

# Nancy M. H. Pontes, PhD, RN, FNP-BC, FNAP, FAAN

## Title and Address:

Associate Professor  
Director, School Nurse Program  
Rutgers, The State University of New Jersey  
School of Nursing--Camden  
530 Federal Street  
Camden, NJ 08102-1508

## Contact Information:

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Twitter: @NancyPontes

Teaching Portfolio: <https://people.camden.rutgers.edu/npontes/>

Google scholar: <https://scholar.google.com/citations?hl=en&user=z-ztUPoAAAAJ>

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## Education

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### Highest Earned Degree

Ph.D. in Nursing, Columbia University, New York, NY, Nursing, 2003

### Dissertation

"If I cry less, I can have more playdates": Mothers' experiences with time famine, Dissertation committee: Mary Byrne, Ph.D., N.P., F.A.A.N. (Advisor), Elizabeth Lenz, Ph.D., F.A.A.N., & Mindy Fullilove, M.D.

### Other Earned Degrees

M.S. in Nursing, University of Florida, Gainesville, FL., 1994

B.S. in Nursing, Pensacola Christian College, Pensacola, FL., 1985

### Certificates and Licenses Held

Registered Professional Nurse # 26NR08369100 (NJ)

ANCC Nationally Certified Family Nurse Practitioner (FNP-BC)

Certified Family Nurse Practitioner #26NN08369100 (NJ)

DRCC, Disaster Response Crises Counselor (NJ)

AACN Nationally Certified Critical Care Registered Nurse 1988 – 1998 (CCRN)

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## Honors and Awards

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### Professional Awards and Honors

*CARES Award for "Research,"* Institute for Nursing (IFN), 2021

*Clement A. Price Human Dignity Award,* Rutgers University, Committee to Advance Our Common Purposes, 2020

*Fellow of the American Academy of Nursing (FAAN),* American Academy of Nursing, 2019

*Chancellor's Civic Engagement Award for Community Engaged Scholarship,* Rutgers University, 2019

*Volunteer Group of the Year, (ECL Spanish, related to DOE grant work),* Salvation Army, Ray & Joan Kroc Center, Camden, NJ 2019

*ENRS/Nursing Research Authorship Award,* Eastern Nursing Research Society (ENRS), 2019

*Innovations in the Continuum of Care Award,* Organization of Nurse Leaders of New Jersey (ONL), 2018

*AACN Innovations in Professional Nursing Education Award* (school award for DOE grant work), American Association of Colleges of Nursing, 2018

*Distinguished Fellow and Practitioner of the National Academies of Practice,* Nursing Division, 2017

*Honorary Nursing Excellence Award in College Health, New Jersey College Health Association, 2013*

*Honor Society of Nursing Inductee, Sigma Theta Tau International, 1991*

*Bayard & Arthur Fawcett Scholarship for Nursing Excellence, 1991, 1990*

*DHEW Traineeship Award, Department of Health, Education, and Welfare (1990, 1989, 1988)*

## **Fellowships/Assistantships**

Civic Engagement Faculty Fellow,

*Rutgers-Camden, Office of Civic Engagement, 2018*

Faculty Research Fellow,

*Rutgers University, Community Leadership Center, 2017 - Present*

Digital Teaching Fellow,

*Rutgers-Camden, College of Arts and Sciences, 2016*

PHLIER Fellow, Public Health Leadership Initiative in Emergency Response (PHLIER) 2006 - 2007

*University of Medicine and Dentistry of NJ (UMDNJ) - NJ Center for Public Health Preparedness*

Columbia University Doctoral Research Assistantship

*Columbia University, funded by W. K. Kellogg Foundation, 1997-2001*

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## **Research Interests**

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### **Professional Identification**

Nationally Board-Certified Family Nurse Practitioner (FNP-BC)

Fellow of the American Academy of Nursing (FAAN)

Fellow and Practitioner of the National Academies of Practice (FNAP)

Disaster Response Crises Counselor (DRCC)

### **Description of Research and Scholarly or Creative Objectives**

The overarching research focus is to explore social determinants of health and well-being among youth and families. The primary focus is secondary analysis of the nationally representative Youth Risk Behavior Survey (YRBS) to explore victimization, suicidality, substance use and weapon-carrying among U.S. high school students (YRBS) by gender and race/ethnicity.

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## **Employment History**

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### **Positions Held**

Rutgers, The State University of New Jersey, School of Nursing--Camden

- 2021 – Present Associate Professor of Nursing
- 2021 – 2022 Director, School Nurse Program
- 2020 – 2022 Co-Director, Spanish for Health Professions Program
- 2015 - 2021 Assistant Professor of Nursing
- 2016 - 2018 FNP Faculty Practice, Project Hope at Cathedral Kitchen
- 2013 - 2015 Assistant Dean of Faculty Practice & Director Rutgers/LEAP School Health Center

Rowan University

- 2010 - 2012 Adjunct Professor of Nursing
- 2007 - 2010 Assistant Vice President for Health and Wellness
- 2004 - 2006 Director/FNP, Student Health Services

Columbia University, School of Nursing

- 2001 - 2003 Per Diem Research Assistant, CAPNA Project
- 1997 - 2001 Doctoral Research Assistant, Center for Advanced Practice Nurse Associates (CAPNA) Project

New York University, Department of Nursing

- 1996 - 1997 Associate Research Scientist & FNP/Practice Director, Midtown Community Court Project

University of Medicine and Dentistry of New Jersey

- 1994 - 1996 Instructor of Nursing, Graduate Programs

University of Florida, School of Medicine

- 1991 - 1993 Nurse Practitioner & Pediatric Urology Case Coordinator

Shand's Teaching Hospital, Gainesville, FL

- 1988 - 1993 Per Diem Critical Care Registered Nurse (CCRN),

St. Mary's Hospital, West Palm Beach, Florida

- 1985 - 1988 Registered Nurse for Critical Care Units (also Per Diem till 1991)

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## **Funding**

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### **Externally Funded Research and/or Training Grants**

2016-2020 (Award# P016A160081, Total Project amount: \$566,832)

Title: "Undergraduate International Studies and Foreign Languages. Department of Education, Undergraduate International Studies and Foreign Language (UISFL) Program. This funding helped advance the study of Spanish for Health Professionals and the development of a nationally recognized comprehensive certificate program. This grant funding helped expand School of Nursing study abroad courses in Spanish-speaking countries.

Pontes, Nancy M. H., Role: Principal Investigator

### **Internally Funded Research and/or Training Grants**

2021: USAID, International Faculty Research Mentor, Amount \$2500, Part of the Rutgers USAID grant for developing a Higher Education Center on Ethics, Equity and Transparency in Paraguay

2020: Rutgers Global Health Institute Faculty Mentor, Amount \$7900, *Student IDEA Case Competition: COVID-19 Inequities in New Jersey*

2018: Principal Investigator, Amount \$1500, *Summer Doctoral Research Assistant*

2018: Principal Investigator, Amount: \$1000, *Open and Affordable Textbooks Grant*

2017: Principal Investigator, Amount \$5000, *Summer Research Award*

2017: Principal Investigator, Amount: \$1,000, *International Studies and Program Grant*

2016: Principal Investigator, Amount \$5000, *Summer Research Award*

2015: Principal Investigator, Amount: \$5000, *Research start-up funds Award*

2015: Principal Investigator, Amount: \$35,000, *Community Leadership Center, Faculty Practice*

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## **Doctoral Students Supervised**

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### **Chair, Doctoral Student Committee:**

Baneet Sawhney, "Hypertension education in a faith-based setting," *Graduated, 2020*

Rebecca Bryan, "We've been asking the wrong questions: Incorporating adverse childhood experiences knowledge into nursing curricula," *Graduated*, 2018.

#### **Member, DNP Doctoral Student Committee:**

Tracey Nagle, "Using an ACE-informed lens in pediatric primary care," *Graduated* 2021

Sangita Pudasainee-Kapri, "CDC's Youth Risk Behavior Survey." *Graduated*, 2020

Raquel Zaborowski, "The effect of diabetic self-management education on perceived self-efficacy in patients with type 2 diabetes mellitus," *Graduated*, 2020

Ravina Chawla, "Condom use and education targeting the college student population," *Graduated December 2018*.

Stephanie Gerace, "The assessment and management of psychological barriers to adherence in Primary Care Patients with Type 2 Diabetes Mellitus: A DNP Practice Improvement Project," *Graduated* 2018.

Kimberly Geria, "Application of a modified version of the Diabetes Prevention Program with adolescents," *Graduated Spring 2016*.

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## **Publications**

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### **Articles in Refereed Journals**

**Pontes**, N. M. H., Thompson, S., Saffold, Tyshaneka., & Pontes, M. C. (Submitted July 2021). Additive interactions between forced sex and depressive symptoms and suicidality: YRBS 2001-2017.

Strohacker, E., **Pontes**, N. M. H., & Pontes, M. C. F. (Submitted June 2021). Interactions between forced sexual intercourse victimization and gender on violent behaviors: YRBS 2017-2019.

**Pontes**, N. M. H., Strohacker, E., & Pontes, M.C. (2021). Effects of bullying victimization on illicit substance use are greater in US female adolescents: YRBS 2011-2017, *Crime and Delinquency*. (Published ahead of print).

**Pontes**, N. M. H & Pontes, M. C. (2021). Sex differences in the relationship between prescription opioid misuse and gun and other weapon-carrying behaviors. *Drug and Alcohol Dependence*, 221, 108596-108604. <https://doi.org/10.1016/j.drugalcdep.2021.108596>

**Pontes**, N. M. H., Williams, W. M., & Pontes, M.C. (2021). Interactions between race/ethnicity and gender on physical activity among US high school students: Youth Risk Behavior Survey 2011-2017, *Journal of Pediatric Nursing*, 60, 100-108. <https://doi.org/10.1016/j.pedn.2021.02.013>

**Pontes**, N. M. H., Ayres, C., Wunnenberg, M. & Pontes M. C. (2021). Gender disparity in the relationship between prescription opioid misuse and depressive symptoms and suicidality among US high school students. *Nursing Outlook*, 69(4), 641-65. <https://doi.org/10.1016/j.outlook.2021.01.006>.

**Pontes**, N. M. H., & Pontes M. C. (2021). Multiplicative and additive interactions between school bullying victimization and Gender on Weapon Carrying among US High School Students: Youth

Risk Behavior Survey 2009 to 2017. *Journal of Interpersonal Violence*. 36(19-20).  
<https://doi.org/10.1177/0886260519877945>

- Laguna, A. G. & **Pontes**, N. M. H. (2020). Improving health equity and patient safety through innovative holistic Spanish Education for Nurses and Health Professionals. *Estudios del Desarrollo Social: Cuba y América Latina*, 8(4) (Journal of Social Development Studies: Cuba and Latin America—Special Issue: 500th Anniversary of La Habana).
- Nickitas, D. & **Pontes**, N. M. H. (2020). Around the corner, across the globe: developing global citizens through civic engagement. *Metropolitan Universities*. 31(2), 53-70. doi: 10.18060/23813
- Pontes**, N. M. H., Ayres, C. G., & Pontes, M. C. (2020). Trends in depressive symptoms and suicidality: Youth Risk Behavior Survey 2009 – 2017. *Nursing Research*, 69(3), 176-185. doi: 10.1097/NNR.0000000000000424
- Pontes**, N. M., Ayres, C. G., & Pontes, M. C. F. (2018). Additive interactions between gender and bullying victimization on depressive symptoms and suicidality: Youth Risk Behavior Survey 2011-2015. *Nursing Research*. doi: 10.1097/NNR.0000000000000310
- Pontes**, N. M., Ayres, C. G., Lewandowski, C., & Pontes, M. C. F. (2018). Trends in bullying victimization among US high school students. *Journal of Research in Nursing and Health*, 41, 243-251. doi: 10.1002/nur.21868
- Ayres, C. G. & **Pontes**, N. M. (2018). Use of theory to examine health responsibility in urban adolescents. *Journal of Pediatric Nursing*, 38, 40-45. doi: 10.1016/j.pedn.2017.09.011
- Ayres, C. G., **Pontes**, N. M., & Pontes, M. C. (2017). Factors related to substance use among U.S. high school adolescents. *Journal of Nursing Practice Applications and Reviews of Research*. 7(1), 40-49. Doi.org/10.13178/jnparr.2017.0701.0706
- Ayres, C. G., **Pontes**, N. M. & Pontes, M. C. (2016). Understanding the non-medical use and abuse of prescription medications in U.S. high school adolescents. *Journal of School Nursing*, 1-8. DOI: 10.1177/1059840516677322
- Pontes, M. C. & **Pontes**, N. M. (2013). Undergraduate students' preference for distance education by field of study. *Online Journal of Distance Learning Administration*, 16(2).
- Pontes, M. C. & **Pontes**, N. M. (2012). Distance education enrollment is associated with greater academic progress among first generation low-income undergraduate students in the US in 2008. *Online Journal of Distance Education Administration*, 15(1).
- Pontes, M. C. & **Pontes**, N. M. (2012). Enrollment in distance education classes is associated with fewer enrollment gaps among nontraditional undergraduate students in the US. *Journal of Asynchronous Learning Networks*, 16(1), 79-89.
- Pontes, M. C., Hasit, C., **Pontes**, N. M., Lewis, P. A., & Siefiring, K. T. (2010). Variables related to undergraduate students' preference for distance education classes. *Online Journal of Distance Education Administration*, 13(2).

- Pontes, M. C., **Pontes**, N. M., & Lewis, P. A. (2009). Health insurance sources for nonelderly patient visits to physician offices, hospital outpatient departments, and emergency departments in the United States. *Hospital Topics*, 87(3), 19-27.
- Pontes, M. C., **Pontes**, N. M., Tashiro, S., & Lewis, P. A. (2008). Effects of diabetes, patient age, and health insurance provider on the number of drugs ordered or provided per physician visit in the USA. *International Journal of Pharmaceutical and Healthcare Marketing*, 2(2), 143-153.
- Lenz, E. R., Mundinger, M., Hopkins, S., **Pontes**, N. M. H., & Lin, S. (2005). Context of care or provider training: The impact on preventive screening practices," *Preventive Medicine*, 40(6), 718-24.
- Pontes, M. C. F. & **Pontes**, N. M. H. (2005). De-biasing effects of education about appropriate antibiotic use on consumers' preferences for physicians. *Health Care Management Review*, 30(1), 9-16.
- Pontes, M. C. F. & **Pontes**, N. M. H. (2003). To treat or not to treat: Evidence for a treatment bias when consumers evaluate physicians. *Health Marketing Quarterly*, 20(4), 43-61.
- Pontes, N. M. H. (2003). "If I cry less, I can fit in more play dates": Mothers' experiences with time famine. *Dissertation Abstracts International*.
- Pontes, M. C. F. & **Pontes**, N. M. H. (1998). Age differences in the effects of patient involvement with treatment decisions on consumer inferences in health care. *Proceedings of the Society for Consumer Psychology, 1998 Winter Conference Proceedings*, 180-82.
- Pontes, M. C. F. & **Pontes**, N. M. H. (1997). Variables that influence consumers' inferences about physician ability and accountability for adverse health outcomes. *Health Care Management Review*, 22(2), 7-20.

## Works in Progress

- Pontes**, N. M. H., Linz, S., Atkins, R., Wunnenberg, M., Williams, W., Pontes, M.C. F. (In Progress) Gender Disparity in the Relationship between Physical Activity on Depressive Symptoms, Suicidal Ideation, and Suicide Attempts: Youth Risk Behavior Survey 2011-2017
- Pontes**, N. M. H., Salomone, A., & Mattioli, A. (In Progress). Learning abroad among Guatemalan highlanders: Using narrative inquiry to analyze students' web-based reflections.
- Pontes**, N. M. H. (In progress). A phenomenological exploration of time famine.
- Johnson, S., Atkins, R., Perron, T., Jakubowski, T., Cresse, N., **Pontes**, N.M.H., Pena-Cardinali, V., Dugan, CM., Dertouzos, C., Kishen, A., Powell, T., Deatrck, J. (In Progress) Beliefs and willingness to participate in genetic sampling in Low-Income, Hispanic/Latino mothers at risk for depression.
- Atkins, R., Kelly, T., Johnson, S., Deatrck, J., Wunnenberg, M. Joseph, P. Pudasainee-Kapri, S., Gage, G., **Pontes**, N., Williams, W. (In Progress) Salient beliefs and willingness towards participating in genetic salivary testing in a multi-ethnic sample of mothers at-risk for Depression.

## Scholarship Other

Research Manuscript Reviewer: Research in Nursing and Health (2020 to Present)

Research Manuscript Reviewer: Nursing Outlook (2020 to Present)

Abstract Reviewer: American Public Health Association Annual Meeting, School Health Education and Services program (2020 to Present)

Research Manuscript Reviewer: Journal of School Nursing, (2019 to Present)

Research Abstract Reviewer: Sigma Theta Tau International Conference (2018 to Present)

Consultant: *Infusion of Population Health into School Nurses Certificate Curricula* (2017-2018). Funded by Robert Wood Johnson Foundation grant.

Contributor: Mosby, Inc. (2016). *Mosby's Dictionary of Medicine, Nursing and Health Related Professions (10th Ed.)*. M. T. O'Toole (Ed.). St. Louis, Ms.: Elsevier.

Contributor: Uphold, C. R. & Graham, M. V. (1998). *Clinical Guidelines in Family Practice (3<sup>rd</sup> Ed.)*. Gainesville, FL: Barmarrae Books.

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## Conference Presentations, Lectures, Demonstrations

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### Refereed Presentations

**Pontes, N. M. H. & Pontes, M. C. F.** (2020). Gender disparity in the relationship between school weapon victimization and gun carrying among US high school students: YRBS 2017. *APHA 2020 — Creating the Healthiest Nation: Preventing Violence*. (Submitted for Presentation, October 24-28)

**Pontes, N. M. H. & Laguna, A.** (2020). Improving health equity through Spanish for health professions education. *NLN Education Summit*, (Poster Presentation, September 23-25, Orlando, Florida).

Nickitas, D., & **Pontes, N.** (2020). Around the corner, across the globe: developing global citizens through civic engagement. *Nursing Mutual Aid 2020 Twitter Conference*, April 30, 2020

**Pontes, N. M. H., Linz, S., Kelly, T., Atkins, R., & Pontes, M. C. F.** (2020). The Relationship between Physical Activity by Gender on Suicidal Ideation, Suicide Attempts and Suicide Attempts Requiring Treatment: Youth Risk Behavior Survey 2011-2017. *32<sup>nd</sup> Annual ENRS Scientific Sessions*. (Paper Presentation)

Atkins, R., Kelly, T., Johnson, S., Gage, G., Joseph, P., Wunnenberg, M., Cresse, N., **Pontes, N.**, & Deatrick, J. Factors that impact genetic (DNA) testing in multi-ethnic mothers from under-resourced communities. (2020). *Nursing Research*, 69(3), E40-E40.

Atkins, R., Kelly, T., Johnson, S., Gage, G., Joseph, P., Williams, W., Wunnenberg, M., Cresse, N., **Pontes, N.**, & Deatrick, J. (2020). Beliefs and Willingness to Participate in Genetic sampling in Low-Income, Hispanic/Latino Mothers at Risk for Depression. *32<sup>nd</sup> Annual ENRS Scientific Sessions*. (Poster Presentation)

**Pontes, N. M. H., Ayres, C. G., & Pontes, M. C.** (2018). Additive interactions between gender and linear trends for depressive symptoms, suicidal ideation and suicide attempts among US High School

Students: YRBS 2009-2017. Accepted (but not presented) *AAN Advanced Methods Conference, October 2019*

- Pontes, N. M. H. & Pontes, M. C. F.** (2019) Electronic bullying and weapon carrying among US students. (*ePoster AAN Conference, October 2019*)
- Pontes, N. M. H., Linz, S., Kelly, T., Atkins, R.** (2019) Gender effects of physical activity on suicide attempts. (*ePoster AAN Conference, October 2019*).
- Atkins, R., Kelly, T., Johnson, S., Gage, G., Joseph, P., Williams, W., Wunnenberg, M., Cresse, N., **Pontes, N., & Deatricks, J.** (2019). Beliefs and willingness to participate in genetic (DNA) sampling in low-income and ethnic minority mothers at risk for depression. (*ePoster AAN Conference, October 2019*).
- Nickitas, D. & **Pontes, N. M. H.** (2019). Around the corner, across the globe: developing global citizens through civic engagement. *Coalition of Urban and Metropolitan Universities (CUMU) Annual Conference*, Philadelphia, PA. (Podium Presentation).
- Pontes, N. M. H., & Pontes, M. C** (2019). The effects of school bullying victimization and gender on weapon Carrying among US High School Students: A Comparison of Statistical Analyses. *International Council of Nurses, Singapore* (Podium Presentation).
- Pontes, N. M. H., & Pontes, M. C** (2019). Comparison of multiplicative and additive interactions between school bullying victimization and gender on weapon carrying among US high school students. *Eastern Nursing Research Society (ENRS) 31<sup>st</sup> Annual Scientific Sessions*, Rhode Island (Paper Presentation).
- Chowla, R., Janice B., & **Pontes, N.** (2019). Assessing college students' knowledge of sexually transmitted diseases and intention to engage in safer sexual experiences: A DNP practice improvement project. *Eastern Nursing Research Society (ENRS) 31<sup>st</sup> Annual Scientific Sessions*, Rhode Island (Poster Presentation).
- Pontes, N. M. H. & Pontes, M. C. F.** (2018). The association between sexual activity and school violence by gender among US high school students: Youth Risk Behavior Survey 2009-2015. *Sigma Theta Tau International's 29th International Nursing Research Congress, Melbourne, Australia* (Paper Presentation).
- Pontes, N. M. H. & Salomone, A.** (2018) Learning abroad among Guatemalan Highlanders: Using narrative inquiry to analyze students' web-based reflections. *NETNEP 7<sup>th</sup> Annual International Nursing Educational Conference, Banff, Canada*. (Paper Presentation).
- Pontes, N. M. H., Ayres, C. G., & Pontes, M. C** (2018). The effects of bullying victimization on depressive symptoms and suicidality are significantly greater among female than male US high school students. *Eastern Nursing Research Society (ENRS) 30<sup>th</sup> Annual Scientific Sessions*, Newark, NJ. (Paper Presentation)
- Pontes, N. M. H., Ayres, C. G., & Pontes, M. C** (2018). Trends in depressive symptoms and suicidality among US high school students. *Eastern Nursing Research Society (ENRS) 30<sup>th</sup> Annual Scientific Sessions*, Newark, NJ. (Paper Presentation)



- Pontes, N. M.H. & Beitz, J. (2018).** Time famine: A phenomenological study. *Eastern Nursing Research Society (ENRS) 30<sup>th</sup> Annual Scientific Sessions*, Newark, NJ. (Poster Presentation)
- Ayres, C. G. & **Pontes, N. M. H. (2018).** Use of theory to examine health responsibility in urban adolescents *Eastern Nursing Research Society (ENRS) 30<sup>th</sup> Annual Scientific Sessions*, Newark, NJ. (Poster Presentation)
- Pontes, N. M. H., Ayres, C. G. & Pontes, M. C. (2017).** The association between school-related victimization, depressive symptoms and suicidality among U.S. high school students. *Sigma Theta Tau International's 28th International Nursing Research Congress*, Dublin, Ireland. (Paper Presentation)
- Ayres, C. G. & **Pontes, N. M. H. (2017)** Factors influencing the health practices of adolescents. *International Council of Nurses: "Nurses at the Forefront Transforming Care,"* Barcelona, Spain. (Paper Presentation).
- Pontes, N.M.H., Ayres, C. G. & Pontes, M. C. (2017).** Trends in depressive symptoms and suicidality among U.S. high school students. *International Council of Nurses: "Nurses at the Forefront of Transforming Care,"* Barcelona, Spain. (Poster presentation)
- Pontes, N. M. H., Ayres, C. G. & Pontes, M. C. (2017)** Trends in electronic bullying and school-related victimization among US high school students. *Eastern Nursing Research Society (ENRS) 29<sup>th</sup> Annual Scientific Sessions*, Philadelphia, PA. (Paper Presentation)
- Pontes, N. M. H., Ayres, C.G., & Pontes, M.C. (2016).** The association between electronic bullying victimization and psychological distress among US adolescents. *Sixth World Nursing and Health Care Conference*, London, U.K. (Paper Presentation)
- Pontes, N. M. H., Ayres, C. G., & Pontes, M. C. (2016).** Path analysis of the relationships between social support, interpersonal relations & perceived health in urban adolescents, *Sigma Theta Tau International's 27th International Nursing Research Congress*, Cape Town, South Africa. (Paper)
- Pontes, I. M., Pontes, N. M. H., Lewandowski, C., & Pontes, M. C. (2016)** Analysis of High School Bullying Victimization Rates in the US (2011 and 2013),” *Northeastern Association of Criminal Justice Studies*, Roger Williams University, Rhode Island. (Paper Presentation)
- Pontes, N. M. H. & Pontes, M. C. (2015).** “The Digital Divide: Racial and Ethnic Differences in U.S. Mobile Phone Use to Access Online Health Information,” *Sigma Theta Tau International's 26th International Nursing Research Congress*, Puerto Rico. (Paper Presentation)
- Pontes, N. M. H. & Pontes, M. C. (2014). The relationship between ADHD and school attendance, school behavior and school performance. *Sigma Theta Tau International's 25th International Nursing Research Congress*, Hong Kong. (Paper Presentation)
- Pontes, N. M. H., Pontes, M. C., & Bonilla-Santiago, G. (2014). The relationship between asthma and school attendance, school behavior and school performance. *Eastern Nursing Research Society, 26<sup>th</sup> Annual Scientific Sessions*, Philadelphia, PA. (Paper Presentation)
- Pontes, M. C. & Pontes, N. M. (2011). Relationship between health insurance, family income, and the burden of out-of-pocket expenses for Rx drugs in the US. *Association of Collegiate Marketing Educators Annual Conference 2011*, Houston, Texas. (Paper Presentation)

- Negro, P., Pontes, N. M. P. & Pearce, A. (2008). Re-applying the social norms theory: Reducing bullying and substance use *American College Health Association*, Orlando, Florida. (Poster Presentation)
- Pontes, N. M. H. (2008). The time famine: Excessive consumption and waste. *Focus the Nation (Global Warming Solution for America)*, Glassboro, New Jersey. (Podium Presentation)
- Pontes, M. C., Pontes, N. M., Tashiro, S., & Lewis, P. A. (2008). U.S. estimates of physician visits for diabetes by age, expected source of payment, and practice setting. *Annual Meeting of MBAA International*, Chicago, Illinois. (Paper Presentation)
- Pontes, M. C., Pontes, N. M., Lewis, P. A., & Tashiro, S. (2008). U.S. estimates of prescription drug mentions during diabetes and non-diabetes physician visits. *Annual Meeting of MBAA International*, Chicago, Illinois. (Paper Presentation)
- Pontes, M. C. F. & Pontes, N. M. H. (2004) To treat or not to treat: Debiasing effects of patient education about appropriate antibiotic use on physician preferences. *CDC "Get Smart" Conference*, Atlanta, Georgia. (Poster Presentation)
- Pontes, M. C. F., Pontes, N. M. H., Lewis, P. A., & Zhu, F. X. (2003). To treat or not to treat: Effect of aggressive treatment versus watchful waiting on consumers' inferences about physicians. *39<sup>th</sup> Annual MBAA meeting, (New Realities and New Challenges)*, 108. (Paper Presentation)
- Pontes, N. M. H., Lenz, E. R., & Totten, A. M. (1999). Symposium: A quality improvement approach to evaluating an emerging NP practice. *Eastern Nursing Research Society Annual Research Conference*, New York. (Symposium of three podium presentations)
- Pontes, M. C. F. & Pontes, N. M. H. (1998). Age differences in the effects of patient involvement with treatment decisions and of consumers' general opinions about physicians on consumer inferences in health care", *Advances in Consumer Research*, **25**, 84. *1997 Association for Consumer Research Conference*. (Paper Presentation)
- Pontes, N. M. H. (1998). Self-medication practices of peri-menopausal women. *Conference Presentation at the Columbia School of Nursing Alumni Conference*, New York, NY. (Podium Presentation)
- Pontes, N. M. H., Lloyd, M., & McGivern, D. (1997). Midtown Community Court Health Center project. *New York State Nurses' Association Conference*, Rochester, NY. (Podium Presentation)
- Pontes, N. (1997). The Midtown Community Court Health Center project. *22<sup>nd</sup> National Primary Care Symposium*, Keystone, CO. (Poster Presentation)
- Pontes, N. M. H., Lloyd, M., Wright, F., & McGivern, D. (1997). Midtown Community Court Health Center: Serving vulnerable populations in a New York City criminal court". *23<sup>rd</sup> Annual Meeting: National Organization for Nurse Practitioner Faculty*, Albuquerque, NM. (Symposium of 3 podium presentations)
- Pontes, M. & Pontes, N. M. H. (1996). Variables that influence consumers' inferences about physician ability and accountability for adverse health outcomes. *Association for Consumer Research Conference*, Atlanta, GA. (Paper presentation)

Pontes, N. (1994). Variables that influence the initiation of the signal alarm device in nocturnal enuresis. *NPACE, Boston, MA.* (Poster Presentation)

## Invited Presentations

**Pontes, N. M. H. (2020).** Cannabidiol (CBD): what nurses need to know. *New Jersey Nursing Student, Inc. 68<sup>th</sup> Annual Convention*, Atlantic City, NJ.

Laguna, A. & **Pontes, N. M. H. (2019).** Improving health equity and patient safety through innovative holistic Spanish education for nurses and health professionals. *Fourth Annual Rutgers University and University of Havana Collaboration Conference: The Evolving of a New Economy, Science, and Society of Cuba: Challenges and Opportunities.* Habana, Cuba

**Pontes, N. M. H. & Pontes, M. C. F. (2019).** Accessing publicly available data sources. Conference on Leveraging Data for Population Health: Community and Academic Partnerships, *Walter Rand Institute*, Camden, NJ. (Workshop Presentation)

**Pontes, N. M. H. (2019).** Bullying Victimization as a Pathway to Suicidality among US High School Students. *New Jersey Nursing Student, Inc. 67<sup>th</sup> Annual Convention*, Atlantic City, NJ.

**Pontes, N.M.H., Ayres, C. G. & Pontes, M. C. (2018).** Trends in depressive symptoms and suicidality among U.S. high school students. Annual Conference and Meeting in Cuba: Universities as Anchors in Sustaining Community and Economic Development. Sponsors: *Rutgers University, University of Havana, University College of San Geronimo, Faculty of Latin American Social Sciences (FLACSO) & Institute of International Education (IIE).* Varadero, Cuba. (Poster presentation)

**Pontes, N. M.H. (2018).** Time famine: A phenomenological study. Annual Conference and Meeting in Cuba: Universities as Anchors in Sustaining Community and Economic Development. Sponsors: *Rutgers University, University of Havana, University College of San Geronimo, Faculty of Latin American Social Sciences (FLACSO) & Institute of International Education (IIE).* Varadero, Cuba. (Poster Presentation)

Bonilla-Santiago, G., **Pontes, N. M. H. & Garcia, W. (2017).** El modelo LEAP: Enfoque holístico de bienestar para la familia y comunidad. *4to Encuentro de Ciencias Farmacéuticas y Alimentarias “ECFA 2017” y el 1er Taller Estudiantil de Ciencias Farmacéuticas y Alimentarias.* Havana, Cuba.

Pontes, N. M. H. (2017). Human trafficking: Identification, advocacy and call to action for nurses. *New Jersey Nursing Student, Inc. 65<sup>th</sup> Annual Convention*, “Saving Lives, Inspiring Minds,” Atlantic City, NJ.

Pontes, N.M.H. (2016). The association between electronic bullying victimization and psychological distress among US Adolescents. *Rutgers University Chancellor's New Faculty Research Symposium*, Camden, NJ

Pontes, N. M. H. (2015). Conflict Resolution. *Live, online (Vsee) presentation for registered nurses, physicians and other health care providers in Cairo, Egypt.*

Pontes, N. M. H. (2014). Human trafficking. *Invited presentation for population health course (nursing students) at Drexel University*, Philadelphia, PA.

## Other Presentations, Interviews, Lectures, Expert Panels & Demonstrations

- Pontes, N. M. H. (May 25, 2020). Advice for Parents during COVID: Dealing with Anxiety in Children. *NBC 10*.
- Pontes, N. M. H. (April 24, 2020). Parent Tips: How to Help Kids Cope with Anxiety during COVID. *NBC10/Telmundo62*.
- Pontes, N. M. H. (October 23, 2019). Bullying awareness month: bullying advice for parents and schools. *PH17 Television Interview*.
- Pontes, N. M. H. (2019). Recording for video to be featured on the new Rutgers.edu website to be launched December 2019. Rutgers University Communications and Marketing Production.
- Pontes, N. M. H. (2019). *RU Sustainable Camden!* Rutgers Global, Rutgers Sustainability Committee, Rutgers Sustainability Coalition (*Facilitator for Sustainable Development Goal #3*)
- Pontes, N. M. H. (2019). *Using Faculty as a Resource* workshop. Student Success Coach Office, Rutgers University, Camden NJ.
- Pontes, N. M. H. (2018). “Gauze” Film Screening and Global Health Panel. Rutgers University, Camden. (Panel Participant).
- Atkins, R., Atkins, R., Jackson, K., Pontes, N.M.P., & Saffold, T. (2018) Let’s talk healthy communities: Addressing health equity and creating opportunities for healthier communities. Rutgers University, Camden: Center for the Arts and School of Nursing. (Presentation and Panel discussion)
- Pontes, N. M.H. (2014) Sexual health, nutrition and hygiene education (15 presentations) for elementary, middle and high school students. *Faithseeders STEM and Health Education Team: "Empower Me"*, Jamaica, West Indies.
- Pontes, N. M. H. (2014) Dwelling versus doing: Finding rest in the midst of time famine. *Faithseeders: Girls Going Higher Retreat*, Spring Lake, NJ.
- Pontes, N.M.H. (2013-2015) Sexual Health, nutrition and other health-related topics. *Over 60 invited presentations and trainings given to students, staff and parents of the LEAP Academy University Charter School*, Camden, NJ
- Pontes, N. M. H., Rubenstein, D., & Negro, P. (2009, 2010). RU parents ready to STEPUP? *Presentations for parents at Freshman Orientations addressing key health and wellness issues facing college students*, Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (2009). Pandemic influenza preparedness and response. *Invited presentations and trainings to the university community during H1N1/09 Pandemic Influenza*, Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (2005-2011) STD “Roulette”, “Spin the Bottle” and “First-Aid”. *Numerous invited presentations to students living in campus housing using interactive games and discussion to educate about health and wellness Topics*, Rowan University, Glassboro, NJ

- Pontes, N. M. H. (2008-2010) "How to be SELFISH". *Invited health presentation to Resident Directors and Resident Advisors*, Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (2006 – 2010) "RU safe in the sexy city?" *Invited presentation to various academic classes and student groups*, Rowan University, Glassboro, NJ.
- Pontes, N.M.H. (2008-2010) "Casual sex and the brain". *Invited presentation to various academic and non-academic groups of students, staff and faculty*, Rowan University, Glassboro, NJ.
- Pontes, N.M.H. (2006-2009) "Diabetes, not me!" *Invited presentation to high school and college classes and other non-academic groups*, Glassboro High School and Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (December 1999). Integrating botanical therapy into NP practice. *Adult Nurse Practitioner Class Lecture*, Columbia University School of Nursing, New York, NY.
- Pontes, N. M. H. (December 1998). Issues surrounding self-medication practices within the United States. *Health Policy Roundtable*, Columbia University School of Nursing, New York, NY.
- Pontes, N. M. H. (December 1998). Rational phytotherapy for nurse practitioners. *Adult Nurse Practitioner Class Lecture*, Columbia University School of Nursing, New York, NY.
- Pontes, N. M. H. (November 1994). The traditional botanical therapies of the Bolivian curandero. *Lecture Series*, University of Medicine and Dentistry School of Nursing Newark, NJ.
- Pontes, N. (October 1993). A global perspective of international nursing. *Annual Conference of the Florida Student Nurses' Association*, Cocoa Beach, FL.
- Pontes, N. M. H. (October 1993). Pediatric enuresis and encopresis. *Family Nurse Practitioner Class Lecture*, University of Florida College of Nursing, Gainesville, FL.
- Pontes, N. M. H. (May 1993). Enuresis part II: Management of the pediatric dysfunctional 'voider'. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. M. H. (March 1993). Enuresis part I: Management of the hard-to-manage 'sleepwetter'. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. M. H. (June, 1992). Bowel management of myelodysplasia. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. M. H. (March 1992). Urologic management of myelodysplasia. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. (May 1989). Acute burn management. *Con El Medical Team Conference*, Cochabamba, Bolivia.
- Pontes, N. (May 1989). ACLS: Pharmacologic management during cardiac arrest. *Con El Medical Team Conference*, Cochabamba, Bolivia.
- Pontes, N. (April 1989). Health care in Bolivia. *Health Educator's Association of Palm Beach County*, Palm Beach, FL.

Pontes, N. M. H. (July 1988). ACLS: Pharmacologic management during cardiac arrest. *Con El Medical Team Conference*, Santa Cruz, Bolivia.

Pontes, N. (June, 1988) Septic shock management. *Con El Medical Team Conference*, Cochabamba, Bolivia.

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## Teaching Activities

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### Courses Taught

#### Rutgers University

- ABS Wellness and Health Assessment  
Fall 2020
- Improving Population Health Glocally, Undergraduate (ECL)  
Fall 2020, Fall 2021 (*New Course Development*)
- Improving Population Health, Graduate  
Fall 2020, Fall 2021 (*New Course Development*)
- Population Health in Puerto Rico: Caring for the Diverse Needs of a Unique Island Territory.  
Spring 2020 (*New Course Development*)
- Nursing Management and Leadership (ABS Theory)  
Fall 2019, Spring 2020
- Wellness and Health Assessment Lab  
Fall 2019
- Scholarly Seminar III (Doctor of Nursing Practice)  
*Spring 2019\*, Spring 2020, Spring 2021*
- Population Health in Cuba through Sustainable Community Development, Undergraduate  
*Spring 2018\* (New course development), Spring 2019*
- Community Health Nursing/Global Health (Theory), ABS  
*Fall 2017\*, Spring 2017, Fall 2016*
- Health and Healing in Guatemala: A Service-Learning Journey, Undergraduate  
*Spring 2017\*, Spring 2016*
- Wellness and Health Assessment (Theory), Undergraduate  
*Fall 2016, Spring 2021*
- Advanced Health Assessment (Theory & Lab), Graduate  
*Fall 2015*
- Grant supported course buy-out (1 course each)  
*Fall 2015, Spring 2016, Fall 2017, Spring 2018, Spring 2019*
- Sabbatical Leave  
*Fall 2018*

#### Rowan University

- Community Health Nursing/Global Health (Theory & Clinical), RN to BSN  
*Spring 2013, Fall 2010*
- Leadership and Management in Nursing (Theory & Clinical), RN to BSN  
*Spring 2011, Spring 2012*
- Advanced Health and Physical Assessment (Theory & Lab), RN to BSN  
*Fall 2012*

## University of Medicine and Dentistry of New Jersey (UMDNJ)

- Advanced Health and Physical Assessment (Theory & Lab), *Graduate Fall 1994, Fall 1995*
- Pharmacology  
*Summer 1995, Spring 1995*
- Adult Nurse Practitioner IV – Role (Theory & Clinical)  
Fall 1995
- Adult Nurse Practitioner III – Gerontology (Clinical)  
*Spring 1995*
- Adult Nurse Practitioner I (Theory & Clinical)

## Recent Professional Development

### Sigma Theta Tau International, Institute for Global Health Leadership

- *Emerging Global Health Care Leadership Symposium*, London, UK, 2018

### National League for Nurses (NLN)

- *Scholarly Writers Retreat Group, 2017 (Mentor, Leslie Nicoll, PhD, MBA, RN, FAAN, Editor-in-Chief, CIN: Computers, Informatics and Nursing*

### Rutgers University

- *Rutgers Connection Network (RCN) Mentoring Program*, Peer Mentor, 2020-2021
- *OASIS Faculty Leadership and Development Program for Academic Women*, 2018
- *Engaged Civic Learning Fellowship*, 2018
- *Path Analysis Training*, 2017
- *Faculty Mentorship Training*, 2017
- *RAPPS Training*, 2017
- *Integrating Safety into the Curricula & CUSON standards*, 2016
- *Digital Teaching Fellow 2016-2017*
- *Citi Research Training*
- *Management Training 2014-2016*

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## Academic Service

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### National

- Member, National Center for School Safety, School Threat Assessment Task Force, 2020 to Present.

### Rutgers University (University-wide)

- Member, Chancellor's Council on Undocumented Students, 2020 to Present
- Member, President's Task Force on Carbon Neutrality and Climate Resilience, Working Group on Climate Preparedness, 2019 to 2021
- Student Mentor, Student Advisory Board of the Rutgers Global Health Institute, 2019 to Present
- Member, Child Health and Wellbeing Research Group, 2019 to Present
- Faculty Associate, New Jersey Gun Violence Research Center, 2019 to Present
- Core Faculty Member, Rutgers Global Health Institute, 2018 to Present
- Member, Rutgers Global Health Institute Strategic Planning Task Force, 2017 to 2018
- Member, Research Committee for the Cuba Collaboration, 2017 to Present

#### Rutgers University – Camden Campus

- Member, Chancellor’s Advisory Council on Undocumented Students, 2020 to Present
- Member, Learning Abroad/Study Away Committee, 2019 to Present
- Member, Experiential Learning Grant Selection Committee, 2018 to Present
- Chair, Undergraduate International Studies and Foreign Languages DOE/IFLE Grant, Advisory Board, 2015 to Present
- Member, Cuba Research and Education Collaboration Task Force, 2016 - Present
- Member, LEAP Academy Committees (Parent, Curriculum, Health and Wellness) 2013 -2015

#### Rutgers University, School of Nursing – Camden

- Co-Chair, Faculty Organizational Meeting, 2020 to Present
- Member Graduate and Professional Education Committee, 2020 to Present
- Member, School of Nursing, Educational Resources Committee, 2017 to 2019
- Member, Graduate and Professional Programs Committee, 2014-2017
- Member, Faculty Practice Task Force, 2014-Present

#### Rowan University

- Incident Commander, H1N1 Influenza Pandemic, 2009-2010
- Founder and Chair, Sexual Violence Prevention Task Force, 2007-2010
- Member, STAT Strategic Threat Assessment Team 2005-2010
- Member, Vice President’s Council 2007-2010
- Member, CIRT Critical Incident Response Team (Psychological First Aid) 2003-2010
- Member, Latino Network Association 2003 - 2013

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### Global Health Initiatives, Service and Research

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International Research Mentor (2020-Present). As part of USAID grant, I was selected to mentor two faculty from Paraguay’s Universidad Nacional Asuncion to increase ethics, equity and transparency into research. The Research Symposium was November 10 2021 in Asuncion, Paraguay.

Reviewer (2018), *Sigma Theta Tau International Research Congress*, Presentation Abstracts

Varadero, Cuba (2018) 3<sup>rd</sup> Annual Conference and Meeting of the Rutgers Cuba Collaboration in Varadero, Cuba, followed by project visits to Matanzas, Santa Clara, Cienfuegos, Trinidad, and Havana

Learning Abroad Course, (2018, 2019): “Population Health in Cuba through Sustainable Community Development” La Habana, Republic of Cuba.

La Habana, Republic of Cuba (2017). Grant-Funded Travel for a conference presentation and to expand academic partnerships with the University of Havana and the Ministry of Health and preparation for a 2018 learning abroad trip to explore population health through sustainable community partnerships.

Learning Abroad Course (2016, 2017): Health and Healing in Guatemala: A service-learning journey (2016, 2017). Taught and led students to Guatemala’s highlands with Rutgers University International Studies Program and Highland Support Project where we built stoves and provided health screening and education.



“Empower Me”: STEM and Health Education in Jamaica (2015). Provided health education to students in elementary, middle and high School through Faithseeders

Homes of Hope (2011).

House-building project among the poor and underserved populations of Montego Bay, Jamaica.

Hawkins-Lee, B., Ochoa, B. Walker, R.D., and Pontes, N. M. H. (1993). Interviews, examination, family pedigree and laboratory DNA extraction of persons with "Ochoa Syndrome" also called Uro-Fascial Syndrome. Research in collaboration with University of Florida and Universidad de Medellin. Medellin, Colombia

Con El Medical Team (1988, 1989, 1990). Worked peri and post-operative care and follow-up teaching to underserved individuals in Bolivia and teaching medical and nursing personnel at the Universidad de Cochabamba. Cochabamba, Bolivia and Hospital Japonés, Santa Cruz, Bolivia.

South America Mission Medical Team (1982, 1983, 1984). Worked with underserved children with physical and mental disabilities. Assisted with pre- and post-operative care of underserved children receiving orthopedic surgery in Amazonian region, Pucallpa, Peru.

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## **Institutional Membership and Professional Service**

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American Academy of Nurses

- *Fellow & Member*

American Public Health Association, Public Health Nursing and International Health divisions

- *Member*

American Nurses Association & New Jersey State Nurses Association

- *Member*

Eastern Nursing Research Society

- *Member*

International Association for Preparedness and Response

- *Member*

National Academies of Practice

- *Distinguished Practitioner and Fellow*

National Association of School Nurses (NASN)

- Member, National and NJ subchapter

New Jersey College Health Association (NJCHA)

- *Executive Board, 2010 to Present*
- *President, Executive Board, 2009-2010*
- *Vice President & Continuing Education Coordinator, Executive Board, 2006 – 2009*
- *Awards Chair, 2004 -2006*

NJDHSS – New Jersey Disaster Mental Health Services

- *DRCC, Certified Disaster Response Crises Counselor 2010 - Present*

National League for Nursing

- *Member*

Sigma Theta Tau International, Alpha Theta Tau Chapter & Eta Mu

- *Member & Abstract Reviewer*

New Jersey Traumatic Loss Coalition (TLC)/International Trauma Center & Genesis Training Institute

- *Member & Certified in Psychological First Aid and Post-Traumatic Stress Management*

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## **Community Membership and Service**

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Gloucester County Children's Choir (501C3)

- Secretary, Board of Trustees, 2018 - Present
- Member, Board of Trustees, 2016 - Present
- President, Parent Guild, 2016-2017
- Vice President, Parent Guild, 2015-2016
- Parent Guild Member, 2012-2017

Faithseeders (501C3) (Education, Leadership and service in Liberia and Jamaica)

- Member, Trustee Board 2013-2020

Rutgers Choral Singers

- Soprano, Spring 2016

United Methodist Communities at Pitman

- Volunteer Vesper Pianist, 2009 - 2017

Community Church 2008 - 2019

- Worship vocalist
- Sunday school teacher
- Miscellaneous community service