elmcrest Children's Center, Syracuse, NY<br><i>Department: Residential Behavioral Health, provide residential care for children and adolescents with emotional, behavioral, and developmental disorders and</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 03/2003 – 05/2008 | Ministry of Health, Government of Nepal (Served across different hospitals/health center across Nepal) <ul style="list-style-type: none"> <li>○ 2003: RN and Nursing In-Charge, Amppipal Hospital<br/><i>Department: Medical/Surgical, Labor/Delivery</i></li> <li>○ 2003-2005: RN, Aruchanaute Primary Health Center, Gorkha Nepal<br/><i>Department: Outpatient Department, Maternal and Child Health Clinic, Directly Observed Treatment Short-course (DOTS: standard strategy for diagnosing and curing tuberculosis) Clinic</i></li> <li>○ 2003-2005: Nursing In-Charge and Coordinator at Aruchaunaute Primary Health Center, Maternal and Child Health Clinic and Expanded Program on Immunization</li> <li>○ 2005-2008: Bhaktapur Hospital, Bhaktapur and Dhading Hospital, Dhading</li> </ul> |

*Department: General Pediatrics, Post-operative Unit*

09/2002 – 03/2003 Kanti Children's Hospital, Kathmandu, Nepal  
*Department of Pediatric Oncology and Cardiology*

08/2002 – 02/2003 Om Hospital and Research Center, Kathmandu, Nepal  
*Department: Medical and Surgical Unit*

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## PUBLICATIONS

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### Articles in Refereed Journals

- Shrestha, T., **Pudasainee-Kapri, S.**, & Kapri, K. (2026). Association of postpartum depression and social support with parenting self-efficacy among postpartum women in Nepal. *BMC Pregnancy and Childbirth*. Advance online publication. <https://doi.org/10.1186/s12884-026-09263-2>
- Pudasainee-Kapri, S.**, Pontes N. M., & Pontes M. (2026). Caregiver incarceration heightens the effect of asthma on anxiety and/or depression among school-aged children: NCHS 2016-2020. *Journal of School Nursing*. Advance online publication. <https://doi.org/10.1177/10598405261442590>
- Pudasainee-Kapri, S.** Shrestha, T., Kapri, K., Wunnenberg, M., Pandey A., Chapagain, R., & Chapagai, M., Gupta, P. (2026). Depression beyond the six-months postpartum period: A mixed-method study among women in Nepal. *Journal of Advanced Nursing*, 1–14. <https://doi.org/10.1111/jan.70601>
- Pudasainee-Kapri, S.**, Gyawali, J., Kandel, P., Rajbanshi, M., & Bhandari, B. (2026). Effectiveness of self-management interventions for asthma control and healthcare utilization among school-aged children in minority families in the United States: A protocol for systematic review and meta-analysis. *BMJ open*, 16(1), e103108. <https://doi.org/10.1136/bmjopen-2025-103108>
- Zhang, Y., **Pudasainee-Kapri, S.**, Razza, R. A., & Madre, N. (2026). Household instability and self-regulation in Head Start children: The mediating and moderating roles of bedtime routines. *Infant Mental Health Journal*, 47(2), e70071. <https://doi.org/10.1002/imhj.70071>
- Pudasainee-Kapri, S.** (2025). Prevalence of low birth weight and its developmental vulnerability among infants in Nepal: A critical review of the literature and future recommendations. *Journal of Nepal Medical Association*, 63(287), 541-549. <https://doi.org/10.31729/jnma.9112>
- Pudasainee-Kapri, S.**, Li, Y., Kapri, K. P., Fu, M. R., Wiest, D., Kandel, P., & Hussain, M. J. (2025). Emergency department visits among children with asthma: Racial/ethnic disparities before and during the COVID-19 pandemic. *Nursing Outlook*, 73(3), 102394. <https://doi.org/10.1016/j.outlook.2025.102394>
- Pudasainee-Kapri, S.**, Shrestha, T., Wunnenberg, M., Kapri, K., Chapagai, M., & Chapagain, R. (2025). The association between low birthweight and postpartum depression: A cross-sectional multisite study among women within six months of postpartum. *Journal of Nursing Practice Applications and Reviews of Research*, 15 (1), 12-21. <https://doi.org/10.13178/jnparr.2025.1501.1504>
- Pudasainee-Kapri, S.**, Zhang Y., & Razza, R. (2025). Early bedtime routines and behavioral outcomes among children from low-income families: Mediating role of emotion regulation. *Infant Behavior and Development*, 78, (102027), 1-14. <https://doi.org/10.1016/j.infbeh.2025.102027>

- Shrestha, T., Pandey Bista, A., Joshi Pradhan, S., **Pudasainee-Kapri, S.**, & Subedi, M. (2025). Unveiling parents' lived experience with preterm infant care and support in neonatal care units of public hospitals in Nepal: A phenomenological inquiry. *PloS One*, 20(2), e0319013. <https://doi.org/10.1371/journal.pone.0319013>
- Gyawali, J., **Pudasainee-Kapri, S.**, Agrawal, S., Khatri, D. B., Adhikari, S., & Dhunagana, P. P. (2024). Cytomegalovirus-associated pancytopenia in a four-month-old infant: A case report. *BMC Infectious Diseases*, 24(1), 1277-1280. <https://doi.org/10.1186/s12879-024-10191-9>
- Nepal, J., Chaudhary, K., Adhikari, B., Shrestha, A., Shrestha, A., **Pudasainee-Kapri, S.**, Rawal, S. Association of gestational weight gain rate with infant birth weight and cesarean delivery: A prospective study in Nepal. *PLOS Global Public Health* 4(11), e0003546- e0003557. <https://doi.org/10.1371/journal.pgph.0003546>
- Pudasainee-Kapri, S.**, Shrestha, T., Dahan, T., & Wunnenberg, M. (2024). Translation, validation, and factor structure of the Nepali version of postpartum bonding questionnaires (PBQ-N) among postpartum women in Nepal. *PLOS Global Public Health*, 4(7), e0003469-e0003483. <https://doi.org/10.1371/journal.pgph.0003469>
- Pandey A., Yang, M., **Pudasainee-Kapri, S.**, & Adhikary, D. P. (2023). Factors influencing the utilization of postnatal care services in the first seven days of childbirth in Nepal. *Journal of Nursing Education of Nepal*, 14, 1, 14-20. <https://doi.org/10.62143/6y1krc50>
- Pudasainee-Kapri, S.**, Pontes, N. M. H., & Pontes, M. C. F. (2023). Sex differences in the relationship between asthma and bullying victimization among high school students in the United States. *The Journal of School Health* 93(11), 982–989. <https://doi.org/10.1111/josh.13353>
- Bushnell, G., Sun, J. W., dosReis, S., Castillo, W. C., Czaja, A. S., Durrieu, G., Gerhard, T., Lee, H., Kaguelidou, F., **Pudasainee-Kapri, S.**, Raman, S., Spence, O., Horton, D. B. (2022). Geographical variation in psychotropic prescriptions dispensed to us children and adolescents early in the covid-19 pandemic. *Psychiatric Services (Washington, D.C.)*, 74(8), 880-884. <https://doi.org/10.1176/appi.ps.20220314>
- Sullivan-Bolyai, S., Ratta, C. D., Flanagan, J., **Pudasainee-Kapri, S.**, & Sefcik, J. S. (2022). Salami slicing and other fatal flaws to avoid in publishing qualitative findings. *Journal of Pediatric Nursing*, 66, A9-A10. (Editorial) <https://doi.org/10.1016/j.pedn.2022.08.003>
- Atkins, R., Kelly, T., Johnson, S., Deatrck, J., Wunnenberg, M., Joseph, P., **Pudasainee-Kapri, S.**, Gage, G., Pontes, N., & Williams, W. (2022). Salient beliefs and willingness towards participating in genetic salivary testing in a multi-ethnic sample of mothers at-risk for depression. *Archives of Psychiatric Nursing*, 41, 153-165. <https://doi.org/10.1016/j.apnu.2022.07.002>
- Pudasainee-Kapri, S.** (2022). Moderate low birth weight and socioemotional competence among children: The role of parenting factors in early childhood. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 64, 74-83. <https://doi.org/10.1016/j.pedn.2021.12.025>. PMID: 35240492
- Pudasainee-Kapri, S.** (2021). Providers' adherence to evidence-based asthma guidelines in pediatric primary care. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 57, 18-24. <https://doi.org/10.1016/j.pedn.2020.09.020> PMID: 33212342
- Pudasainee-Kapri, S.**, & Razza, R. A. (2020). Low birth weight and children's cognitive competence: The role of maternal warmth in early childhood. *Early Child Development and Care GECD*, 119 (16), 2551-2562. <https://doi.org/10.1080/03004430.2019.1590351>.

**Pudasainee-Kapri, S., & Razza, R. A. (2015).** Associations among supportive coparenting, father engagement, and attachment: the role of race/ethnicity. *Journal of Child and Family Studies*, 24, 3793-3804. <https://doi.org/10.1007/s10826-015-0187-6>

### Other Publications/Scholarly Contributions

- South Jersey Institute for Population Health. (2024). *South Jersey perinatal population health and data project*. In J. Valentine, **S. Pudasainee-Kapri**, S. Linz, K. Kapri, R. Shmuts, K. Buttler-Witt, & Q. Ingemi (Project Team), *SJIPH project and partnerships: Child and family health (SJIPH Impact Report 2024*, pp. 40–43). <https://sjiph.org/2024-impact-report>
- South Jersey Institute for Population Health. (2024). *South Jersey longitudinal data project to enhance health equity*. In D. Weist, **S. Pudasainee-Kapri**, Y. Li, & K. Kapri (Project Team), *SJIPH project and partnerships: Health equity for vulnerable populations (SJIPH Impact Report 2024*, pp. 22–23). <https://sjiph.org/2024-impact-report/>
- Pudasainee-Kapri, S., Kandel, P., Bohora, S., Rajbanshi, M. & Bhandari, B. (2024).** Effectiveness of self-management interventions for asthma control and healthcare utilization among children and adolescents in minority and low-income families in the United States: A systematic review and meta-analysis. *National Institute for Health Research: International Prospective Register of Systematic Reviews PROSPERO#CRD42024567466*.1-6. [https://www.crd.york.ac.uk/prospero/display\\_record.php?ID=CRD42024567466](https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42024567466)
- Pudasainee-Kapri, S. (2020).** *Providers' adherence to evidence-based asthma guidelines in primary care: A practice improvement project* [Doctor of Nursing Practice Project, Rutgers University]. DNP Project Repository.
- Pudasainee-Kapri, S. (2017).** *Developmental pathways between low birth weight status and children's academic and socioemotional competence: The role of parenting processes as a moderator* (Publication No. 736) [Doctoral dissertation, Syracuse University]. Surface. <https://surface.syr.edu/etd/736/>
- Pudasainee-Kapri, S. & Razza, R. (2013).** *Attachment security among toddlers: The impacts of supportive coparenting and father engagement*. Working Papers 1441: Princeton University, School of Public and International Affairs, Center for Research on Child Wellbeing. <https://ideas.repec.org/p/pri/crcwel/wp13-01-ff.pdf.html>
- Pudasainee-Kapri, S. (2012).** *Attachment security among toddlers: The impacts of supportive coparenting and father engagement* (Publication No. 1) [Master's thesis, Syracuse University]. Surface Child and Family Studies. [https://surface.syr.edu/cfs\\_thesis/1](https://surface.syr.edu/cfs_thesis/1)

### Peer-Reviewed Conference Proceedings

- Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D., Fu, M., & Hussain, M. (2024).** Factors influencing asthma health disparities and trends of ED visits/hospitalization among children and adolescents with asthma in South Jersey [Abstract]. *Nursing Research*, 73(3), E109.
- Linz, S., **Pudasainee-Kapri, S.**, & Valentine, J., (2024). Patient perceptions of barriers and facilitators in the treatment of perinatal depression [Abstract]. *Nursing Research* 73(3), E195-E196.
- Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., Kapri, K. (2024).** Postpartum depression, maternal self-efficacy, and mother-infant bonding among mothers attending immunization clinic of tertiary hospitals in Kathmandu Nepal: Role of birth weight and social factors [Abstract]. *Nursing Research* 73(3), E38-E39.

- Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P.** (2024). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. *Nepal Health Research Library*. <https://elibrary.nhrc.gov.np/handle/20.500.14356/2425>
- Pudasainee-Kapri, S., Pontes N.M., & Pontes M.** (2023). Interactions between asthma and caregiver incarceration on anxiety and depression among US children (6 to 17 years) [Abstract]. *Nursing Research*, 72 (3), E149.
- Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R.** (2023). The impact of birth weight on postpartum depression and mother-infant bonding [Abstract]. *Nursing Research*, 72(3), E158.
- Pudasainee-Kapri, S., Pontes N. M., & Pontes M.** (2022). Additive interactions between asthma and gender on bullying victimization among us high school adolescents [Abstract]. *Nursing Research*, 71 (2), S52.
- Pudasainee-Kapri, S., Pandey A., Yang, M., & Adhikary, D.P.** (2022). Factors affecting the utilization of postnatal care services in first seven days of childbirth at public health facilities in Nepal [Abstract]. *Nursing Research*, 71(3), S64-S65.
- Bushnell, G., Sun, J.W., dos Reis, S., Castillo, W. C., Czaja, A.S., Durrieu, G., Gerhard, T., Lee, H., Kaguelidou, F., **Pudasainee-Kapri, S.**, Raman, S., Spence, O., Horton, D.B. (2022). Trends in psychotropic prescriptions dispensed to US children early in the COVID-19 pandemic. *Pharmacoepidemiology and Drug Safety*, 3(Suppl. 2), 470-471.
- Pudasainee-Kapri, S. & Zhang Y.** (2021). Early sleep routine, emotional regulation, and attentional outcomes: A longitudinal study among children from low-income families. *Nursing Research*, 70(3), E94.
- Pudasainee-Kapri, S.** (2020). Developmental pathways between low birth weight and children's cognitive and socioemotional competence: The role of maternal warmth in early childhood. *Nursing Research*, 69(3), E150.
- Atkins, R., Kelly, T., Johnson, S., Gale, G., Joseph, P., Wunnenberg, M., Cresse, N., **Pudasainee-Kapri, S.**, Pontes, N., & Deatrick, J. (2020). Factors that impact genetic (DNA) testing in multi-ethnic mothers from under-resourced communities. *Nursing Research*, 69 (3), E40.

### Manuscripts Under Reviews

- Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., Chapagain, R., & Chapagai, M.** Screening and management of perinatal depression in Nepal: The need for urgent action. (*Short Communication/Policy Paper*) (Revised and Resubmitted)
- Shrestha, T., Acharya R., Sharma, M. R., Paudel, K., **Pudasainee-Kapri, S.**, Lawat, I. Factors contributing to quality nursing care practices in neonatal care units in Nepal: Mixed-method exploration. (Revised and Resubmitted)

### Works in Progress

- Shrestha, T., **Pudasainee-Kapri, S.**, Sharma, P. (working paper). Perceived experiences of postpartum women towards the utilization of maternal and child health care services in Nepal: A Qualitative Inquiry

- Pudasainee-Kapri, S., Dahan, T., Shrestha, T., & Ramos de Oliveira, C.** (working paper). Effects of maternal postpartum depression on socioemotional outcomes among infants in Nepal: Mediating role of postpartum bonding
- Pudasainee-Kapri, S., Dahan, T., Shrestha, T., & Gyawali, J.** (working paper). Construct validity evidence of Nepali version of postpartum bonding questionnaires (PBQ-N) among postpartum women in Nepal.
- Pudasainee-Kapri, S., Kapri, K., Richeson, A., Li, Y.; Linz S., Valentine, J.** (Working Paper). Clinical and social drivers of postpartum depression before and during pandemic: Evidence from 5-year PRAMS and Birth Certificate Data
- Pudasainee-Kapri, S., Gyawali, G., & Fu, M.** (working paper). Social determinants of health contributing to asthma self-management among children and adolescents: Current evidence and future recommendations. (Integrative Review: Revising and Editing the Manuscript)
- Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D., Fu, M., Hussain, M.** (working paper). Socioeconomic disparities in the emergency department visits among school children and adolescents with asthma in South Jersey. (Status: Data analysis and manuscript preparation ongoing)
- Pudasainee-Kapri, S., Kandel, P., Gyawali, G., Rajbanshi, M., & Bhandari, B.** (working paper). Systematic review and meta-analysis of self-management interventions for asthma control among children and adolescents in historically marginalized and low-income families.
- Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D., Fu, M., Hussain, M., & Abbas, J.** (working paper). Caregivers' perceptions of barriers and facilitators of asthma self-management among adolescents in South Jersey: A qualitative study
- Pontes N. M., **Pudasainee-Kapri, S.**, & Pontes M. (working paper). Sex differences in bullying victimization among children with autism, ADHD, and asthma.
- Modi, N., Wunnenberg, M., & **Pudasainee-Kapri, S.** (Working Paper). Implementing integrative practices through staff education in an adult daycare setting: A quality improvement project.

## TEACHING ACTIVITIES

### Courses Taught, Rutgers University, School of Nursing-Camden (\*Multiple Sections)

- \*Scholarly Seminar III: DNP Project Evaluation and Dissemination Seminar (DNP Program)  
Spring 2026, Spring 2025, Spring 2024
- Social Determinants of Health Impacting Children in the Global Communities (Undergraduate Program: Gen Ed course)  
Fall 2025
- \*Seminar on Professional Nursing (Traditional Undergraduate BSN Program)  
Fall 2025, Fall 2024, Fall 2022, Fall 2021, Fall 2020
- Seminar on Professional Nursing (Accelerated Bachelor of Science (ABS) Program)  
Spring 2023, Spring 2022, Spring 2021
- Issues in Nursing, Health, and Healthcare (RN-BSN Program)  
Spring 2022
- \*Nursing of Children and Adolescents (Traditional Undergraduate BSN Program)  
Spring 2021
- Wellness and Health Assessment Lab (ABS Program)  
Spring 2019

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## CONFERENCE PRESENTATIONS, LECTURES, DEMONSTRATIONS

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### Keynote Speaker

**Pudasainee-Kapri, S.** (2020, December 17). *Impact of COVID-19 pandemic on children's health and wellbeing* [Keynote presentation]. 8<sup>th</sup> Annual Virtual Nepalese American Nurses Association (NANA) Seminar.

### Invited Addresses

**Pudasainee-Kapri, S.** (2026, April 15). *DICE/WRI/CURE Engaged Scholarship Session: Community-engaged research and scholarship* [Panel Presentation and Roundtable Discussion]. SPARK Week Event organized by the Senator Walter Rand Institute (WRI) for Public Affairs, Division of Diversity, Inclusion, and Community Engagement (DICE), Center for Urban Research and Education (CURE), Rutgers University-Camden, Camden NJ.

**Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., & Kapri, K.** (2026, January 17). *Screening for perinatal depression: Clinical and policy implications* [Podium Presentation]. 13th Annual Conference of Nepalese American Nurses Association, Queens, New York.

Van de Water, B., **Pudasainee-Kapri, S., Sharma, Y., Rainer, S.** (2025, June 12). *Diverse Opportunities in Global Nursing Research*, [Virtual panel presentation]. Eastern Nursing Research Society (ENRS) Global Health Research Interest Group.

**Pudasainee-Kapri, S., Li, Y., Kapri, K., Richeson, A. R.** (2025, April 9). *Clinical and social factors contributing to postpartum depression and help seeking behaviors among birthing individuals: Evidence from New Jersey PRAMS and birth certificate data 2017 -2021* [Paper presentation]. Annual Rutgers Research Week, Chancellor's New Faculty Research Symposium, Camden, NJ.

**Pudasainee-Kapri, S., Dahan, T., Shrestha, T., Richeson, R., Wunnenberg, M., & Ramos de Olivera, C.** (2025, March 26). *The mediating role of mother-infant bonding in the relationship among postpartum mental health, maternal self-efficacy, and infant socioemotional development in Nepal* [Virtual paper presentation]. Faculty Development Presentation organized by Faculty Affairs and Development Committee, Rutgers School of Nursing-Camden, Camden NJ.

**Pudasainee-Kapri, S.** (2025, January 22). *Patient safety, effective communication, and quality patient care: Healthcare professionals' role*. Health Volunteers Overseas Virtual Nursing Education, Devdaha Medical College and Research Institute, Butwal, Nepal

**Pudasainee-Kapri, S.** (2024, November 21). *Interdisciplinary research in maternal and child health* [Invited lecture]. NURS 749 – Interdisciplinary Research & Scholarship Seminar for Doctoral Students, School of Nursing, University of Nevada, Nevada, Las Vegas (Virtual).

**Pudasainee-Kapri, S.** (2023, June 24). *Overview of the nurse practitioner program and its feasibility in Nepal* [Paper presentation]. Virtual webinar on the Feasibility of Nurse Practitioner Programs in Nepal, US-Nepal Policy Research Center.

**Pudasainee-Kapri, S., Pontes N. M., & Pontes M.** (2023, May 3). *Interactions between asthma and caregiver incarceration on anxiety and depression among US children (6 to 17 years)* [Paper presentation]. Annual Rutgers Research Week, Faculty Research and Creative Activity Symposium, Camden, NJ.

**Pudasainee-Kapri, S.** (2022, September 13). *Panel discussion about surviving and thriving in your first year for the new faculty* [Panel presentation]. Rutgers University-Camden, Chancellor Unit, Camden, NJ.

- Pudasainee-Kapri, S.** (2022, July 14). *Postpartum depression and parent-infant outcomes* [Paper presentation]. Tribhuvan University, Maharajgunj Nursing Campus, Maharajgunj, Nepal.
- Pudasainee-Kapri, S., Pontes, N. M., & Pontes, M.** (2022, March 24). *Additive interactions between asthma and gender on bullying victimization among U.S. high school students* [Paper presentation]. Annual Rutgers Research Week, Chancellor's New Faculty Research Symposium, Camden, NJ.
- Pudasainee-Kapri, S.** (2021, November 20). *Impact of the implementation of asthma management practice guidelines in pediatric primary care* [Paper presentation]. 9<sup>th</sup> Annual NANA Seminar, Jackson Heights, NY.
- Pudasainee-Kapri, S.** (2021, August 6). *Health professional panel presentation* [Panel speaker]. Department of Human Development and Family Science, Syracuse University, Syracuse NY (Virtual).
- Pudasainee-Kapri, S.** (2021, June 5). *COVID-19 pandemic: Child health, wellbeing, and child protection* [Paper presentation]. Pediatric Nurses Association of Nepal (PNAN), Provincial dialogue on child protection and child case management at health institution in an emergency situation, Lumbini Province, Nepal (Virtual).
- Pudasainee-Kapri, S.** (2021, May 27). *COVID-19 pandemic: Child health, wellbeing, and child protection* [Paper presentation]. PNAN, Provincial dialogue on child protection and child case management at health institution in an emergency situation, Bagmati Province, Nepal (Virtual).
- Pudasainee-Kapri, S.** (2021, March 6). *Maternal and child health nursing practice in the United States* [Paper presentation]. 3<sup>rd</sup> Annual Virtual PNAN Seminar, Nepal.
- Pudasainee-Kapri, S.** (2018, November 3). *Cultural competency in health care* [Paper presentation]. 6<sup>th</sup> Annual NANA Seminar, Jackson Heights, NY.
- Pudasainee-Kapri, S.** (2017, July 15). The role of parenting processes in the association between moderate low birth weight and children's academic and socioemotional competence [Paper presentation]. Tribhuvan University, Maharajgunj Nursing Campus, Kathmandu, Nepal.

## Referred Conference Presentations

- Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M.** (2026, July 16-18). *Caregiver perspectives on barriers and facilitators to adolescent asthma self-management* [Poster Presentation scheduled]. Sigma's 37th International Nursing Research Congress, Toronto, Canada.
- Pudasainee-Kapri, S., Abbas, J., Fu, M. R., & Wunnenberg, M.** (2026, March 25-27). *Qualitative study exploring multi-level barriers and facilitators of asthma self-management among adolescents in South Jersey* [Poster Presentation]. 36th Annual ENRS Scientific Sessions, Boston, MA.
- Wunnenberg, M., Dahan, T. & **Pudasainee-Kapri, S.,** (2026, March 25-27). *Development and validation of a self-efficacy instrument for clinical nursing instructors* [Poster Presentation]. 36th Annual ENRS Scientific Sessions, Boston, MA.
- Pudasainee-Kapri, S., Shrestha, T., Kapri, K., & Dahan, T.** (2025, November 14-16). *Postpartum depression and infant socioemotional outcomes in Nepal: The role of mother-infant bonding.* [Podium Presentation]. The 24<sup>th</sup> Congress of the Federation of Asia and Oceania Perinatal Societies (FAOPS) conference, Kathmandu Nepal.

- Pudasainee-Kapri, S.; Abbas, J.** (2025, October 21-23). *Caregivers' Perspectives on Barriers and Facilitators of Adolescent Asthma Management in South Jersey: A Qualitative Exploration* [Virtual Poster Presentation]. 2025 APS Global Psychological Science Summit.
- Pudasainee-Kapri, S.; Abbas, J.** (2025, October 21-23). *Caregivers' Perspectives on Barriers and Facilitators of Adolescent Asthma Management in South Jersey: A Qualitative Exploration*. [Virtual Roundtable Presentation]. 2025 APS Global Psychological Science Summit.
- Pudasainee-Kapri, S., Shrestha, T., Kapri, K., Dahan, T.** (2025, September 9). *Maternal Mental Health, Bonding, and Infant Development: Evidence and Insights from Multiple Studies in Nepal*, [Podium Presentation]. Health Foundation Nepal's 2025 Annual Conference, Queens, New York.
- Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M.** (2025, July 17-20). *Global health nursing and social determinants: Impacts on maternal mental health & child development* [Symposium-Paper Presentation]. Sigma's 36th International Nursing Research Congress, Seattle, Washington.
- Pudasainee-Kapri, S., Kapri, K., Richeson, A., & Li, Y.** (2025, July 17-20). *Disparities in postpartum depression by social factors: Evidence of PRAMS and birth certificate data* [Paper presentation]. Sigma's 36th International Nursing Research Congress, Seattle, Washington.
- Pudasainee-Kapri, S., Shrestha, T., Dahan, T., & Wunnenberg, M.** (2025, May 1-3). *Maternal mental health, parenting self-efficacy, and infant developmental outcomes: Role of birthweight and social factors* [Poster presentation]. Biennial Meeting in Society for Research in Child Development, Minneapolis, MN.
- Pudasainee-Kapri, S., Kapri, K., Richeson, A., & Li, Y.** (2025, May 1-3). *Clinical and social determinants of postpartum depression: Evidence from PRAMS survey and birth certificate data* [Poster presentation]. Biennial Meeting of the Society for Research in Child Development, Minneapolis, MN.
- Pudasainee-Kapri, S., Wunnenberg, M., & Shrestha, T.** (2025, April 3-4). *Qualitative exploration of factors contributing to maternal mental health outcomes among women 6-12 months postpartum women in Nepal* [Poster presentation]. 37th Annual ENRS Scientific Sessions, Philadelphia, PA.
- Rainer, S., DeSiena, R., **Pudasainee-Kapri, S.**, Sharma, Y., & Van de Water, B. (2025, April 3-4). *Global health research interest group: Diverse opportunities in global nursing research* [Poster presentation]. 37th Annual ENRS Scientific Sessions, Philadelphia, PA.
- Pudasainee-Kapri, S., Dahan, T., Shrestha, T., & Wunnenberg, M.** (2025, April 3-4). Effects of maternal postpartum depression and self-efficacy on socioemotional outcomes among infants in Nepal: Mediating role of postpartum bonding [Poster presentation]. 37<sup>th</sup> Annual ENRS Scientific Sessions, Philadelphia, PA.
- Pudasainee-Kapri, S., Kapri, K., Richeson, A., & Li, Y.** (2025, April 3-4). *Social Determinants of health contributing to mental health disparities and help seeking behaviors within six-months postpartum: Evidence from New Jersey PRAMS linking birth certificate data 2017 -2021* [Paper presentation]. 37th Annual ENRS Scientific Sessions, Philadelphia, PA.
- Pontes N. M., **Pudasainee-Kapri, S.**, & Pontes M. (2025, April 3-4). *Sex differences in bullying victimization among children with autism, ADHD, and asthma* [Paper presentation]. 37th Annual ENRS Scientific Sessions, Philadelphia, PA.
- Pudasainee-Kapri, S., Kapri, K., Valentine, J., & Linz, S.** (2024, October 9-12). *Social and clinical determinants of postpartum depression among women within two to six months of childbirth in New Jersey: Evidence from the New Jersey pregnancy risk monitoring system (PRAMS) survey 2017-*

2021 [Paper presentation]. 38<sup>th</sup> Annual Conference of the American Psychiatric Nurses Association, Louisville, Kentucky.

**Pudasainee-Kapri, S.,** Wunnenberg, M., Shrestha, T., Kapri, K. (2024, October 9-12). *Factors influencing maternal mental health and infant outcomes among women 6-12 months postpartum in Nepal: A mixed-methods exploration* [Paper presentation]. 38<sup>th</sup> Annual Conference of the American Psychiatric Nurses Association, Louisville, Kentucky.

**Pudasainee-Kapri, S.,** Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P. (2024, September 13-14). *Contributing factors of postpartum mental health among women attending at immunization clinics of tertiary hospitals in Kathmandu: Mixed method exploration* [Paper presentation]. 1<sup>st</sup> International Conference of Maharajgunj Nursing Campus, Kathmandu, Nepal.

Pontes N. M., **Pudasainee-Kapri, S.,** Accardo, A. & Pontes M. (2024, August 30-31). *Challenges and opportunities of fostering inclusive school environments to reduce bullying victimization among children with autism, ADHD, and asthma*. 24th International Nursing Ethics Conference, Brunel University, London, UK.

**Pudasainee-Kapri, S. & Bhandari, S.** (2024, August 30-31). *Opportunities and challenges among Nepalese immigrant nurses in the United States: Role of professional nurses' association* [Paper presentation]. 24th International Nursing Ethics Conference (Theme: Ethics, Care & the Workforce 'Crisis' International, Interprofessional & Interdisciplinary Perspectives), Brunel University, London, UK. (Accepted to present but not presented due to UK Visa Issue).

**Pudasainee-Kapri, S.,** Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (2024, July 25-28). *Health disparities and trends in acute care utilization among children with asthma in South Jersey* [Paper presentation]. 35th International Nursing Research Congress, Sentosa, Singapore.

Tumla, S., Pandey-Bista, A., Shrestha, S., **Pudasainee-Kapri, S.,** & Rana, M. (2024, July 25-28). *Mixed-method exploration of nursing care practice for preterm infants in neonatal care units of hospitals in Nepal* [Paper presentation]. 35th International Nursing Research Congress, Sentosa, Singapore.

**Pudasainee-Kapri, S.,** Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P. (2024, April 10-12). *Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study* [Paper presentation]. 10<sup>th</sup> Annual Summit of Health and Population Scientists, Kathmandu, Nepal.

Shrestha, T., Pandey Bista, A., Joshi, S. **Pudasainee-Kapri, S. & Subedi, M.** (2024, April 10-12). *Parents lived experience with preterm infant care and support in Neonatal Care Units of Nepal: A phenomenological inquiry* [Poster presentation]. 10<sup>th</sup> Annual Summit of Health and Population Scientists in Nepal, Kathmandu, Nepal.

**Pudasainee-Kapri, S.,** Wunnenberg, M., Shrestha, T., Kapri, K. (2024, April 3-5). *Postpartum depression, maternal self-efficacy, and mother-infant bonding among mothers attending immunization clinic of tertiary hospitals in Kathmandu Nepal: Role of birth weight and social factors* [Poster presentation]. 36th Annual ENRS Scientific Sessions, Boston, MA.

**Pudasainee-Kapri, S.,** Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (2024, April 3-5). *Factors influencing asthma, health disparities and trends of ed visits/hospitalization among children and adolescents with asthma in South Jersey* [Poster presentation]. 36th Annual ENRS Scientific Sessions, Boston, MA.

- Linz, S., **Pudasainee-Kapri, S.**, & Valentine, J., (2024, April 3-5). *Patient perceptions of barriers and facilitators in the treatment of perinatal depression* [Paper presentation]. 36th Annual ENRS Scientific Sessions, Boston, MA.
- Pudasainee-Kapri, S.**, Shrestha, T., Wunnenberg, M., Kapri, K., Chapagai, M., & Chapagain, R. (2023, October 17-18). *Associations among low birth weight, postpartum depression, and mother-infant bonding within six-months of childbirth in Kathmandu, Nepal* [Paper presentation]. 2<sup>nd</sup> NRN Global Knowledge Convention, Kathmandu, Nepal.
- Pudasainee-Kapri, S.**, Shrestha, T., Dahan, T. Wunnenberg, M. (2023, September 25-26). *Validation and factor structure of the Nepali version of postpartum bonding questionnaires among postpartum mothers in Kathmandu Nepal* [Paper presentation]. National Nursing Conference for Nursing Scholars, Sanepa, Lalitpur.
- Zhang, Y., **Pudasainee-Kapri, S.**, Madre, N., Vinluan, D., & Penne, A. (2023, May 25-28). *Household instability, early bedtime routine, emotional regulation, and attentional outcomes: A longitudinal study among children from low-income families* [Paper presentation]. Association of Psychological Science Annual Convention, Washington, D.C.
- Pudasainee-Kapri, S.**, Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (2023, April 10-11). *The impact of birth weight on postpartum depression and mother-infant bonding* [Poster presentation]. 9<sup>th</sup> Annual Summit of Health and Population Scientists, Nepal Health Research Council, Kathmandu, Nepal.
- Pudasainee-Kapri, S.**, Pontes N. M., & Pontes M. (2023, March 22-24). *Interactions between asthma and caregiver incarceration on anxiety and depression among US children (6 to 17 years)* [Paper presentation]. 35th Annual ENRS Scientific Sessions, Philadelphia, PA.
- Pudasainee-Kapri, S.**, Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (2023, March 22-24). *Association among low birth weight, postpartum depression, and mother-infant bonding within 6-months of childbirth in Nepal in Nepal* [Paper presentation]. 35th Annual ENRS Scientific Sessions, Philadelphia, PA.
- Pudasainee-Kapri, S.**, Pontes N. M., & Pontes M. (2022, August 3-5). *Additive interactions between asthma and gender on bullying victimization among US high school adolescents* [Paper presentation]. Sigma's 33rd International Virtual Nursing Research Congress.
- Pudasainee-Kapri, S.**, Pandey A., Yang, M. & Adhikari, D. (2022, August 3-5). *Factors impacting the utilization of postnatal care services at public health facilities in Nepal* (Poster presentation). Sigma's 33rd Virtual International Nursing Research Congress.
- Valentine, J., **Pudasainee-Kapri, S.**, Linz, S., Kapri, K., Butler-Witt, K., Ingemi, Q., Shmuts, R. (2022, November 17-18). *South Jersey perinatal population health data hub* [Poster presentation]. 10th Annual Culture of Health YMCA Alliance, Atlantic City, NJ.
- Pudasainee-Kapri, S.**, Pontes N. M., & Pontes M. (2022, March 31-April 1). *Additive interactions between asthma and gender on bullying victimization among US high school students* [Paper presentation]. 34th Annual ENRS Scientific Sessions, Providence, RI.
- Pudasainee-Kapri, S.**, Pandey A., Yang, M. & Adhikari, D. (2022, March 31-April 1). *Factors affecting the utilization of postnatal care services in first seven days of childbirth at public health facilities in Nepal* [Paper presentation]. 34th Annual ENRS Scientific Sessions, Providence, RI.
- Pudasainee-Kapri, S.** (2021, November 12). *Implementation of asthma guidelines education in pediatric primary care: A practice improvement project* [Poster presentation]. Annual Education Day, Forum

of Nurses in Advanced Practice (FNAP) of the New Jersey State Nurses Association, Princeton, NJ.

**Pudasainee-Kapri, S. & Zhang Y.** (2021, June 29-30). *Longitudinal links between early sleep routine, emotional regulation, and behavioral outcomes in head start children* [Paper presentation]. 2<sup>nd</sup> Annual Virtual Pediatrics & Neonatology Conference.

**Pudasainee-Kapri, S.** (2021, July 1-2). *The role of child gender in the relationship between parental education and child health care service utilization in Nepal* [Paper presentation, accepted to present but not presented due to COVID]. 7<sup>th</sup> Annual National Summit of Health and Population Scientists in Nepal, Nepal Health Research Council.

**Pudasainee-Kapri, S. & Zhang Y.** (2021, April 7-9). *Longitudinal links between early sleep routine, emotional regulation, and behavioral outcomes in head start children* [Poster presentation]. Biennial Virtual Conference for the Society for Research in Child Development.

**Pudasainee-Kapri, S. & Zhang Y.** (2021, March 25 - 26). *Early sleep routine, emotional regulation, and attentional outcomes: a longitudinal study among children from low-income families*. [Poster presentation]. 33<sup>rd</sup> Virtual Annual ENRS Scientific Sessions.

**Pudasainee-Kapri, S.** (2020, March 26-27). *Developmental pathways between low birth weight and children's cognitive and socioemotional competence: the role of maternal warmth in early childhood* [poster presentation: Accepted to present but not presented due to COVID]. 32<sup>nd</sup> Annual ENRS Scientific Sessions, Boston, MA.

**Pudasainee-Kapri, S.** (2017, September 16). *Low birth weight and developmental vulnerability: The role of parenting and socio-demographic factors* [Paper presentation]. US-Nepal Policy Research Center, 2<sup>nd</sup> Annual Conference of US-Nepal Policy Research Center, Springfield, VA.

**Pudasainee-Kapri, S. & Razza, R. A.** (2013, April 18-20). *Associations among supportive coparenting, father engagement, and mother-child attachment: The moderating role of Race/Ethnicity* [Poster presentation]. Biennial Conference for the Society for Research in Child Development, Seattle, WA.

## Other Presentations

**Pudasainee-Kapri, S.** (2025, January 11). *Highlights of overall programs and achievements of Nepalese American Nurses Association 2022-2024* [Paper presentation]. 12<sup>th</sup> Annual Seminar of NANA, Ridgewood, NY.

Valentine, J., **Pudasainee-Kapri, S.**, Kapri, K., & Linz, S. (2024, May 29). *Postpartum depression in New Jersey counties and regions 2021: Screening results at birth and 2-4 months postpartum* [Paper presentation]. New Jersey Department of Health, Maternal Child Health Epidemiology and Center for Health Statistics, Virtual.

**Pudasainee-Kapri, S.** (2024, May 15). *Commencement speaker: School of Nursing Alumni welcome*. Rutgers University, School of Nursing-Camden, Camden NJ.

**Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P.** (2024, April 12). *Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study*. [Paper presentation]. Clinical Staff of TUTH and KCH Immunization Clinics and Research Team members of Rutgers Global Health Grant Project, Kathmandu, Nepal.

**Pudasainee-Kapri, S.** (2024, January 13). *Highlights of current activities and future planning of NANA* [Paper presentation]. 12<sup>th</sup> Annual NANA Seminar, Ridgewood, NY.

Linz, S., Pudasainee-Kapri, S., & Cypress, B., (2021, April 2). *Diversity, equity, and inclusion: What our students had to say* [Paper presentation]. Faculty Organization Meeting, Rutgers School of Nursing-Camden, Camden, NJ.

## ORGANIZING AND CHAIRING ACTIVITIES

### Participation in Organizing or Chairing Conferences, Workshops, and Organizations

- Symposium Chair (scheduled), *The global health nursing approach to social determinants of health: Impacts on maternal mental health and child development*. 36th International Nursing Research Congress July 17-20, 2025, Washington, Seattle
- Co-organizer, *NANA Virtual Webinar on Addressing Workplace Violence in Healthcare*, National Nurses Week, May 9<sup>th</sup>, 2025
- Co-organizer and Chairing the Seminar, *12th Annual Seminar of Nepalese American Nurses Association*, January 11, 2025, Ridgewood, NY
- Co-organizer, *NANA Virtual Webinar on Domestic Violence*, November 10, 2024
- Co-organizer, *NANA Virtual Webinar on Opportunities and Challenges among Nepalese Nurses in the United States* National Nurses Week, May 9, 2024
- Co-organizer and Chair, *11th Annual Seminar of NANA*, January 13, 2024, Ridgewood, NY
- Co-organizer, *Virtual Webinar on Feasibility of Nurse Practitioner Programs in Nepal*, June 24, 2023, US-Nepal Policy Research Center
- Co-organizer, *NANA Virtual Webinar on Next-GEN NCLEX and Clinical Judgement*, National Nurses Week, May 9<sup>th</sup>, 2023
- Member, Seminar Planning and Organizing Committee, *10th Annual Seminar of NANA*, December 17, 2022, Jackson Heights, NY

## MEMBERSHIPS

### Memberships, Offices, and Committee Assignments in Professional Societies

- Advisor, Telemedicine Society of Nepal (2024-Present)
- Advisor, Nepalese American Nurses Association (2025-Present)
- President, Nepalese American Nurses Association (2022-2024)
- Executive Board Member, Nepalese American Nurses Association (2020-2022)

### Membership in Scholarly and Professional Societies

- Member, American Nurses Association (2020-2021, 2025-Ongoing)
- Member, New Jersey State Nurses Association (2020-2021, 2025-Ongoing)
- Member, American Psychiatric Nurses Association (2024-2025)
- Life Member, Maharajgunj Nursing Campus Alumni Association (Since 2023)
- Member, Eastern Nursing Research Society (ENRS) (2019-Ongoing)
- Member, Sigma Theta Tau International Honor Society of Nursing, (2020-Ongoing: Eta Mu Chapter)

Member, Society for Research in Child Development (Since 2013)  
 Member, US-Nepal Policy Research Center (2016-Ongoing)  
 Member, National League of Nursing (2020-Ongoing)  
 American Association of Nurse Practitioners (2021-2023)  
 Life member, Nepalese American Nurses Association (Since 2016)  
 Life Member, Nursing Association of Nepal (Since 2003)  
 Member, Graduate Nursing Student Academy (GNSA), AACN Connect (2018-Present)

## FUNDING

### Externally Funded and/or Pending Research and/or Training Grants

- 02/2026-02/2028: Funding Agency: South Jersey Institute for Population Health  
 Title: *“Empowering Community Through Self-Monitoring of Blood Pressure: A Scalable Model for Hypertension Management”*  
 Role: Co-Principal Investigator (PI), PI: Yupeng Li, Co-Investigator: Kul Kapri,  
 Community Partner: YMCA Gloucester County, NJ (Zania Winfrey & Gabby Smith)  
 Award Amount: \$75,000
- 01/2025-12/2026: Funding Agency: Nepalese American Nurses Association, Research/Evidence-Based  
 Project Award  
 Title: *“Factors Contributing to Mental Health Outcomes and Quality of Life Among Nepalese Immigrant Nurses in the United States”*  
 Role: Collaborator/Mentor, Principal Investigator (PI): Shyama Shah  
 Award Amount: \$500
- 04/2023-05/2025: Funding Agency: South Jersey Institute for Population Health  
 Title: *“Factors Influencing Asthma Self-Management and Disparities in Asthma Control among Adolescents from Low-Income Minority Families”*  
 Role: PI (Co-investigators: Dawn Weist, Kul Kapri, Yupeng Li, Mei Fu, Mohammad Hussain)  
 Award Amount: \$35,000
- 03/2022-02/2023: Funding Agency: South Jersey Institute for Population Health  
 Title: *“South Jersey Longitudinal Data Project to Advance Health Equity”*  
 Role: Co-Investigator (PI: Dawn Wiest; Co-investigators: Kul Kapri, Yupeng Li)  
 Award Amount: \$20,000)
- 04//2022-03/2023: Funding Agency: South Jersey Institute for Population Health  
 Title: *“Southern New Jersey Perinatal Population Health Data Hub: A Project to Address Disparities in Maternal and Infant Well-Being in The Southern New Jersey Region”*  
 Role: Co- PI (PI: Jeanette Valentine; Co-investigators: Sheila Linz, Kul Kapri, Rachel Shmuts, Kathy Buttler-Witt & Quinn Ingemi)  
 Award Amount: \$30,000

### Internally Funded Research and/or Training Grants

- 2025-2025: Funding Agency: Rutgers University, Prevention Science Roadmap Funding, Rutgers University, McAllister and Quinn Cohort for Grant Service Support.  
*Project Title: "Uncovering Health Inequities: A Mixed-Methods Study of Asthma Self-Management and Control in Minority Adolescents"*  
 Role: PI  
 Award Amount: \$5,000
- 2025-2025: Funding Agency: Rutgers University, Faculty Development Collaborative  
 Disciplinary Sponsor Support Grant  
*Title: "Mixed-Method Exploration of Factors Contributing to Postpartum Mental Health Outcomes Among Women in Nepal"*  
 Role: PI  
 Award Amount: \$500
- 07/2023-06/2026: Funding Agency: Rutgers University-Camden, Chancellor's Assistant Professor  
 Research Development Grant  
*Title: "Social and Clinical Determinants of Disparities in Perinatal Mental Health and Infant Outcomes at Birth and Within Six Months Postpartum In New Jersey"*  
 Role: PI  
 Award Amount: \$19,000
- 05/2022-11/2024: Funding Agency: Rutgers Global Health Institute, Global Health Seed Grants  
*Title: "Impact of Social Factors and Birth Weight on Mental Health, Self-Efficacy, and Parent-Infant Bonding among Postpartum Mothers in Nepal"*  
 Role: PI (Co-Investigators: Tumla Shrestha, Mary Wunnenberg, Manisha Chapagain)  
 Award Amount: \$10,000
- 07/2021- 06/2022: Funding Agency: Rutgers University-Camden, Committee on Institutional Equity and Diversity (CIED) Mini Grant  
*Title: "Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding"*  
 Role: PI  
 Award Amount: \$5,000
- 09/2020-12/2024: Research Start-up Fund  
 Rutgers University, School of Nursing-Camden  
 Role: PI  
 Award Amount: \$5,000

### **Internal and External Funding for Teaching**

- 2026-2027 Funding Agency: Rutgers University-Camden, Chancellor Unit  
 Chancellor's Grant for Pedagogical Development  
 Purpose: To develop Honors College Course titled "*Pandemics and Child Wellbeing.*"  
 Award Amount: \$1,000  
 Role: PI
- 2026-2027 Funding Agency: Rutgers University, Open and Affordable Textbook (OAT) Program  
 Course Redesign Award

Purpose: To redesign interdisciplinary and Honors College course, titled “*Pandemics and Child Wellbeing.*”

Award Amount: \$2,500

Role: PI

2025-2026 Funding Agency: Rutgers University, Open and Affordable Textbook (OAT) Program  
Course Redesign Award

Purpose: To redesign General Education interdisciplinary course, titled “*Social Determinants of Health Impacting Children Across U.S. & Global Communities.*”

Award Amount: \$2,500

Role: PI

2022-2023 Funding Agency: Bonner Foundation through Engaged Civic Learning (ECL) Faculty Fellow Program

*Purpose: To design and support ECL courses/projects*

Award Amount: \$2,000

Role: PI

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## SERVICE

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### Contributions to the Advancement of the Academic Profession

#### *International Service*

2025-2028 Member, Health Volunteer Overseas (HVO) Nursing Education Steering Committee

2025-Present HVO Project Director, Nursing Education, Devdaha Medical College and Research Institute (DMCRI), Butwal, Nepal

2024-Present Volunteer Nurse Educator, Nursing Education, Devdaha Medical College and Research Institute (DMCRI), Butwal, Nepal, through Health Volunteer Overseas (HVO's). *My service and impact extended to the healthcare/nursing community in Nepal through my volunteer education services via HVO's program in Nepal. The DMCRI requests ongoing education and training for nurse leaders, nursing students, as well as clinical staff (nurses, clinical nurse leaders, health assistants, community health assistants, and nurse midwives).*

2024-2026 Culture of Care, Rutgers & Brunel University Collaborative Team

2023 Leading the fundraising program for the Kathmandu Institute of Child Health (KIOCH), KIOCH Partners of America (KPALS), to promote and support the goals of KIOCH in providing high-quality, accessible child healthcare in Nepal, NANA

#### *National and Regional Service*

2024-2026 Steering Committee Member, New Jersey Pregnancy Risk Assessment Monitoring System (NJ-PRAMS), New Jersey Department of Health

2024-Present Member, ENRS Reproductive and Maternal Health Research Interest Group

2024-Present Member, ENRS Global Health Research Interest Group

2023 Leading the fundraising program for Durga Temple and Ridgewood Nepalese Society, NANA

|              |                                                                                               |
|--------------|-----------------------------------------------------------------------------------------------|
| 2023-present | Member, Advanced Nursing Education Sub-committee of NANA                                      |
| 2023-Present | Society of Scholars, New Jersey Alliance for Clinical and Translational Science               |
| 2022-Present | AACN Competency-Based Education (CBE) Workgroup Member, Northeast Region, AACN New Essentials |
| 2021-Present | Member, ENRS Qualitative Research Interest Group                                              |
| 2021-Present | Member, Child Health and Wellbeing Research Group, Rutgers University                         |

### ***Peer-Review Service for Journals***

|              |                                                                                |
|--------------|--------------------------------------------------------------------------------|
| 2024         | Research Abstract Reviewer, 37th Annual ENRS Scientific Sessions               |
| 2024-Present | Research Manuscript Reviewer, Journal of Asthma                                |
| 2024-Present | Research Manuscript Reviewer, Journal of PLOS Global Public Health             |
| 2023-Present | Research Manuscript Reviewer, Journal of Health and Allied Sciences            |
| 2022-Present | Research Manuscript Reviewer, Journal of Nursing Education of Nepal            |
| 2020-Present | Research Manuscript Reviewer, Journal of Pediatric Nursing                     |
| 2020-Present | Research Manuscript Reviewer, World Journal of Pediatrics                      |
| 2020-Present | Manuscript Reviewer, International Journal of Nursing and Health Care Research |

### **Service to Professional and Scientific Societies and Other Public Bodies**

|              |                                                                                                                                                                       |
|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2026         | Scientific Sessions Moderator, 38th Annual ENRS Scientific sessions, Philadelphia, PA                                                                                 |
| 2025         | Scientific Sessions Moderator, 37th Annual ENRS Scientific sessions, Philadelphia, PA                                                                                 |
| 2024         | Session Moderator, NANA Virtual Webinar on “Opportunities and Challenges among Nepalese Nurses in the United States” National Nurses Week, May 9 <sup>th</sup> , 2024 |
| 2024         | Annual Conference Volunteer, 38th Annual Conference of the American Psychiatric Nurses Association, Louisville, Kentucky, October 9-12, 2024                          |
| 2023         | Scientific Sessions Moderator, 36 <sup>th</sup> Annual ENRS Scientific sessions, Boston, MA                                                                           |
| 2023         | Session moderator, NANA Virtual Webinar on Next-GEN NCLEX and Clinical Judgement, National Nurses Week, May 9 <sup>th</sup> , 2023, NANA                              |
| 2023         | Volunteer Nurse Practitioner, Free Community Health Fairs Organized by NANA, Ridgewood, NY                                                                            |
| 2021-Present | Child Health & Well Being Research Group, Rutgers University, NJ                                                                                                      |
| 2018-2020    | Member, EBP/Research Council Committee, Jefferson Health, NJ                                                                                                          |
| 2018         | Superuser, Clinical Practice Guidelines and EPIC Electronic Medical Records, Jefferson Health, Jefferson Washington Township Hospital, Turnersville, NJ               |
| 2018-2020    | Clinical Practice Guidelines Champion and EPIC Superuser, Jefferson Health, NJ                                                                                        |
| 2018-2019    | Member, Unit Council Committee, Jefferson Washington Township Hospital                                                                                                |
| 2015-2016    | Member, Patient Satisfaction Committee, St. Cloud Hospital, St. Cloud, MN                                                                                             |
| 2015-2016    | Member, Healthy Work Environment Committee, St. Cloud Hospital, MN                                                                                                    |

|           |                                                                          |
|-----------|--------------------------------------------------------------------------|
| 2015-2016 | Member, Integrative Therapy Committee, St. Cloud Hospital, St. Cloud, MN |
| 2012-2017 | Member, Student Council on Family Relations, Syracuse University         |

## Service to Rutgers University

### ***Rutgers University (University Wide)***

|              |                                                                                                                                                            |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2026         | OAT Grant Reviewer, Rutgers University, Open and Affordable Textbook Program                                                                               |
| 2023-Present | Research Grant Reviewer, New Jersey Integrated Population Health Data Project, Rutgers Health Institute for Health, Health Care Policy, and Aging Research |
| 2023-Present | Member, Global Environmental Health, Rutgers Health Environmental and Occupational Health Sciences Institute (EOHSI)                                       |
| 2022-2023    | Member, Immunological Health, Asthma, & Allergies Working Group, New Jersey Kids Study                                                                     |

### ***Rutgers University (Camden Campus Level)***

|           |                                                                                                                                                                                                                                                   |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024      | Rutgers Camden Diversity Inclusion and Community Engagement (DICE) Community Engagement Strategic Planning Meeting Focus Group, Rutgers University-Camden                                                                                         |
| 2022-2024 | Member, Chancellor's Committee on Climate Action Working Group, Rutgers University-Camden                                                                                                                                                         |
| 2020-2024 | Member, Chancellor's Advisory Council on Undocumented Students, Rutgers University-Camden                                                                                                                                                         |
| 2021      | Nursing Facilitator, Virtual Interprofessional Team Experience Learning Event (April 22 2021), Rutgers University Interprofessional Practice, Education, and Innovation partnering with regional pharmacy, medical, social work, and PA programs. |

### ***Rutgers University, School of Nursing-Camden***

|           |                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2026      | Member, DNP-PhD Planning Committee and Sub-committee                                                                                                                                                                                                                                                                                                                                                                   |
| 2026      | Member, Faculty Advancement and Promotion Committee                                                                                                                                                                                                                                                                                                                                                                    |
| 2025      | Member, Reappointment Review Committee                                                                                                                                                                                                                                                                                                                                                                                 |
| 2025-2028 | Member, Long Range Planning Committee                                                                                                                                                                                                                                                                                                                                                                                  |
| 2024-2026 | Member, Doctor of Nursing Practice Seminar Taskforce                                                                                                                                                                                                                                                                                                                                                                   |
| 2023-2026 | Member, Faculty Affairs and Development Committee                                                                                                                                                                                                                                                                                                                                                                      |
| 2023-2024 | Member, Advisory Board for the Increase and Diversify Education Abroad for U.S. Students (IDEAS) grant. <i>Title: "ACQUIRE Project" (Abroad Certificate Qualifying for Internationally Relevant Education, PI Dr. Marie O'Toole)</i> . The purpose of the ACQUIRE Project was to increase the capacity to diversify the number of students participating in short-term study abroad programs focused on global health. |
| 2023-2024 | Member, 50th Anniversary Advisory Board of Rutgers School of Nursing-Camden, Camden NJ                                                                                                                                                                                                                                                                                                                                 |
| 2023      | Faculty Volunteer, Admitted Students Day April 2023, School of Nursing-Camden, Camden, NJ                                                                                                                                                                                                                                                                                                                              |
| 2020-2023 | Member, Long Range Planning Committee                                                                                                                                                                                                                                                                                                                                                                                  |
| 2021-2025 | Member, Graduate and Professional Program Committee                                                                                                                                                                                                                                                                                                                                                                    |

|           |                                                                                                                                                              |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2021-2023 | Member, Strategic Planning Steering Committee                                                                                                                |
| 2021      | Faculty Volunteer at COVID Vaccine Clinic in Camden city, Camden, NJ                                                                                         |
| 2021      | Conducted virtual workshops (Topic: Diversity, Equity, and Inclusion among Undergraduate and Graduate Nursing Students from Diverse Backgrounds, April 2021) |
| 2020-2022 | Faculty Volunteer for DNP Prospective Students Interviews                                                                                                    |
| 2020-2021 | Conducted DNP Information Sessions for prospective DNP students                                                                                              |
| 2020      | Faculty Volunteer for DNP Information Sessions                                                                                                               |
| 2019-2020 | Graduate Student Representative, Graduate and Professional Program Committee                                                                                 |

## STUDENTS SUPERVISION/ADVISEMENT AND MENTORSHIP

### Master's or Doctoral Students by Type of Supervision

#### *DNP Project Chair*

Danielle Scott, MSN, RN, APN, AGPCNP-BC

Project Title: *“Advancing COPD Outpatient Care Through Standardized CAT Screening and Evaluation of Socioeconomic Barriers to Medication Adherence: A Quality Improvement Project”* Tentative Graduation, May 2027

#### *PhD Qualifying Exam Committee Member*

Alexis Richeson, BSc, PhD student in Prevention Science

Project Title: *The Relationship Between Sexual Messaging and Body Image: A Systematic Review*, Spring 2026

#### *DNP Project Committee Member*

Leah Nagle, BSN, RN

Project Title: *“Implementing Anxiety Screening in Pediatric Primary Care in Southern New Jersey: A Quality Improvement Project,”* Graduated, May 2025

#### *DNP Project Chair*

Mandeep Kaur, BSN, RN

Project Title: *“A Quality Improvement Project to Enhance Outcomes of South Asian Diabetic Clients in a Primary Care Practice Within Southern New Jersey,”* Graduated, May 2024

#### *DNP Project Committee Member*

Nilesh Modi, BSN, RN

Project Title: *“Implementing Integrative Practices in an Adult Day Care Setting: A DNP Project Translating Evidence into Practice,”* Graduated May 2023

#### *DNP Project Committee Member*

Deyanery Solis, BSN RN

Project Title: *“Implementation of an Evidence-Based Burn Risk Assessment Tool: A Quality Improvement Project”* Graduated 2023

## INSTRUCTIONAL AND PROFESSIONAL DEVELOPMENT

### Training and Certification

CLIPP Academy-Introduction to the Clinical Instructor Role (Spring 2026: Completion Date: May, 2026).  
Rutgers University, School of Nursing-Camden, Camden, NJ

- OAT Evaluator Training (2026, 4 February). Rutgers University Libraries, Brunswick, NJ
- Academic Integrity in the Age of AI. (2025, September 16). Webinar, Rutgers University-Camden, Instructional Design and Technology.
- Certified Nurse Educator Certification Review Course (2025, March 7) Rutgers University, School of Nursing-Camden, Camden, NJ
- Hypothesis Certified Educator (2023, April 4), Hypothesis Academy, *Accredible Credential.net*.  
<https://www.credential.net/e3d7fbca-e5ed-409b-b278-9854a4a5f2d3#acc.yGdzfTHh>
- Formal Faculty to Faculty Mentoring Program Cohort (2021-present), Rutgers University, School of Nursing-Camden, Camden, NJ
- Advanced Qualitative Research Methods and Analysis Training: Graduate Level Qualitative Research Course Audits, Dr. Susan Sullivan-Bolyai, Advanced qualitative research methods course (Summer 2022)
- Rutgers Connection Network (RCN) Faculty Mentoring Program Cohort (2021-2022), Faculty Diversity Collaborative, Rutgers University, NJ
- Certificate for Lifelong Learning in Inclusive & Equitable Teaching (2021). *The Center for Teaching Advancement & Assessment Research and the University Equity and Inclusion Office*, Rutgers University-Camden, NJ
- AACN Faculty Development Conference for Johnson & Johnson-AACN Minority Nurse Faculty Scholars (2018, November 14-15), New Orleans, LA (Conference Participation and Award Reception).
- Future Professoriate Program (FPP) Training (2011-2013), Syracuse University, Syracuse, NY
- CITI Research Training Certificate (2011-Current)

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## MEDIA INTERVIEWS AND COVERAGE (\*in Nepali Language)

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- SJIPH news (2026). *Empowering Communities Through Self-Monitoring of Blood Pressure: A Scalable Model for Hypertension Management*. <https://sjiph.org/projects/empowering-communities-through-self-monitoring-of-blood-pressure-a-scalable-model-for-hypertension-management/>
- ENRS News (05/2025). *Global Health Research Interest Group Webinar: Diverse Opportunities in Global Nursing Research*. [https://www.enrs-go.org/index.php?option=com\\_jevents&task=icalrepeat.detail&evid=26&Itemid=115&year=2025&month=06&day=12&title=diverse-opportunities-in-global-nursing-research&uid=0e49adb2c473e73bd8d901a034e2fd9b](https://www.enrs-go.org/index.php?option=com_jevents&task=icalrepeat.detail&evid=26&Itemid=115&year=2025&month=06&day=12&title=diverse-opportunities-in-global-nursing-research&uid=0e49adb2c473e73bd8d901a034e2fd9b)
- \*Makai House News. (2/2025). *NANA's 12th Annual Seminar Concluded and New Committee Established: Discussion on Ethical and Legal Challenges and Other Hot Issues along with Role of Nurses and Healthcare Professionals*. “नानाको बार्षिक गोष्ठी सम्पन्न, नवकार्यसमिती चयन, ” स्वास्थ्य सेवा, नर्सिङ र स्वास्थ्यकर्मीहरूको भूमिकामा नैतिक र कानुनी चुनौतीहरू” बारे बहस”  
[https://makaihousenews.com/2025/02/07/11937/?fbclid=IwY2xjawITbR.JleHRuA2FlbQIxMQABHaIb3jTGBpEJhzWpWgEz9RT9lc\\_4tAosJjxP56t0811lZW8gxL9A-esZA\\_aem\\_aJctzrNOBRAfesVbMZcMvw](https://makaihousenews.com/2025/02/07/11937/?fbclid=IwY2xjawITbR.JleHRuA2FlbQIxMQABHaIb3jTGBpEJhzWpWgEz9RT9lc_4tAosJjxP56t0811lZW8gxL9A-esZA_aem_aJctzrNOBRAfesVbMZcMvw)
- Rutgers-Camden News (04/2024). *Chancellor's Award for Diversity, Inclusion, and Community Engagement Winners*. <https://camden.rutgers.edu/chancellor-messages/dice-award-winners-2024>

- Enepalese.com news. (01/16/2024). *Nepalese American Nurses Association Annual Seminar Highlights*. <https://www.enepalese.com/2024/01/412755.html>
- \*Samaj Times News. (01/16/2024). *Nepali American Nurses Association's Annual Meeting: Emphasis on Excellence in Nursing and Community Service*. नेपाल अमेरिकन नर्स एसोसिएसनको वार्षिक सभा: नर्सिङ र सामुदायिक सेवाको उत्कृष्टतामा जोड. <https://samajtimes.com/2024/01/16/55403/>
- \*Makai House News. (01/15/2024). *Nepalese American Nurses Association's 11th Annual Seminar concluded*. “नेप्लिज अमेरिकन नर्सिङ एसोसिएशन(नाना) को ११ औं वार्षिकोत्सवमा नर्सिङ गोष्ठी सम्पन्न” [https://makaihousenews.com/2024/01/15/10224/?fbclid=IwY2xjawKq1PNleHRuA2FlbQIxMQBiemlkETFEbHF2bTZqT1ZzalBNQldGAR5Ob9nC0jM6pZoyaXDFJKIMZvLOuIsxaiN2kzD78P7wqIHmDatWFdordL8IEA\\_aem\\_OtmhvP9N9rwfEqBytQSnkA](https://makaihousenews.com/2024/01/15/10224/?fbclid=IwY2xjawKq1PNleHRuA2FlbQIxMQBiemlkETFEbHF2bTZqT1ZzalBNQldGAR5Ob9nC0jM6pZoyaXDFJKIMZvLOuIsxaiN2kzD78P7wqIHmDatWFdordL8IEA_aem_OtmhvP9N9rwfEqBytQSnkA)
- Enepalese.com news (01/15/2024). *Nepalese American Nurses Association 11th Annual Seminar Concluded in New York*. [HTTPS://WWW.ENEPALESE.COM/2024/01/412722.HTML](https://www.enepalese.com/2024/01/412722.html)
- Nepal News (07/05/2023). *Feasibility of Nurse Practitioner Programs in Nepal discussed*. <https://nepalnews.com/s/nation/feasibility-of-nurse-practitioner-programmes-in-nepal-discussed>
- E-Nepalese News Interview (06/17/2023). *Feasibility of Nurse Practitioner Programs in Nepal. Speaker announcement and interview*. <https://www.enepalese.com/2023/06/391084.html?fbclid=IwARlvXRQcWo5lu2IIFPm4hHd22nMQYYiCuVlawDLjhGQDG0O8SKubGIDyXIU>
- New Jersey 101.5 news Interview (03/12/2023). *NJ hospitals are taking on shortage of asthma medicine. Interview with NJ 101.5 news channel*. <https://nj1medicine.nj-looking-at-alternatives-conservation-to-take-on-shortage-of-asthma-med/>
- \*Makai House News. (12.20.2022). *Nepalese American Nurses Association 10th Annual Seminar concluded in New York: Sangita Pudasainee is in New Leadership*. “नेप्लीज अमेरिकन नर्सिङ एसोसिएसनको दशौं वार्षिक सम्मेलन न्युयोर्कमा सम्पन्न,नयाँ नेतृत्वमा संगीता पुडासैनी” <https://makaihousenews.com/2022/12/20/8642/>
- Rutgers News (05/11/2022). *Rutgers Global Health Institute News, Faculty Launch Diverse Projects to Confront Health Inequities*. <https://globalhealth.rutgers.edu/news/global-health-seed-grants-2022/>
- National Institutes of Health, NIMHD News. (06/2022). *2022 NIMHD Health Disparities Research Institute Scholar Biographies*. [https://www.nimhd.nih.gov/programs/extramural/training-career-dev/hdri/cohorts/hdri\\_2022-scholarBios.pdf](https://www.nimhd.nih.gov/programs/extramural/training-career-dev/hdri/cohorts/hdri_2022-scholarBios.pdf)
- National Minority Quality Forum, Press Release (03/11/2021), *National Minority Quality Forum Announces 2021 “40 Under 40 Leaders in Minority Health” Award Recipients*. <https://www.nmqf.org/nmqf-media/nmqf-40under40-2021>
- American Kahani Newsletter (04/15/2021). *40 Under 40 Leaders in Health: 7 South Asian Americans in National Minority Quality Forum's List*. <https://americankahani.com/community/40-under-40-leaders-in-health-7-south-asian-americans-in-national-minority-quality-forums-list/>
- Rutgers-Camden News (2019): *New minority nurse faculty scholar has a passion for children's health care*. <https://nursing.camden.rutgers.edu/news/new-minority-nurse-faculty-scholar-has-passion-childrens-health-care>