

Sheila Linz

Title and Address:

Associate Professor
School of Nursing, Nursing and Science Building,
530 Federal Street, Camden, NJ 08102,
856-225-6415 office:335, cell: 609-462-7311

Contact Information:

sheila.linz@rutgers.edu
<https://nursing.camden.rutgers.edu/profile/sl1331>

ORCID ID

0000-0001-9014-729X

Education

Highest Earned Degree

PhD, Seton Hall University, South Orange, New Jersey, 2013.

Dissertation

Facilitating Social Integration for People with Severe Mental Illness, March 14, 2013. Dissertation Chair:
Dr. Bonnie A. Sturm, Seton Hall University, College of Nursing.

Other Earned Degrees

MSN, Columbia University, New York, New York, 2001.

BSN, Columbia University, New York, New York, 1997.

BFA, Philadelphia College of Art, Philadelphia, PA., 1977.

Certificates and Licenses Held

State of Pennsylvania, Registered Nurse, 1/2020 to Present, #RN7277004

State of New Jersey, Board Certified as an Advanced Practice Nurse, Psychiatric/Mental Health, with
Prescriptive Authority, 2002 to Present, #26NJ00026100

ANCC Certified as an Adult Psychiatric-Mental Health Nurse Practitioner, PMHNP-BC., 2003 to present,
#0374038

State of New Jersey, Board Certified as a Registered Professional Nurse, 1997 to present, #26NO11570600

Honors and Awards

Fellowships

Digital Fellowship, Rutgers University-Camden, 2017-2018 (\$1000).

Robert Wood Johnson New Jersey Nursing Initiative Fellowship Program 2009-2013, (\$200,000) stipend
plus tuition and all educational costs with an additional incentive (\$30,000) to teach in New Jersey for
three years.

Professional Awards and Honors

2022 Chancellor's Award for Diversity, Inclusion, and Civic Engagement, Category: Chancellor's
Community-Engaged Scholarship Award.

2021 Excellence in Professional Nursing Award (research). Rutgers-Camden School of Nursing.

2014 Seton Hall University Strategic Plan Initiative to Promote High Impact Scholarship, research release time awarded.

2013 Seton Hall University Eastern Nursing Research Society Doctoral Student Poster Award

Employment History

Positions Held

09/2015-ongoing, Assistant Professor, School of Nursing, Rutgers University-Camden, New Jersey.

09/2013-06/2015 Assistant Professor, College of Nursing, Seton Hall University, South Orange, New Jersey.

09/2007-06/2009 Instructor, College of Nursing, Seton Hall University, South Orange, New Jersey.

2003-2007 Preceptor, Columbia University, School of Nursing, Psychiatric Nurse Practitioner Program, New York, New York.

2003-2004 Clinical Instructor, Columbia University School of Nursing, New York, New York.

Clinical Positions

2014-2015 Psychiatric Nurse Practitioner, Morning Glory Behavioral Health, Neptune, New Jersey.

2006-2007 Psychiatric Nurse Practitioner, Bowery Residents Committee, New York, New York.

2005-2007 Psychiatric Nurse Practitioner, Fort Washington Men's Shelter, Project Renewal, New York, New York.

2005-2005 Psychiatric Nurse Practitioner, St Paul Center, New York, New York.

2004-2005 Psychiatric Nurse Practitioner, Association for the Advancement of Mental Health, Princeton, New Jersey.

2003-2004 Psychiatric Nurse Practitioner, Fort Washington Men's Shelter, Project Renewal, New York, New York.

2002-2003 Psychiatric Nurse Practitioner, Bensonhurst Guidance Center, Institute for Community Living, Brooklyn, New York.

2001-2003 Psychiatric Nurse Practitioner, Special Population Outpatient Treatment (SPOT), An Assertive Community Treatment Team for people with HIV, mental illness and substance use disorder, Institute for Community Living, Brooklyn, New York.

2000-2001 Registered Professional Nurse, Lutheran Medical Center, Acute Psychiatric Unit, Detox Unit, Brooklyn, New York.

1997-2000 Registered Professional Nurse, Assertive Community Treatment Team (ACT) Institute for Community Living, Brooklyn, New York.

1987-1995 Recreational Specialist, director of recreational program, community outings, weekend program, art, photography, and video making program, Institute for Community Living, Brooklyn, New York.

Publications

Articles in Refereed Journals

1. 2022: **Linz, S.**, & Jerome-D'Emilia, B. Barriers and facilitators to breast cancer screening for women with severe mental illness. *Journal of the American Psychiatric Nurses Association.*, 10783903221140600. Advance online publication. <https://doi.org/10.1177/10783903221140600>
2. 2022: Suplee, P.D., Jerome-D'Emilia, B., & **Linz, S.** The lived experiences of new nurses during the COVID-19 Pandemic and their contributions to nursing education and professional development. *Journal of Continuing Education in Nursing.*
3. 2022: Jerome-D'Emilia, B., Suplee, P.D., & **Linz, S.** (2022) Challenges faced by new nurses during the COVID-19 pandemic. *Journal of Nursing Scholarship*, early view <https://sigmapubs.onlinelibrary.wiley.com/doi/10.1111/jnu.12783>
4. 2022: **Linz, S. J.**, Emmons, R. A., Jerome-D'Emilia, B., Solomon, P., Wunnenberg, M., Durham, J. S., & Koehler, R. (2022). Using digital storytelling to understand service users' mental health recovery and address stigma among nursing students. *Archives of Psychiatric Nursing*, 40, 77-83. <https://www.sciencedirect.com/science/article/pii/S0883941722000486>
DOI:<https://doi.org/10.1016/j.apnu.2022.04.006>
5. 2022: Atkins, R., Kelly, T. A., **Linz, S. J.**, Jackson, K. J., Pontes, M. C., Wunnenberg, M., Williams, K., Stellmacher, T., Lewis, H., Halty, N. D., & Williams, W. (2022). The effects of a community-based, multicomponent, depression prevention intervention in mothers at-risk. *Western Journal of Nursing Research*, 44(1), 66–80. <https://doi.org/10.1177/01939459211037042>
6. 2021: **Linz, S.**, Jackson, K. J., & Atkins, R. (2021). Using mindfulness-informed photovoice to explore stress and coping in women residing in public housing in a low-resourced community. *Journal of Psychosocial Nursing and Mental Health Services*, 1–9. Advance online publication. <https://doi.org/10.3928/02793695-20211214-01>,
7. 2021: **Linz, S.**, & Cresse, N. (2021). Addressing ageism and ethno-cultural diversity with a photo essay project. *Journal of Nursing Education*, 60(1):44-47<https://doi.org/10.3928/01484834-20201217-10>
8. 2020: **Linz, S.**, & Lorenzo Ruiz, A. (2020). Mental health in Cuba and the United States: Shared learning. *Social Development Studies: Cuba and Latin America*. 8, 4, 245-256. ISSN 2308-0132. <http://www.revflacso.uh.cu/index.php/EDS/article/view/493/599>.
9. 2021: **Linz, S.**, & Lorenzo Ruiz, A. (2021). Learning about mental healthcare in today's Cuba: An interview with the president of the Cuban society of psychology. *Perspectives in Psychiatric Care*, 57(1), 206–213. <https://doi.org/10.1111/ppc.12548>

10. 2016: **Linz, S. J.**, & Sturm, B. A. (2016) Facilitating social integration for people with severe mental illness served by Assertive Community Treatment. *Archives Of Psychiatric Nursing*, 30(6), 692-699. doi: 10.1016/j.apnu.2016.05.006

11. 2016: Petros, R., Solomon, P., **Linz, S.**, DeCesaris, M., & Hanrahan, N. P.(2016). Capabilities approach: Contextualizing participants' perspectives on systems barriers to recovery. *International Journal Of Mental Health*, 45(4), 262-278. doi:10.1080/00207411.2016.1238742

12. 2016: **Linz, S.**, Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. (2016). Clinical use of an autovideography intervention to support recovery in individuals with severe mental illness. *Journal Of Psychosocial Nursing & Mental Health Services*, 54(5), 33-40 8p. doi:10.3928/02793695-20160420-04

13. 2016: Solomon, P., DeCesaris, M., Petros, R., **Linz, S. J.**, & Hanrahan, N. P. (2016). A pilot randomized control trial of autovideography intervention to enhance recovery for people with severe mental illness. *Best Practice In Mental Health*, 12(1), 1-13.

14. 2016: Petros, R., Solomon, P., **Linz, S.**, DeCesaris, M., & Hanrahan, N. P. (2016). Autovideography: The lived experience of recovery for adults with serious mental illness, *Psychiatric Quarterly*, 87(3), 417-426. doi:10.1007/s11126-015-9397-8

15. 2013: **Linz, S. J.** & Sturm, B. A. (2013). The phenomenon of social isolation in the severely mentally ill. *Perspectives in Psychiatric Care*, 49: 243–254. doi: 10.1111/ppc.12010

16. 2011: **Linz, S.** (2011). Photo elicitation: Enhancing learning in the affective domain. *The Journal of Continuing Education in Nursing*, 42(9) 393-394. doi:10.3928/00220124-20110823-04

17. 2011: Pearson, G.S., & **Linz, S.** (2011). Linking homelessness with mental illness. *Perspectives in Psychiatric Care*, 47(4) 165-166. doi:10.1111/j.1744-6163.2011.00317.x

Scholarship Other

ALTERNATIVE MEDIA PROJECTS (continued use in classroom, presentations, and advocacy)

2022 Podcasts-*The Experience of Breast Cancer Screening for Women with Severe Mental Illness.*

2017 Digital story about mental illness: *My Sister Sonia.*

2014 *Recovery from Mental Illness*, three short videos edited and presented at The Bell of Hope Gala fundraiser for mental health partner in participatory research, Philadelphia, Pennsylvania, May 22, 2014.

2014 Four video clips compiled and edited, *Who I Am, What Recovery Means to Me, Obstacles to Recovery, What Supports Recovery*, from video files produced in participatory research.

2011 Photo essays created for a community-based project commemorating: *The Founding Members and Original Inhabitants of Roosevelt, New Jersey, a Federally Funded, Utopian, Resettlement Community Founded During the Great Depression.*

Teaching Activities

Courses Taught

- Undergraduate, Active Duty Service Members and Veterans: A Focus on Mental Health, 57:705:482:01, fully online, Rutgers-Camden.
- Undergraduate, Research in Evidence Based Nursing, RN-BSN (57:705:410:90 and 57:705:411:D1), ABS Undergraduate (57: 705 421 T1), Undergraduate (57:705:411), taught face to face, synchronous remote, hybrid, and asynchronous fully online, Rutgers-Camden.
- Undergraduate, Traditional, Psychiatric Mental Health Nursing–Theory, 57:705:403, Rutgers-Camden.
- Undergraduate, ABS, Psychiatric Mental Health Nursing-Theory, 57:705:466 01, Rutgers-Camden.
- Undergraduate, Dimensions of Psychosocial Nursing, Clinical, Seton Hall University.
- Undergraduate, Dimensions of Psychosocial Nursing, Theory, Seton Hall University.
- Undergraduate, Religious Values in Healthcare, Seton Hall University.
- Undergraduate, Group Dynamics, face to face and fully online, Seton Hall University.
- Undergraduate, The Journey of Transformation, included a service-learning component, Seton Hall University.
- Undergraduate, Dying with Dignity, Seton Hall University.
- Undergraduate, Psychiatric Mental Health Clinical Rotation, Columbia University.

Instructional Development

- 05/2020 Rutgers-Camden Online Teaching Certificate Program given by Instructional Design and Technology Department at Rutgers/Camden, an online month long program.
- 08/2017-08/2017 Digital Story Telling Workshop at The StoryCenter, in Berkeley, CA.
- 05/2017-05/2017 Teaching in Nursing Workshop with Dr. Terry Valiga, EdD, RN, CNE, ANEF, FAAN, Rutgers-Camden School of Nursing.
- 05/2017-05/2017 We've Been Asking the Wrong Questions: Integrating ACEs Knowledge into Nursing Curricula presented by Rebecca Bryan, 4 hr. workshop. Rutgers/Camden School of Nursing.
- 10/2015-10/2015 TOP (Teen Outreach Program) workshop on pregnancy prevention care and reaching students in the LEAP Academy and other schools, which includes a service learning component for the students, Rutgers/Camden University.
- 01/2015-01/2015 A National Council Licensure Exam (NCLEX) Regional Workshop, Monmouth University, West Long Branch, New Jersey.
- 02/2011-02/2011 AACN Faculty Development Conference Success Strategies for New Faculty, Austin, Texas.

Curricular Development - Courses and Programs Developed

- 01/2022-ongoing, *Active Duty Service Members and Veterans: A Focus on Mental Health*, asynchronous online. I developed this course through the Veteran Nurses grant to help students get a better understanding of the particular mental healthcare needs of active duty service members, veterans, and their families. The first class was offered as a General Education course to all Rutgers-Camden undergraduate students.

06/2020-ongoing, I completely redesigned *Research and Evidence -Based Practice* through an Online Teaching Certificate Program given by Instructional Design and Technology Department at Rutgers-Camden, in response to the COVID 19 Pandemic to become a synchronous online course with weekly meetings and discussion board. I included technologies such as "Voice thread" for student presentation of a scaffolded final project.

01/2019-ongoing, I designed the Photo Essay Project as a final project for a General Education course, Aging and Health in Global Communities in which individual students teamed with older adults to create photo essays about the older adults' lives for a PowerPoint presentation.

Conference Presentations, Lectures, Demonstrations

Invited Addresses

2022 Fu, M., Emmons, K., Jackson, K., & **Linz, S.** "Enhancing Health in Diverse Communities: A Panel Discussion", ENRS Advancing Innovative Nursing Science. Webinar Panel Discussion, Remote. November 15, 2021, with M. Fu, K. Emmons, & K. Jackson.

2021 Kelly, T.A., Landau, S., **Linz, S.**, Stonberg, D., & Wallace, L., Hosted by Atkins, R., "Appling Principles of Diversity and Cultural Competency in Health-Related Professional Practice", April 20th, 2021., a virtual panel discussion. School of Nursing, Health, & Exercise, The College of New Jersey.

2020 **Linz, S.**, Emmons, R., Wunnenberg, M., Durham, J., & Solomon, P. "Using Digital Stories to Reduce Stigma", Rutgers-Camden School of Nursing Research Round Tables. February 6th, 2020. with M. Wunnenberg.

2019 **Linz, S.**, Emmons, R., Wunnenberg, M., Durham, J., & Solomon, P. "Using Digital Mediums to Decrease Stigma and Discrimination in Healthcare Students Towards Stigmatized Populations", Universities as Anchors in Sustaining Community and Economic Development. Rutgers University, University of Havana, University College of San Gerónimo, Faculty of Latin American Social Sciences (FLACSO), Institute of International Education (IIE) Varadero, Cuba. November 5, 2018, sole podium presenter.

2018 **Linz, S.** "Homelessness, Housing, and the Mentally Ill", The Chancellor's Spring Research Symposium. The Fair Housing Act at 50: Successes, Failures, and Opportunities. Rutgers Center for Urban Research and Education. Rutgers Camden University. April 13, 2018. Sole podium presenter and panel member.

2017 **Linz, S.**, Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. "The Clinical Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness", Semmelweis University, Budapest, Hungary. February 24, 2017. Sole podium presenter.

2017 **Linz, S. J.**, & Sturm, B., A. "Social Isolation and Stigma in the Lives of People with Serious Mental Illness", Semmelweis University, Budapest, Hungary. February 22, 2017. Sole podium presenter.

2017 **Linz, S. J.** "Using a Photo Essay About Older People to Elicit an Affective Response in Healthcare Students", *Semmelweis University*, Budapest, Hungary, February 21, 2017, Sole podium presenter.

2017 **Linz, S.**, & Sturm, B., "Social Isolation and Social Integration for People with Serious Mental Illness", *Semmelweis University*, Budapest, Hungary. February 21, 2017. Sole podium presenter.

2017 **Linz, S.**, Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. "The use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness", Round-table on Population Health. Sustainable Community Development and STEAM Fields: What We Can Learn from a Changing Cuba, Rutgers University, Camden, N.J., November 1, 2016, Sole podium presenter.

2016 **Linz, S.**, Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. "The Clinical Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness". Virtua Center for Learning and the Rutgers University Alumni Association. Mount Laurel, NJ. February 17, 2016. Sole podium presenter.

2015 **Linz, S. J.**, and Sturm, B. "Understanding Loneliness and Facilitating Social Integration, a Journey Toward Recovery", Delaware State Department of Mental Health. Conference on Loneliness and the Mentally Ill, April 1, 2015., Podium presentation with Sturm, B.

*I was invited by the Commissioner of Mental Health to present my research on social isolation and the mentally ill to state department employees, stakeholders, and consumers. This conference was organized around my dissertation work.

2015 **Linz, S. J.** "Using Interpretive Description as a Qualitative Research Method", Columbia University School of Nursing Doctoral Research Class, October 23, 2014, Sole presenter.

2014 **Linz, S. J.** "Facilitating Social Integration for People with Severe Mental Illness", Seton Hall University, College of Nursing, South Orange, New Jersey, September 23, 2013, Sole podium presenter.

2013 **Linz, S. J.** "Facilitating Social Integration for People with Severe Mental Illness", Columbia University, School of Nursing, New York, New York, April 1, 2013. Sole presenter.

Papers, Abstracts, and Lectures (Peer Reviewed)

Podium Presentations

2023 **Linz, S.**, Jackson, K., & Atkins, R. "An Adapted Mindfulness Program for Woman who Live in Low- Income Housing". Philadelphia Trauma Training Conference, 6th Annual. Philadelphia, Pa. July 11th, 2023, remote presentation.

2023 **Linz, S.**, Jackson, K., & Atkins, R. "Using Mindfulness-Informed Photovoice to Explore Stress and Coping in Women Residing in Public Housing in a Low-Resourced Community". Eastern Nursing Research Society, 35th Annual Scientific Sessions: Promoting Liberty; Addressing Determinants of Health Through Nursing Science. March 24, 2023, Philadelphia, Pa. July 11th, 2023, remote presentation.

2023 **Linz, S.**, & Jerome-D'Emilia, B. "Increasing Breast Cancer Screening in Women with Serious Mental Illness". Eastern Nursing Research Society, 35th Annual Scientific Sessions: Promoting Liberty; Addressing Determinants of Health Through Nursing Science. March 24, 2023, Philadelphia, Pa.

2023 **Linz, S.**, Emmons, R., Jerome-D'Emilia, B., Wunnenberg, M., Durham, J., Osai, R., & Solomon, P. "Using Digital Storytelling to Understand Service Users' Mental Health Recovery and Address Stigma Among Nursing Students". Eastern Nursing Research Society, 35th Annual Scientific Sessions: Promoting Liberty; Addressing Determinants of Health Through Nursing Science. March 24, 2023, Philadelphia, Pa.

2022 Atkins, R., **Linz, S.**, Johnson, S., Stellmacher, T., Gadaleta, D., Lowry, A., & Vyacheslav, I. "Beliefs About Participation in Group-Based, Physical Activity Among Low-Income and Ethnic Minority Mothers from Under-Served Communities", Sigma 46th Biennial Convention. November 7th, 2021. Virtual Platform. (Concurrent Session, live Q&A, Refereed.) presented by R. Atkins.

2021 **Linz, S.**, Wunnenberg, M., Emmons, R., Durham, J., Koehler, R., Abair, M., & Solomon, P. "Using Digital Stories to Understand Recovery and Reduce Stigma in Future Healthcare Providers", American Psychiatric Nurses Association (APNA) 34th Annual Conference: Proud Partners in a Journey to Whole Health. Virtual platform. October 4th, 2020. Sole podium presenter, refereed, virtual conference, concurrent sessions, Q &A period.

2020 Pontes, N. M. H., **Linz, S.**, Kelly, T., A., Atkins, R., Pontes, M., C., F. "The Relationship between Physical Activity by Gender on Suicidal Ideation, Suicide Attempts and Suicide Attempts Requiring Treatment: Youth Risk Behavior Survey 2011-2017" Eastern Nursing Research Society scientific 32nd sessions The Revolutionary Power of Nursing Science, March 26th, 2020, Boston, Mass. Podium presentation by N. Pontes.

2019 **Linz, S.**, Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. "The Use of an Auto-Videography Intervention for People with Serious Mental Illness", VIII Intercontinental Convention of Psychology HOMINIS 2018. "Human Well-Being and Sustainable Development: The Place of Psychology", Havana, Cuba. November 20, 2018. Podium presentation, refereed, sole presenter. Presentation and videos simultaneously translated into four languages for multi-cultural and international audience.

2016 **Linz, S.**, Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. "The Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness", International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute and Annual Conference: The Future is Now: Psychiatric-Mental Health Nurses Leading, Advocating, Practicing, and Educating, Minneapolis MN., April 16, 2016. Sole podium presenter, refereed.

2015 **Linz, S.**, Hanrahan, N.P., Solomon, P., Decesaris, M., Petros, R. "Experience of Recovery from a Mental Illness". Eastern Nursing Research Conference: Nursing Science, Evidence, and Policy :Creating a Culture of Health. Washington, DC. April 15, 2015. Sole podium presenter, refereed.

2014 DeCesaris, M., Hanrahan, N.P., Solomon, P., **Linz, S.J.** "Experience of Recovery from a Mental Illness", State of the State: Current Issues in Psych/Mental Health Nursing in PA. Philadelphia, PA. April 5, 2014, presented by M. DeCesaris (refereed).

2014 **Linz, S.J.** "Facilitating Social Integration for People with Severe Mental Illness" at the 26th annual 2014 Eastern Nursing Research Society scientific sessions, Promoting Health Across the Life Span: The Art and Science of Person-Centered Care in Philadelphia, Pennsylvania, April 10, 2014. Sole podium presenter, refereed.

2014 **Linz, S. J.** "Facilitating Social Integration for People with Severe Mental Illness" at 2014 International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute and Annual Conference, Advanced Practice/Mental Health Nurses: Advancing Mental Health Across the Lifespan, in Greenville, South Carolina, March 28, 2014. Sole podium presenter, refereed.

Poster Presentations

2022 **Linz, S.**, Jackson, K., Atkins, R. "Mindfulness Strategies to Improve Health with Women in Two Low-Resourced Communities". Rutgers Community Engaged Scholarship Symposium, Best Practices to Achieve Health Equity. June 14th, 2022, poster presentation.

2020 **Linz, S.**, & D'Emilia, B. "Increasing Breast Cancer Screening in Women with Serious Mental Illness", American Psychiatric Nurses Association (APNA) 34th Annual Conference: Proud Partners in a Journey to Whole Health. Virtual platform. October 2nd, 2020, Virtual Poster Presentation.

2020 **Linz, S.**, D'Emillia, B.& Okulicz-Kozaryn, A. "Increasing Breast Cancer Screening in Women with Serious Mental Illness", Eastern Nursing Research Society scientific 32nd sessions The Revolutionary Power of Nursing Science, March 26th, 2020, Boston, Mass, Poster Presentation, refereed. Accepted but interfered with due to the pandemic.

2020 **Linz, S.**, Jackson, K., & Atkins, R. "Photo-Voice Activity on Stressors and Coping for Women Living in a Marginalized Community" Eastern Nursing Research Society Scientific 32nd Sessions. The

Revolutionary Power of Nursing Science, March 26th, 2020, Boston, Mass. Poster Presentation, peer reviewed. Accepted but interfered due to the pandemic.

2020 Atkins, R., Kelly, T. A., Williams, W., **Linz, S.**, Jackson, K., Wunnenberg, M., Stellmacher, T., Lewis, H., Davis-Halty, N., Powell, T., & Earley, D &S. "Academic-Community Partnerships: A Collaborative Pilot Intervention That Improves Psychosocial Outcomes in Young to Middle-Aged Adult Mothers at risk for Depression", Eastern Nursing Research Society scientific 32nd sessions The Revolutionary Power of Nursing Science, March 26th, and 27th, 2020, Boston, Mass. (Poster Presentation, refereed). Presented by R. Atkins.

2019 **Linz, S.**, Jackson, K., & Atkins, R. "Photovoice: Stress and Coping for Marginalized Women". American Academy of Nursing. Transforming Health Driving Policy Conference: Our Social Responsibility to Health: Impact and Influence, October 25, 2019. Washington D.C., ePoster Presentation. Refereed.

2019 **Linz, S.**, Wunnenberg, M., Emmons, R., Durham., & Solomon, P. "Reducing Mental Illness Stigma with Digital Stories", International Society of Psychiatric Mental Health Nurses. Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade, 21st Annual Conference. Charlotte, NC. May, 29, 2019. Poster presentation, peer reviewed.

2019 **Linz, S.**, Cresse, N., & Wassel, M. "Using Photo Essays to Reduce Ageism Towards Older People", International Society of Psychiatric Mental Health Nurses. Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade, 21st Annual Conference. Charlotte, NC. May, 29, 2019. Poster presentation, peer reviewed.

2019 **Linz, S.**, Jackson, K., & Atkins, R. "Being Mindful, Improving Health in Vulnerable Communities", International Society of Psychiatric Mental Health Nurses. Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade, 21st Annual Conference. Charlotte, NC. May, 29, 2019. Poster presentation, peer reviewed.

2016 Petros, R., Solomon, P., Hanrahan, N., & **Linz, S.** Poster presentation. "Videographies of Adults with Serious Mental Illness: Documenting Conceptualization and Context of Recovery", Society for Social Work and Research. 20th Annual Conference - Grand Challenges for Social Work: Setting a Research Agenda for the Future, Washington DC. January 16, 2016 (refereed)
Poster presentation by Ryan Petros, peer reviewed.

2012 **Linz, S.J.** "Facilitating Social Integration for People with Severe Mental Illness", Eastern Nursing Research Society 25th Scientific Session. Poster session designated for doctoral students in the early phase of their research, April 18, 2012. Poster presentation, peer reviewed.

2012 **Linz, S. J.** "The Phenomenon of Social Isolation in the Severely Mentally Ill", Poster Presentation: RWJ-NJNI third annual meeting, October 19, 2011. Not refereed.

2012 **Linz, S. J.**, "Photo Elicitation: Enhancing Learning in the Affective Domain", Poster presentation: RWJ/NJNI meeting at Fairleigh Dickenson College of Nursing, Madison, New Jersey, September 13, 201, not refereed.

Other Presentations, Lectures, Demonstrations

2018 Invited Panelist-WNET's *Chasing the Dream* and NJTV screening of *Getting Off the Streets*, on Wednesday, August 22nd, 2018 at Grace Performance Hall in Haddonfield, NJ.
Panelist on Homelessness.

2018 Chasing the Dream: Poverty and Opportunity in America. Facebook interview. August 22, 2018, <https://www.facebook.com/chasingthedreamwnet/videos/2123316647936470>
Interview on homelessness in America.

Memberships

Membership/Offices Held in Scholarly and Professional Societies

- 2014-ongoing International Society of Psychiatric Nurses-Mental Health Nurses
- 2014-ongoing Sigma Theta Tau International, Gamma Nu Chapter
- 2013-ongoing Eastern Nurses Research Society

Funding

Externally-Funded Research and/or Training Grants

Pending

1. 12/2022-12/2027 (Grant Amount: \$949,072) National Institute of Health K99 Grant. Promoting Digital Health Engagement for Adolescent and Young Adult (AYA) (Pending). PI: Kwok, G., Mentor: Devine K., Key Personnel and Co- Mentor: **Linz, S.**, Agency: ID: 1K99CA277365-01 NIH K99, Role: Key Personnel and Co-Mentor.

Funded

1. 03/2022-03/2023 (Grant Amount: \$30,000) South Jersey Institute for Population Health. "Addressing Disparities in Depression Treatment in Perinatal Populations in Southern New Jersey". (Funded) PI: Valentine, J., Co-PI: Pudasainee-Kapri, Co-I: **Linz, S.**, Role: Co-Investigator.
2. 02/2020-07/2021 (Grant Amount: \$4,200) Rutgers Cancer Institute of New Jersey. "The Experience of Breast Cancer Treatment for Women with Serious Mental Illness" (Funded) PI: Jerome D'Emilia, B. Co-I: **Linz, S.** Role: Co-Investigator.
3. 2019-2022 (Grant Amount: \$1,493,190) HRSA/Bureau of Health Workforce (U2VHP33064) Nurse Education, Practice, Quality and Retention (NEPQR)- Veteran Nurses in Primary Care (VNPC) Training Program. (Funded) PI: Emmons, K. Co-I: Nickitas, D., Co-I: **Linz, S.** Co-I: Cantwell, R. Co-I: Whiting, R., Role: Co-Investigator.
4. 10/2018-10/2018 (Grant Amount: \$1,800) 2018 Robert Wood Johnson New Jersey Nursing Initiative Grant for Mental Health First Aid Instructor Training, (Funded). Role: **Linz, S.** Instructor Trainee.
5. 2017-2018 (Grant Amount: \$5,000) A Campus Compact Fund for Positive Engagement. "Community partners: The Parkside Business and Community in Partnership, and The Camden Lutheran Housing Organization." Co-PI: D'Italia, M. Co-PI: **Linz, S.**, Role: Co-Author of grant, Co- Principal Investigator.
6. 02/2017-02/2017 (Grant Amount: \$1,893) Erasmus + Mobility Award, European Commission on Higher Education. Guest Lecturer (Funded) **Linz, S.**, Role: Guest Lecturer.

Submitted but Not Funded

1. 2022 (Grant Amount: \$705,197) HRSA Health Resources and Services Administration. "ROAR; Rutgers Outreach to Advance Resilience." Dr. Catherine Stubin (PI), **Linz, S.**, Bryan, R., Gzardine, R., Beitz, Plummer, S., J., Pontes, N. Role: Co-Investigator.
2. 09/2018-09/2021 (Grant Amount: \$750,000) Developing Solutions for Social Isolation in the United States: Learning from the World 2017, Robert Wood Johnson Call for Proposals
Title: "The Neighborhood Arts Project (NEAR): Addressing Isolation through Arts and Culture-Replicating the Cuban Culture of Neighborhood Health", Role: Co-PI **Sheila Linz** and Co-PI, Gloria Bonilla. Role: Co-Principal Investigator.

Internally-Funded Research and/or Training Grants

Funded

1. 04/2022-04/2023 (Grant Amount: \$10,000) Rutgers Institute for Health, Health Care Policy, and Aging Research IFH Community-Academic Partnership Award. "Barriers and Facilitators to Preventive Health Screening Among People with Severe Mental Illness" Co-PI: Linz, S., and Co-PI, Jerome D'Emilia, B. Role: Co-Principal Investigator.
2. 05/2019-04/2022 (Grant Amount: \$16,100) Community Design for Health and Wellness Interdisciplinary Research Group (CDHW-IRG), "Barriers and Facilitators to Breast Cancer Screening among Women with Severe Mental Illness", PI: Linz, S., Co-I: D'Emilia, B. Role: Principal Investigator.
3. 01/2018-12/2019 (Grant Amount: \$11,000) Multidisciplinary Grant from the Provosts Fund for Research. "Reducing Mental Illness Stigma with Digital Stories". PI: Linz, S., Co-I: Emmons, R. Role: Principal Investigator.
4. 2018-2019 (Grant Amount: \$5,000) Cuba Collaboration Grant Program. "Mental Health Provision in Cuba" PI: Linz, S. Role: Principal Investigator.
5. 2018-2019 (Grant Amount: \$4,000) The Catalyst Grant from the Provosts Fund for Research. "Being Mindful: Improving Health in Vulnerable Communities". PI: Jackson, K. Co-I: Linz, S., Role: Co-Investigator.
6. 2017-2018 (Grant Amount: \$5,000) Rutgers School of Nursing-Camden Dean's Summer Research Development Grant Program. "Digital Stories to Reduce Mental Illness Stigma" PI: Linz, S., Role: Principal Investigator.

Artistic Works

Artistic Original Works

2019 Painting featured at The Morven Museum, Princeton, N.J. "Dreaming of Utopia, Roosevelt, New Jersey" 11/15/ 19-05/10/20.

Students Supervised

Master's or Doctoral Students by Type of Supervision

2022-ongoing: Tammy Rockwell, Primary Advisor, Doctor of Nursing Practice. "Postpartum Depression Screening in Primary Care Pediatrics: A Practice Improvement Project". School of Nursing, Rutgers-Camden.

2022-ongoing: Kyra Popolo, Project Member, Doctor of Nursing Practice. "Impact of Provider Education and a Standardized Protocol on Distress Screening and Psychosocial Referral in Oncology Patients: A Quality Improvement Project" School of Nursing, Rutgers-Camden.

2022-ongoing: Diane Casey, Project Member, Doctor of Nursing Practice. "Improving Adherence in a WISEWOMAN Program: A QI Project" School of Nursing, Rutgers-Camden.

2019: Jeana LaBrie, Primary Advisor, Doctor of Nursing Practice. "Implementation of the Creating Opportunities for Personal Empowerment (COPE) © Program in a College Population to Reduce Stress and Anxiety". School of Nursing, Rutgers-Camden.

2018: Devon Lappin: Doctor of Nursing Practice, Primary Advisor. "Evaluating the Impact of Educating Primary Care Providers on Depression Screening", School of Nursing, Rutgers-Camden University.

2017: Serena Natal, Doctor of Nursing Practice, Project Member, "A Practice Improvement Project, Implementation of Opioid Overdose Management Training", School of Nursing, Rutgers-Camden University.

2015: Jane Defazio: Committee member, doctoral dissertation, "Teaching Compassionate Care: Nurse Educators' Perspectives." Nursing, Seton Hall University, I was on this committee while employed at Rutgers-Camden.

Service

Contributions to the Advancement of the Academic Profession

2020-ongoing Peer Reviewer *BMC Women's Health*

2017-ongoing Peer Reviewer for The Journal of Psychosocial Nursing and Mental Health Services.

2016-ongoing Peer Reviewer for *Archives in Psychiatric Nursing*

2013-2015 Peer Reviewer for *Perspectives in Psychiatric Care*

Service to Other Public Bodies

06/2023-Public, Curator: Planned and on RAP schedule: organizer/curator Roosevelt Arts Project Group (RAP) Show at Assifa Space, "Art and Science", the intersection of both. Gallery space devoted to visual art, front room devoted to Rutgers Academics presenting research topics to a lay public and artists, outside space devoted to live music, Roosevelt, NJ.

2017 Public: Hosted, "Roosevelt Artists Collaborative Book Exhibition", The Roosevelt Arts Project (RAP) Assifa Space, Roosevelt, NJ.

2016 Public, Organizer, curator: "Nature" a visual arts exhibition, The Roosevelt Arts Project (RAP), Assifa Space, Roosevelt, NJ.

2014 Public, Organizer, curator, "A Moment in Time" photography exhibition of Roosevelt photographers and concert event, The Roosevelt Arts Project (RAP), Assifa Space, Roosevelt, NJ.

2013 Public, Co-organizer: "Artist Studio Tours of Roosevelt" The Roosevelt Arts Project (RAP) Roosevelt, NJ.

2013 Public, Co-curator, co-organizer: Roosevelt Arts Committee, "Roosevelt Arts Project 25th Anniversary Art Show", Roosevelt Public School, Roosevelt, NJ.

2012 Public, Organizer, curator: "Talking Heads" portrait show. The Roosevelt Arts Project (RAP) Assifa Space, Roosevelt NJ.

2012 Public, Sponsor: Works of the renowned artist Jacob Landau at Assifa Space, The Roosevelt Arts Project, (RAP) Roosevelt, NJ.

2011 Public, Co-curator, co-organizer: Art exhibit and poetry recital, representing and bringing together the artists and poets of two neighboring New Jersey towns, West Windsor, and Roosevelt, The Roosevelt Arts Project (RAP) at Assifa Space, Roosevelt NJ, several long lasting creative collaborations including a documentary film and musical band resulted from this event.

2010 Public, The Roosevelt Arts Project (RAP), Co-organizer, Photographer: Story telling night celebrating the history of the historic town of Roosevelt, New Jersey. Interviewed and photographed the now elderly original inhabitants for PowerPoint presentations to be used at the celebratory and well attended community event., Borough Hall, Roosevelt, NJ.

2008-ongoing Public, Volunteer director of The Assifa Space Art Gallery. The Roosevelt Arts Project (RAP). Hosts, organizes, and curates an arts program (visual arts, music, fine crafts, and poetry) facilitating interaction between community members, the outside public, and other communities to come together to share artistic endeavors.

2004-ongoing Public, Elected Board Member of The Roosevelt Arts Project, Roosevelt, NJ.

Press

02/2022- Article: Medical Press. Home, Psychology & Psychiatry. Want to reduce stress and increase focus? Consider mindfulness. <https://medicalxpress.com/news/2022-02-stress-focus-mindfulness.html>

01/2022-Interview: Rutgers-Camden News Now. Want to reduce stress and increase focus in the New Year? Consider Mindfulness. https://news.camden.rutgers.edu/2022/01/want-to-reduce-stress-and-increase-focus-in-the-new-year-consider-mindfulness/?utm_source=newsletter&utm_medium=email&utm_campaign=rutgerstoday&utm_content=Research%20%26amp%3B%20Innovation

11/2021-Interview: Rutgers-Camden News Now. Nursing Students Learn to Care For Elderly Patients Through Ethnocultural Diversity Photo Essays. <https://news.camden.rutgers.edu/2021/11/rutgerscamden-nursing-students-learn-to-care-for-elderly-patients-through-ethnocultural-diversity-photo-essays/>

08/2021-Article: WHYY PBS NPR. Rutgers-Camden study helps some Camden residents cope with pandemic. <https://whyy.org/articles/rutgers-camden-study-helps-some-camden-residents-cope-with-pandemic/>

08/2021-Interview: Rutgers Camden News Now. Study uses mindfulness meditation to help Camden residents cope with stress and to improve overall health before, during, and after the pandemic. Rutgers Camden NewsNow. <https://news.camden.rutgers.edu/2021/08/study-uses-mindfulness-meditation-to-help-camden-residents-cope-with-stress-and-to-improve-overall-health-before-during-and-after-the-pandemic/>

12/2020 Interview: Rutgers Camden-News Now Researchers Study Obstacles that Women With Mental Health Conditions Face in Getting Mammograms. <https://news.camden.rutgers.edu/2020/12/researchers-study-obstacles-that-women-with-mental-health-conditions-face-in-getting-mammograms/>

2019 Cover and feature article “A Project of Prevention” about breast cancer and the mentally ill study. Rutgers Camden Magazine. <https://magazine.camden.rutgers.edu/2019/10/a-project-of-prevention-2/>

08/2018 Video Interview: Chasing the Dream. Live Facebook interview: Poverty and opportunity in America. <https://www.facebook.com/chasingthedreamwnet/videos/2123316647936470/?t=252>

10/2013 Interview: Robert Wood Johnson published promotion of article based on doctoral work. The Phenomenon of Social Isolation in the Severely Mentally Ill. The Robert Wood Johnson Foundation <https://www.rwjf.org/en/library/research/2013/10/the-phenomenon-of-social-isolation-in-the-severely-mentally-ill.html>

10/2009 Interview RWJNJNI: A Nontraditional Path to a Rewarding Career. New Jersey Nursing Initiative
https://documentsn.com/document/5d201_a-nontraditional-path-to-a-rewarding-career-new-jersey.html

Service to Rutgers University

Committee Work

01/2020-06/2023 Long Term Planning Committee, (chaired the committee 2022-2023) Spearheaded efforts to create new mission statement that reflected community engagement and focus on diversity and inclusion, updated the bylaws, updated the SEP form, and created a new instruction form for chairs to submit final reports and key documents. Created a final report repository for key documents evidencing the work of the committees on Canvas. Passed said changes through Faculty Org vote. Subcommittee leader on Diversity, Equity, and Inclusion. Organized and hosted a Diversity, Equity, and Inclusion Workshop with undergraduate and graduate level nursing students on diversity and inclusion at The School of Nursing, Camden, and provided certificates to the participants. Created a PowerPoint of the themes discovered and presented findings on students' experiences to the Dean and final Faculty Org. meeting of the semester. With B. Cypress and S. Pudasainee-Kapri.

05/2021-ongoing Diversity, Equity, and Inclusion Committee, invited to join campus wide sub-committee on inclusive scholarship and teaching.

01/2020-ongoing Curriculum Committee Member.

09/2018-06/2019 Faculty Development Committee Chair. Followed up on costs of transportation, lodging and registration of each faculty request. Notified all recipients. Organized additional research requests and awards with remaining funds. Worked with Gary Rago to design, develop, and implement a new interactive spreadsheet to be used. Added a column to spreadsheet of monies actually spent as opposed to requested so that the Faculty Development Committee could retain unused funds to be spent. Organized and presented faculty awards.

2017-2018 Faculty Development & Scholarship Committee Member.

09/2016-06/2018 Faculty and Personnel Affairs Committee, University Senate.

09/2016-06/2018 University Senate, appointed, Camden-Rutgers, Representative at Large.

2015-2016 Campus Climate Survey Advisory Board on Sexual Assault.

09/2015-06/2017 Long Range Planning Committee, Rutgers-Camden School of Nursing.

Service to the Community

2021 Rutgers University School of Nursing Camden Faculty Practice Volunteer, mindfulness based-psychotherapy through telehealth for woman at Ablett Village, Housing Authority, public housing in Camden, New Jersey.

2021 Rutgers University School of Nursing-Camden, volunteer mindfulness based coping groups for homeless veterans at The Volunteers of America Homeless Shelter. Camden, New Jersey.

2019-2020 Certified as a Mental Health First Aid Instructor and Co-Led five Mental Health First Aid workshops for staff, faculty, students, and Camden Partners.