Sheila Linz

Title and Address:

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Education

Highest Earned Degree

PhD, Seton Hall University, South Orange, New Jersey, Nursing Research, 2013

Dissertation

"Facilitating Social Integration for People with Severe Mental Illness", March 14, 2013. Dissertation Chair: Dr. Bonnie A. Sturm, Seton Hall University, College of Nursing

Other Earned Degrees

MSN, Columbia University, New York, New York, 2001.

BSN, Columbia University, New York, New York, 1997

BFA, Philadelphia College of Art. Philadelphia, PA. 1977

Certificates and Licenses Held

State of New Jersey, Board Certified as an Advanced Practice Nurse, Psychiatric/Mental Health, with Prescriptive Authority, 2002 to Present, #26NJ00026100

ANCC Certified as an Adult Psychiatric-Mental Health Nurse Practitioner, PMHNP-BC., 2003 to present, #0374038

State of New Jersey, Board Certified as a Registered Professional Nurse, 1997 to present, #26NO11570600

State of New York, Nurse Practitioner in Psychiatry, 2001 to Present, #9080436

State of New York, Certified as Registered Professional Nurse, 1997 to Present, #8705203

Linguistic Ability

English

Honors and Awards

Fellowships

Robert Wood Johnson New Jersey Nursing Initiative Fellowship Program 2009-2013, \$200,000 stipend plus tuition and all educational costs with an additional \$30,000 incentive to teach in New Jersey for three years.

Professional Awards and Honors

Seton Hall University Strategic Plan Initiative to Promote High Impact Scholarship, research release time awarded

Seton Hall University Eastern Nursing Research Society Doctoral Student Poster Award

Research Interests

Professional Identification

I am a psychiatric nurse practitioner and researcher in matters related to stigma, discrimination, social inclusion, mental health and mental illness. My aim is to facilitate social integration for marginalized populations. I have a background in the fine arts and often incorporate creative visual modalities into my research.

Description of Research and Scholarly or Creative Objectives

My research and scholarly objectives continue to focus on supporting mental health and mitigating the effects of mental illness in under-served communities through intentional dialogue and social interaction, through the use of creative projects, through fostering social connection, social support and coping, and through facilitating social integration and reducing stigma. Borrowing from Allport's contact theory my research often involves interventions that assist individuals in crossing lines of difference in order to gain new and deeper insights toward each other. My current research projects include interventions involving historically divergent groups working collaboratively and equally on designated projects with equal status in order to break down barriers and reduce discrimination and stigma toward the marginalized group. When appropriate, I utilize creative interventions such as auto-videography and digital storytelling as vehicles of self-expression and communication to advance the study's aims.

Employment History

Positions Held

09/2015-ongoing Assistant Professor, School of Nursing, Rutgers University/Camden, New Jersey

09/2013-06/2015 Assistant Professor, College of Nursing, Seton Hall University, South Orange, New Jersey

09/2007-06/2009 Instructor, College of Nursing, Seton Hall University, South Orange, New Jersey

2003-2007 Preceptor, Columbia University, School of Nursing, Psychiatric Nurse Practitioner Program, New York, New York

2003-2004 Clinical Instructor, Columbia University School of Nursing, New York, New York

Clinical Positions

2014-2015 Psychiatric Nurse Practitioner, Morning Glory Behavioral Health, Neptune, New Jersey

2006-2007 Psychiatric Nurse Practitioner, Bowery Residents Committee, New York, New York

2005-2007 Psychiatric Nurse Practitioner, Fort Washington Men's Shelter, Project Renewal, New York, New York

2005-2005 Psychiatric Nurse Practitioner, St Paul Center, New York, New York

2004-2005 Psychiatric Nurse Practitioner, Association for the Advancement of Mental Health, Princeton, New Jersey

2003-2004 Psychiatric Nurse Practitioner, Fort Washington Men's Shelter, Project Renewal, New York, New York

2002-2003 Psychiatric Nurse Practitioner, Bensonhurst Guidance Center, Institute for Community Living, Brooklyn, New York

2001-2003 Psychiatric Nurse Practitioner, Special Population Outpatient Treatment (SPOT), An Assertive Community Treatment Team

for people with HIV, mental illness and substance abuse, Institute for Community Living Brooklyn, New York

2000-2001 Registered Professional Nurse, Lutheran Medical Center, Acute Psychiatric Unit, Detox Unit, Brooklyn, New York

1997-2000 Registered Professional Nurse, Assertive Community Treatment Team (ACT) Institute for Community Living, Brooklyn, New York

1987-1995 Recreational Specialist, director of recreational program, community outings, weekend program, art, photography and video making program, Institute for Community Living, Brooklyn, New York

Publications

Articles in Refereed Journals

Petros, R., Solomon, P., **Linz, S.,** DeCesaris, M., & Hanrahan, N. P.(2016). Capabilities approach: Contextualizing participants' perspectives on systems barriers to recovery. *International Journal Of Mental Health*, 45(4), 262-278. doi:10.1080/00207411.2016.1238742

Linz, S. J., & Sturm, B. A. (2016) Facilitating social integration for people with severe mental illness served by Assertive Community Treatment. *Archives Of Psychiatric Nursing*, *30*(6), 692-699. doi: 10.1016/j.apnu.2016.05.006

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. (2016). Clinical use of an autovideography intervention to support recovery in individuals with severe mental illness. *Journal Of Psychosocial Nursing & Mental Health Services*, 54(5), 33-40 8p. doi:10.3928/02793695-20160420-04

Solomon, P., DeCesaris, M., Petros, R., **Linz, S. J.**, & Hanrahan, N. P. (2016). A pilot randomized control trial of autovideography intervention to enhance recovery for people with severe mental illness. *Best Practice In Mental Health*, *12*(1), 1-13.

Petros, R., Solomon, P., **Linz, S.,** DeCesaris, M., & Hanrahan, N. P. (2016). Autovideography: The lived experience of recovery for adults with serious mental illness, *Psychiatric Quarterly*, 87(3), 417-426. doi:10.1007/s11126-015-9397-8

Linz, **S. J.** & Sturm, B. A. (2013). The phenomenon of social isolation in the severely mentally ill. *Perspectives in Psychiatric Care*, *49*: 243–254. doi: 10.1111/ppc.12010

Linz, **S.** (2011). Photo elicitation: Enhancing learning in the affective domain. *The Journal of Continuing Education in Nursing*, 42(9) 393-394. doi:10.3928/00220124-20110823-04

Pearson, G.S., & **Linz**, S. (2011). Linking homelessness with mental illness. *Perspectives in Psychiatric Care*, 47(4) 165-166. doi:10.1111/j.1744-6163.2011.00317.x

Scholarship Other

ALTERNATIVE MEDIA PROJECTS (continued use in classroom and presentations)

Produced a digital story about mental illness : *My Sister Sonia* to be used as an example in a Psychiatric Mental Health Theory assignment in the spring semester 2018.

Recovery From Mental Illness, three short videos edited by Sheila Linz, presented at The Bell of Hope Gala fundraiser for mental health agency partner in participatory research, Philadelphia, Pennsylvania, May 22, 2014. The edited tapes continue to be used for educational and advocacy purposes.

Produced and edited four video clips, *Who I Am, What Recovery Means to Me, Obstacles to Recovery, What Supports Recovery*, from video files produced in participatory research.

Produced photo essays for a community based project commemorating the founding members and original inhabitants of Roosevelt, New Jersey, a federally funded, utopian, resettlement community founded during the great depression, 2011.

Teaching Activities

Courses Taught

Undergraduate, ABS, RN to BSN, Research in Nursing, Hybrid and Class Lecture, Rutgers/Camden University

ABS, Psychiatric Mental Health Nursing, Theory, Rutgers/Camden University

Undergraduate, Dimensions of Psychosocial Nursing, Clinical, Seton Hall University,

Undergraduate, Dimensions of Psychosocial Nursing, Theory, Seton Hall University,

Undergraduate, Religious Values in Healthcare, Seton Hall University,

Undergraduate, Group Dynamics, Seton Hall University, classroom and online

Undergraduate, The Journey of Transformation, included a service learning component, Seton Hall University

Undergraduate, Dying with Dignity, Seton Hall University

Undergraduate, Psychiatric Mental Health Clinical Rotation, Columbia University

Special Courses Taught

NCLEX Prep for ABS Students, Psychiatric mental health portion, Rutgers Camden, Jan 5, 2018. Journey of Transformation, an interdisciplinary course taught as a core course with a service learning component, Seton Hall University, Fall, 2008

Instructional Development

08/2017-08/2017 Digital Story Telling Workshop at The StoryCenter, 8/9-8/11, in Berkeley, CA

05/2017-05/2017 Teaching in Nursing Workshop with Dr. Terry Valiga, EdD, RN, CNE, ANEF, FAAN, May 5th.9-4 PM. Rutgers/Camden School of Nursing

05/2017-05/2017 Digital Teaching Workshop Fellow at Rutgers/Camden, 5/24-5/24.

05/2017-05/2017 We've Been Asking the Wrong Questions: Integrating ACEs Knowledge into Nursing Curricula presented by Rebecca Bryan, 4 hr. workshop. Rutgers/Camden School pf Nursing

10/2015-10/2015 TOP (Teen Outreach Program) workshop on pregnancy prevention care and reaching students in the LEAP Academy and other schools, which includes a service learning component for the students, Rutgers/Camden University

01/2015-01/2015 A National Council Licensure Exam (NCLEX) Regional Workshop, Monmouth University, West Long Branch, New Jersey

02/2011-02/2011 AACN Faculty Development Conference Success Strategies for New Faculty, Austin, Texas

Teaching Other

Performing the psychiatric interview in the graduate department on October 10, 2017

As a student teacher in doctoral program taught an online module on the use of photographic methods in qualitative research in a graduate research class, Rutgers School of Nursing, New Brunswick, New Jersey

Development of Audio-visual, Media, and Computer Materials

2018-ongoing Using Kaltura, developed a video instructional assignment guide to explain all of the assignments in detail throughout the semester and presented it at The Digital Fellows Program at Rutgers Camden on 01/11/18

2018-ongoing Developed a photo essay and photographic assignment for the Gen Ed geriatric course

2016-ongoing Research in Nursing power-points throughout semester have embedded voice-overs, Rutgers Camden School of Nursing.

2011-2018 Developed the "Older People Photo Essay Project" a series of four power-point photo essays to be used in a class assignment in order to enhance the affective domain in nursing students, and improve attitudes towards working with older patients. These essays have been used in mental health theory classes when covering geriatrics, and in nursing research classes when covering the use of photography in research. It will be incorporated as a final project in the new Gen Ed geriatrics class in development at Rutgers, Camden in the spring of 2018.

2015-2015 Class produced digitized, computer enhanced drawings for class assemblage of "Healing Images", Seton Hall University

2014-2015 Developed the psychiatric mental health component to "Boot Camp for the NCLEX" with seven power point study modules: abuse, anxiety, communication, depression, geriatrics, psychoses, and pharmacology, Seton Hall University

Conference Presentations, Lectures, Demonstrations

Keynote or Plenary Addresses

Hanrahan, N. P., Linz, S., Decesaris, M., Solomon, P. Pfizer Lecture invited keynote: Autovideography to Understand the Healthcare Experience of Patients with Serious Mental Illness. McGill University, Montreal Canada. November 30, 2017.

Invited Addresses

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Clinical Use of an Autovideography Intervention to Support Recovery in People With Serious Mental Illness. *Semmelweis University*, Budapest, Hungary. February 24, 2017.

Linz, S., J. & Sturm, B., A. Social Isolation and Stigma in the Lives of People With Serious Mental Illness. *Semmelweis University*, Budapest, Hungary. February 22, 2017.

Linz, S., J. Using a Photo Essay About Older People to Elicit an Affective Response in Healthcare Students. *Semmelweis University*, Budapest, Hungary, February 21, 2017.

Linz, S., & Sturm, B., Social Isolation and Social Integration for People With Serious Mental Illness, *Semmelweis University*, Budapest, Hungary. February 21, 2017.

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Use of an Autovideography, Intervention to Support Recovery in People with Serious Mental Illness. Round-table on Population Health. *Sustainable Community Development and STEAM Fields: What We Can Learn from a Changing Cuba, Rutgers University*, Camden, N.J., November 1, 2016

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Clinical Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness. *Virtua Center for Learning and the Rutgers University Alumni Association*. Mount Laurel, NJ. February 17, 2016.

Linz, **S.J.** *Understanding Loneliness and Facilitating Social Integration, a Journey Toward* Recovery. Invited presentation by State Director of Mental Health and Substance Abuse *Services* of Delaware to State Department of Mental Health. Conference on Loneliness and the Mentally Ill, April 1, 2015 This conference was organized around my work.

- **Linz**, S. J. *Using Interpretive Description as a Qualitative Research Method*. Invited presentation at Columbia University School of Nursing PhD Research Class, October 23, 2014,
- **Linz**, S.J Doctoral research on *Facilitating Social Integration for People with Severe Mental Illness*. Seton Hall University, College of Nursing, South Orange, New Jersey, September 23, 2013
- **Linz**, S.J. Facilitating Social Integration for People with Severe Mental Illness. Columbia University, School of Nursing, New York, New York, April 1, 2013.

Papers, Abstracts, and Lectures

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness. International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute and Annual Conference: *The Future is Now: Psychiatric-Mental Health Nurses Leading, Advocating, Practicing, and Educating*," Minneapolis MN., April 16, 2016. (refereed)

Sole presenter

Petros, R., Solomon, P., Hanrahan, N., & **Linz, S.** Poster presentation. Videographies of Adults with Serious Mental Illness: Documenting Conceptualization and Context of Recovery. *Society for Social Work and Research.* 20th Annual Conference - Grand Challenges for Social Work: Setting a Research Agenda for the Future, Washington DC. January 16, 2016 (refereed)

Poster presentation by Ryan Petros, research team member on the study *Experience of Recovery From a Mental Illness*.

- Linz, S., Hanrahan, N.P., Solomon, P., Decesaris, M., Petros, R. Experience of Recovery from a Mental Illness. *Eastern Nursing Research Conference: Nursing Science, Evidence, and Policy: Creating a Culture of Health.* Washington, DC. April 15, 2015. (refereed)
- **Linz**, S.J. *Facilitating Social Integration for People with Severe Mental Illness* at the 26th annual 2014 Eastern Nursing Research Society scientific sessions, Promoting Health Across the Life Span:The Art and Science of Person-Centered Care in Philadelphia, Pennsylvania, April 10, 2014. (refereed)
- DeCesaris, M., Hanrahan, N.P., Solomon, P., **Linz,** S.J. *Experience of Recovery from a Mental Illness*. State of the State: Current Issues in Psych/Mental Health Nursing in PA. Philadelphia, PA. April 5, 2014. (refereed)
- **Linz**, S. J. *Facilitating Social Integration for People with Severe Mental Illness* at 2014 International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute and Annual Conference, Advanced Practice/Mental Health Nurses: Advancing Mental Health Across the Lifespan, in Greenville, South Carolina, March 28, 2014. (refereed)
- **Linz**, S.J. Facilitating Social Integration for People with Severe Mental Illness. Poster presentation. Eastern Nursing Research Society 25th Scientific Session. Poster session designated for doctoral students in the early phase of their research, April 18, 2012. (refereed)
- **Linz**, S. J. *The Phenomenon of Social Isolation in the Severely Mentally Ill*. Poster Presentation: RWJ-NJNI third annual meeting, October 19, 2011.
- **Linz**, S. J., *Photo Elicitaion: Enhancing Learning in the Affective Domain*. Poster presentation: RWJ/NJNI meeting at Fairleigh Dickenson College of Nursing, Madison, New Jersey, September 13, 2011.

Memberships

Membership/Offices Held in Scholarly and Professional Societies

2014-ongoing International Society of Psychiatric Nurses-Mental Health Nurses

2014-ongoing Sigma Theta Tau International, Gamma Nu Chapter

Funding

Externally-Funded Research and/or Training Grants

2017-2018 (Grant Amount: \$5,000) This is a Campus Compact grant for the research project: Better Together: Strengthening Campus/Community Relationships and Enhancing Civic Engagement Through Democratic Collaboration, a participatory engagement and research project bridging the Camden Community and Rutgers/Camden University in order to strengthen campus and community relations and enhance civic engagement through collaboration on projects chosen by the community partners and funded by this grant. Special attention will be paid towards bringing Camden students and Camden Community residents together across lines of difference through student/resident interviews and deliberate discussion on issues of identity, values, feelings in today's political climate in the United States, and the relationship between Rutgers/Camden and the Camden community. Our community partners are: The Parkside Business and Community in Partnership, and The Camden Lutheran Housing Organization., Michael D'Italia/Sheila Linz, Agency: Campus Compact, Role: co-author, co-PI

02/2017-02/2017 (Grant Amount: \$1,893) Erasmus + Mobility Award, European Commission on Higher Education. Guest Lecturer with four separate and different presentations on topics regarding mental health, discrimination, and stigma at Semmelweis University, Budapest, Hungary, February 20-24. In addition met with faculty, administration, and students to discuss joint scholarship, educational, and research possibilities, Sheila Linz, Agency: Erasmus + Mobility Award, European Commission on Higher Education, Role: Guest Lecturer

Internally-Funded Research and/or Training Grants

2018-ongoing (Grant Amount: \$5,000) This is for the study "Cuba and the United States: Mental Health Shared Learning Project". This is an exchange with a researcher at the University of Havana at the School of Psychology in which I will visit The University of Havana to learn first-hand about their provision of mental healthcare services, and the researcher from the University of Havana will visit Rutgers Camden to be introduced to innovative methods of mental healthcare provision in the United States. Agency: The Committee on Cuban Exchange Projects, Role: Primary Investigator

2018-2019 (Grant Amount: \$4,000) This is a Catalyst Grant that was awarded to Kathleen Jackson as Primary Investigator. Only one investigator's name was able to be used on the application. However, this was an equal partnership in the development of the project. We will work together to run a coping groups for two different populations in Camden, at risk women, and men at a shelter. Using "mindfulness" concepts we will give tools to these individual to support coping. At the same time the group will function as a support system and a bulwark against social isolation in the service of preventive mental health., Kathleen Jackson and Sheila Linz, Agency: The Catalyst Grant from the Provosts Fund for research, Role: Co-Investigator

01/2018-12/2019 (Grant Amount: \$11,000) This is for the research "Reducing Mental Illness Stigma with Digital Stories" This is a mixed method experimental study in which healthcare students and individuals will work together to create digital stories, the control group will receive an educational program with opportunities for socialization., Sheila Linz and Robert Emmons, Agency: Multidisciplinary Grant from the Provosts Fund for Research, Role: Primary Investigator

2017-2018 (Grant Amount: \$5,000) This is in preparation to co-lead digital storytelling workshops for research entitled *Reducing Mental Illness Stigma with Digital Stories*. This research is a mixed methods study that will test a digital story telling intervention to reduce stigma in healthcare providers towards people with mental illness in an effort to reduce the present healthcare disparity in this population. Co-investigators include Phyllis Solomon, Professor, Associate Dean for Research, Senior Fellow, Center for Public Health Initiatives, Faculty Fellow, Ortner Center, University of Pennsylvania, and Robert Emmons,

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Associate Director of The Digital Studies Center, Rutgers, Camden., Sheila Linz, Agency: Rutgers School of Nursing-Camden Dean's Summer Research Development Grant Program, Role: Primary Investigator

Service

Contributions to the Advancement of the Academic Profession

2017-ongoing Peer Reviewer for The Journal of Psychosocial Nursing and Mental Health Services.

2016-ongoing Peer Reviewer for Archives in Psychiatric Nursing

2013-2015 Peer Reviewer for Perspectives in Psychiatric Care

Service to Other Public Bodies

2017-2017 Public: Hosted, "Roosevelt Artists Collaborative Book Exhibition", The Roosevelt Arts Project (RAP) Assifa Space, Roosevelt, NJ

2016-2016 Public, Organizer, curator: "Nature" a visual arts exhibition, The Roosevelt Arts Project (RAP), Assifa Space, Roosevelt, NJ

2014-2014 Publc, Organizer, curator, "A Moment in Time" photography exhibition of Roosevelt photographers and concert event, The Roosevelt Arts Project (RAP), Assifa Space, Roosevelt, NJ.

2013-2013 Public, Co-organizer: "Artist Studio Tours of Roosevelt" The Roosevelt Arts Project (RAP) Roosevelt, NJ

2013-2013 Public, Co-curator, co-organizer: Roosevelt Arts Committee, "Roosevelt Arts Project 25th Anniversary Art Show", Roosevelt Public School, Roosevelt, NJ

2012-2012 Public, Organizer, curator: "Talking Heads" portrait show. The Roosevelt Arts Project (RAP) Assifa Space, Roosevelt NJ

2012-2012 Public, Sponsor: Works of the renowned artist Jacob Landau at Assifa Space, The Roosevelt Arts Project, (RAP) Roosevelt, NJ

2011-2011 Public, Co-curator, co-organizer: Art exhibit and poetry recital, representing and bringing together the artists and poets of two neighboring New Jersey towns, West Windsor, and Roosevelt, The Roosevelt Arts Project (RAP) at Assifa Space, Roosevelt NJ, several long lasting creative collaborations including a documentary film and musical band resulted from this event.

2010-2010 Public, The Roosevelt Arts Project (RAP), Co-organizer, Photographer: Story telling night celebrating the history of the historic town of Roosevelt, New Jersey. Interviewed and photographed the now elderly original inhabitants for PowerPoint presentations to be used at the celebratory and well attended community event., Borough Hall, Roosevelt, NJ

2008-ongoing Public, Volunteer director of The Assifa Space Art Gallery. for The Roosevelt Arts Project (RAP). Hosts, organizes and curates an arts program (visual arts, music, fine crafts, and poetry) facilitating interaction between community members, the outside public, and other communities to come together to share artistic endeavors.

2004-ongoing Public, Elected Board Member of The Roosevelt Arts Project, Roosevelt, New Jersey

Service to Rutgers University

07/2017-07/2017 Represented Rutgers/Camden School of Nursing at a table at New Jersey Congressman Norcorss's Community Conversation on the Disease of Addiction, Washington Township School, N. J., 7/20/17

2017-ongoing Faculty Development & Scholarship Committee

09/2016-ongoing Faculty and Personnel Affairs Committee, University Senate

09/2016-ongoing University Senate, appointed, Camden-Rutgers, Representative at Large

2015-2016 Campus Climate Survey Advisory Board on Sexual Assault

09/2015-06/2017 Long Range Planning Committee, Rutgers-Camden School of Nursing

Service to Former Institution

2014-2015 Appointed: Integrity Committee 2013-2015 Appointed: Educational Policy Committee 2007-2009 Elected: Co-Chairperson: Faculty Development Committee 2014-2015 Appointed: Integrity Committee 2013-2015 Appointed: Educational Policy Committee 2007-2009 Elected: Co-Chairperson: Faculty Development Committee Service

2014-2014 Charter Day Committee

2013-2015 Education Policy Committee

2014-2015 Integrity Committee

2011-2011 Co- Founder: Doctoral Student Organization at Seton Hall University

2009-2009 Seton Hall University representative at Convocation of Catholic Universities, St John University, St Paul, Minnesota

2009-2009 Co-Organizer: First Annual Seton Hall University, College of Nursing, Arts and Crafts Exhibit

2007-2009 Co-Chair, Faculty Development Committee

Students Supervised

Students Supervised for Independent Studies

Seton Hall University, Gina DiMeo, Postpartum Depression and It's Effect on Mother Baby Bonding and Child Development

Master's or Doctoral Students by Type of Supervision

Devon Lappin, in process, "Evaluating the Impact of Educating Primary Care Providers on Depression Screening", Nursing, Rutgers/Camden University

Serena Natal, "A Practice Improvement Project, Implementation of Opioid Overdose Management Training", Nursing, Rutgers/Camden University

Jane Defazio, in process, "Teaching Compassionate Care: Nurse Educators' Perspectives." Nursing, Seton Hall University