

Mary Wunnenberg, EdD, MSN, RN, CNE, PMHRN-BC

Title and Address:

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Teaching Portfolio:

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Education

Highest Earned Degree

Doctor of Education
The University of Alabama
Instructional Leadership in Nursing Education
2017

Dissertation

Psychosocial Bullying in the Workplace: Exploring Coping Strategies and Intent to Leave Among Nurse Educators in the Northeastern United States
Dissertation Chair: Dr Douglas McKnight

Other Earned Degrees

Master of Science in Nursing (Education track), Drexel University, Philadelphia, PA, 2008
Bachelor of Science in Nursing, Stockton University, Pomona, NJ, 2003
Associate in Applied Science, Ocean County College, Toms River, NJ, 1989

Certificates and Licenses Held

ANCC Certified Psychiatric-Mental Health Nurse RN-BC, #2019052893, current

Certified Nurse Educator (CNE), The National League for Nursing, #NLN539374, current

Registered Nurse, State of New Jersey, #09468600, current

Mental Health First Aid Instructor, 2018-ongoing

Professional Awards and Honors

- 2021 Nominated for the 2021 NLN Mary Adelaide Nutting Award for Outstanding Teaching or Leadership in Nursing Education
- 2021 Nominated for the Chancellor's Award for Teaching Excellence for Non-Tenure-Track Faculty
- 2020 Awarded *Outstanding Nurse Educator Faculty Award*, Rutgers University School of Nursing-Camden
- 2018 Nominated for the Chancellor's Award for Teaching Excellence for Non-Tenure-Track Faculty

Publications

Articles in Refereed Journals

- 2023 **Wunnenberg, M.** & Sousou-Coppola, J. (2022). *Caring for colleagues: Effective mentoring in nursing education*. Manuscript submitted and under review
- 2022 Atkins, R., Kelly, T., Johnson, S., Deatrck, J., **Wunnenberg, M.**, Joseph, P., Pudasainee-Kapri, S., Gage, G., Pontes, N., Cresse, N., & Williams, W. (2022). Beliefs and willingness towards participating in genetic testing for depression in low-income and racial/ethnic minority mothers at-risk. *Archives of Psychiatric Nursing*, <https://doi.org/10.1016/j.apnu.2022.07.002>
- 2022 Atkins, R., Kelly, T., Pontes, M., Jackson, K., **Wunnenberg, M.**, Linz, S., Stellmacher, T., Williams, K., Lewis, H., Davis-Halty, N., & Williams, W. (2022). The effects of a community-based, multicomponent, depression prevention interventions in mothers at-risk. *Western Journal of Nursing Research*, 44(1), 66-80.
- 2022 Linz, S., Emmons, R., Jerome-D'Emilia, B., Solomon, P., **Wunnenberg, M.**, Durham, J., & Koehler, R. (2022). Using digital storytelling to understand service users' mental health recovery and address stigma among nursing students. *Archives of Psychiatric Nursing*, 40, 77-83.
- 2021 Pontes, N., Ayres, C., **Wunnenberg, M.**, & Pontes, M. (2021) Gender differences in the relationship between prescription opioid misuse and depressive symptoms and suicidality among US high school students. *Nursing Outlook*, 69(4), 641-651. doi:10.1016/j.outlook.2021.01.006
- 2020 **Wunnenberg, M.**, (2020). Psychosocial bullying among nurse educators: Exploring coping strategies and intent to leave. *Journal of*

Nursing Scholarship, 52(5), 574-582.
doi:http://dx.doi.org.proxy.libraries.rutgers.edu/10.1111/jnu.12581

- 2020 Atkins, R., Luo, R., **Wunnenberg, M.**, Ayres, C. G., Hayes, L., Lipman, T. H., Penna-Cardinali, V., Deatrick, J. (2020). Contributors to depressed mood in black single mothers. *Issues in Mental Health Nursing* 41(1), 38-48, doi:10.1080/01612840.2019.1631414.

Publications

Manuscripts in Progress

- 2023 Pudasainee-Kapri, S., Shrestha, T., **Wunnenberg, M.**, Chapagai, M., & Chapagain, R. (Manuscript in progress). Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding in Nepal
- 2023 **Wunnenberg, M.** & Saffold, T. (2022). (Manuscript under revision) *A feminist ethical practice and its implications for nursing education.*
- 2023 **Wunnenberg, M.** (Manuscript in progress). *Students' perceptions regarding participation in a Psychiatric Mental Health simulation utilizing standardized patients.*
- 2023 Ayres, C. A., & **Wunnenberg, M.**, (Manuscript in progress). *Substance use prevention among adolescents and emerging young adults: Understanding social and situational contexts to avoid use.*
- 2023 Pontes, N., Linz, S., Atkins, R., **Wunnenberg, M.**, Williams, W., & Pontes, M. (Manuscript in progress) *Gender Disparity in the Relationship between Physical Activity on Depressive Symptoms, Suicidal Ideation, and Suicide Attempts: Youth Risk Behavior Survey 2011-2017.*

Conference Presentations, Lectures, Demonstrations

Invited Addresses

- 2023 **Wunnenberg, M.** The NextGen NCLEX and the Clinical Judgment Model. Presented at the Nepalese American Nurses Association (NANA) conference. May 2023.
- 2023 Pudasainee-Kapri, S., **Wunnenberg, M.**, & Shrestha, T. (Manuscript in progress). Association among low birth weight, postpartum depression, and mother-infant bonding within 6-months of childbirth in Nepal. Presented at ENRS 2023, Philadelphia, Pa.

- 2023 Linz, S., Emmons, R., Jerome-D’Emilia, B., Solomon, P., **Wunnenberg, M.**, Durham, J., & Koehler, R. Using digital storytelling to understand service users’ mental health recovery and address stigma among nursing students. Presented at ENRS 2023, Philadelphia, Pa.
- 2020 Abstract accepted for presentation for at the Global Alliance for Behavioral health and Social Justice Conference (Oct 2020)-- unable to attend due to COVID
- 2020 Abstract accepted for presentation for the American Psychiatric Nurses Association National Conference (Sept 2020), unable to attend due to COVID
- 2020 Atkins, R., Kelly, T., Williams, W., Linz, S., Jackson, K., **Wunnenberg, M.**, Stellmacher, T., Lewis, H., & Davis-Halty, N., (2020). Academic-Community Partnerships: A Collaborative Pilot Intervention that Improves Psychosocial Outcomes in Young to Middle Aged Adult Mothers at Risk for Depression. Presented at the Eastern Nursing Research Society
- 2020 Atkins, R., Kelly, T., Jackson, K., **Wunnenberg, M.**, Stellmacher, T., Lewis, H., Davis-Halty, N., & Williams, W., (2020). A Collaborative, Multi-Component, Intervention to Reduce Depression Risk for Mothers Living in Under-Resourced Communities. Presented at Council for the Advancement of Nursing Science, 2020 State of the Science Congress on Nursing Research,
- 2019 Linz, S., **Wunnenberg, M.**, Emmons, R., & Durham, J. (2019). Reducing Mental Illness Stigma with Digital Stories. Presented at the International Society of Psychiatric Mental Health Nurses 2019 Conference, Charlotte, NC
- 2019 **Wunnenberg, M.**, Ayres, C. & Soss- Prihoda, K. (2019). Substance Use Prevention among Adolescents and Emerging Young Adults: Understanding Social and Situational Contexts to Avoid Use. Presented at the Eastern Nursing Research Society. Providence, RI
- 2018 **Wunnenberg, M.** (2018). Psychosocial Bullying Among Nurse Educators: Exploring Coping Strategies and Intent to Leave. Presented at the National League for Nursing Education Summit, Chicago, IL
- 2017 **Wunnenberg, M.** (2017). *Caring for Colleagues: Effective Mentoring of Novice Nurse Educators*. Presented at the 2017 National League for Nursing Education Summit, San Diego, CA
- 2017 **Wunnenberg, M.** (2017). *Exploring Workplace Bullying Among Nurse Educators*. Presented at the National Consortium for Building

- Healthy Academic Communities Summit. University of Central Florida
- 2016 **Wunnenberg, M.** & Ayres, C. (2016). *Using Technology to Promote Social Learning*. Presented at The Rutgers University-Camden Faculty eLearning Conference
- 2015 **Wunnenberg, M.** (2015). *"Journey with Me" Utilizing Glogster for Digital Storytelling for Travel Abroad Experiences*. Presented at the University of Alabama, Capstone College of Nursing Technology in Nursing Education Conference, Tuscaloosa, AL
- 2012 **Wunnenberg, M** and Coulter, C. (2012). *Using Technology to Address Cultural Diversity and Healthcare Issues: An Interdisciplinary Project*. Presented at Atlantic Cape Community College Faculty Development Day
- 2012 **Wunnenberg, M.** (2012). *"The Results Are In!" Utilizing Free Polling Technology in Nursing Education*. Presented at the International Interprofessional Technology Conference, Rutgers University, NJ
- 2007 **Wunnenberg, M.** (2007). *Programming SIMMAN, Laerdal's High Fidelity Simulator, Made Easy, part II*. Session presented at the Tri-State Consortium of Nursing Lab Managers' May meeting. Atlantic Cape Community College, Mays Landing New Jersey
- 2007 **Wunnenberg, M.** (2007). *Programming SIMMAN, Laerdal's High Fidelity Simulator, Made Easy*. Session presented at the Tri-State Consortium of Nursing Lab Managers' April meeting. Villanova University, Pennsylvania.

Funding

Externally-Funded Research and/or Training Grants

- 09/2022-09/2026 (Grant Amount: \$996, 596.00) Nurse Education, Practice, Quality, and Retention – Clinical Faculty and Preceptor Academies (NEPQR-CFPA) Program, **Wunnenberg, M.** Agency: Health Resources & Services Administration (HRSA), Role: Principal Investigator & Project Director

Funding

Internally-Funded Research and/or Training Grants

- 05/2022-05/2024 (Grant Amount: \$10,000) "Impact of Social Factors and Birth Weight on Mental Health, Self-Efficacy, and Parent-Infant Bonding among Postpartum Mothers in Nepal". S. Pudasainee-Kapri & **M.Wunnenberg**, Agency: Rutgers Global Health Institute, Global Health Seed Grants, Role: Co-Investigator
- 05/2019-ongoing (Grant Amount: \$19,964) "Strengthen Opioid Prevention Project (STOPP): Developing a Social Media Intervention to Prevent Use",

Ayres, C. & **Wunnenberg, M.**, Agency: Rutgers University,
Community Design for Health and Wellness Interdisciplinary Research
Group, Role: Co-Investigator