

Tyshaneka Lamina Saffold

Title and Address:

Assistant Professor
Rutgers School of Nursing - Camden
530 Federal St. Camden, NJ 08102-1508

Contact Information:

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Education

Highest Earned Degree

2020 PhD, Rutgers University, Urban Health

Other Earned Degrees

2008 Master of Science in Nursing

2001 Bachelor of Science in Nursing

2000 Associate of Science in Nursing

Certificates and Licenses Held

Disaster Response Crisis Counselor

Online Teaching Certification

Post Master's Certificate in Education

Registered Nurse: State of New Jersey(multi-state)

Registered Nurse: State of Pennsylvania

Honors and Awards

Professional Awards and Honors

Chancellor's Award for Diversity, Inclusion, and Civic Engagement. Rutgers University - Camden

Changemaker in Family Planning Award, Society of Family Planning, \$50,116

2019 - 2020 Open and Affordable Textbook Program Award (OAT) \$1000

2018 Leadership Oasis Award \$1000

Research Interests

Professional Identification

Faculty of Nursing

Registered Nurse

Description of Research and Scholarly or Creative Objectives

"Education is the most powerful weapon which you can use to change the world"

Nelson Mandela

Tyshaneka obtained a PhD in Urban Systems from Rutgers University - Newark. Adolescent health is the

target population of her research. Particularly, the research focuses on prevention of both teen pregnancy, dating violence, and sexually transmitted infections in poverty-stricken neighborhoods.

Motivated by her drive to help the less fortunate, Tyshaneka volunteers her time mentoring teens and participating in health fairs to increase awareness in the community. In addition, Tyshaneka has a passion for mentoring students and helping them navigate the system during their educational journey. She strives to use her core values, lived experiences and evidence-based practice as the foundation of teaching. Core values shape her philosophy of nursing; everyone deserves to be treated with kindness and compassion regardless of race or socioeconomic status. Her academic expertise is within the realm of community health, leadership, urban health, health disparities, and global health. Clinical experience includes various positions in healthcare leadership, cardiac care, informatics, and community health.

Employment History

Positions Held

2015-2018 Registered Nurse,
Thomas Jefferson University Hospital
Philadelphia, PA

2012-ongoing Faculty (School of Nursing)
Rutgers University
Camden, NJ

2009-2012 Faculty (School of Nursing)
University of Medicine and Dentistry
Stratford, NJ

2008-2010 Nursing Director, Virtua Memorial Hospital, Mt. Holly, NJ

2007-2008 Director of Clinical Services, MAXIM Healthcare Cherry Hill, NJ

2000-2007 University of Pennsylvania Health System

Titles or Assignments within Positions Held

2022-ongoing Community Advisory Board of Diversity, Inclusion, and Civic Engagement at Rutgers - University

2021-ongoing Taskforce Co-Head of Faculty Mentoring program, RSNC Faculty Affairs committee

2021-ongoing Chair of RSNC Scholarship committee

2020-2022 Taskforce Head of student readmission application questionnaire development, RSNC Scholastic Standing and Recruitment committee

2018-2022 Course Coordinator: Community Health Nursing and Global Health

2018-2019 Co-Chair of Baccalaureate Curriculum committee

2017-2018 Chair of Baccalaureate Curriculum committee

2013-2015 Program Coordinator, RN - BS program (Mercer campus)

Publications

Articles in Refereed Journals

Saffold, T. Associations Between Dating Violence and Pregnancy Prevention Behavior Among U.S. Adolescents: Findings From the 2013 – 2021 Youth Risk Behavior Survey. *Contraception Journal*

Saffold, T., Westley – Henson K., Noblett, D., Jordan, H., DeNigris, J. and Reeves, A. Evaluating LDCT Lung Cancer Screening in Southern New Jersey. *Journal of Community Health*

Saffold, T., Pontes, N. M. H., & Pontes, M. C. F. The relationship between adolescent dating violence victimization and depressive symptoms and suicidality by race/ethnicity and sex: Youth Risk Behavior Survey 2013-2019. Rejected and plan for resubmission 9/2023.

Pontes, Nancy M. H. and Thompson, Summer and **Saffold, Tyshaneka** and Pontes, Manuel C. F., Additive Interactions between Sex and Forced Sexual Intercourse Victimization on Depressive Symptoms and Suicidality: Youth Risk Behavior Survey 2001-2017 (2022). Available at SSRN: <https://ssrn.com/abstract=4159909> or <http://dx.doi.org/10.2139/ssrn.4159909>

Articles in Non-refereed or General Journals

McLaughlin, M.A.S.; **Saffold, T.**; & Shelley A. Johnson, S. A. (2020). Teaching Nursing Students During COVID-19, *New Jersey Nurse*, 50(3), 12.

Chapters in Books or Monographs

Myrick, K.M, & Karisas, L. [McLaughlin, M. A., S. & **Saffold, T.**] (2020). *Advanced Health Assessment and Differential Diagnosis: Essentials for Clinical Practice Instructor's Manual*, Chapter 2, Springer Publishing Company: New York, NY

Myrick, K.M, & Karisas, L. [McLaughlin, M. A., S. & **Saffold, T.**] (2020). *Advanced Health Assessment and Differential Diagnosis: Essentials for Clinical Practice Instructor's Manual*, Chapter 1, Springer Publishing Company: New York, NY.

Myrick, K.M, & Karisas, L. [McLaughlin, M. A., S. & **Saffold, T.**] (2020). *Advanced Health Assessment and Differential Diagnosis: Essentials for Clinical Practice Instructor's Manual*, Chapter 3, Springer Publishing Company: New York, NY.

Myrick, K.M, & Karisas, L. [McLaughlin, M. A., S. & **Saffold, T.**] (2020). *Advanced Health Assessment and Differential Diagnosis: Essentials for Clinical Practice Instructor's Manual*, Chapter 4, Springer Publishing Company: New York, NY.

Edited Books, Anthologies, Collections, Bibliographies

Contributor: Mosby's Dictionary of Medicine, Nursing & Health Professions, 10th Edition

Teaching Activities

Special Courses Taught

2023: Health and Healing in Guatemala

2020: Health and Healing in Guatemala

2019: Health and Healing in Guatemala

Curricular Development - Courses and Programs Developed

2020-ongoing Issues in Nursing, Health, and Healthcare. New course to Rutgers SNC - Camden.

2019-ongoing Remediation Plan: Community Health Nursing and Global Health

2017-ongoing Co-Presenter of a national webinar - "Shadow Health Can Help: A Discussion on Student Skepticism. Mid-term Evaluations, Benefits of Tough Love, and Videotaping Assessments". Rutgers University

2016-ongoing Major revision of Wellness and Health Assessment course. Shadow Health: Web-based digital clinical experience. Integrated into all RN - BS Wellness and Health Assessment courses.

Instructional Development

2023-ongoing Comprehensive Active Shooter Incident Management. New Jersey Department of Human Services

2023-ongoing Tenure and Time Management: How to manage your time so you can publish prolifically and have a life. Rutgers University

2022-ongoing Certificate for Lifelong Learning in Inclusive and Equitable Teaching. Rutgers University (Badge earned)

2021-2022 Engaged Civic Learning Fellow. Rutgers University - Camden

2020-ongoing Online Teaching Certificate, Rutgers University - Camden

2019-ongoing Mental Health First Aid Certification, Rutgers University - Camden

2019-ongoing Narcan Train the Trainer Certification, Community College of Philadelphia

2017-ongoing Rutgers eLearning Conference, Co-presenter: "What Is Wrong With Tina Jones Today? Using Shadow Health in the Nursing Program", Rutgers University - Camden

2016-ongoing Global Health and Innovation Conference, Participant, Yale University

2016-ongoing Creative Classroom and Clinical Teaching, Participant, Rutgers University - Camden

Development of Audio-visual, Media, and Computer Materials

2016-ongoing Developed online slide presentations for Wellness and Health Assessment (online course)

Conference Presentations, Lectures, Demonstrations

Invited Addresses

Debating Ethical Issues Across Disciplines. Rutgers University - Camden.

Panelist. "Race in the Health Professions: The Lived Experience of Black Physician Assistants and Nurses." Saint Elizabeth University, NJ

"What is a Just Community. Rutgers University - Camden, Honors College (invited)

"Ethics in Healthcare", Rutgers University, Camden, NJ

Keynote or Plenary Addresses

Saffold, T., Pontes, N.M.H., & Pontes, M. (2023). The relationship between adolescent dating violence victimization and depressive symptoms and suicidality. *Sigma Theta Tau International Congress Virtual Conference*, Abu Dhabi, United Arab Emirates (Paper Presentation)

Saffold, T., Pontes, N.M.H., & Pontes, M. (2022). The relationship between forced sexual intercourse victimization and suicide attempts among U.S. adolescents by sex: Podium Presentation. *Sigma Theta Tau International Congress*, Edinburgh, Scotland (Paper Presentation)

"Maintaining Program Integrity During a Pandemic: Balancing Rigor with Compassion". Presenter, American Association of Colleges of Nursing (AACN)

"Dating Violence and Pregnancy Prevention Behavior Among Adolescents in the United States: Findings from 2013, 2015, 2017 Youth Risk Behavior Surveys". Podium Presentation. Community College of Philadelphia, PA.

"Reckoning with the Past and Building Trust: A Conversation on the COVID Vaccine and Black Communities". Moderator, Rutgers University – Camden

"Association Between Dating Violence and Pregnancy Prevention Behavior Among U.S. Adolescents: Findings From 2017 Youth Risk Behavior Survey". Podium Presentation. Faculty Research and Creative Activities Symposium, Rutgers University- Camden, NJ

“Healthy Communities: Addressing Health Equity and Creating Opportunity”, Rutgers University, Camden, NJ

Nursing Pinning Ceremony. New Jersey City University.

Papers, Abstracts, and Lectures

Saffold, T., **Pontes**, N. M. H., & Pontes, M. C. F. The relationship between adolescent dating violence victimization and depressive symptoms and suicidality by race/ethnicity and sex: Youth Risk Behavior Survey 2013-2019. Rejected and plan for resubmission 9/2023.

Pontes, Nancy M. H. and Thompson, Summer and **Saffold, Tyshaneka** and Pontes, Manuel C. F., Additive Interactions between Sex and Forced Sexual Intercourse Victimization on Depressive Symptoms and Suicidality: Youth Risk Behavior Survey 2001-2017 (2022). Available at SSRN: <https://ssrn.com/abstract=4159909> or <http://dx.doi.org/10.2139/ssrn.4159909>

"Associations between dating violence and pregnancy prevention behavior among U.S. adolescents: A proposal of findings from the 2017 Youth Risk Behavior Survey" Podium Presentation. Rutgers University, Camden NJ

“Healthy Communities: Addressing Health Equity and Creating Opportunity”, Rutgers University, Camden, NJ

“What Is Wrong With Tina Jones Today? Using Shadow Health in the Nursing Program”, Rutgers University, Camden, NJ (eLearning Conference)

“Shadow Health Can Help: A Discussion on Student Skepticism. Mid-term Evaluations, Benefits of Tough Love, and Videotaping Assessments”, Webinar

“Team STEPPS”, Rowan University, Stratford, NJ. Interdisciplinary conference

Other Presentations, Lectures, Demonstrations

Presenter: “CamJam”. Conducted breakout sessions for middle school and high school students to discuss STI’s, pregnancy prevention, nutrition, and healthy lifestyles.

Organizing and Chairing Activities

Participation in Organizing or Chairing Conferences, Workshops, and Organizations

2019-ongoing World Aids Day: "Communities Make the Difference", Co-Facilitator

2018-ongoing World Aids Day: "Working Together For an Aids Free Generation", Co-Facilitator

2017-ongoing World Aids Day: "Everybody Counts/My Rights to Health", Co-Facilitator

Memberships

Membership/Offices Held in Scholarly and Professional Societies

2023-ongoing National Black Nurses Association (Lifetime member)

2020-ongoing President (2023 -), Vice President (2022 - 2023) Sigma Theta Tau International, Honor Society of Nursing

2012-ongoing American Nurses Association

2010-ongoing National League of Nursing

Funding

Internally-Funded Research and/or Training Grants

2022-2023 (Grant Amount: \$3,000) Diversity, Equity, and Inclusion Council mini grant award, Tyshaneka Saffold, Agency: Rutgers University, Role: PI

Externally Funded Research and/or Training Grants

2022-2023 (Grant Amount: \$68,518) HRSA: Nurse Faculty Loan Repayment, Dr. Marie O'Toole, Tyshaneka Saffold, et.al, Agency: HRSA, Role: Collaborator

2023-ongoing (Grant Amount: \$34,000) , Marie O'Toole, Nancy Pontes, Tyshaneka Saffold, Agency: Department of State, Role: Collaborator

2023-2023 (Grant Amount: \$3,000) Environmental Justice MLK Mini Grant, Tyshaneka Saffold, Agency: AmeriCorps, Role: PI

2022-2023 Long-Acting Reversible Contraception Use: A Mixed Methods Study of the Perceptions of Adolescents and Health Care Providers in Low-Income Communities Submission, Tyshaneka Saffold, Agency: NIH, Role: PI

2021-2023 (Grant Amount: \$50,116) Changemaker in Family Planning Award, Tyshaneka Saffold, Agency: Society of Family Planning, Role: PI

2021-2022 (Grant Amount: \$81,874) HRSA: Nurse Faculty Loan Repayment, Dr. Marie O'Toole, Tyshaneka Saffold, et.al, Agency: HRSA: Nurse Faculty Loan Program, Role: Contributor

2020-ongoing (Grant Amount: \$25,000) Medline: Community Impact Grant Program, Dr. Wanda Williams (PI), Tyshaneka Saffold et.al, Agency: Medline: Community Impact Grant Program, Role: Contributor

2020-2021 (Grant Amount: \$49,500) HRSA: Nurse Faculty Loan Program, Dr. Marie O'Toole, Tyshaneka Saffold et. al, Agency: HRSA: Nurse Faculty Loan Program, Role: Contributor

2014-2019 (Grant Amount: \$250,000) NJHI: Rutgers Camden-Cooper Collaborative for Upward Mobility in Nursing, Dr. Joanne Robinson et. al, Agency: NJHI: Rutgers Camden-Cooper Collaborative for Upward Mobility in Nursing, Role: Nursing Education Navigator

Service

Service to New Jersey State Government

2023-ongoing Disaster Response Crisis Counselor (DRCC, certified)

Faculty Mentoring

2020-2022 Rebecca Bryan - new faculty mentoring

2020-ongoing Co-Chair of SNC Faculty Mentoring program

Service to Other Public Bodies

2023-ongoing National Association of Black Nurses. Lifetime member

2023-ongoing Society of Family Planning. Diversity, Equity, and Inclusion committee

2021-ongoing NAACP member

2021-2023 Oversight committee: South Jersey Institute of Population Health, Camden NJ

2020-ongoing NJ Against Human Trafficking, Legislative Committee member

Contributions to the Advancement of the Academic Profession

2023-ongoing Grant reviewer. Society of Family Planning

2023-ongoing Reviewer: The Association of Black Nursing Faculty Foundation Journal

2022 Poster reviewer. Society of Family Planning 2022 conference. Baltimore, MD

2019 Grant Reviewer: Rutgers Camden Provost's Fund for Research Catalyst and Multidisciplinary Grant Programs.

2019 Rutgers Day (recruitment of nursing students)

2018 Grant Reviewer: Rutgers Camden Provost's Fund for Research Catalyst and Multidisciplinary Grant Programs.

2017 Grant Reviewer: Rutgers Camden Provost's Fund for Research Catalyst and Multidisciplinary Grant Programs.

Service to Rutgers University

2023-ongoing Rites of Passage ceremony. Medal bestower. Rutgers University - Camden

2023-ongoing Rites of Passage ceremony. Planning committee. Rutgers University - Camden

2023-ongoing RU-SNC Long Range Planning. Member

2022-ongoing RU-SNC Baccalaureate Curriculum committee. Member

2022-ongoing Faculty Focus group. Rutgers University - Camden

2022-ongoing Diversity, Inclusion, and Civic Engagement (DICE) Community Advisory Board. Rutgers University - Camden, NJ

2022-ongoing Strategic Planning committee. Rutgers University - Camden campus

2021-2023 Faculty Diversity mentor. Rutgers University - Camden.

2020-2023 RU-SNC Faculty Affairs Committee, Member

2019-2023 RU-SNC Scholastic Standing and Recruitment Committee. Member

2019-2020 Guatemala Health and Healing (Volunteer Instructor)

2019-2020 Program Evaluation and Assessment, Member

2019-2020 Student Handbook Task Force, Member

2018-2019 Educational Resources, Member

2017-ongoing RU-SNC Faculty Search Committee. Member

2017-2019 RU-SNC Baccalaureate Curriculum committee, Chair

2017-2019 SNC Executive committee, Member

2016-ongoing Faculty Search committee, Member

2016-2023 Faculty Affairs committee, Member

2016-2020 SNC Strategic Planning committee, Member

2019-ongoing Baptist Temple Church Community Health Fair, represented Rutgers SNC

Students Supervised

Doctoral Students by Type of Supervision

Terry Crumbley (Chair)

April Harris (Committee)

Cheyanna Baker (Committee)

Jose Davis (Chair)

Students Supervised for Independent Studies

Shakalah Soto (2018-2019). MSN Capstone Project. Western Governors University.

Madeline Oquendo (2017). Undergraduate. Literature review/special project.

Academic Advisement

2020 Rutgers School of Nursing, 35 advisees

2019 Rutgers School of Nursing, 35 advisees

2018 Rutgers School of Nursing, 35 advisees

2016 The Rutgers-Camden/Cooper Collaborative for Upward Mobility Grant: Faculty Navigator, 7 advisees