

Scott E. Hirst Jr. AGPCNP-BC, DNP, APN

Title and Address:

Adult-Gerontology Nurse Practitioner
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Contact Information:

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Education

Highest Degrees Earned

Doctor of Nursing Practice (DNP), Adult-Gerontology Nurse Practitioner, Rutgers, The State University of New Jersey, School of Nursing-Camden: September, 2018-May, 2021

Bachelor of Science in Nursing (BSN), Rutgers, The State University of New Jersey, School of Nursing-Camden, May 2017 – *Magna cum Laude*: June, 2015- May, 2017

Certificates and Licenses Held

- New Jersey Advanced Practice Nurse License- 26NJ01231400
- New Jersey Controlled Dangerous Substance License-P01185600
- Federal DEA License-MH6957558
- ANCC Adult-Gerontology Primary Care Nurse Practitioner Board Certification - Current
- New Jersey Registered Nurse License -26NR19461500
- AHA Advanced Cardiac Life Support for the Healthcare Provider-Current
- AHA Basic Life Support for Healthcare Providers-Current

Publications and Presentations

- Hirst, S.E, Beitz, (2021). Implementation of a Depression and Quality of Life Screening Protocol for Patients Aged 11- 30 Years with Inflammatory Bowel Disease. *Journal of Pediatric Health Care*.

Employment History

Adult-Gerontology Nurse Practitioner *CompleteCare Health Network*

August, 2022- Current

- Age Groups: Age 13 through elderly adult
- Locations/ Clinics: Urgent Care, Adult/ Gero Primary Care
- Responsibilities: Function independently to perform age-appropriate history and physical for complex acute, critical, and chronically ill perioperative patients. Orders and interprets diagnostic and therapeutic tests relative to patient's age-specific needs. Prescribes appropriate pharmacologic and non-pharmacologic treatment modalities. Implement interventions to support the patient to regain or maintain physiologic stability.

Adult Nurse Practitioner *Robert J. Maro MD PA- Internal Medicine*

November, 2021- August, 2022

- Collaborated with physicians and other members of the interdisciplinary team to assess patients, form treatment plans, provide referrals and consultation to diverse adult patient population with multiple, complex medical issues
- Managed care of chronically ill patients with hypertension, diabetes, renal failure, cardiac disease, and with histories of stroke, seizures, and cancer
- Built trust and rapport with patients by listening to concerns, advocating for wellness and educating on acute and chronic health issues
- Assessed need for, ordered, obtained and interpreted any appropriate labs and imaging
- Reviewed lab tests and imaging results with patients and family members
- Oversaw average of 12-20 patients per day in the hospital, sub-acute rehab, and long-term care setting
- Counseled patients on health maintenance through self-care, lifestyle modifications, medication, and illness prevention
- Educated patients and families on healthcare issues such as high blood pressure, blood sugar levels and HbA1C, ideal weight based on BMI calculations, reduced salt and fat diets, and smoking cessation
- Multitasked throughout the day by communicating and listening closely to patients all while keeping current with documentation using electronic medical systems
- Triageed patients telephone calls and provided continuity of care while on call overnight
- Updated patient records and key metrics during each patient visit ensuring compliance with regulatory agencies

Clinical Nurse Manager *Cooper University Hospital- Kelemen 10*

October, 2020- August, 2021

- Manage throughput in order to meet metrics set forth by the institution
- Supervise nursing staff in the clinical setting, oversee patient care
- Set work schedules, coordinate meetings, and make decisions about personnel
- Engage with staff during unit based council meetings about the clinical implications of current research
- Assist with the implementation of new protocols and policies, provide education and demonstrations for these policies

Registered Nurse *Cooper University Hospital –Kelemen 10*

August, 2017-September, 2020

- Assessment of the patient and administer medications as ordered
- Perform wound care, and numerous other personalized interventions to optimize patient outcomes
- Coordinate all aspects of patient care, including patient education and discharge planning
- Collaborate with the interdisciplinary health care team