

Wanda M. Williams

Title and Address:

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Education

Highest Earned Degree

PhD, University of North Carolina at Greensboro, Nursing, December 2010.

Postdoctoral Fellowship, University of North Carolina at Chapel Hill, Interventions to Manage & Prevent Chronic Illness, 2011-2013.

Other Earned Degrees

Post-Master's, University of North Carolina at Chapel Hill, Women's Health Nurse Practitioner, 1997.

MSN, University of North Carolina at Greensboro, Nursing Administration 1989.

BSN, North Carolina Central University, Durham, NC, Nursing, 1985.

Dissertation

A Church-based Intervention to Promote Physical Activity in Black Adolescent Girls. 2010, 185 pages.
Published Dissertation UMI 3434199. Greensboro, NC: The University of North Carolina at Greensboro.

Certificates and Licenses Held

Registered Nurse, State of New Jersey: September 2013 - May 2019

Advance Practice Nurse for the State of New Jersey: May 2014 - May 2019.

Women's Health Nurse Practitioner, National Certification Corporation, 1998 - present

Nurse Practitioner Approval to Practice in North Carolina, approval to practice since 1998 (inactive)

Registered Nurse, State of North Carolina, 1985 – April 2019 (active)

Basic Life Support for Health Care Providers, American Heart Association, Biannual, *Current*.

Additional Clinical Training

Paragard T380A Training Program, DuraMed Pharmaceuticals, Inc., Durham, NC, 2008.

Nexplanon (Implanon) – Clinical Training Program, Organon USA Inc., Raleigh NC, 2007. Updated Philadelphia, 2016

Colposcopy for Advanced Practice Program, Emory Regional Training Center, Atlanta, Georgia, 2004.

Honors and Awards

Fellowships

Digital Teaching Fellow, Rutgers University | Camden - 2017

The Sixteenth Annual Summer Institute on Randomized Behavioral Clinical Trials sponsored by The NIH Office of Behavioral and Social Sciences Research (OBSSR) in collaboration with the National Heart, Lung, and Blood Institute (NHLBI), July 10 - 22, 2016.

Advanced Methods in Population-Based Health Disparities Research (Summer Research Institute), Center for Health Equity Research at the University of Pennsylvania's School of Nursing, June 1-5, 2015

Civic Engagement Faculty Fellow, The Office of Civic Engagement Rutgers, The State University of New Jersey - Camden, Spring 2014.

Physical Activity and Public Health Fellow, Centers for Disease Control and Prevention & University of South Carolina, Arnold School of Public Health, Park City, UT, September 10-18, 2013.

Professional Awards and Honors

The "Excellence in Professional Nursing Practice" awards from Rutgers School of Nursing | Camden, Spring 2017

Awarded the Chancellor's Committee on Institutional Equity and Diversity (CIED) Grant - June 2016

Outstanding Dissertation Award, The Gamma Zeta Chapter of Sigma Theta Tau International Honor Society of Nursing. The University of North Carolina at Greensboro, North Carolina, April 13, 2011.

Johnson and Johnson Minority Nurse Faculty Scholar, American Association of Colleges of Nursing, August 2008.

(<http://www.aacn.nche.edu/students/scholarships/minority>; <http://www.aacn.nche.edu/students/scholarships/JJScholarsF08.pdf>)

Triangle Region Scholarship, The North Carolina Nurses Association, Fall 2008.

Ruby Gilbert Barnes Scholarship, University of North Carolina at Greensboro, Spring 2008.

Sigma Theta Tau International, Honor Society of Nursing, Gamma Zeta Chapter, University of North Carolina at Greensboro, April 1990-Present.

Dare to Make a Difference Honoree, The Ebonettes Service Club, March 31, 2007.

Outstanding Alumni Award, North Carolina Central University, Nursing Alumni Association, November 2, 2006.

Employee of the Quarter, Durham County Health Department, December 08, 2005.

Nurse Practitioner of the Year for the State, North Carolina Nurses Association, October 2001.

Graduated Cum Laude, North Carolina Central University, May 1985.

Employment History

Academic Appointments

Assistant Professor, Rutgers, The State University of New Jersey School of Nursing-Camden, 2013 – Present

Adjunct Assistant Professor, Winston-Salem State University School of Health Sciences, Division of Nursing Winston-Salem, NC, 2011-2013 (Summer terms – DNP track)

Faculty (On-line), Durham Technical Community College Durham, NC, 2010-2011

Clinical Instructor (OB), North Carolina Central University, Durham, NC, 1990-1991

APN - Clinical Practice

Nurse Practitioner (Per Diem), Planned Parenthood of Northern, Central and Southern New Jersey, 2016-Present

Nurse Practitioner (Per Diem), Orange County Health Department Chapel Hill, NC, 2012-2013

Nurse Practitioner (Part-time), Duke University Health System, Obstetrics and Gynecology, Durham, NC, 2011-2012

Nurse Practitioner (Part-time), Central Family Practice, Durham, NC, 2006-2007

Nurse Practitioner, Durham County Health Department, Obstetrics and Family Planning, Durham, NC, 1998-2011

Nurse Practitioner (M, W, F), Beckford Medical Center, Henderson, NC, 1997-1998

Nurse Practitioner (T & TH), Warren Women's Health Center, Henderson, NC, 1997-1998

Staff Nurse Per Diem, Duke University Medical Center, Durham, NC, 1997-1998

Administrative Employment

Director of Women's and Infants, Maria Parham Hospital, Henderson, NC, 1994-1997.

Obstetrical Unit Manager, Granville Medical Center, Oxford, NC, 1992-1994.

Nursing Administrative Supervisor, Alamance County and Alamance Memorial Hospitals (now Alamance Regional Medical Center), Burlington, NC, 1990-1992.

Staff Nurse (Labor & Delivery; and Geriatric medicine) Durham Regional Hospital, Durham, NC, 1985-1994.

Publications

Articles in Refereed Journals

Williams, W. M., Alleyne, R., & Henley, A. (In press, January 2018). The Root of Physical Inactivity Among Black Women: Identifying Exercise Friendly Hairstyles. *The Journal of the National Black Nurses Association (JNBNA)*. **Accepted for publication**

Williams, W., & Berry, D. A. (2016). Qualitative Study: Black girls' perceptions of why physical activity decline in high school? *Journal of the National Black Nurses Association*, 26(2). 60-66.

Berry, D.C., **Williams, W.M.**, Hall, E.G., Heroux, R., & Lewis, T.B. (2016). Imbedding interdisciplinary diabetes group visits into a community-based medical setting. *The Diabetes Educator*, 42(1), 96-107. doi: 10.1177/0145721715620022.

Williams, W., & Yeo, S. (2014). Is attitude a key factor to consider when designing physical activity interventions for Black adolescent girls: A review. *Journal of Black Psychology*, doi: 10.1177/0095798414551790

Williams, W., & Berry, D. (2014). It's time to get moving: What African-American mothers say about physical activity. *The Journal of the National Black Nurses Association*, 25 (2), 47-54.

(Name changed from Thompson to Williams)

Thompson, W., Berry, D. & Hu, J. (2013). A church-based intervention to change attitudes about physical activity among Black adolescent girls: A feasibility study. *Public Health Nursing*, 30(3), 221-230. doi: 10.1111/phn.1200

Thompson, W. (2011). Physical inactivity of Black adolescent girls: Is it all about attitude? *Home Health Care Management and Practice*, 23(3), 186-192.

Thompson, W., & Barksdale, D. (2010). Physical inactivity in female African-American adolescents: Consequences, cost, and care. *The Journal of National Black Nurses Association*, 21(1), 39-45.

Thompson, W. (2010). Adolescent health: Obesity and physical activity. *AHA: Connections*, 8(3), 13-14.

Publications Under Consideration:

Williams, W. M., Yore, M., & Whitt-Glover. ([Under review](#)). Estimating Physical Activity Trends Among Blacks through Examination of Four National Surveys submitted to *Journal of Community Health*

Williams, W.M., MacLean, L., & Vermeesch, A ([Under review](#)), Factors Associated with Black Women Meeting Physical Activity Guidelines: Secondary Analysis of NHIS Data. Submitted to the *Journal of Women & Health*.

Vermeesch, A. & **Williams, W.** ([Under review](#)). Physical activity trends among minority women of childbearing age (18-47) in the US, 2008-2012. Submitted to *Women's Health Issues*

Williams, W., Morris, L., & Scalera, N. ([Under review](#)). Healthy Choices Can Be Fun! Submitted to the *Journal of Nutrition Education and Behavior (JNEB)* as a GEM.

Henley, A. & **Williams, W.** ([Under review](#)). Using the PEN-3 Model to Identify Cultural Factors Among Black College Females Regarding Physical Activity.

Atkins, R., Gage, G., Kelly, T.A., Joseph, P., Johnson, S., Ojo, K., & **Williams, W.** ([Under review](#)). Exploring Expressions of Depression in Black Single Mothers, submitted to *Mental Health Nursing*.

Teaching Activities

Guest Lecturer

NUR 833: Specialty Care of Women

Lecture Topic: Management of Abnormal Pap Smears: Colposcopy Overview

The University of North Carolina at Chapel Hill

Coordinator/Faculty: R. McCarthy

10/2009 – 11/2010

NUR6322: Primary Health Care of Women and Families

Co-Faculty (graduate students)

Winston Salem State University

Summer 2011, Summer 2012, Summer 2013

Rutgers University | Camden

Advanced Practice Nursing (APN) Role Transition

Role: Faculty

Spring 2017 & 2018.

Sabbatical – Fall 2017

Seminar on Professional Nursing

Role: Faculty

Summer 2014, Spring 2015, 2016, 2017, and 2018.

Nursing of Women and the Childbearing Family

Role: Faculty

Fall 2013, Fall 2014, Spring 2015 and Fall 2015.

Wellness and Health Assessment

Role: Course Coordinator; Lead Faculty

Fall 2013, Summer 2014.

Community Health Nursing and Global Health

Role: Course Coordinator; Lead Faculty

Spring 2014.

Nursing Research

Role: Faculty

Spring 2013, Fall 2014, Fall 2015 and Spring 2016

Faculty Development and Training

Excellence in Teaching Course for Nurse Educators (Summer Institute)

Marilyn H. Oermann, PhD, RN, ANEF, FAAN

The University of North Carolina at Chapel Hill, NC

5/20/13 – 5/24/13

5th Annual Online Hybrid Learning Conference

Rutgers University, New Brunswick, NJ

1/16/14

Advanced eCollege Training

(ClassLivePro (CLP) powered by Blackboard Collaborate)

Rutgers University, Camden, NJ

2/21/14

Conference Presentations, Lectures, Demonstrations

Invited Addresses

Williams, W.M., Invited panelist (Social Work, Nursing, & Psychology) for a “*Self-Care Panel*” aimed at students that will be employed in “Helping Professions.” Sponsored by the School of Social Work.
Dates: March 2015 and October 2015

Williams, W.M., *Let's Get Moving Toward Better Health*, presented at the Chancellor's Junior Faculty Research Seminar, Rutgers-Camden, April 30, 2015. Chancellor: Phoebe A. Haddon, J.D., LL.M.

Williams, W.M., *Health issues facing Black women: How not to become a statistic*. Woman's Fellowship Brunch at St. John Baptist Church of Pennsauken, NJ, March 2015

(Name changed from Thompson to Williams)

Thompson, W.M., *Lifestyle choices to being healthy: The importance of physical activity*. Youth workshop. St James Gospel Baptist Church, Durham NC, October 10, 2012.

Berry, D.C., Lewis, T., **Thompson, W.M.**, Hall, E.G., Neal, M. Neiters, M., & Radar, M., Results from the diabetes group visits study. Alliance Medical Ministry Executive Board, Raleigh, NC, March 2014.

Thompson, W.M., *Diabetes Management: Physical Activity & Diet* for the “Genesis Home.” Representing the Community Health Coalition, Inc. Durham NC, March 12, 2012.

Thompson, W.M., *Facts and myths about sex: Talking abstinence, Youth Workshop*. St James Gospel Baptist Church, Durham NC, June 26, 2010.

Thompson, W.M., Don't Be A Statistic: An Overview of Sexual Transmitted Infection, Incidences & Prevalence, The Leadership Advantage Program for the University of North Carolina at Chapel Hill, April 14, 2009.

Thompson, W.M., *Keeping It Safe: Contraceptive Methods and STD's Overview*. TEAS (Together Everyone Accomplish Something) –John Avery's Boys & Girls club-Teen community group, 2004 & 2007.

Thompson, W.M., *What Parents Need to Know About Their Teens and Sex*. Local Parent Group; GSP Baptist Church - Youth Conference, August 15, 2006.

Thompson, W.M., *Pap Smears & Fibroids: What Women Need to Know*. Women's Health Forum for Grace AME Zion Church, August 19, 2005.

Thompson, W.M., *What Teens Need to Know About Sex*. John Avery's Boys & Girls Club, July 15, 2005

Papers, Abstracts, and Lectures

Invited speaker: Williams, W. (October 17, 2017). *Is Attitude a Key Factor to Consider When Designing Physical Activity Interventions for Black Adolescent Girls*. 38th International Conference on Nursing and Healthcare at Hilton New York, JFK Airport Hotel, New York

Williams, W. (April 7, 2017). Factors associated with Black women meeting physical activity guidelines: Secondary Analysis of NHIS data. **Oral presentation** during ENRS 29th Annual Scientific Sessions, Sheraton Philadelphia

Williams, W. (November 1, 2016). *It's all about F.U.N: A church-based intervention to promote physical activity in African American adolescent girls.* **Oral presentation** during the American Public Health Association (APHA) 2016 Annual Meeting & Expo, Denver Colorado

Vermeesch, A., **Williams, W.**, & MacLean, L. (September 2016). *Physical Activity Trends Among Minority Women* for the 19th Annual NPWH Premier Women's Healthcare Conference, New Orleans. National Association of Nurse Practitioners in Women's Health [NPWH] (Poster).

Berry, D.C., & **Williams, W.M.** (July 21-25, 2016). *Optimizing diabetes self-management outcomes in low-income ethnic minority patients in the United States* for Sigma Theta Tau International's 27th International Nursing Research Congress in Cape Town, South Africa for Session: Health Promotion & Disease Prevention (Poster).

MacLean, L., **Williams, W.**, and Vermeesch, A. (June 2016). *Correlations Between BMI, Acculturation, and the US Department of Health and Human Services 2008 Physical Activity Guidelines in Latinas*, accepted for poster presentation at 7th Annual Latino Health Equity Conference, Portland, OR (Poster).

Berry, D.C., & **Williams, W.M.** (October 2015). *Diabetes group visits improve diabetes self-management in low-income minority patients.* Advancing Science, Improving Lives: National Institute of Nursing Research's (NINR) 30th Anniversary Scientific Symposium and Poster Session, Bethesda, Maryland (Poster).

Berry, D.C., & **Williams, W.M.** (October 2015). Diabetes group visits do improve metabolic control. American Academy of Nursing Annual Conference, Bethesda, Maryland (Poster).

Williams, W. (April 2015). *Is the School Environment Contributing to Physical Inactivity Among African American High School Girls?* Eastern Nursing Research Society (ENRS) 27th Annual Scientific, Washington, DC. (Poster).

(Name changed from Thompson to Williams)

Thompson, W. (November 2013). What Black Mothers and Daughters Say About Being Physically Active. The Obesity Society Annual Scientific Meeting, Atlanta, GA. (Poster).

Yeo, S., Logan, J., & **Thompson, W.** (March 2013). *Duration of Exercise, Work, and Sedentary Activities of Low-Income Pregnant Women.* 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), San Francisco, California (Poster).

Thompson, W. (September 2010). *It's all about F.U.N: A church-based intervention to promote physical activity in African American adolescent girls.* The Obesity Society Annual Scientific Meeting, San Antonio, Texas (Poster).

Thompson, W., & Nichols, T. (February 2010). *The mother-daughter bond: A key to promoting physical activity in adolescent girls.* The Annual Research Conference of the Southern Nursing Research Society: Health Care Challenges in the Next Decade. Austin, Texas. (Poster was rated in the top 10%)

Thompson, W. (February 26, 2010). *The mother-daughter bond: A key to promoting physical activity in adolescent girls.* Annual Minority Health Conference Building Community in the Age of Information: Fighting Health Inequality in the Modern World. Chapel Hill, North Carolina (Poster).

Editorial Activities

Journal Manuscript Reviewer

Journal for Nurse Practitioners (Elsevier), January 2017
The Journal of Black Psychology (Sage), January 2017
Journal of Adolescent Health (Elsevier), August 2016
Journal for Nurse Practitioners (Elsevier), June 2016
Journal for Nurse Practitioners (Elsevier), May 2016
Journal of Child and Family Studies (Springer), June 2013.
Journal of Physical Activity & Health (Human Kinetics Journals), May 2012.
Journal of Physical Activity & Health (Human Kinetics Journals), February 2011.
Preventing Chronic Disease (USDHHS), May 2010.
Mentoring & Tutoring: Partnership in Learning (Rutledge), October 2009.

Memberships

Membership/Offices Held in Scholarly and Professional Societies

American Association of Nurse Practitioners (AANP) – Sept 2017 - present
American Nurses Association / New Jersey State Nurse Association, 2015 – present
Eastern Nursing Research Society (ENRS), 2013-Present.
The Obesity Society, 2011-Fall 2014

- Chair, The Diversity Section, 2013-14
- Chair Elect, The Diversity Section, 2012-13

The Council for Advancement of Nursing Science, 2011-Present.
Sigma Theta Tau International, Honor Society of Nursing - Gamma Zeta Chapter, 1990-Present.
Southern Nursing Research Society, 2008-2012.
North Carolina Nurses Association (NCNA) / ANA, 1989-2013.

- NP Council, 2003-2008
- Awards Committee, 2002-2003
- Director for District 11, 1993-1994
- Cabinet on Marketing, 1992-1994
- Vice President of District 11, 1992-1993
- Convention Delegate, 2011, 2009, 2007, etc.

NCCU Nursing Alumni Association, 2002-2015.

- President (elected), NCCU Nursing Alumni Association, 2004-2007.

Chi Eta Phi Sorority, Pi Chapter, Durham NC, 1987-1995 (Inactive)

Funding

Externally-Funded Research and/or Training Grants

Eta Mu Chapter of STTI, Inc. Research Grant – awarded May 2017, \$ 1000.00

Principal Investigator: Wanda Thompson. A Church-Based Physical Activity Program: Lessons learned from the FUN Project. **Funded by T32 grant** (Postdoctoral study). Funded 7,500

Principal Investigator: SeonAe Yeo. Clinic-Based Intervention to Increase Physical Activity among Gynecologic Oncology Patients: A Pilot Study. Funded by the North Carolina Cancer Hospital (NCCH) Endowment Fund for \$15,000. February 2012 - August 2013. **Role: Research Assistant.**

Principal Investigators: Diane Berry and Tara Lewis. Developing a Model for Group Diabetes Visits. Funded by the Kate B. Reynolds Charitable Trust and the Duke University Health System Charitable Grants, 2011-2013, \$150,000. **Role: Interventionist.**

Principal Investigator: SeonAe Yeo. Preliminary Data for Development of Physical Activity Intervention in Low-Income Pregnant Women. Data Analysis of the Pregnancy Physical Activity Questionnaire (PPAQ) from 13 County Health Departments: Duration of Exercise, Work, and Sedentary Activities of Low-Income Pregnant Women, 2012. **Role: Research Assistant - data management.**

Principal Investigator: Jie Hu. Health-related quality of life of seniors regarding chronic illness: Management and care of elderly diabetics. Funded by the National Center for Minority Health and Health Disparities at the National Institutes of Health (NIH), 2007-2008. **Role: Research Assistant.**

Internally-Funded Research and/or Training Grants

2017 - Dean's Summer Research Grant – \$ 5,000

July 2016 - Committee on Institutional Equity and Diversity (CIED) mini-grant - \$ 2074

2015 - Dean's Summer Research Grant – \$ 5,000

List all proposals submitted for research funding in the last five (5) years: (Descending order – most recent to the latest)			
Funding Source	Proposal Title	Submission Date (mm/yyyy)	Status (e.g., under review, funded, not funded) & amount of award
National Institute on Minority Health and Health Disparities	Eliminating Barriers to Healthy Behaviors in High Risk Populations (The Center of Excellence in the Elimination of Health Disparities (CEEHD) is located at Winston-Salem State University) PI on church-based section	5/18/2017	Not awarded (\$ 300,000 over 5 years)
The American Nurses Foundation (ANF)	Exploring the Feasibility of Changing the Environment to Improve Physical Activity of Preadolescents from Low Income Neighborhoods	4/27/2017	Not awarded \$ 5,000 - \$ 10,000
NIH – R33	It's MAD FUN: A Faith-based Intervention to Promote Physical Activity among Black Adolescent Girls aided by their Mothers	10/16/2016	Not awarded (\$ 900,000 over 5 years)
The Robert Wood Johnson Foundation (RWJF)	Interdisciplinary Research Leaders Wanda Williams (lead PI); Antoinette Farmer and Bernadette A. Shanahan	4/16/2016	Not awarded (\$350,000 per team for the duration of the three-year fellowship program)
Aetna Foundation's	Cultivating Healthy Communities (Williams, Kathy Jackson & Trish Suplee)	4/15/2016	Not awarded \$350,000
Rockefeller University <i>Heilbrunn Nurse Scholar Award</i>	“Testing the Feasibility of MAD FUN: A Faith-Based Physical Activity Program for African American Mothers and Daughters”	01/25/2016	Not awarded \$ 25,000.00
NIH R21	MAD FUN- Black Mothers and Daughters, A Faith-Based Physical Activity Program (revised -was scored previously - - not scored or reviewed).	6/16/2015	Not awarded 275,000
NIH R21	MAD FUN: Black Mothers and Daughters, A Faith-Based Physical Activity Program	10/17/2014	Scored (33) but not funded \$ 275,000.00
NIH R21	MAD FUN- Black Mothers and Daughters, A Faith-Based Physical Activity Program	2/28/2014	Scored (39) but not funded \$ 275,000.00

Service

Service to Rutgers University

Member of the Dean Search Committee for the School of Nursing – May 2017- January 2018

Member of the Faculty Search Committee, School of Nursing - February 2017- May 2017

Member of the Curriculum Committee 2016-2019

Member of the search Committee for Grant Facilitator / Research Coordinator position April 2016 – June 2016

Member of the Faculty Search Community, School of Nursing 2015-2016

The Committee on Institutional Equity and Diversity (CIED). 2014-present

- Faculty Diversity Initiatives sub-committee

University Advisor for the Alpha Kappa Alpha (AKA) Sorority, Inc., Camden Campus 2014 - 2016

Research Committee, to address our Strategic-Planning Initiatives and Commitments for the Camden campus, 2015

School of Nursing PhD Taskforce, 2014 – 2017.

Faculty Development and Scholarship Committee, 2013 - 2016.

NCLEX Committee, 2014 – 2016

Service to Other Public Bodies

Grant Reviewer for Komen Central and South Jersey's Community Grants program, 2016, 2017 & 2018

Invited speaker for Evangelism Today Christian Church Health & Wellness Workshop, April 29, 2017

Keynote speaker at St. John Baptist Church of Pennsauken, NJ for their Woman's Fellowship Brunch - March 28, 2015

Community Health Coalition, Inc., Durham, North Carolina, 2010-2013.

Durham County Women's Commission (member), 2004-2006.

Nurse of the Day for the NC Legislature, 3/2003