

Scott E. Hirst Jr. DNP, APN, AGPCNP-BC

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Education

Doctor of Nursing Practice (DNP), Adult-Gerontology Nurse Practitioner, Rutgers, The State University of New Jersey, School of Nursing-Camden: September 2018-May 2021

Bachelor of Science in Nursing (BSN), Rutgers, The State University of New Jersey, School of Nursing-Camden, May 2017 – *Magna cum Laude*: June 2015- May 2017

Certificates and Licenses Held

- New Jersey Advanced Practice Nurse License- 26NJ01231400
 - New Jersey Controlled Dangerous Substance License-P01185600
 - Federal DEA License-MH6957558
 - ANCC Adult-Gerontology Primary Care Nurse Practitioner Board Certification - Current
 - New Jersey Registered Nurse License -26NR19461500
 - AHA Basic Life Support for Healthcare Providers-Current
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Employment History

Clinical Assistant Professor *Rutgers University, School of Nursing - Camden* September 2024-Current

- *Responsibilities:* Engage in teaching, mentoring, and curriculum development to prepare future nurses for professional licensure. Deliver evidence-based instruction in both classroom and clinical settings, integrating current best practices and emerging trends in healthcare. Provide mentorship and guidance to nursing students, develop critical thinking and clinical reasoning. Collaborate with faculty and healthcare partners to enhance learning opportunities and support student success. Participate in scholarly activities, contribute to program development, and service to the academic community.

Rutgers School of Nursing Camden – Faculty Practice Nurse Practitioner - CamCare January 2025- Current

- Age Groups: Age 13 through elderly adult
- Locations: Camden
- Clinics: Adult/ Gero Primary Care
- Responsibilities: provide comprehensive care to complex acute, critical, and chronically ill perioperative patients by independently conducting age-appropriate history and physical examinations. Responsibilities

include ordering and interpreting diagnostic and therapeutic tests, managing pharmacologic and non-pharmacologic treatments, and implementing evidence-based interventions to optimize patient outcomes.

- Additionally, serve as a preceptor for DNP students, offering clinical mentorship and guidance while collaborating with interdisciplinary teams to enhance patient care and advance clinical practice.

Adult-Gerontology Nurse Practitioner *CompleteCare Health Network*

August 2022- Current

- Age Groups: Age 13 through elderly adult
- Locations: Woodbury, Glassboro, Vineland & Bridgeton
- Clinics: Urgent Care, Adult/ Gero Primary Care
- Responsibilities: Function independently to perform age-appropriate history and physical for complex acute, critical, and chronically ill perioperative patients. Orders and interprets diagnostic and therapeutic tests relative to patient's age-specific needs. Prescribes appropriate pharmacologic and non-pharmacologic treatment modalities. Implement interventions to support the patient to regain or maintain physiologic stability.

Adult Nurse Practitioner *Robert J. Maro MD PA- Internal Medicine*

November 2021- August 2022

- Collaborated with physicians and other members of the interdisciplinary team to assess patients, form treatment plans, provide referrals and consultation to diverse adult patient population with multiple, complex medical issues
- Managed care of chronically ill patients with hypertension, diabetes, renal failure, cardiac disease, and with histories of stroke, seizures, and cancer
- Built trust and rapport with patients by listening to concerns, advocating for wellness and educating on acute and chronic health issues
- Assessed need for, ordered, obtained and interpreted any appropriate labs and imaging
- Reviewed lab tests and imaging results with patients and family members
- Oversaw average of 12-20 patients per day in the hospital, sub-acute rehab, and long-term care setting
- Counseled patients on health maintenance through self-care, lifestyle modifications, medication, and illness prevention
- Educated patients and families on healthcare issues such as high blood pressure, blood sugar levels and HbA1C, ideal weight based on BMI calculations, reduced salt and fat diets, and smoking cessation
- Multitasked throughout the day by communicating and listening closely to patients all while keeping current with documentation using electronic medical systems
- Triageed patients telephone calls and provide continuity of care while on call overnight
- Updated patient records and key metrics during each patient visit ensuring compliance with regulatory agencies

Teaching Assistant *Rutgers University, School of Nursing – Camden*

January 2020- May 2024

- ABS Pharmacology Spring 2020
- Wellness and Health Assessment (undergraduate) Spring 2020
- Health and Illness (undergraduate) Fall 2022/ Fall 2023
- ABS Clinical Pathophysiology Spring 2023
- FNP Practicum (graduate) Spring 2024

Clinical Nurse Manager *Cooper University Hospital - Kelemen 10/ INCU*

October 2020- August 2021

- Manage throughput to meet metrics set forth by the institution

- Supervise nursing staff in the clinical setting, oversee patient care
- Set work schedules, coordinate meetings, and make decisions about personnel
- Engage with staff during unit-based council meetings about the clinical implications of current research
- Assist with the implementation of new protocols and policies, provide education and demonstrations for these policies

Registered Nurse *Cooper University Hospital - Kelemen 10*

August 2017-September 2020

- Assessment of the patient and administer medications as ordered
- Perform wound care, and numerous other personalized interventions to optimize patient outcomes
- Coordinate all aspects of patient care, including patient education and discharge planning
- Collaborate with the interdisciplinary health care team

Publications and Presentations

Hirst, S.E., & Cipriano, J.J. (2025). Implementation of a Depression and Quality of Life Screening Protocol for Patients Aged 11-30 Years with Inflammatory Bowel Disease. *Journal of Nursing Practice Applications & Reviews of Research*. In Press

Boegly, A.G., Cipriano, J.J., Hirst S.E., & Ayres, C. (2025). The use of an Antibigram in the management of UTIs in the primary care setting: A quality improvement project. *Journal of Nursing Practice Applications & Reviews of Research*. In Press

Professional Organization Membership

Sigma Theta Tau – Eta Mu Chapter – Current Member

American Nurses Association – Current Member

Doctoral Committees

Committee Member:

- Boegly, Aubrey. *The use of an Antibigram in the management of UTIs in the primary care setting: A quality improvement project*. 2023-2024. (Graduated May 2024)
- Rai, Stephanie. *Implementing an Algorithm Based Order Set for STATIN Therapy*. (2024-present)

Service on Editorial Boards:

Board Vitals Test Bank Item Reviewer

October 2024-December 2024

Service on Committees:

Graduate and Professional Programs (GPP) – Committee Member – Current

Faculty Practice – Committee Member – Current

DNP Clinical Rigor Taskforce – Current