

# Catherine Stubin

**Title and Address:**

Assistant Professor  
NLN Jonas Scholar  
Rutgers University-Camden  
School of Nursing  
530 Federal Street  
Camden, NJ 08102

**Contact Information:**

catherine.stubin@rutgers.edu  
<https://nursing.camden.rutgers.edu/profile/cs1472>

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**ORCID ID**

<https://orcid.org/0000-0002-7691-1586>

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**Education****Highest Earned Degree**

Ph.D., Widener University, Nursing Science, 2018

**Dissertation**

"Clinical Nursing Faculty Perceptions of Undergraduate Baccalaureate Nursing Student Stress in the Clinical Environment," May 2018, Dissertation Director - Barbara J. Patterson.

**Other Earned Degrees**

MSN, Widener University, Clinical Specialist-Critical Care, 1994.

BSN, The Pennsylvania State University, Nursing, 1991.

ADN, Luzerne County Community College, Nursing, 1984.

**Certificates and Licenses Held**

Registered Nurse, State of Pennsylvania, 1984-Present

Registered Nurse, State of New Jersey, 1986-Present

Basic Cardiac Life Support, (BCLS), 1984-Present

Critical Care Registered Nurse (CCRN), 1987-Present

Certified Nurse Educator (CNE), 2019-Present

Certificate in Effective College Instruction, 2023

Association of College and University Educators

Advanced Cardiac Life Support (ACLS), 1987-2020

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**Employment History****Positions Held**

09/2019-ongoing Assistant Professor, School of Nursing-Camden, Rutgers University, Camden, NJ

06/1994-ongoing Nursing Lecturer (Per Diem), Kaplan Test Preparation, Kaplan North America

09/2015-05/2019 Assistant Professor, Department of Nursing, LaSalle University, Philadelphia, PA

09/2009-05/2015 Nursing Lecturer, Department of Nursing and Allied Health, Burlington County College, Pemberton, NJ

05/2009-12/2010 Progressive Care Unit Staff Nurse, Virtua Hospital, Voorhees, NJ

09/2002-05/2009 Nursing Instructor; Adjunct Faculty, Department of Nursing and Allied Health, Burlington County College, Pemberton, NJ

01/2002-03/2009 Clinical Educator (Per Diem), Kessler Memorial Hospital, Hammonton, NJ

01/2001-03/2009 Administrative Nursing Supervisor and Intensive Care Unit Staff Nurse (Per Diem), Kessler Memorial Hospital, Hammonton, NJ

01/2000-12/2002 Administrative Nursing Supervisor and Cardio-Thoracic Intensive Care Unit Staff Nurse (Per Diem), Mercy Fitzgerald Hospital, Philadelphia, PA

07/1994-05/1998 Clinical Electrophysiology Research Coordinator, Heart Institute of Southern New Jersey, Cooper Hospital/University Medical Center, Camden, NJ

07/1994-05/2000 Cardio-Thoracic Surgical Intensive Care Unit Staff Nurse/Charge Nurse (Per Diem), The Lankenau Hospital, Philadelphia, PA

07/1987-06/1994 Cardio-Thoracic Surgical Intensive Care Unit Staff Nurse/Charge Nurse, The Lankenau Hospital, Philadelphia, PA

01/1985-06/1987 Intensive Care Unit Staff Nurse, Wilkes-Barre General Hospital, Wilkes-Barre, PA

09/1984-01/1985 Medical/ Surgical Staff Nurse, Nanticoke Hospital, Nanticoke, PA

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## Publications

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### Articles in Refereed Journals

**Stubin, C. A.,** Ruth-Sahd, L., Dahan, T. (in press). Promoting nursing student mental health wellness: The impact of resilience-building and faculty support", *Nurse Educator*.

**Stubin, C. A.** (2023). Steps toward a resilient future nurse workforce. *International Journal of Nursing Education Scholarship*, 20(1). <https://doi.org/10.1515/ijnes-2022-0057>

**Stubin, C.** (2023). Clinical nursing supervisors and healthcare staff play a significant role in decreasing undergraduate baccalaureate nursing student clinical stress. *Evidence Based Nursing*, ebnurs-2022-103653. <https://doi.org/10.1136/ebnurs-2022-103653>

**Stubin, C.A.** (2023). Using the “Wellness Wheel” with prelicensure and graduate nursing students. *Nurse Educator*, <https://doi.org/10.1097/NNE.0000000000001395>

**Stubin, C.A.,** & Hargraves, J. D. (2022). Faculty supportive behaviors and nursing student mental health: A pilot study. *International Journal of Nursing Education Scholarship*, 19(1). <https://doi.org/10.1515/ijnes-2022-0044>

Wolf, Z. R., **Stubin, C. A.,** Tait, M., Hughes, R. (2022). Best practices checklist for preventing infusion errors: Expert review. *MEDSURG Nursing*, 31(1), 24-31.

Wolf, Z. R., Bailey, D. N., & **Stubin, C. A.** (2022). Bodywork and nursing practice: Development of a bodywork in nursing practice instrument. *Nursing Forum*. <https://doi.org/10.1111/nuf.12703>

**Stubin, C. A.** (2021). Igniting the leadership spark in nursing students: Leading the way. *International Journal of Nursing Education Scholarship*, 18(1), 20210087. <https://doi.org/10.1515/ijnes-2021-0087>

**Stubin, C. A.** (2021). Keeping nursing student stress in check: Strategies from clinical nursing faculty. *Journal of Nursing Practice Applications & Reviews of Research*, 11(1), 51-57. <https://doi.org/10.13178/jnparr.2021.11.01.1007>

**Stubin, C. A.** (2020). A call to intervene: Suicide risk among nursing students. *Creative Nursing*, 26(4), 253-255. <https://doi.org/10.1891/CRNR-D-20-00024>

**Stubin, C.A.** (2020). Clinical stress among undergraduate nursing students: Perceptions of clinical nursing faculty. *International Journal of Nursing Education Scholarship*, 17(1). <https://doi.org/10.1515/ijnes-2019-0111>

**Stubin, C. A.** (2017). Emotional strain: A concept analysis for nursing. *International Journal for Human Caring*, 21(2), 59-65. doi:10.20467/humancaring-d-16-00027.1

Russo, A., Beaugard, L.A., **Stubin, C.**, & Waxman, H.L. (1995). Long-term changes in defibrillation thresholds using two nonthoracotomy lead systems and a biphasic waveform. *Journal of the American College of Cardiology*, 25(2s1), 408. doi:10.1016/07351097(95)93150-B

### **Chapters in Books or Monographs**

**Stubin, C. A.** (2022). West Nile virus. In K. Casler & K. Gawlik (Eds.), *Laboratory screening and diagnostic evaluation: An evidence based approach* (pp. 783-788). Springer Publishing.

**Stubin, C. A.** (2018). *CVAD/PICC dressing change*. In F.A. Davis Patient Charts in EHR Tutor Treas: Basic Nursing, 2nd Edition Wilkinson: Fundamentals of Nursing, 3rd edition.

### **Published Conference Proceedings**

**Stubin, C. A.** and Hargraves, J.D. (2022). Faculty Supportive Behaviors and Nursing Student Mental Health: A Pilot Study. Virginia Henderson Global Nursing E-repository. Retrieved from <https://sigma.nursingrepository.org/handle/10755/23293>

**Stubin, C. A.** (2021). Keeping nursing student stress in check: Strategies from clinical nursing faculty. Virginia Henderson Global Nursing E-repository. Retrieved from <https://sigma.nursingrepository.org/handle/10755/21682>

**Stubin, C. A.** (2019). Clinical nursing faculty perceptions of undergraduate baccalaureate nursing student stress in the clinical environment. Virginia Henderson Global Nursing E-repository. Retrieved from <https://sigma.nursingrepository.org/handle/10755/17480>

**Stubin, C. A.** (2018). Emotional strain: A concept analysis for nursing. Virginia Henderson Global Nursing E-repository. Refereed Abstract. Retrieved from <https://sigma.nursingrepository.org/handle/10755/623827>

### **Other Publications**

**Stubin, C. A.** (2018). Faculty awareness of nursing student clinical stress. *Eta Beta Chapter- Sigma Theta Tau International Nursing Honor Society*, 5-6.

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## **Honors and Awards**

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### **Professional Awards and Honors**

2021 Outstanding Nurse Educator Faculty Award. School of Nursing, Rutgers University-Camden

2020 Christa Koffel Inspiring New Leader Award, QSEN International Forum

2018 Jonas Scholar, National League for Nursing-Total funds awarded \$6000

2018 The Honor Society of Phi Kappa Phi, Widener University

2018 American Association of Critical-Care Nurses, Continuing Professional Development Scholarship-  
Total funds awarded \$1500

2017 American Association of Critical-Care Nurses Continuing Professional Development Scholarship-  
Total funds awarded \$1500

2016 American Association of Critical-Care Nurses Continuing Professional Development Scholarship-  
Total funds awarded \$1500

2015 American Association of Critical-Care Nurses Continuing Professional Development Scholarship-  
Total funds awarded \$1500

2014 Faculty Advisor of the Year Award, Student Nurse's Association, Burlington County College

2013 American Association of Critical-Care Nurses Continuing Professional Development Scholarship-  
Total funds awarded \$1500

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## **Select Conference Presentations, Lectures, Demonstrations**

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### **Papers, Abstracts, and Lectures**

2023 Podium presentation "Inspiring Leadership and Influencing Change: Leading the Way!" Sigma Theta Tau International Nursing Society-47th Biennial Convention- November 2023, San Antonio, Texas

2023 Podium presentation "Caring for the Caregivers of Tomorrow" Sigma Theta Tau International Nursing Honor Society- 34<sup>th</sup> International Nursing Research Congress, Abu Dhabi, United Arab Emirates

2023 Podium presentation "Bodywork Aspects of Nursing Care: Development of a Nursing Bodywork Instrument" Eastern Nursing Research Society 2023 35<sup>th</sup> Annual Scientific Sessions, Philadelphia, Pennsylvania.

2023- Podium presentation "Steps toward a Resilient Future Nurse Workforce" ATI National Nurse Educator Summit 2023, San Antonio, Texas

2022 Podium presentation "Faculty supportive behaviors and nursing student mental health: A pilot study" Creating Healthy Work Environments 2022-Sigma Theta Tau International, Washington, D.C.

2021 Poster presentation "Faculty supportive behaviors and nursing student mental health: A pilot study-preliminary results" Temple University Hospital's 3rd Annual Research and EBP Conference, Philadelphia, PA

2021 Podium presentation "A call to intervene: Suicide risk among nursing students" Exploring Inclusive and Diverse Caring in Healthcare and Beyond- 42nd Annual International Association for Human Caring (Virtual)

2021 Podium presentation "Keeping nursing student stress in check: Strategies from clinical nursing faculty" Creating Healthy Work Environments 2021-Sigma Theta Tau International (Virtual)

2021 Poster presentation "Best practices checklist for preventing infusion errors" 2021 QSEN International Forum- Championing Quality and Safety Through Academic Practice Partnership (Virtual)

2019 Podium presentation “Clinical nursing faculty perceptions of undergraduate baccalaureate nursing student stress in the clinical environment” Sigma Theta Tau International Nursing Honor Society- 30<sup>th</sup> International Nursing Research Congress, Calgary, Alberta, Canada

2018 Poster presentation ”Emotional strain: A concept analysis for nursing” Sigma Theta Tau International Nursing Education Research Conference, 2018 Washington, D.C.

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## **Memberships**

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### **Membership/Offices Held in Scholarly and Professional Societies**

1991-ongoing: Sigma Theta Tau, International Nursing Honor Society

1987-ongoing: American Association of Critical Care Nurses (AACN)

1991-ongoing: Sigma Theta Tau, International Nursing Honor Society-Eta Beta Chapter

2002-ongoing: National League for Nursing

2017-ongoing: Eastern Nursing Research Society

2023-ongoing: Eastern Nursing Research Society-Mental Health and Substance Use Research Interest Group (RIG) Committee Member

2021-ongoing: Sigma Theta Tau, International Nursing Honor Society-Eta Mu Chapter

2023-ongoing: Leadership Officer-Chair, Research Committee, Sigma Theta Tau, International Nursing Honor Society-Eta Mu Chapter

2016-2020: Sigma Theta Tau, International Nursing Honor Society-Kappa Delta Chapter

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## **Service**

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### **Contributions to the Advancement of the Academic Profession**

2022-ongoing Abstract Reviewer- National League for Nursing's Nursing Education Research Conference (NERC)

03/2022-03/2022 Moderator- Sigma Theta Tau International "Creating Healthy Work Environments" Nursing Conference

2020-ongoing Abstract Reviewer- Eastern Nursing Research Society Annual Scientific Sessions Nursing Conference

2019-ongoing Manuscript Reviewer-*Nurse Educator*

2019-ongoing Grant Reviewer-National League for Nursing Research in Nursing Education

2019-ongoing Abstract Reviewer- National League for Nursing "Education Summit" Nursing Conference

07/2019-07/2019 Moderator- Sigma Theta Tau -30<sup>th</sup> International Nursing Research Congress

09/2018-09/2018 Moderator- National League for Nursing "Education Summit" Nursing Conference

04/2018-04/2018 Moderator- Sigma Theta Tau International Nursing Education Research Conference

### **Service to Other Public Bodies**

2018-2019 Faculty Advisor: LaSalle University Student Nurse Association of Pennsylvania

2018-2019 Treasurer: Sigma Theta Tau International Nursing Honor Society, Kappa Delta Chapter

## **Funding**

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### **Externally-Funded Research Grants**

2023 (Funded Grant Amount: \$750) “Exploration of the Relationship Between Mental Health Wellness, Resilience, and Perceived Faculty Support in Undergraduate Baccalaureate Nursing Students”, Agency: Sigma Theta Tau International-Nursing Honor Society: Eta Beta Chapter, Role: Principal Investigator.

2023 (Funded Grant Amount: \$1000) “The Prevalence of Depression, Anxiety, Stress, and Resilient Attributes among Undergraduate Baccalaureate Nursing Students, and the Relationship between These Variables and Perceived Faculty Support”, Agency: Sigma Theta Tau International-Nursing Honor Society: Eta Mu Chapter, Role: Principal Investigator.

2022-2023 (Funded Grant Amount: \$10,000) American Association of Colleges of Nursing (AACN) Pilot School Application, “A Competency-Based Approach to Leadership Development and Resilience for Student Nurses”, Agency: American Association of Colleges of Nursing (AACN), Role: Principal Investigator

2018-2018 (Funded Grant Amount: \$2,500) Clinical Nursing Faculty Perceptions of Undergraduate Baccalaureate Nursing Student Stress in the Clinical Environment, Catherine Stubin, Agency: National League for Nursing/Eastern Nursing Research Society, Role: Principal Investigator

2018-2018 (Funded Grant Amount: \$500) Dissertation Research Grant, Catherine Stubin, Agency: Sigma Theta Tau International Nursing Honor Society-Kappa Delta Chapter, Role: Principal Investigator

2017-2017 (Funded Grant Amount: \$1,500) Dissertation Research Grant, Catherine Stubin, Agency: Sigma Theta Tau International Nursing Honor Society-Eta Beta Chapter, Role: Principal Investigator

### **Internally-Funded Research Grants**

2023-2024 (Funded Grant Amount \$10, 240) Rutgers University Chancellor’s Award  
Project Title: Nursing faculty perceptions of nursing student mental health wellness, supportive faculty behaviors, and resilience-building techniques, Catherine Stubin, Agency: Rutgers University, Role: Principal Investigator

2020-2022 (Funded Grant Amount: \$5,000) Rutgers University Research Council Award  
Project Title: Perceived stress, anxiety, depression, and faculty support of nursing students, Catherine Stubin, Agency: Rutgers University, Role: Principal Investigator

2017-2018 (Funded Grant Amount: \$3,500) Dissertation Research Grant Award, Catherine Stubin, Agency: LaSalle University, Role: Principal Investigator