

Mary Wunnenberg

Title and Address:

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Education Highest Earned Degree

Doctor of Education
The University of Alabama
Instructional Leadership in Nursing Education
2017

Dissertation

Other Earned Degrees

Certificates and Licenses Held

Psychosocial Bullying in the Workplace: Exploring Coping Strategies and Intent to Leave Among Nurse Educators in the Northeastern United States
Dissertation Chair: Dr Douglas McKnight

Master of Science in Nursing (Education track), Drexel University, Philadelphia, PA, 2008

Bachelor of Science in Nursing, Stockton University, Pomona, NJ, 2003

Associate in Applied Science, Ocean County College, Toms River, NJ, 1989

ANCC Certified Psychiatric-Mental Health Nurse RN-BC, #2019052893, current

Certified Nurse Educator (CNE), The National League for Nursing, #NLN539374, current

Registered Nurse, State of New Jersey, #09468600, current

Mental Health First Aid Instructor, 2018-ongoing

Honors and Awards

2021

Nominated for the 2021 NLN Mary Adelaide Nutting Award for Outstanding Teaching or Leadership in Nursing Education

Nominated for the Chancellor's Award for Teaching Excellence for Non-Tenure-Track Faculty 2021

Nominated for the Chancellor's Award for Teaching Excellence for Non-Tenure-Track Faculty 2018

Prof

Research Interests Professional Identification

Certified Nurse Educator

ANCC Specialty Certified Psychiatric Mental Health Nurse

Professional Nurse

Objectives

Broadly speaking, my scholarship focuses on integrating feminist care ethics in nursing education, with colleagues, students and vulnerable patient populations. I serve as a consultant for acute care psychiatric facilities in the state, developing research and education initiatives to enhance staff development and ultimately improve patient care outcomes. My educational research focuses on integrating diverse teaching and evaluation methodologies to enhance student learning, clinical teaching, and faculty mentoring.

Employment History Positions Held

2017-ongoing

Clinical Assistant Professor, Rutgers, The State University of NJ, School of Nursing-Camden, NJ

Clinical Instructor, Rutgers, The State University of NJ, School of Nursing-Camden, NJ 2015-2017

2013-2015

RN to BS Program Coordinator (Atlantic Cape campus), Rutgers, The State University of NJ, School of Nursing-Camden, NJ

Adjunct Nursing Faculty, New Jersey City University, Jersey City, NJ 2010-2013

Adjunct Nursing Faculty, Stockton University, Pomona, NJ 2008-2010

2007-2013

Assistant Professor of Nursing (tenured), Atlantic Cape Community College, Mays Landing, NJ

2004-2007

Senior Nursing Laboratory Manager & Simulation Coordinator, Atlantic Cape Community College, Mays Landing, NJ

Assistant Nurse Manager, Meridian Health System, Neptune NJ 1994-1996

Staff Nurse, Meridian Health System, Neptune, NJ 1992-1998

Staff Nurse, Community Medical Center, Toms River, NJ 1989-2009

Staff Nurse, Monmouth Medical Center, Long Branch, NJ 1989-1990

Publications Articles in Refereed Journals

2021

Pontes, N., Linz, S., Atkins, R., **Wunnenberg, M.**, Williams, W., & Pontes, M. *Gender Disparity in the Relationship between Physical Activity on Depressive Symptoms, Suicidal Ideation, and Suicide Attempts: Youth Risk Behavior Survey 2011-2017.*

2021

Atkins, R., Kelly, T., Pontes, M., Jackson, K., Wunnenberg, M., Linz, S., Stellmacher, T., Williams, K., Lewis, H., Davis-Halty, N., & Williams, W. (2021). The effects of a community-based, multicomponent, depression prevention interventions in mothers at-risk. *Western Journal of Nursing Research* (in press).

2021

Pontes, N., Ayres, C., **Wunnenberg, M.**, & Pontes, M. (2021) Gender differences in the relationship between prescription opioid misuse and depressive symptoms and suicidality among US high school students. *Nursing Outlook*. Published online 2021. doi:10.1016/j.outlook.2021.01.006

Wunnenberg 2021, M. & Saffold, T. (2021). (Manuscript under revision) *A feminist ethical practice and its implications for nursing education.*

Ayres, C. A., & **Wunnenberg, M.**, (Manuscript in progress). *Substance use prevention among adolescents and emerging young adults: Understanding social and situational contexts to avoid use.* 2020

Wunnenberg, M. 2020 (Manuscript in progress). *Students' perceptions regarding participation in a Psychiatric Mental Health simulation utilizing standardized patients.*

Wunnenberg, M. 2020 ., (2020). Psychosocial bullying among nurse educators: Exploring coping strategies and intent to leave. *Journal of Nursing Scholarship*, 52(5), 574-582. doi:http://dx.doi.org.proxy.libraries.rutgers.edu/10.1111/jnu.12581

2020

Atkins, R., Kelly, T., Johnson, S., Deatrick, J., **Wunnenberg, M.**, Joseph, P., Pudasainee, S., Gage, G., Pontes, N., & Williams, W. (2020). *Salient Beliefs and Willingness towards Participating in Genetic Salivary Testing in a Multi-Ethnic Sample of Mothers At-Risk for Depression.* Manuscript submitted and under review:

2020

Atkins, R., Luo, R., **Wunnenberg, M.**, Ayres, C. G., Hayes, L., Lipman, T. H., Penna-Cardinali, V., Deatrick, J. (2020). Contributors to depressed mood in black single mothers. *Issues in Mental Health Nursing* 41(1), 38-48, doi:10.1080/01612840.2019.1631414.

2019 M. & Sousou-Coppola, J. *Caring for colleagues: Effective mentoring in nursing education*. Manuscript submitted and under review

Teaching Activities

Courses Taught

58:705:581 Graduate program, Rutgers University

Special Courses Taught

57:705:434 Nursing Management and Leadership theory, Accelerated program, Rutgers University

57:705:407 Nursing Management and Leadership, Traditional program, Rutgers University

57:705:403 Psychiatric Mental Health Nursing theory, Traditional program, Rutgers University

57:705:404 Psychiatric Mental Health Nursing lab, Traditional program, Rutgers University

57:705:412 Community Health Nursing and Global Health lab, RN to BS program, Rutgers University

57:705:405 Community Health Nursing and Global Health lab, Traditional program, Rutgers University

57:705:203 Wellness and Health Assessment, RN to BS program, Rutgers University

57:705:466 Psychiatric Mental Health Nursing theory, Accelerated program, Rutgers University

57:705:467 Psychiatric Mental Health Nursing lab, Accelerated program, Rutgers University

57:705:358 Conceptual Foundations of Professional Practice, RN to BS program, Rutgers University

57:705:414 Nursing Management and Leadership theory, RN to BS program, Rutgers University

57:705:415 Nursing Management and Leadership lab, RN to BS program, Rutgers University

NURS 4335 Professional Nursing in the Community-Psychosocial Nursing, Undergraduate, RN to BSN program, Stockton University

NURS 3902 Psychiatric Nursing, Undergraduate, Stockton University

NURS 410 Psychiatric Nursing, Undergraduate, Accelerated program, New Jersey City University

NURS 402 Obstetrical Nursing, Undergraduate, Accelerated program, New Jersey City University

NURS 402 Pediatric Nursing, Undergraduate, Accelerated program, New Jersey City University

NURS 304 Health Assessment, Undergraduate, Accelerated program, New Jersey City University

NURS 200 Psychiatric Nursing, Undergraduate, Atlantic Cape Community College

NURS 206 Pediatrics and Women's health Nursing, Undergraduate, Atlantic Cape Community College

ALHT 110 Comprehensive Medical Terminology, Undergraduate, Atlantic Cape Community College

2017 - Expanded Montego Bay, Jamaica, international travel abroad pilot program to include the Community Health Nursing and Global Health lab course (57:705:406)

2016 - Developed and piloted the Montego Bay Jamaica learning abroad trip as part of students' clinical experience for the Psychiatric Mental Health Nursing lab course (57:705:404)

Faculty Grant, Rutgers University - Camden, Digital Teaching Fellowship 2016-2017

Faculty Grant, Atlantic Cape Community College, Innovative Technology Grant 2011-2012

Development

Completed the Rutgers-Camden Online Teaching Certificate Program 04/2020-07/2020

Media, and Computer Materials

2018-ongoing

Expanded and implemented video analysis learning activity to include students' assessment of psychiatric symptomatology in patients with a variety of different psychiatric disorders.

2016

Developed and implemented a video analysis learning activity as part of a psychiatric simulation experience to enhance students' critical thinking and assessment skills regarding safety issues in the psychiatric environment.

Invited Addresses

Conference Presentations, Lectures, Demonstrations

2020

Abstract accepted for presentation for at the Global Alliance for Behavioral health and Social Justice Conference (Oct 2020)-- unable to attend due to COVID

2020

Abstract accepted for presentation for the American Psychiatric Nurses Association National Conference (Sept 2020), unable to attend due to COVID

2020

Atkins, R., Kelly, T., Williams, W., Linz, S., Jackson, K., **Wunnenberg, M.**, Stellmacher, T., Lewis, H., & Davis-Halty, N., (2020). Academic-Community Partnerships: A Collaborative Pilot Intervention that Improves Psychosocial Outcomes in Young to Middle Aged Adult Mothers at Risk for Depression. Presented at the Eastern Nursing Research Society

2020

Atkins, R., Kelly, T., Jackson, K., **Wunnenberg, M.**, Stellmacher, T., Lewis, H., Davis-Halty, N., & Williams, W., (2020). A Collaborative, Multi-Component, Intervention to Reduce Depression Risk for Mothers Living in Under-Resourced Communities. Presented at Council for the Advancement of Nursing Science, 2020 State of the Science Congress on Nursing Research,

2019

Linz, S., **Wunnenberg, M.**, Emmons, R., & Durham, J. (2019). Reducing Mental Illness Stigma with Digital Stories. Presented at the International Society of Psychiatric Mental Health Nurses 2019 Conference, Charlotte, NC

Wunnenberg, M. 2019 ., Ayres, C. & Soss- Prihoda, K. (2019). Substance Use Prevention among Adolescents and Emerging Young Adults: Understanding Social and Situational Contexts to Avoid Use. Presented at the Eastern Nursing Research Society. Providence, RI

2018

Wunneberg, M. (2018). Psychosocial Bullying Among Nurse Educators: Exploring Coping Strategies and Intent to Leave. Presented at the National League for Nursing Education Summit, Chicago, IL

2017

Wunnenberg, M. (2017). *Caring for Colleagues: Effective Mentoring of Novice Nurse Educators*. Presented at the 2017 National League for Nursing Education Summit, San Diego, CA

2017

Wunnenberg, M. (2017). *Exploring Workplace Bullying Among Nurse Educators*. Presented at the National Consortium for Building Healthy Academic Communities Summit. University of Central Florida

2016

Wunnenberg, M. & Ayres, C. (2016). *Using Technology to Promote Social Learning*. Presented at The Rutgers University-Camden Faculty eLearning Conference

2015

Wunnenberg, M. (2015). *"Journey with Me" Utilizing Glogster for Digital Storytelling for Travel Abroad Experiences*. Presented at the University of Alabama, Capstone College of Nursing Technology in Nursing Education Conference, Tuscaloosa, AL

2012

Wunnenberg, M and Coulter, C. (2012). *Using Technology to Address Cultural Diversity and Healthcare Issues: An Interdisciplinary Project*. Presented at Atlantic Cape Community College Faculty Development Day

2012

Wunnenberg, M. (2012). *"The Results Are In!" Utilizing Free Polling Technology in Nursing Education*. Presented at the International Interprofessional Technology Conference, Rutgers University, NJ

2007

Wunnenberg, M. (2007). *Programming SIMMAN, Laerdal's High Fidelity Simulator, Made Easy, part II*. Session presented at the Tri-State Consortium of Nursing Lab Managers' May meeting. Atlantic Cape Community College, Mays Landing New Jersey

2007

Wunnenberg, M. (2007). *Programming SIMMAN, Laerdal's High Fidelity Simulator, Made Easy*. Session presented at the Tri-State Consortium of Nursing Lab Managers' April meeting. Villanova University, Pennsylvania.

Membership on Editorial Boards of Scholarly or Professional Journals

Editorial Activities

2018-ongoing

Manuscript reviewer for Journal of Nursing Practice Applications & Reviews of Research (JNPARR)

Membership/Offices Held in Scholarly and Professional Societies

Memberships

Global Alliance for Behavioral Health and Social Justice, current

Global Mental Health Taskforce, current

Sigma Theta Tau International, current

National League for Nurses, current

American Psychiatric Nurses Association, current

International Society of Psychiatric Mental Health Nurses, current

American Nurses Association, current

**Internally-Funded
Research and/or
Training
Grants**

Funding

06/2020-ongoing

(Grant Amount: \$5,000) Exploring relationships between undergraduate nursing students' stress, anxiety, depression, and perceived faculty support. *Co-Investigator*, Agency: Rutgers University, Role: Co-investigator

05/2019-04/2021

(Grant Amount: \$19,964) Title: "Strengthen Opioid Prevention Project (STOPP): Developing a Social Media Intervention to Prevent Use", Ayres, C. & Wunnenberg, M., Agency: Rutgers University, Community Design for Health and Wellness Interdisciplinary Research Group, Role: Co-Investigator

Contributions to the Advancement of the Academic Profession

Service

Faculty Advisor for Eta Mu Chapter of Sigma Theta Tau International 2018-06/2020

National League for Nursing Ambassador 2011-2013 **Service to New Jersey State Government**

2015-2016

Recovery and Monitoring Program (RAMP) facilitator for the New Jersey State Nurses Association

Service to Other Public Bodies

2017-ongoing

Work extensively with several psychiatric and community facilities in Montego Bay, Jamaica to provide staff development to improve patient outcomes.

2015-ongoing

Provide consulting for research and staff development at acute care psychiatric facilities in New Jersey to improve patient outcomes.

Publics Served

Nurse leaders who oversee the care of individuals with mental illness, novice nurse educators,

Students

Students Supervised

Supervised for Independent Studies

2018

Judith Stadtmauer, Wilmington University, I served as Judith's mentor throughout her RN to BSN program. This included serving as her supervisor for her clinical projects.

Master's or Doctoral Students by Type of Supervision

Ramneet Sawney, Rutgers School of Nursing-Camden, DNP student2021

Victoria Krosskove, Rutgers School of Nursing-Camden, DNP student2020

Nicole Adler, Rutgers University-School of Nursing-Camden, DNP student2020

Michelle Miller, Rutgers University-School of Nursing Camden, DNP student2020

2019

Jennifer Nolan, Drexel University, Nursing Education MSN student. I served as Jennifer's preceptor from 6/19 - 12/19

Molly Powell, Rutgers University- School of Nursing Camden, DNP student2019

Veronica O'Connor, Quinnipiac University School of Nursing, DNP student2018

Devon Lappin, Rutgers University- School of Nursing Camden, DNP student2017

2013

Beth Leahy, Drexel University, Nursing Education MSN student, I served as Beth's preceptor in both the classroom and clinical settings from 9/12- 5/13