

Sangita Pudasainee-Kapri

Assistant Professor

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Contact

Homepage Address

1. [Rutgers Faculty Page](#)
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ORCID ID

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Education

Highest Earned Degree

Ph.D. in Child and Family Studies (2017), Syracuse University, Syracuse, NY

Dissertation(s)

Developmental Pathways Between Low Birth Weight Status and Children's Academic and Socioemotional Competence: The Role of Parenting Processes as A Moderator, May 2017.
Dissertation Advisor: Dr. Rachel A. Razza

Other Earned Degrees

Doctor of Nursing Practice (Family Nurse Practitioner) (2020): Rutgers The State University of New Jersey, School of Nursing-Camden, Camden, NJ

MS in Child and Family Studies (2012): Syracuse University, Syracuse, NY

Certificate of Advanced Study in Global Health (2014): Syracuse University, Syracuse NY

Bachelor's Degree in Nursing (2007): Tribhuvan University, Kathmandu, Nepal

Bachelor's Degree in Education (2005): Tribhuvan University, Kathmandu, Nepal

Certificates and Licenses Held

Family Nurse Practitioner-Board Certified (FNP-BC) # 2020038538 (ANCC)

Certified Pediatric Nurse (CPN) # 20161810 (Pediatric Nursing Certification Board)

Advanced Practice Nurse (APN) # 26NJ01088900 (NJ)

Registered Professional Nurse # 26NR18884800 (NJ)

Registered Professional Nurse # RN690578 (PA)

Hypothesis Certified Educator (2023) (<https://www.credential.net/e3d7fbca-e5ed-409b-b278-9854a4a5f2d3#gs.ugg2er>)

Certificate for Lifelong Learning in Inclusive & Equitable Teaching (2021), Rutgers University

Linguistic Ability

English, Full Professional Proficiency

Nepali, Full Professional Proficiency

Hindi, Working Proficiency

Honors and Awards

Fellowships, Scholarships, and Post-Graduate Training

2024-2025	Early Career Faculty Fellow, Institute for the Study of Global Racial Justice, Rutgers, The State University of New Jersey (A course buyout of \$10,000 and \$2,500 in research funds)
2024-2025	Fellow of Early Career and Racial Equity (ECARE) Program Cohort, Faculty Diversity Collaborative, Rutgers University
2024	NIH Engagement and Access for Research-Active Institutions (EARA) Pilot Program, National Institutes of Health (NIH).
2022 -2023	Engaged Civic Learning Faculty Fellow, Office of Civic Engagement, Rutgers The State University of New Jersey-Camden, NJ (Stipend: \$1,000). <i>As a fellow, the Bonner Foundation also granted \$2000 to Design and Support Engaged Civic Learning (ECL) courses/projects</i>
2022	Health Disparities Research Institute (HDRI) Scholar, National Institutes of Health (NIH): National Institute on Minority Health and Health Disparities (NIMHD). OMB NUMBER: 0925-0740, 08/15/2022 to 08/19/2022. Project Title: <i>Advancing Health Equity in Asthma Management among Adolescents from Low-Income Minority Families.</i>
2021-2022	Program for Early Career Excellence (PECE), Rutgers Office for Faculty Development, Rutgers University
2012-2013	Syracuse University Graduate Fellowship, Syracuse NY (\$25,000 Stipend Plus Full Tuition Scholarship for 30 Course Credits)
2011-2013	Fellow of Future Professoriate Program (FPP), Syracuse University, NY
2010-2012	Graduate Assistantship, Department of Human Development and Family Science, Syracuse University

Professional Awards and Honors

2025	Nominee, New Jersey CARES Award for Research Category, Institute for Nursing (IFN), The Foundation of the New Jersey State Nurses Association (04/09/2025)
2024	Diversity, Equity, and Inclusion Faculty Award, Rutgers School of Nursing-Camden (05/2024)
2024	Chancellor's Award for Diversity, Inclusion, and Community Engagement, Rutgers University–Camden (04/2024)
2023	Certificate of Best Oral Presentation, National Nursing Conference for Nursing Scholars, School of Nursing and Midwifery, Sanepa, Lalitpur, Nepal (09/2023)
2023	Nurse Faculty Rising Star Award, Rutgers University, School of Nursing-Camden (05/2023)
2022	President, Nepalese American Nurses Association
2022	Scholar, Health Disparities Research Institute (HDRI), National Institute on Minority Health and Health Disparities (NIMHD)

2022	Certificate of Achievement, Nepalese American Nurses Association, 9 th Annual Seminar of NANA, December 17, 2022
2021	Certificate of Appreciation for Dedicated Service, School of Nursing-Camden
2021	Certificate for Lifelong Learning in Inclusive & Equitable Teaching, Presented by The Center for Teaching Advancement & Assessment Research and the University Equity and Inclusion Office, Rutgers University
2021	Strategic Poster Award – Exemplifying Interdisciplinary Research related to Children’s Development, Society for Research in Child Development (SRCD)
2021	40 Under 40 Leaders in Minority Health Award, National Minority Quality Forum
2020	Certificate of Appreciation, Nepalese American Nurses Association
2020	Certificate of Recognition, Community Leadership Center, Rutgers University-Camden
2019	Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing
2018	Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing
2017	Human Development and Family Science Doctorate Award for Research Excellence, Syracuse University
2016	The Dean Edith Smith Dissertation Award, Syracuse University
2015	Outstanding Newbie Award, St. Cloud Hospital, St. Cloud MN
2013	Travel Grant Award for the SRCD Biennial Conference Presentations, Graduate Student Organization, Syracuse University
2012	Graduate Student Master’s Prize, Syracuse University

Research Interests

Professional Identification

Assistant Professor of Nursing
 Nationally Certified Family Nurse Practitioner
 Nationally Certified Pediatric Nurse
 Global Health Scientist
 Interdisciplinary Researcher
 Health Disparities Researcher
 Nursing Leader

Description of Research and Scholarly or Creative Objectives

My career goal is to become an independent nurse scientist and a leader in maternal and child health disparities and chronic illness management research, with a focus on low-income and minority families. My research utilizes both qualitative and quantitative methodologies, including advanced statistical modeling. The primary aim of my research is to identify the unique social determinants of health and environmental factors that impact self-management and asthma control among low-income minority children and adolescents. I draw inspiration from challenges I encounter in both clinical practice and research. These experiences fuel my passion and drive to reduce health disparities among children with chronic illnesses and to improve outcomes for underserved populations. Additionally, a second area of my research—building on my dissertation—explores the impact of social determinants of health and clinical factors on perinatal mental health and developmental outcomes among at-risk children globally (including

US and Nepal), such as those born preterm or with low birth weight infants. The findings of those studies provide a deeper understanding of the factors that impact perinatal mental health and infant outcomes, offering a foundation for future targeted interventions aimed at reducing mental health disparities and improving children's outcomes with potential future applications in public health policy and community programs.

Employment History

ACADEMIC AND CLINICAL POSITIONS

2020-Present Assistant Professor [Tenure-Track]

Rutgers The State University of New Jersey, School of Nursing, Camden, NJ (entered into the Tenure Stream in 09/2020)

Courses Taught Across Programs

- DNP Scholarly Seminar III (Project Evaluation and Dissemination Seminar), DNP Program
- Seminar on Professional Nursing, Traditional Undergraduate Program
- ABS Seminar on professional Nursing, ABS Program
- Issues in Nursing, Health, and Healthcare, RN-BSN Program
- Nursing of Children and Adolescents, Traditional Undergraduate Program

2020 Teaching Assistant

Rutgers, The State University of New Jersey, School of Nursing-Camden, Camden, NJ (Spring 2020: 01/2020-05/2020)

Course Served: ABS Research and EBP in Nursing, ABS Program

2019 Part-time Lecturer

Rutgers, The State University of New Jersey, School of Nursing-Camden, Camden, NJ (Spring 2020-01/2019-05/2019)

Course Taught: ABS Wellness and Health Assessment Lab, Traditional Undergraduate

2017-2020 Registered Nurse (Float: 12/2017-08/2020)

Pediatric, NICU, Mother-Baby/Postpartum Unit, ED Jefferson Washington Township Hospital, Turnersville, NJ

2017-2018 Registered Nurse (03/2017-06/2018)

Pediatric and NICU, Children's Regional Hospital at Cooper, Camden, NJ

2016 Clinical Preceptor for Capstone Students, St. Cloud Hospital, MN

2014-2016 Registered Nurse

General Pediatric, Pediatric Intermediate Care Unit, PICU, Sedation, and NICU, St. Cloud Hospital, St. Cloud, MN

2013-2014 Registered Nurse

Elmcrest Children's Center, Syracuse, NY

2010-2012 Graduate Teaching Assistant

Syracuse University, Syracuse, NY

Courses Taught/Served

- Developing Infant
- Work and Family in the 21st Century

- Moral Development of Children
- Research Methods in Child and Family Studies (Multiple semesters)

2003-2008	Registered Nurse Ministry of Health, Government of Nepal (03/2003-05/2008). During this period, I worked at Multiple Hospitals and Health Center under the Government of Nepal. Hospital/Unit Served: <ul style="list-style-type: none"> • Amppipal Hospital (Med/Surgical, Labor/Delivery) • Aruchanaute Primary Health Center (Primary Care, Maternal and Child Health, Immunization) • Dhading District Hospital, Dhading Nepal • Bhaktapur Hospital (Pediatrics and post-operative unit)
2003-2005	Nursing In-Charge Ampipal Hospital and Aruchanaute Primary Health Center, Nepal
2003-2005	Coordinator , Maternal and Child Health Clinic and Expanded Program on Immunization Aruchanaute Primary Health Center, Gorkha, Nepal
2002-2003	Registered Nurse Kanti Children's Hospital, Kathmandu, Nepal Unit Served: Department of Pediatric Oncology and Cardiology
2002-2003	Registered Nurse Om Hospital and Research Center, Kathmandu, Nepal Unit Served: Medical and Surgical Unit

Publications

Electronic Publications, Not Refereed

South Jersey Institute for Population Health (SJIPH). (2024). South Jersey perinatal population health and data project. In *SJIPH Project and Partnerships: Child and Family Health. SJIPH Impact Report 2024*, PP. 40-43.

South Jersey Institute for Population Health (SJIPH). (2024). South Jersey longitudinal data project to enhance health equity. In *SJIPH Project and Partnerships: Health Equity for Vulnerable Populations, Impact Report 2024*, PP. 21-23.

Other Publications

Pudasainee-Kapri, S. (2012). Attachment security among toddlers: The impacts of supportive coparenting and father engagement. *SURFACE Child and Family Studies - Theses. 1*.
https://surface.syr.edu/cfs_thesis/1

Pudasainee-Kapri, S. (2017). Developmental pathways between low birth weight status and children's academic and socioemotional competence: The role of parenting processes as a moderator. Syracuse University. *ProQuest Dissertation*.
<https://surface.syr.edu/etd/736/> (<https://surface.syr.edu/etd/736/>)

Pudasainee-Kapri, S. (2020). Providers' adherence to evidence-based asthma guidelines in primary care: A practice improvement project. Doctor of Nursing Practice Project. *Rutgers University DNP Project Repository*.

Articles in Refereed Journals

- Pudasainee-Kapri, S.,** Li, Y., Kapri, K., Fu, M., Wiest, D., & Hussain, M. (2025). Emergency department visits among children with asthma: Racial/ethnic disparities before and during the COVID-19 pandemic. *Nursing Outlook*, 73 (3), 102394. <https://doi.org/10.1016/j.outlook.2025.102394>
- Pudasainee-Kapri, S.,** Shrestha, T., Wunnenberg, M., Kapri, K., Chapagai, M., & Chapagain, R. (2025, in-press). The association between low birthweight and postpartum depression: A cross-sectional multisite study among women within six months of postpartum. *Journal of Nursing Practice Applications and Reviews of Research*, 14 (2).
- Pudasainee-Kapri, S.,** Zhang Y., & Razza, R. (2025). Early bedtime routines and behavioral outcomes among children from low-income families: Mediating role of emotion regulation. *Infant Behavior and Development*, 78, 102027. Advance online publication. <https://doi.org/10.1016/j.infbeh.2025.102027>
- Shrestha, T., Pandey Bista, A., Joshi Pradhan, S., **Pudasainee-Kapri, S.,** & Subedi, M. (2025). Unveiling parents' lived experience with preterm infant care and support in neonatal care units of public hospitals in Nepal: A phenomenological inquiry. *PloS One*, 20(2), e0319013. <https://doi.org/10.1371/journal.pone.0319013>
- Gyawali, J., **Pudasainee-Kapri, S.,** Agrawal, S., Khatri, D. B., Adhikari, S., & Dhunagana, P. P. (2024). Cytomegalovirus-associated pancytopenia in a four-month-old infant: A case report. *BMC Infectious Diseases*, 24(1), 1277-1280. <https://doi.org/10.1186/s12879-024-10191-9>
- Nepal, J., Chaudhary, K., Adhikari, B., Shrestha, A., Shrestha, A., **Pudasainee-Kapri, S.,** Rawal, S. Association of gestational weight gain rate with infant birth weight and cesarean delivery: A prospective study in Nepal. *PLOS Global Public Health* 4(11), e0003546- e0003557. <https://doi.org/10.1371/journal.pgph.0003546>
- Pudasainee-Kapri, S.,** Shrestha, T., Dahan, T., & Wunnenberg, M. (2024). Translation, validation, and factor structure of the Nepali version of postpartum bonding questionnaires (PBQ-N) among postpartum women in Nepal. *PLOS Global Public Health*, 4(7), e0003469-e0003483. <https://doi.org/10.1371/journal.pgph.0003469>
- Pandey A., Yang, M., **Pudasainee-Kapri, S.,** & Adhikary, D. P. (2023). Factors influencing the utilization of postnatal care services in the first seven days of childbirth in Nepal. *Journal of Nursing Education of Nepal*, 14, 1, 14-20. <https://doi.org/10.62143/6y1krc50>
- Pudasainee-Kapri, S.,** Pontes, N. M. H., & Pontes, M. C. F. (2023). Sex differences in the relationship between asthma and bullying victimization among high school students in the United States. *The Journal of School Health* 93(11), 982–989. <https://doi.org/10.1111/josh.13353>
- Bushnell, G., Sun, J. W., dosReis, S., Castillo, W. C., Czaja, A. S., Durrieu, G., Gerhard, T., Lee, H., Kaguelidou, F., **Pudasainee-Kapri, S.,** Raman, S., Spence, O., Horton, D. B. (2022). Geographical variation in psychotropic prescriptions dispensed to us children and adolescents early in the covid-19 pandemic. *Psychiatric Services (Washington, D.C.)*, 74(8), 880–884. <https://doi.org/10.1176/appi.ps.20220314>
- Sullivan-Bolyai, S., Ratta, C. D., Flanagan, J., **Pudasainee-Kapri, S.,** & Sefcik, J. S. (2022). Salami slicing and other fatal flaws to avoid in publishing qualitative findings. *Journal of Pediatric Nursing*, 66, A9-A10. (Editorial) <https://doi.org/10.1016/j.pedn.2022.08.003>
- Atkins, R., Kelly, T., Johnson, S., Deatrck, J., Wunnenberg, M., Joseph, P., **Pudasainee-Kapri, S.,** Gage, G., Pontes, N., & Williams, W. (2022). Salient beliefs and willingness towards participating in genetic salivary testing in a multi-ethnic sample of mothers at-risk for depression. *Archives of Psychiatric Nursing*, 41, 153-165. <https://doi.org/10.1016/j.apnu.2022.07.002>
- Pudasainee-Kapri, S.** (2022). Moderate low birth weight and socioemotional competence among children: The role of parenting factors in early childhood. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 64, 74-83. <https://doi.org/10.1016/j.pedn.2021.12.025>. PMID: 35240492

Pudasainee-Kapri, S. (2021). Providers' adherence to evidence-based asthma guidelines in pediatric primary care. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 57, 18-24. <https://doi.org/10.1016/j.pedn.2020.09.020> PMID: 33212342

Pudasainee-Kapri, S., & Razza, R. A. (2020). Low birth weight and children's cognitive competence: The role of maternal warmth in early childhood. *Early Child Development and Care GECD*, 119 (16), 2551-2562. <https://doi.org/10.1080/03004430.2019.1590351>.

Pudasainee-Kapri, S., & Razza, R. A. (2015). Associations among supportive coparenting, father engagement, and attachment: the role of race/ethnicity. *Journal of Child and Family Studies*, 24, 3793-3804. <https://doi.org/10.1007/s10826-015-0187-6>

Published Conference Proceedings

Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (2024). Factors influencing asthma health disparities trends of ED visits/hospitalization among children and adolescents with asthma in South Jersey. *Nursing Research* 73(3), E109-E109.

Linz, S., **Pudasainee-Kapri, S., & Valentine, J.**, (2024). Patient perceptions of barriers and facilitators in the treatment of perinatal depression. *Nursing Research* 73(3), E195-E196.

Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., Kapri, K. (2024). Postpartum depression, maternal self efficacy, and mother-infant bonding among mothers attending immunization clinic of tertiary hospitals in Kathmandu Nepal: Role of birth weight and social factors. *Nursing Research* 73(3), E38-E39.

Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P. (2024). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. *Nepal Health Research Library*. <https://elibrary.nhrc.gov.np/handle/20.500.14356/2425>

Pudasainee-Kapri, S., Pontes N.M., & Pontes M. (2023). Interactions between asthma and caregiver incarceration on anxiety and depression among US children (6 to 17 years). *Nursing Research*, 72 (3), E149-E149.

Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (2023). The impact of birth weight on postpartum depression and mother-infant bonding. *Nursing Research*, 72(3), E158-E158.

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (2022). Additive interactions between asthma and gender on bullying victimization among us high school adolescents. *Nursing Research*, 71 (2), S52-S52. (05/01/2022)

Pudasainee-Kapri, S., Pandey A., Yang, M., & Adhikary, D.P. (2022). Factors affecting the utilization of postnatal care services in first seven days of childbirth at public health facilities in Nepal. *Nursing Research*, 71(3), S64-S65.(05/01/2022)

Bushnell, G., Sun, J.W., dos Reis, S., Castillo, W. C., Czaja, A.S., Durrieu, G., Gerhard, T., Lee, H., Kaguelidou, F., **Pudasainee-Kapri, S., Raman, S., Spence, O., Horton, D.B.** (2022). Trends in psychotropic prescriptions dispensed to US children early in the COVID-19 pandemic. *Pharmacoepidemiology and Drug Safety*, 3(Suppl_2), 470-471.

Pudasainee-Kapri, S. & Zhang Y. (2021). Early sleep routine, emotional regulation, and attentional outcomes: A longitudinal study among children from low-income families. *Nursing Research*, 70(3), E94-E94.

Pudasainee-Kapri, S. (2020). Developmental pathways between low birth weight and children's cognitive and socioemotional competence: The role of maternal warmth in early childhood. *Nursing Research*, 69(3), E150-E150. (05/01/2020)

Atkins, R., Kelly, T., Johnson, S., Gale, G., Joseph, P., Wunnenberg, M., Cresse, N., **Pudasainee-Kapri, S.**, Pontes, N., & Deatrick, J. (2020). Factors that impact genetic (DNA) testing in multi-ethnic mothers from under-resourced communities. *Nursing Research*, 69 (3), E40-E40. (05/01/2020)

Manuscript Under Reviews

Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., Chapagain, R., & Chapagai, M. (Under Review). Screening and management of perinatal depression in Nepal: The need for urgent action (Short Communication/Policy Paper: Nepal Health Research Council Journal)

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (Under Review). Joint effects of asthma and caregiver incarceration in anxiety and depression among US school-aged children: NCHS 2016-2020. (*Nursing Research*).

Shrestha, T., **Pudasainee-Kapri, S.**, & Kapri, K. (Under Review). Postpartum depression and social support as predictors for parenting self-efficacy during six months after childbirth among women in Nepal. (*BMC Pregnancy and Childbirth*)

Shrestha, T., **Pudasainee-Kapri, S.**, & Kapri, K. (Under Review). Postpartum depression and social support as predictors for parenting self-efficacy during six months after childbirth among women in Nepal. (*Pregnancy and Childbirth Journal*)

Pudasainee-Kapri, S., Kandel, P., Gyawali, G., Rajbanshi, M., & Bhandari, B. (Under Review). Effectiveness of self-management interventions for asthma control and healthcare utilization among school-aged children in minority and low-income families in the United States: A protocol for systematic review and meta-analysis. (Protocol Paper: *BMJ Open*)

Zhang, Y., **Pudasainee-Kapri, S.**, Razza, R., & Madre, N. (Under Review). The role of early bedtime routines in the longitudinal links between household instability and self-regulation in children from low-income families. (*Infant Behavior and Development*)

Pudasainee-Kapri, S. (Under Review). Prevalence of low birth weight and its developmental vulnerability among infants in Nepal: A critical review of the literature and future recommendations. (*Journal of Nepal Medical Association*)

Works in Progress

Modi, N., Wunnenberg, M., & **Pudasainee-Kapri, S.** (Working Paper). Implementing integrative practices through staff education in an adult daycare setting: A quality improvement project.

Pudasainee-Kapri, S., Gyawali, G., & Fu, M. (working paper). Social determinants of health contributing to asthma self-management among children and adolescents: Current evidence and future recommendations. (Review Paper)

Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D., Fu, M., Hussain, M. (working paper). Socioeconomic disparities in acute health care utilization among children and adolescents with asthma in South Jersey.

Shrestha, T., **Pudasainee-Kapri, S.**, Sharma, P. (working paper). Experience of maternal and child health care services among post-partum women attending in immunization clinics of tertiary hospitals in Nepal: Qualitative exploration.

Pudasainee-Kapri, S., Dahan, T., Shrestha, T., & Gyawali, J. (working paper). Construct validity evidence of Nepali version of postpartum bonding questionnaires (PBQ) among postpartum women in Nepal.

Pudasainee-Kapri, S., Kandel, P., Gyawali, G., Rajbanshi, M., & Bhandari, B. (working paper). Systematic review and meta-analysis of self-management interventions for asthma control among children and adolescents in historically marginalized and low-income families.

Pudasainee-Kapri, S., Kapri, K., Richeson, A., Li, Y.; Valentine, J., Linz S. (Working Paper). Social and clinical determinants of disparities in postpartum mental health within six months postpartum in New Jersey: Evidence from PRAMS and Birth Certificate Data.

Pudasainee-Kapri, S. Shrestha, T., Kapri, K., Wunnenberg, M., Pandey A., Chapagain, R., & Chapagai, M. (Working Paper). Mixed method exploration of factors contributing to postpartum mental health outcomes among women in Nepal.

Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D., Fu, M., Hussain, M., & Abbas, J. (working paper). Caregivers' perceptions of barriers and facilitators of asthma self-management among adolescents with asthma in South Jersey: A qualitative study

Teaching Activities

Courses Taught Across Graduate and Undergraduate Programs

Spring 2025: Scholarly Seminar III (DNP Project Evaluation and Dissemination Seminar) (58:705:673:01, 92)

Fall 2024: Seminar on Professional Nursing (57:705:105: Section 02): Undergraduate, Rutgers University

Spring 2024: Scholarly Seminar III (DNP Project Evaluation and Dissemination Seminar) (58:705:673:01, 92)

Spring 2023: ABS Seminar on professional Nursing (57:705:336: 01): ABS, Rutgers University

Fall 2022: Seminar on Professional Nursing (57:705:105: Sections 02,03, 04): Undergraduate, Rutgers University

Issues in Nursing, Health, and Healthcare (57:705:153): RN-BSN, Rutgers University, Spring 2022

ABS Seminar on professional Nursing (57:705:336: 01): ABS, Rutgers University, Spring 2022

Seminar on Professional Nursing (57:705:105: Sections 02,03, 04): Undergraduate, Rutgers University, Fall 2021

ABS Seminar on professional Nursing (57:705:336: 02): ABS, Rutgers University, Spring 2021

Nursing of Children and Adolescents (57:705:305: Sections 01, 02): Undergraduate, Rutgers University, Spring 2021

Seminar on Professional Nursing (57:705:105: Sections 02, 03): Undergraduate, Rutgers University, Fall 2020

ABS Wellness and Health Assessment Lab (57:705:339): ABS, Rutgers University, Spring 2019

Conference Presentations, Lectures, Demonstrations

Keynote or Plenary Addresses

Keynote: Pudasainee-Kapri, S. (2020). Impact of COVID-19 Pandemic on Children's Health and Wellbeing. Nepalese American Nurses Association (NANA), 8th Annual Seminar December 18, 2020. (Keynote Speaker)

Invited Addresses

2025: Panel Member: Diverse Opportunities in Global Nursing Research, ENRS Global Health RIG, Panel Presentation. June 12, 2025. (Invited Panel Speaker)

2025: Podium: Pudasainee-Kapri, S., Li, Y., Kapri, K., Richeson, A. R. (04/2025). Clinical and Social Factors Contributing to Postpartum Depression and Help Seeking Behaviors Among Birthing Individuals:

Evidence from New Jersey PRAMS and Birth Certificate Data 2017 -2021. Paper presented at Annual Rutgers Research Week, Chancellor's New Faculty Research Symposium, April 9, 2025.

2024: Invited Lecture: Pudasainee-Kapri, S. (11/2024). Interdisciplinary Research in Maternal and Child Health. NURS 749 - Interdisciplinary Research & Scholarship Seminar course for Doctoral Students, School of Nursing, University of Nevada, Las Vegas. Virtual presentation delivered on 11/21/2024. (Invited Speaker)

2023: Invited Address: Pudasainee-Kapri, S. (06/2023). Paper presented "Overview of the Nurse Practitioners Program and its Feasibility in Nepal" at the US-Nepal Policy Research Center, Webinars on the Feasibility of Nurse Practitioner Programs in Nepal on June 24, 2023. (Invited Speaker)

This influential talk resulted in Media coverage and additional virtual and in-person meetings with healthcare and nursing leaders in Nepal (in 2023 and 2024) to improve primary healthcare services in Nepal as it is a fundamental right of all citizens. This work is aligned with my current scholarship and service to advance health equity locally and globally.

2023: Podium: Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (05/2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children (6 to 17 years). Paper presented at the Annual Rutgers Research Week, Faculty Research and Creative Activity Symposium, May 03, 2023.

2022: Podium: Pudasainee-Kapri, S. (2022). Postpartum Depression and Parent-Infant Outcomes. Paper presented at Tribhuvan University, Maharajgunj Nursing Campus, Maharajgunj, Nepal, July 14, 2022 (Invited Speaker).

2022: Podium: Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (2022). Additive Interactions Between Asthma and Gender on Bullying Victimization among US High School Students. Paper presented at the Chancellor's New Faculty Research Symposium on March 24, 2022, organized by Research Office, Rutgers University-Camden (Invited Speaker).

2021: Panel Speaker: Pudasainee-Kapri, S. (08/2021). Health Professional Panel Presentation, organized by Doctoral Students of Syracuse University, Department of Human Development and Family Science, Virtual Presentation, August 6, 2021.

2021: Podium: Pudasainee-Kapri, S. (11/2021). Impact of the Implementation of Asthma Management Practice Guidelines in Pediatric Primary Care. Nepalese American Nurses Association, 9th Annual Seminar, November 20, 2021. (Invited Speaker)

2021: Invited Address: Pudasainee-Kapri, S. (06/2021). COVID-19 Pandemic: Child Health, Wellbeing, and Child Protection. Paper presented at the Provincial dialogue on child protection and child case management at health institution in an emergency situation in Nepal (Lumbini Province, Nepal), June 5, 2021. (Invited Speaker)

2021: Invited Address: Pudasainee-Kapri, S. (05/2021). COVID-19 Pandemic: Child Health, Wellbeing, and Child Protection. Paper presented at the Provincial dialogue on child protection and child case management at health institution in an emergency situation in Nepal (Bagmati Province), May 27, 2021 (Invited Speaker)

2021: Invited Address: Pudasainee-Kapri, S. (03/2021). Maternal and Child Health Nursing Practice in the United States. Pediatric Nurses Association of Nepal (PNAN), 3rd Annual Day Seminar, March 6, 2021 (Invited Speaker).

2021: Podium: Pudasainee-Kapri, S. (11/2018). Cultural Competency in Health Care. Nepalese American Nurses Association (NANA), 6th Annual Seminar, November 3, 2018. (Invited Speaker)

2017: Podium: Pudasainee-Kapri, S. (07/2017). The Role of parenting Processes in the Association between Moderate Low Birth Weight and Children's Academic and Socioemotional Competence. Tribhuvan University, Maharajgunj Nursing Campus, Nepal, July 15, 2017. (Invited Speaker)

Papers, Abstracts, and Lectures

2025: Podium: Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M. (07/2025). Global Health Nursing and Social Determinants: Impacts on Maternal Mental Health & Child Development". Accepted for podium presentation at the 36th International Nursing Research Congress, 17-20 July, 2025, Seattle, Washington. (International Conference)

2025: Podium: Pudasainee-Kapri, S., Kapri, K., Richeson, A., & Li, Y. (07/2025). Disparities in Postpartum Depression by Social Factors: Evidence of PRAMS and Birth Certificate Data. Accepted for Podium presentation at the 36th International Nursing Research Congress, 17-20 July, 2025, in Seattle, Washington (International Conference)

2025: Poster: Pudasainee-Kapri, S., Shrestha, T., Dahan, T., & Wunnenberg, M. (05/2025). Maternal Mental Health, Parenting Self-Efficacy, and Infant Developmental Outcomes: Role of Birthweight and Social Factors. Poster presentation at the Society for Research in Child Development (SRCD) 2025 Biennial Meeting, May 1-3, 2025, in Minneapolis, Minnesota (National Conference).

2025: Poster: Pudasainee-Kapri, S., Kapri, K., Richeson, A., & Li, Y. (05/2025). Clinical and Social Determinants of Postpartum Depression: Evidence from PRAMS Survey and Birth Certificate Data. Poster presentation at the Society for Research in Child Development (SRCD) 2025 Biennial Meeting, May 1-3, 2025, in Minneapolis, Minnesota (National Conference).

2025: Poster: Pudasainee-Kapri, S., Wunnenberg, M., & Shrestha, T. (04/2025). Qualitative Exploration of Factors Contributing to Maternal Mental Health Outcomes Among Women 6-12 Months Postpartum Women in Nepal. Poster presented at the 37th Annual ENRS Scientific Sessions, April 3-4, 2025, Philadelphia, PA. (Regional Conference).

2025: Podium: Pudasainee-Kapri, S., Dahan, T., Shrestha, T., & Wunnenberg, M. (04/2025). Effects of Maternal Postpartum Depression and Self-Efficacy on Socioemotional Outcomes among Infants in Nepal: Mediating Role of Postpartum Bonding. Paper presented at the Eastern Nursing Research Society, 37th Annual Scientific Sessions, April 3-4, 2025, Philadelphia, PA. (Regional Conference).

2025: Podium: Pudasainee-Kapri, S., Kapri, K., Richeson, A., & Li, Y. (04/2025). Social Determinants of Health Contributing to Mental Health Disparities and Help Seeking Behaviors Within Six-Months Postpartum: Evidence from New Jersey PRAMS Linking Birth Certificate Data 2017 -2021. Paper presented at the 37th Annual ENRS Scientific Sessions, April 3-4, 2025, Philadelphia, PA. (Regional Conference).

2025: Podium: Pontes N. M., Pudasainee-Kapri, S., & Pontes M. (04/2025). Sex Differences in Bullying Victimization among Children with Autism, ADHD, and Asthma. Paper presented at the 37th Annual ENRS Scientific Sessions, April 3-4, 2025, Philadelphia, PA. (Regional Conference).

2024: Podium: Pudasainee-Kapri, S., Kapri, K., Valentine, J., & Linz, S. (10/2024). Social and Clinical Determinants of Postpartum Depression Among Women Within Two to Six Months of Childbirth in New Jersey: Evidence from the New Jersey Pregnancy Risk Monitoring System (PRAMS) Survey 2017-2021. Paper presented at the 38th Annual Conference of American Psychiatric Nurses Association (APNA) October 9-12, 2024, at Kentucky International Convention Center, Louisville, Kentucky. (National Conference)

2024: Podium: Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., Kapri, K. (10/2024). Factors Influencing Maternal Mental Health and Infant Outcomes among Women 6-12 Months Postpartum in Nepal: A mixed-methods exploration. Paper presented at the 38th Annual Conference of American Psychiatric Nurses Association (APNA) October 9-12, 2024, at Kentucky International Convention Center, Louisville, Kentucky. (National Conference)

2024: Podium: Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P. (09/2024). Contributing Factors of Postpartum Mental Health among Women Attending at Immunization Clinics of Tertiary Hospitals in Kathmandu: Mixed Method

Exploration. Paper presented at the 1st International Conference of Maharajgunj Nursing Campus, September 13-14, 2024, at Smart Durbar Banquet Dhumbarahi, Kathmandu, Nepal. (International Conference)

2024: Podium: Pontes N. M., **Pudasainee-Kapri, S.**, Accardo, A. & Pontes M. (08/2024). Challenges and Opportunities of Fostering Inclusive School Environments to Reduce Bullying Victimization among Children with Autism, ADHD, and Asthma. The 24th International Nursing Ethics Conference, August 30-31st, Brunel University, London, UK. (International Conference)

2024: Podium: Pudasainee-Kapri, S. & Bhandari, S. (08/2024). Opportunities and Challenges Among Nepalese Immigrant Nurses in the United States: Role of Professional Nurses Association. Abstract accepted for the paper presentation at the 24th International Nursing Ethics Conference (Theme: Ethics, Care & the Workforce 'Crisis' International, Interprofessional & Interdisciplinary Perspectives), at Brunel University London, UK, 30th to 31st August 2024 (Not Presented due to UK Visa Issue). (International Conference)

2024: Podium: Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (07/2024). Health Disparities and Trends in Acute Care Utilization among Children with Asthma in South Jersey. Paper presented at 35th International Nursing Research Congress, 25-28 July 2024, in Singapore (International Conference)

2024: Podium: Tumla, S., Pandey-Bista, A., Shrestha, S., **Pudasainee-Kapri, S.**, & Rana, M. (07/2024). Mixed-method Exploration of Nursing Care Practice for Preterm Infants in Neonatal Care Units of Hospitals in Nepal. Paper presented at 35th International Nursing Research Congress, 25-28 July 2024, in Singapore. (International Conference)

2024: Podium: Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M, & Gupta, P. (04/11/2024). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. Paper presented at the Tenth Annual Summit of Health and Population Scientists in Kathmandu, Nepal, NHRC, 04/10/2024-04/12/2024. (International Conference)

2024: Poster (Co-presenter): Shrestha, T., Pandey Bista, A., Joshi, S. Pudasainee-Kapri, S. & Subedi, M. (04/10/24). Parents lived experience with preterm infant care and support in Neonatal Care Units of Nepal: A phenomenological inquiry. Poster presented at the Tenth Annual Summit of Health and Population Scientists in Nepal, NHRC, 04/10/2024. (International Conference)

2024: Poster: Pudasainee-Kapri, S., Wunnenberg, M., Shrestha, T., Kapri, K. (04/04/2024). Postpartum Depression, Maternal Self Efficacy, and Mother-infant bonding among Mothers Attending Immunization Clinic of Tertiary Hospitals in Kathmandu Nepal: Role of Birth Weight and Social Factors. Poster presented at the Eastern Nursing Research Society, 36th Annual Scientific Sessions, April 3-5, 2024. (Regional Conference)

2024: Podium: Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (04/04/2024). Factors Influencing Asthma Health Disparities and Trends of ED Visits/Hospitalization among Children and Adolescents with Asthma in South Jersey. Paper presented at the Eastern Nursing Research Society, 36th Annual Scientific Sessions, April 3-5, 2024. (Regional Conference)

2024: Podium (Co-author): Linz, S., **Pudasainee-Kapri, S.**, &Valentine, J., (04/2024). Patient Perceptions of Barriers and Facilitators in the Treatment of Perinatal Depression. Paper presented at the Eastern Nursing Research Society, 36th Annual Scientific Sessions, April 3-5, 2024. (Regional Conference)

2023: Podium: Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Kapri, K., Chapagai, M., & Chapagain, R. (10/2023). Associations among Low Birth Weight, Postpartum Depression, and Mother-Infant Bonding Within Six-Months of Childbirth in Kathmandu, Nepal. Paper presented at the 2nd NRN Global Knowledge Convention in Kathmandu Nepal, October 17-18, 2023 (Global Convention)

2023: Podium: Pudasainee-Kapri, S., Shrestha, T., Dahan, T. Wunnenberg, M. (09/25/2023). Validation and Factor Structure of the Nepali Version of Postpartum Bonding Questionnaires Among Postpartum Mothers in Kathmandu Nepal. Paper presented at 2023 National Nursing Conference for Nursing Scholars in Heritage Garden, Sanepa, Lalitpur-2, September 25 to 26, 2023. (International Conference)

2023: Podium: Zhang, Y., Pudasainee-Kapri, S., Madre, N., Vinluan, D., & Penne, A. (05/26/2023) Household Instability, Early Bedtime Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families. Paper presented at 2023 Association of Psychological Science (APS) Annual Convention, Washington, D.C., USA, May 25-28, 2023. (National Conference)

2023: Poster: Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (04/11/2023). The Impact of Birth Weight on Postpartum Depression and Mother-Infant Bonding. Poster presented at the Ninth Annual Summit of Health and Population Scientists in Nepal, NHRC, 04/10/2023-04/11/2024. (International Summit)

2023: Podium: Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (03/2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children (6 to 17 years). Paper presented at the Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 22 – March 24, 2023 (Regional Conference).

2023: Podium: Pudasainee-Kapri, S., Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (03/2023). The Impact of Birth Weight on Postpartum Depression and Mother-Infant Bonding. Paper presented at the Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 22 – March 24, 2023 (Regional Conference).

2022: Podium: Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (2022). Additive Interactions Between Asthma and Gender on Bullying Victimization among US High School Adolescents. Paper presented virtually at Sigma's 33rd International Nursing Research Congress, August 03 – August 05, 2022. (International Conference)

2022: Poster: Valentine, J., Pudasainee-Kapri, S., Linz, S., Kapri, K., Butler-Witt, K., Ingemi, Q., Shmuts, R. (11/2022). South Jersey Perinatal Population Health Data Hub. Poster presentation at the 10th Annual Culture of Health YMCA Alliance conference poster, November 17 & 18, 2022.

2022: Poster: Pudasainee-Kapri, S., Pandey A., Yang, M. & Adhikari, D. (2022). Factors Impacting the Utilization of Postnatal Care Services at Public Health Facilities in Nepal. Poster presented at Sigma's 33rd Virtual International Nursing Research Congress, August 03 – August 05, 2022. (International Conference)

2022: Podium: Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (2022). Additive Interactions Between Asthma and Gender on Bullying Victimization among US High School Students. Paper presented at the Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 31 – April 1, 2022, in Providence, RI. (Regional Conference)

2022: Podium: Pudasainee-Kapri, S., Pandey A., Yang, M. & Adhikari, D. (2022). Factors Affecting the Utilization of Postnatal Care Services in First Seven Days of Childbirth at Public Health Facilities in Nepal. Paper presented at the Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 31 – April 1, 2022, in Providence, RI. (Regional Conference).

2021: Poster: Pudasainee-Kapri, S. (2021). Implementation of Asthma Guidelines Education in Pediatric Primary Care: A Practice Improvement Project. Poster presented at 2021 Annual Education Day organized by Forum of Nurses in Advanced Practice (FNAP) of the New Jersey State Nurses Association, November 12, 2021, New Jersey. (State Level Nurses Forum)

2021: Podium: Pudasainee-Kapri, S. & Zhang Y. (06/2021). Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children. Paper presented at the 2nd Annual Virtual Pediatrics & Neonatology Conference, June 29-30, 2021, New York, NY. (National Conference)

2021: Podium: Pudasainee-Kapri, S. (04/2021). The Role of Child Gender in the Relationship Between Parental Education and Child Health Care Service Utilization in Nepal. Accepted for Paper presentation (but not presented due to COVID) at Seventh National Summit of Health and Population Scientists in Nepal, Organized by Nepal Health Research Council. (International Summit)

2021: Poster: Pudasainee-Kapri, S. & Zhang Y. (2021). Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children. Poster presented virtually at the Biennial Conference for the Society for Research in Child Development, April 7 - 9, 2021. (National Conference)

2021: Poster: Pudasainee-Kapri, S. & Zhang Y. (2021). Early Sleep Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families. Poster presented at the 33rd Virtual Annual ENRS Scientific Sessions, March 25 - 26, 2021. (Regional Conference)

2020: Poster: Pudasainee-Kapri, S. (2020). Developmental Pathways between Low Birth Weight and Children's Cognitive and Socioemotional Competence: The Role of Maternal Warmth in Early Childhood. Accepted for poster presentation (but not presented due to COVID) at 32nd Annual ENRS Scientific Sessions, March 26-27, 2020, in Boston, Massachusetts. (Regional Conference)

2017: Podium: Pudasainee-Kapri, S. (2017). Low Birth Weight and Developmental Vulnerability: The Role Parenting and Socio-demographic Factors. US-Nepal Policy Research Center, 2nd Annual Conference, Springfield, VA, September 2017.

2013: Podium: Pudasainee-Kapri, S. & Razza, R. A. (2013). Associations among supportive coparenting, father engagement, and mother-child attachment: The moderating role of Race/Ethnicity. Poster presented at Biennial Conference for the Society for Research in Child Development, Seattle, WA, April 2013. (National Conference)

Other Presentations, Lectures, Demonstrations

Podium: Pudasainee-Kapri, S. (01/2025). Highlights of Overall Programs and Achievements of Nepalese American Nurses Association 2022-2024. Paper presented at the Nepalese American Nurses Association, 12th Annual Seminar, January 11, 2025, Queens NY.

Podium (co-presenter): Valentine, J., Pudasainee-Kapri, S., Kapri, K., & Linz, S. (05/2024). Postpartum Depression in New Jersey Counties and Regions 2021: Screening Results at Birth and 2-4 months Postpartum. Paper presented with New Jersey Department of Health, MCH Epidemiology and Center for Health Statistics, virtual platform, 05/29/24.

Pudasainee-Kapri, S. Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M., & Gupta, P. (04/2024). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. Paper presented at TUTH with Clinical Staff of TUTH and KCH Immunization Clinics and Research Team members of Rutgers Global Health Grant Project in Kathmandu Nepal, 04/12/2024. (International Meetings)

Podium: Pudasainee-Kapri, S. (01/2024). Highlights of current activities and future planning of Nepalese American Nurses Association. Paper presented at the Nepalese American Nurses Association, 12th Annual Seminar on January 13, 2024, Queens NY.

Conference Participation: 2023 Virtual NIH Grants Conference & PreCon Events, February 1-2, 2023.

Linz, S., **Pudasainee-Kapri, S.**, & Cypress, B., (04/2021). "Diversity, Equity, and Inclusion, What Our Students Had to Say." Presented at Faculty Organization meeting, Rutgers University, School of Nursing-Camden.

Pudasainee-Kapri, S. (04/2021). Nursing Facilitator for Virtual Interprofessional Team Experience Learning Event, April 22, 2021. Organized by Rutgers University Interprofessional Practice, Education, and Innovation partnering with regional pharmacy, medical, social work, and PA programs.

Virtual Workshop: Linz, S., **Pudasainee-Kapri, S.**, & Cypress, B. (04/2021). Conducted workshops entitled “Diversity, Equity, and Inclusion” among Undergraduate and Graduate Nursing Students from Diverse Backgrounds at Rutgers University, School of Nursing-Camden.

National Minority Quality Forum Annual Leadership Virtual Summit on Health Disparities and Health Braintrust; 4/27/2021 to 4/28/2021. (Participation in the Conference and 40 Under 40 Leaders in Minority Health Award Reception Ceremony).

AACN Faculty Development Conference Participation, as part of Johnson & Johnson-AACN Minority Nurse Faculty Scholars, November 14-15, 2018, New Orleans, LA (Conference Participation and Award Reception).

Organizing and Chairing Activities

Participation in Organizing or Chairing Conferences, Workshops, and Organizations

2025: Symposium Chair (scheduled), The Global Health Nursing Approach to Social Determinants of Health: Impacts on Maternal Mental Health and Child Development. 36th International Nursing Research Congress July 17-20, 2025, Washington, Seattle

2025: Co-organizer and Chairing the Seminar, 12th Annual NANA Seminar, January 11, 2025, Queens, New York

2024: Co-organizer, NANA Virtual Webinar on Domestic Violence, November 10th, 2024

2024: Co-organizer, NANA Virtual Webinar on “Opportunities and Challenges among Nepalese Nurses in the United States” National Nurses Week, May 9th, 2024

2024: Co-organizer and Chairing the Seminar, 11th Annual NANA seminar, January 13, 2024, in Ridgewood, New York

2023: Co-organizer, Virtual Webinar on Feasibility of Nurse Practitioner Programs in Nepal, June 24, 2023, US-Nepal Policy Research Center

2023: Co-organizer, NANA Virtual Webinar on Next-GEN NCLEX and Clinical Judgement, National Nurses Week, May 9th, 2023

2022: Seminar Planning and Organizing Committee, 10th Annual NANA Nursing Seminar, Queens, New York

Funding

Externally Funded Research and/or Training Grants

Nepalese American Nurses Association	01/2025-12/2026
Research/Evidence-Based Project Award	\$500
<i>Factors Contributing to Mental Health Outcomes and Quality of Life Among Nepalese Immigrant Nurses in the United States.</i>	
Role: Collaborator/Mentor; Principal Investigator (PI): Shah	

South Jersey Institute for Population Health	04/2023-05/2025
<i>Factors Influencing Asthma Self-Management and Disparities in Asthma Control among Adolescents from Low-Income Minority Families</i>	\$35,000
Role: PI	

South Jersey Institute for Population Health <i>South Jersey Longitudinal Data Project to Advance Health Equity</i> Role: Co-PI (Wiest- PI)	03/2022 to 02/2023 \$20,000
South Jersey Institute for Population Health 03/30/2023 <i>Southern New Jersey Perinatal Population Health Data Hub: A Project to Address Disparities in Maternal and Infant Well-Being in The Southern New Jersey Region.</i> Role: Co- PI (Valentine- PI)	04/01/2022 to \$30,000
Committee on Institutional Equity and Diversity (CIED) Mini Grant 06/30/2022 Rutgers University-Camden <i>Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding</i> Role: PI	07/01/2021 – \$5,000

Internally Funded Research Grants

Disciplinary Sponsor Support Grant. Faculty Development & Diversity University Equity & Inclusion Rutgers, The State University of New Jersey. 04/2025 to 06/2025 <i>Mixed-Method Exploration of Factors Contributing to Postpartum Mental Health Outcomes Among Women in Nepal.</i>	\$500
Chancellor's Assistant Professor Research Development Grant 06/30/2025 Rutgers University-Camden <i>Social and Clinical Determinants of Disparities in Perinatal Mental Health and Infant Outcomes at Birth and Within Six Months Postpartum In New Jersey</i> Role: PI	07/01/2023- \$19,000
Global Health Seed Grants, Rutgers Global Health Institute 11/30/2024 <i>Impact of Social Factors and Birth Weight on Mental Health, Self-Efficacy, and Parent-Infant Bonding among Postpartum Mothers in Nepal"</i> Role: PI	05/015/2022- \$10,000
Committee on Institutional Equity and Diversity (CIED) Mini Grant 06/30/2022 Rutgers University-Camden <i>Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding</i> Role: PI	07/01/2021 – \$5,000
Research Start-up Fund Rutgers University, School of Nursing-Camden Role: PI	2020-2023 \$5,000

Memberships

Memberships, Offices and Committee Assignments in Professional Societies

- 2024-ongoing Advisor, Telemedicine Society of Nepal
- 2025-Ongoing: Advisor, Nepalese American Nurses Association
- 2022-2024: President, Nepalese American Nurses Association
- 2020-2022: Executive Board Member, Nepalese American Nurses Association

Service

Membership in Scholarly and Professional Societies

- Member, American Nurses Association
- Member, New Jersey State Nurses Association
- Life Member, Maharajgunj Nursing Campus Alumni Association
- Member, American Psychiatric Nurses Association (Since 2024)
- Member, Eastern Nursing Research Society (ENRS)
- Member, Sigma Theta Tau International Honor Society of Nursing Member, Eta Mu Chapter
- Member, Society for Research in Child Development (SRCD)
- Member, US-Nepal Policy Research Center
- Member, National League of Nursing
- American Association of Nurse Practitioners (2021-2023)
- Life member, Nepalese American Nurses Association (NANA)
- Life Member, Nursing Association of Nepal (NAN)
- Member, Graduate Nursing Student Academy (GNSA, 208-2020)

Contributions to the Advancement of the Academic Profession

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| 2024-ongoing | Volunteer Nurse Educator, Nursing Education, Devdaha Medical College and Research Institute, Butwal, Nepal; Health Volunteer Overseas (HVO's). My service and impact extended to the healthcare/nursing community in Nepal through my volunteer education services via HVO's program in Nepal. My current focus is to provide continuing education in areas of Role of the Professional Nurse, Quality Nursing Care, Healthcare Quality, and Safety, Standardized Communication, Quality Improvement Initiatives etc. at Devadaha Medical College (DMC) Butwal, Nepal. The DMC requests ongoing education and training for nurse leaders, nursing students, as well as clinical staff (nurses, health assistants, community health assistants, and nurse midwives). |
| 2024-Present | Member, ENRS Reproductive and Maternal Health RIG |
| 2024-Present | Member, ENRS Global Health Rig |
| 2023-Present | Society of Scholars, New Jersey Alliance for Clinical and Translational Science (04/23) |
| 2022-2023 | Member, New Jersey Kids Study |
| 2022-2023 | Immunological Health, Asthma, & Allergies Working Group Member, New Jersey Kids Study |
| 2021-Present | Member, ENRS Qualitative Rig |

Peer-Review Service for Journals and Research Grants

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| 2025-Present | Research Manuscript Reviewer, Child Psychiatry and Human Development |
| 2024-Present | Research Manuscript Reviewer, Journal of Asthma |
| 2024-Present | Research Manuscript Reviewer, Journal of PLOS Global Public Health |

2023-2024	Research Grant Reviewer, New Jersey Integrated Population Health Data Project, Rutgers University
2023-Present	Research Manuscript Reviewer, Journal of Health and Allied Sciences
2022-Present	Research Manuscript Reviewer, Journal of Nursing Education of Nepal
2020-Present	Research Manuscript Reviewer, Journal of Pediatric Nursing: Nursing Care of Children and Families (JPN)
2020-Present	Research Manuscript Reviewer, World Journal of Pediatrics
2020-Present	Manuscript Reviewer, International Journal of Nursing and Health Care Research

Service to Professional and Scientific Societies and Other Public Bodies

2025	Conference Sessions Moderator: Annual ENRS Scientific sessions, 04/2025
2024-Present	Health Volunteer Overseas (HVO), Devdaha Medical College, Nepal
2024	Session Moderator, NANA Virtual Webinar on “Opportunities and Challenges among Nepalese Nurses in the United States” National Nurses Week, May 9 th , 2024
2024-2026	Steering Committee Member, New Jersey Pregnancy Risk Assessment Monitoring System (NJ-PRAMS), New Jersey Department of Health
2024-Present	Culture of Care, Rutgers & Brunel University Collaborative Team
2023-Present	Nurse Practitioner Volunteer, Community Health Fairs Organized by NANA
2023	Scientific Sessions Moderator: 36 th Annual ENRS Scientific sessions 04/2023
2023	Session moderator, NANA Virtual Webinar on Next-GEN NCLEX and Clinical Judgement, National Nurses Week, May 9 th , 2023, NANA
2023	Volunteer Nurse Practitioner, Free Community Health Fairs Organized by NANA, Queens New York
2022-2023	Immunological Health, Asthma, & Allergies Working Group Member, New Jersey Kids Study
2018-2020	Member, EBP/Research Council Committee, Jefferson Health, NJ
2018-2020	Member, EBP/Research Council Committee, Jefferson Health, NJ
2018	Superuser, Clinical Practice Guidelines and EPIC Electronic Medical Records, Jefferson Health, NJ
2018-2020	Clinical Practice Guidelines Champion and EPIC Superuser, Jefferson Health, NJ
2018-2019	Member, Unit Council Committee, Jefferson Washington Township Hospital
2015-2016	Member, Patient Satisfaction Committee, St. Cloud Hospital, St. Cloud, MN
2015-2016	Member, Healthy Work Environment Committee, St. Cloud Hospital, MN
2015-2016	Member, Integrative Therapy Committee, St. Cloud Hospital, St. Cloud, MN
2012-2017	Member, Student Council on Family Relations, Syracuse University

Service to Rutgers University

2024:	Member, DNP Project Taskforce, Rutgers-Camden, School of Nursing
2023:	Faculty Volunteer, Admitted Students Day, SNC, 04/2023
2023-Present:	EOHSI Global Environmental Health, Rutgers University
2023-2024:	Member, Advisory Board for the Increase and Diversify Education Abroad for U.S. Students (IDEAS) grant, Rutgers SNC
2023-ongoing	Member, Faculty Affairs and Development (FAD) Committee
<u>Sub-committee Assignments:</u> Sub-committee Assignments: I served on the SNC Faculty Award sub-committee from 2023 to 2025. My responsibilities included reviewing faculty award materials, coordinating communications with students and faculty regarding award nominations, collecting	

nominations, evaluating potential candidates, compiling the list of nominees for each award, forwarding nominations to FAD Committee members for voting, and preparing the final list of awardees.

2023-2024: Research Advisory Committee (RAC) for the New Jersey Integrated Population Health Data (iPHD) Project, Rutgers University

As a RAC member, I participated in reviewing the RAC proposal for: 1) applicant qualifications, 2) scientific merit, and 3) significance and alignment of the application with the legislated purpose of the iPHD Project as well as the approved research priorities. The RAC reviews then are provided to the iPHD Governing Board who make the final determinations regarding project approval.

2023-2024: Member, Advisory Board for the Increase and Diversify Education Abroad for U.S. Students (IDEAS) grant, ACQUIRE grant from the US Department of State, Rutgers-Camden, School of Nursing

2023-2024: Member, SNC 50th Anniversary Advisory Committee

2022-2024: Member, Chancellor's Committee on Climate Action Working Group

2021-2023: Member, Strategic Planning Steering Committee, School of Nursing-Camden, 2021-2023

2020-2025: Member, School of Nursing Graduate and Professional Program (GPP) Committee, 2020-2025

DNP Program Requirements/Toolkit: As a member of the GPP Committee, I contributed to developing a DNP poster template for DNP Poster presentations to ensure rigor and consistency across the DNP students. I also contributed to updating the DNP Toolkit. This included revisions to the DNP Final Project requirements and DNP Project Table of Contents. Additionally, aligned with the requirements, I updated the DNP Final Project Evaluation Form and Poster Evaluation Form and presented changes to the GPP committee and Faculty Organization retreat in Fall 2024.

2020-2023: Member, School of Nursing Long Range Planning (LRP) Committee, 2020-2023

2020-2024: Member, Chancellor's Advisory Council on Undocumented Students, 2020-2024

2020-2021: Faculty Volunteer for DNP Prospective Students Interviews, Rutgers University, SNC

2021: Faculty Volunteer at COVID Vaccine Clinic in Camden, NJ, 2021

2020-2021: Conducted Doctor of Nursing Practice (DNP) Information Sessions for prospective DNP students, Rutgers University, School of Nursing-Camden.

Students Supervised

Master's or Doctoral Students by Type of Supervision

2024- 2025: DNP Project Committee Member, Leah Nagle, DNP Project Title: "Implementing Anxiety Screening in Pediatric Primary Care in Southern New Jersey: A Quality Improvement Project," Rutgers University, School of Nursing-Camden

2023 - 2024: DNP Project Chair, Mandeep Kaur, DNP Project Title: "A Quality Improvement Project to Enhance Outcomes of South Asian Diabetic Clients in a Primary Care Practice Within Southern New Jersey" Rutgers University, School of Nursing-Camden

2022- 2023: DNP Project Committee Member, Nilesh Modi, DNP Project Title: "Implementing Integrative Practices in an Adult Day Care Setting: A DNP Project Translating Evidence into Practice" Rutgers University, School of Nursing-Camden

2021-2023: DNP Project Committee Member: Deyanery Solis, DNP Project Title: "Implementation of an Evidence-Based Burn Risk Assessment Tool: A Quality Improvement Project" Rutgers University, School of Nursing-Camden