

Sheila Linz

Assistant Professor

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Education

Highest Earned Degree

PhD, Seton Hall University, South Orange, New Jersey, Nursing Research, 2013

Dissertation

"Facilitating Social Integration for People with Severe Mental Illness", March 14, 2013. Dissertation

Chair: Dr. Bonnie A. Sturm, Seton Hall University, College of Nursing

Other Earned Degrees

MSN, Columbia University, New York, New York, 2001.

BSN, Columbia University, New York, New York, 1997

BFA, Philadelphia College of Art. Philadelphia, PA. 1977

Certificates and Licenses Held

State of Pennsylvania, Registered Nurse, 1/2020 to present #RN7277004

Certified Mental Health First Aid Instructor, 10/21/2018 to present

State of New Jersey, Board Certified as an Advanced Practice Nurse, Psychiatric/Mental Health, with Prescriptive Authority, 2002 to Present, #26NJ00026100

ANCC Certified as an Adult Psychiatric-Mental Health Nurse Practitioner, PMHNP-BC., 2003 to present, #0374038

State of New Jersey, Board Certified as a Registered Professional Nurse, 1997 to present, #26NO11570600

Linguistic Ability

English

Honors and Awards

Fellowships

Digital Fellowship, Rutgers University-Camden (2017-2018)

Robert Wood Johnson New Jersey Nursing Initiative Fellowship Program 2009-2013, \$200,000 stipend plus tuition and all educational costs with an additional \$30,000 incentive to teach in New Jersey for three years.

Professional Awards and Honors

2021 Excellence in Professional Nursing Award. Rutgers/Camden School of Nursing

2014 Seton Hall University Strategic Plan Initiative to Promote High Impact Scholarship, research release time awarded

2013 Seton Hall University Eastern Nursing Research Society Doctoral Student Poster Award

Employment History

Positions Held

09/2015-ongoing, Assistant Professor, School of Nursing, Rutgers University/Camden, New Jersey
09/2013-06/2015 Assistant Professor, College of Nursing, Seton Hall University, South Orange, New Jersey
09/2007-06/2009 Instructor, College of Nursing, Seton Hall University, South Orange, New Jersey
2003-2007 Preceptor, Columbia University, School of Nursing, Psychiatric Nurse Practitioner Program, New York, New York
2003-2004 Clinical Instructor, Columbia University School of Nursing, New York, New York

Clinical Positions

2014-2015 Psychiatric Nurse Practitioner, Morning Glory Behavioral Health, Neptune, New Jersey.
2006-2007 Psychiatric Nurse Practitioner, Bowery Residents Committee, New York, New York.
2005-2007 Psychiatric Nurse Practitioner, Fort Washington Men's Shelter, Project Renewal, New York, New York.
2005-2005 Psychiatric Nurse Practitioner, an all nurse practitioner run program, St Paul Center, New York, New York.
2004-2005 Psychiatric Nurse Practitioner, Association for the Advancement of Mental Health, Princeton, New Jersey.
2003-2004 Psychiatric Nurse Practitioner, Fort Washington Men's Shelter, Project Renewal, New York, New York.
2002-2003 Psychiatric Nurse Practitioner, Bensonhurst Guidance Center, Institute for Community Living, Brooklyn, New York.
2001-2003 Psychiatric Nurse Practitioner, Special Population Outpatient Treatment (SPOT), An Assertive Community Treatment Team for people with HIV, mental illness and substance abuse, Institute for Community Living, Brooklyn, New York.
2000-2001 Registered Professional Nurse, Lutheran Medical Center, Acute Psychiatric Unit, Detox Unit, Brooklyn, New York.
1997-2000 Registered Professional Nurse, Assertive Community Treatment Team (ACT) Institute for Community Living, Brooklyn, New York.
1987-1995 Recreational Specialist, director of recreational program, community outings, weekend program, art, photography and video making program, Institute for Community Living, Brooklyn, New York.

Publications

Articles in Refereed Journals

Linz, S., Jackson, K., & Atkins, R. (n.d.). Using mindfulness informed Photovoice to explore stress and coping in women residing in public housing in a low-resourced community Journal of Psychosocial Nursing and Mental Health Practices. (accepted with minor revisions).

Atkins, Kelly, **Linz**, Jackson, Pontes, Wunnenberg, Stellmacher, Williams, Lewis, Davis-Halty, & Williams. (n.d.) The effects of a community-based, multicomponent, depression prevention intervention in mothers at-risk. (in review). *Western Journal of Nursing Research*. (in press)

Linz, S., Jackson, K., & Atkins, R. (n.d.). Using mindfulness informed Photovoice to explore stress and coping in women residing in public housing in a low-resourced community. (accepted with minor revisions, in review).

Linz, S., & Cresse, N. (2021). Addressing ageism and ethno-cultural diversity with a photo essay project. *Journal of Nursing Education*, 60(1):44-47<https://doi.org/10.3928/01484834-20201217-10>

Linz, S., & Lorenzo Ruiz, A. (2020). Mental health in Cuba and the United States: Shared learning. *Social Development Studies: Cuba and Latin America*. 8, 4, 245-256. ISSN 2308-0132. <http://www.revflacso.uh.cu/index.php/EDS/article/view/493/599>.

Linz, S., & Lorenzo Ruiz, A. (2020). Learning about mental healthcare in today's Cuba: An interview with the president of the Cuban society of psychology. *Perspectives in Psychiatric Care*. Advance online publication. <https://doi.org/10.1111/ppc.12548>

Petros, R., Solomon, P., **Linz, S.**, DeCesaris, M., & Hanrahan, N. P. (2016). Capabilities approach: Contextualizing participants' perspectives on systems barriers to recovery. *International Journal Of Mental Health*, 45(4), 262-278. doi:10.1080/00207411.2016.1238742

Linz, S. J., & Sturm, B. A. (2016) Facilitating social integration for people with severe mental illness served by Assertive Community Treatment. *Archives Of Psychiatric Nursing*, 30(6), 692-699. doi: 10.1016/j.apnu.2016.05.006

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. (2016). Clinical use of an autovideography intervention to support recovery in individuals with severe mental illness. *Journal Of Psychosocial Nursing & Mental Health Services*, 54(5), 33-40 8p. doi:10.3928/02793695-20160420-04

Solomon, P., DeCesaris, M., Petros, R., **Linz, S. J.**, & Hanrahan, N. P. (2016). A pilot randomized control trial of autovideography intervention to enhance recovery for people with severe mental illness. *Best Practice In Mental Health*, 12(1), 1-13.

Petros, R., Solomon, P., **Linz, S.**, DeCesaris, M., & Hanrahan, N. P. (2016). Autovideography: The lived experience of recovery for adults with serious mental illness, *Psychiatric Quarterly*, 87(3), 417-426. doi:10.1007/s11126-015-9397-8

Linz, S. J. & Sturm, B. A. (2013). The phenomenon of social isolation in the severely mentally ill. *Perspectives in Psychiatric Care*, 49: 243–254. doi: 10.1111/ppc.12010

Linz, S. (2011). Photo elicitation: Enhancing learning in the affective domain. *The Journal of Continuing Education in Nursing*, 42(9) 393-394. doi:10.3928/00220124-20110823-04

Pearson, G.S., & **Linz, S.** (2011). Linking homelessness with mental illness. *Perspectives in Psychiatric Care*, 47(4) 165-166. doi:10.1111/j.1744-6163.2011.00317.x

Scholarship Other

ALTERNATIVE MEDIA PROJECTS (continued use in classroom and presentations)

Produced a digital story about mental illness: *My Sister Sonia* to be used as an example in a Psychiatric Mental Health Theory assignment in the spring semester 2018.

Recovery From Mental Illness, three short videos edited by Sheila Linz, presented at The Bell of Hope Gala fundraiser for mental health agency partner in participatory research, Philadelphia, Pennsylvania, May 22, 2014. The edited tapes continue to be used for educational and advocacy purposes.

Produced and edited four video clips, *Who I Am*, *What Recovery Means to Me*, *Obstacles to Recovery*, *What Supports Recovery*, from video files produced in participatory research.

Produced photo essays for a community based project commemorating the founding members and original inhabitants of Roosevelt, New Jersey, a federally funded, utopian, resettlement community founded during the great depression. 2011

Ongoing Current Research

Investigating Breast Cancer Screening, Diagnosis, and Treatment for Women with Serious Mental Illness. Interviews and focus groups have been completed. This is an ongoing funded participatory budgeting and research project. We are currently in the process (with our community partners) of creating podcasts for educational and advocacy purposes, and designing a four-week module of integrated mental/medical health care to enable individuals with serious mental illness to focus on their physical health and preventive healthcare ie. breast cancer screenings, colonoscopies, pap smears etc. They will use group time to learn about healthcare, to advocate for their health and set up medical appointments. The podcasts will be incorporated into the group modules. The funding will be finished in April 2022. Role: PI

The Impact of COVID-19 on the Novice Nurse. We aim to interview approximately 30 novice nurses (graduated 2019) about their experience caring for patients during the COVID-19 crisis to determine how well they were prepared for the pandemic through their education and to gain a better understanding of the challenges that nurses are facing in the workplace. Role: CO-I.

Nurse Education, Practice, Quality and Retention (NEPQR)- Veteran Nurses in Primary Care (VNPC) Training Program. This is an ongoing funded grant. Role: Co-Investigator. I will assist in the creation of and qualitative analysis of the experience of veteran students through digital stories. I will create and teach mental health curricula particular to veteran's needs. Veteran students will be precepted as we conduct telehealth and in-person mental health groups for homeless veterans at the Volunteers of America Homeless Shelter. Role: CO-I. Funding through 2022.

Teaching Activities

Courses Taught

Undergraduate, ABS, RN to BSN, Research in Nursing, Hybrid, Remote and In- Class Lecture, Rutgers/Camden University

ABS, Psychiatric Mental Health Nursing, Theory, Rutgers/Camden University

Undergraduate, Dimensions of Psychosocial Nursing, Clinical, Seton Hall University,

Undergraduate, Dimensions of Psychosocial Nursing, Theory, Seton Hall University,

Undergraduate, Religious Values in Healthcare, Seton Hall University,

Undergraduate, Group Dynamics, Seton Hall University, classroom and online

Undergraduate, The Journey of Transformation, included a service learning component, Seton Hall University

Undergraduate, Dying with Dignity, Seton Hall University

Undergraduate, Psychiatric Mental Health Clinical Rotation, Columbia University

Special Courses Taught

Journey of Transformation, an interdisciplinary course taught as a core course with a service learning component, Seton Hall University, Fall, 2008

Instructional Development

05/2020 Rutgers Camden Online Teaching Certificate Program given by Instructional Design and Technology Department at Rutgers/Camden, an online month long program.

08/2017-08/2017 Digital Story Telling Workshop at The StoryCenter, 8/9-8/11, in Berkeley, CA

05/2017-05/2017 Teaching in Nursing Workshop with Dr. Terry Valiga, EdD, RN, CNE, ANEF, FAAN, May 5th.9-4 PM. Rutgers/Camden School of Nursing

05/2017-05/2017 We've Been Asking the Wrong Questions: Integrating ACEs Knowledge into Nursing Curricula presented by Rebecca Bryan, 4 hr. workshop. Rutgers/Camden School of Nursing

10/2015-10/2015 TOP (Teen Outreach Program) workshop on pregnancy prevention care and reaching students in the LEAP Academy and other schools, which includes a service learning component for the students, Rutgers/Camden University

01/2015-01/2015 A National Council Licensure Exam (NCLEX) Regional Workshop, Monmouth University, West Long Branch, New Jersey

02/2011-02/2011 AACN Faculty Development Conference Success Strategies for New Faculty, Austin, Texas

Teaching Other

Performing the psychiatric interview in the graduate department DNP students, Fall semester 2017 and 2018.

As a student teacher in doctoral program taught an online module on the use of photographic methods in qualitative research to a graduate research class, Rutgers School of Nursing, New Brunswick, New Jersey, 2013.

Development of Audio-visual, Media, and Computer Materials

11/2019, developed, organized, and taught a four session digital story telling workshop for individuals with serious mental illness at Rutgers University Behavioral Healthcare, Camden, NJ.

1/2018-ongoing Using Kaltura, developed a video instructional assignment guide to explain all of the assignments in detail throughout the semester and presented it at The Digital Fellows Program at Rutgers Camden on 01/11/18

1/ 2018- Developed a photo essay and photographic assignment for the Gen Ed geriatric nursing course using Photo-Essays to address ageism in undergraduate nursing students in an Aging and Health in Global Communities Course and has been incorporated as part of the course curriculum in all Gen ed. classes for the past three semesters as a final project.

2015-2015 Class produced digitized, computer enhanced drawings for class assemblage of "Healing Images", Seton Hall University

2014-2015 Developed the psychiatric mental health component to "Boot Camp for the NCLEX" with seven power point study modules: abuse, anxiety, communication, depression, geriatrics, psychoses, and pharmacology, Seton Hall University

Conference Presentations, Lectures, Demonstrations

Keynote or Plenary Addresses

Hanrahan, N. P., **Linz, S.**, Decesaris, M., Solomon, P. Pfizer Lecture invited keynote: Autovideography to Understand the Healthcare Experience of Patients with Serious Mental Illness. McGill University, Montreal Canada. November 30, 2017. Presented by N. Hanrahan.

Invited Addresses

Linz, S., Emmons, R., Wunnenberg, M., Durham, J., & Solomon, P. Using Digital Stories to Reduce Stigma. *Rutgers-Camden School of Nursing Research Round Tables*. February 6th, 2020.

Linz, S., Emmons, R., Wunnenberg, M., Durham, J., & Solomon, P. Using Digital Mediums to Decrease Stigma and Discrimination in Healthcare Students Towards Stigmatized Populations. Led Panel on Mental Health Shared Learning and Digital Narratives. *Universities as Anchors in Sustaining Community and Economic Development*. Rutgers University, University of Havana, University College of San Gerónimo, Faculty of Latin American Social Sciences (FLACSO), Institute of International Education (IIE) Varadero, Cuba. November 5, 2018.

Linz, S., The Unfair Housing Act and People with Mental Illness. Where Are We now? Presentation and Panel participant. The Chancellors Spring Research Symposium, *The Fair Housing Act at Fifty, Successes, Failures, and Opportunities*. Rutgers Camden University. April 13, 2018

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Clinical Use of an Autovideography Intervention to Support Recovery in People With Serious Mental Illness. *Semmelweis University*, Budapest, Hungary. February 24, 2017.

Linz, S., J. & Sturm, B., A. Social Isolation and Stigma in the Lives of People With Serious Mental Illness. *Semmelweis University*, Budapest, Hungary. February 22, 2017.

Linz, S., J. Using a Photo Essay About Older People to Elicit an Affective Response in Healthcare Students. *Semmelweis University*, Budapest, Hungary, February 21, 2017.

Linz, S., & Sturm, B., Social Isolation and Social Integration for People With Serious Mental Illness, *Semmelweis University*, Budapest, Hungary. February 21, 2017.

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Use of an Autovideography, Intervention to Support Recovery in People with Serious Mental Illness. Round-table on Population Health. *Sustainable Community Development and STEAM Fields: What We Can Learn from a Changing Cuba*, Rutgers University, Camden, N.J., November 1, 2016.

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Clinical Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness. *Virtua Center for Learning and the Rutgers University Alumni Association*. Mount Laurel, NJ. February 17, 2016.

Linz, S.J. *Understanding Loneliness and Facilitating Social Integration, a Journey Toward Recovery*. Invited presentation by State Director of Mental Health and Substance Abuse Services of Delaware to State Department of Mental Health. Conference on Loneliness and the Mentally Ill, April 1, 2015 Sole presenter of my dissertation research. This conference was organized around my work.

Linz, S. J. *Using Interpretive Description as a Qualitative Research Method*. Invited presentation at Columbia University School of Nursing PhD Research Class, October 23, 2014.

Linz, S.J Doctoral research on *Facilitating Social Integration for People with Severe Mental Illness*. Seton Hall University, College of Nursing, South Orange, New Jersey, September 23, 2013.

Linz, S.J. *Facilitating Social Integration for People with Severe Mental Illness*. Columbia University, School of Nursing, New York, New York, April 1, 2013. Sole presenter of doctoral research

Papers, Abstracts, and Lectures (Peer Reviewed)

Linz, S., Wunnenberg, M., Emmons, R., Durham, J., Koehler, R., Abair, M., & Solomon, P. Using Digital Stories to Understand Recovery and Reduce Stigma in Future Healthcare Providers. APNA 34th Annual Conference: *Proud Partners in a Journey to Whole Health*. October 4th, 2020, Virtual Conference (Podium Presentation, refereed).

Linz, S., Jerome-D'Emilia, B. M., & Okulicz-Kozaryn, A. Increasing Breast Cancer Screening in Women with Serious Mental Illness. APNA 34th Annual Conference: *Proud Partners in a Journey to Whole Health*. September 30-October 4th, 2020, Virtual Conference (Poster Presentation, refereed).

Linz, S., Jackson, K., & Atkins, R. Photo-Voice Activity on Stressors and Coping for Women Living in a Marginalized Community. Eastern Nursing Research Society scientific 32nd sessions *The Revolutionary Power of Nursing Science*, March 26th, 2020, Boston, Mass. (Poster Presentation, refereed). Accepted but interfered due to the pandemic

Linz, S., & D'Emillia, B. Increasing Breast Cancer Screening in Women with Serious Mental Illness. Eastern Nursing Research Society scientific 32nd sessions *The Revolutionary Power of Nursing Science*, March 26th, 2020, Boston, Mass. (Poster Presentation, refereed). Accepted but interfered due to the pandemic.

Pontes, N. M. H., **Linz, S.,** Kelly, T., A., Atkins, R., Pontes, M., C., F. The Relationship between Physical Activity by Gender on Suicidal Ideation, Suicide Attempts and Suicide Attempts Requiring Treatment: Youth Risk Behavior Survey 2011-2017. Eastern Nursing Research Society scientific 32nd sessions *The Revolutionary Power of Nursing Science*, March 26th, 2020, Boston, Mass. (Podium presentation, refereed).

Atkins, R., Kelly, T. A., Williams, W., **Linz, S.,** Jackson, K., Wunnenberg, M., Stellmacher, T., Lewis, H., Davis-Halty, N., Powell, T., & Earley, D & S. Academic-Community Partnerships: A Collaborative Pilot Intervention That Improves Psychosocial Outcomes in Young to Middle-Aged Adult Mothers at risk for Depression. Eastern Nursing Research Society scientific 32nd sessions *The Revolutionary Power of Nursing Science*, March 26th, and 27th, 2020, Boston, Mass. (Poster Presentation, refereed).

Linz, S., Wunnenberg, M., Emmons, R., Durham., & Solomon, P. Reducing mental Illness Stigma with Digital Stories. International Society of Psychiatric Mental Health Nurses. *Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade*, 21st Annual Conference. Charlotte, NC. May, 29, 2019. (Poster Presentation, refereed)

Linz, S., Cresse, N., & Wassel, M. Using Photo Essays to Reduce Ageism Towards Older People. International Society of Psychiatric Mental Health Nurses. *Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade*, 21st Annual Conference. Charlotte, NC. May, 29, 2019. (Poster Presentation, refereed)

Linz, S., Jackson, K., & Atkins, R. Being Mindful, Improving Health in Vulnerable Communities. International Society of Psychiatric Mental Health Nurses. *Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade*, 21st Annual Conference. Charlotte, NC. May, 29, 2019. (Poster Presentation, refereed)

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Use of an Auto-Videography Intervention for People with Serious Mental Illness. VIII Intercontinental Convention of Psychology HOMINIS 2018. "*Human Well-Being and Sustainable Development: The Place of Psychology*". Havana, Cuba. November 20, 2018. (Podium Presentation, refereed)

Linz, S., Hanrahan, N. P., DeCesaris, M., Petros, R., & Solomon, P. The Use of an Autovideography Intervention to Support Recovery in People with Serious Mental Illness. International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute and Annual Conference: *The Future is Now: Psychiatric- Mental Health Nurses Leading, Advocating, Practicing, and Educating,* Minneapolis

MN., April 16, 2016. (Podium presentation, refereed)

Petros, R., Solomon, P., Hanrahan, N., & **Linz, S.** Poster presentation. Videographies of Adults with Serious Mental Illness: Documenting Conceptualization and Context of Recovery. *Society for Social Work and Research. 20th Annual Conference - Grand Challenges for Social Work: Setting a Research Agenda for the Future*, Washington DC. January 16, 2016 (refereed)

Poster presentation by Ryan Petros, research team member on the study *Experience of Recovery From a Mental Illness*.

Linz, S., Hanrahan, N.P., Solomon, P., Decesaris, M., Petros, R. Experience of Recovery from a Mental Illness. *Eastern Nursing Research Conference: Nursing Science, Evidence, and Policy: Creating a Culture of Health*. Washington, DC. April 15, 2015. (refereed Podium presentation). Sole presenter

Linz, S.J. *Facilitating Social Integration for People with Severe Mental Illness* at the 26th annual 2014 Eastern Nursing Research Society scientific sessions, Promoting Health Across the Life Span: The Art and Science of Person-Centered Care in Philadelphia, Pennsylvania, April 10, 2014. (Podium presentation, refereed)

DeCesaris, M., Hanrahan, N.P., Solomon, P., **Linz, S.J.** *Experience of Recovery from a Mental Illness*. State of the State: Current Issues in Psych/Mental Health Nursing in PA. Philadelphia, PA. April 5, 2014. (podium presentation, refereed)

Linz, S. J. *Facilitating Social Integration for People with Severe Mental Illness* at 2014 International Society of Psychiatric-Mental Health Nurses Psychopharmacology Institute and Annual Conference, Advanced Practice/Mental Health Nurses: Advancing Mental Health Across the Lifespan, in Greenville, South Carolina, March 28, 2014. (Podium presentation, refereed)

Linz, S.J. *Facilitating Social Integration for People with Severe Mental Illness*. Poster presentation. Eastern Nursing Research Society 25th Scientific Session. Poster session designated for doctoral students in the early phase of their research, April 18, 2012. (refereed)

Linz, S. J. *The Phenomenon of Social Isolation in the Severely Mentally Ill*. Poster Presentation: RWJ-NJNJ third annual meeting, October 19, 2011.

Linz, S. J., *Photo Elicitation: Enhancing Learning in the Affective Domain*. Poster presentation: RWJ/NJNJ meeting at Fairleigh Dickenson College of Nursing, Madison, New Jersey, September 13, 2011.

Memberships

Membership/Offices Held in Scholarly and Professional Societies

2014-ongoing International Society of Psychiatric Nurses-Mental Health Nurses

2014-ongoing Sigma Theta Tau International, Gamma Nu Chapter

2013-ongoing Eastern Nurses Research Society

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Funding

Externally-Funded Research and/or Training Grants

2/19/2020-7/21/2021 (Grant Amount: \$4200.00). Rutgers Cancer Institute of New Jersey grant for the study *Breast Cancer Screening, Diagnosis, and Treatment for Women with Serious Mental Illness*. The Primary Investigator is Dr. Bonnie Jerome-DeMilia. We will interview women with serious mental illness, an underserved population who have been diagnosed with breast cancer to better understand their experience with breast cancer diagnosis, follow up, and treatment. **Role: Co Investigator.**

2019-2022 HRSA/Bureau of Health Workforce (U2VHP33064)
Nurse Education, Practice, Quality and Retention (NEPQR)- Veteran Nurses in Primary Care (VNPC) Training Program. **Role: Co-Investigator.** PI: Emmons, K., Award: \$1,493,190. Digital Storytelling with veteran students. Design and teach mental health curricula particular to veteran's needs. Conduct telehealth mental health groups with veteran students for homeless veterans at the Volunteers of America Homeless Shelter.

2018 Robert Wood Johnson Grant for Mental Health First Aid Instructor Training (2018)

2017-2018 (Grant Amount: \$5,000) Campus Compact grant for the research project: *Better Together: Strengthening Campus/Community Relationships and Enhancing Civic Engagement Through Democratic Collaboration*, a participatory engagement and research project bridging the Camden Community and Rutgers/Camden University in order to strengthen campus and community relations and enhance civic engagement through collaboration on projects chosen by the community partners and funded by this grant. Special attention will be paid towards bringing Camden students and Camden Community residents together across lines of difference through student/resident interviews and deliberate discussion on issues of identity, values, feelings in today's political climate in the United States, and the relationship between Rutgers/Camden and the Camden community. Our community partners are: The Parkside Business and Community in Partnership, and The Camden Lutheran Housing Organization., Michael D'Italia/Sheila Linz, Agency: Campus Compact, **Role: Co- Investigator**

02/2017-02/2017 (Grant Amount: \$1,893) Erasmus + Mobility Award, European Commission on Higher Education. Guest Lecturer with four separate and different presentations on topics regarding mental health, discrimination, and stigma at Semmelweis University, Budapest, Hungary, February 20-24. In addition, met with faculty, administration, and students to discuss joint scholarship, educational, and research possibilities, Sheila Linz, Agency: Erasmus + Mobility Award, European Commission on Higher Education, **Role: Guest Lecturer**

Internally-Funded Research and/or Training Grants

5/1/2019-4/30/21 (Grant Amount: \$16,100). Community Design for Health and Wellness Interdisciplinary Research Group (CDHW-IRG) grant for the study *Breast Cancer Screening, Diagnosis, and Treatment for Women with Serious Mental Illness*. Through participatory research and budgeting we will form a Community Advisory Board of Stakeholders, and partnering with Jewish Family Services in Margate NJ, we will work to increase breast cancer screening in women with severe mental illness, create a model, and disseminate that model to the rest of South Jersey. **Role: Primary Investigator**

7/1 2018- 6/ 30, 2019 (Grant Amount: \$5,000) Funded study "*Cuba and the United States: Mental Health Shared Learning Project*". This is an exchange with a researcher at the University of Havana at the School of Psychology in which I will visit The University of Havana to learn firsthand about their provision of mental healthcare services, and the researcher from the University of Havana will visit Rutgers Camden will be introduce him to innovative methods of mental healthcare provision such as PACT Teams, The Recovery/Survivor movement, and the RAISE Program., Sheila Linz, Agency: The Committee on Cuban Exchange Projects, **Role: Primary Investigator**

1/2018-2019 (Grant Amount: \$4,000) Role Co-Investigator, Catalyst Grant that was awarded to Kathleen Jackson as Primary Investigator. "Being Mindful: Improving Health in Vulnerable Communities". Only one investigator was able to be used on the application. However, this was an equal partnership in the development of the project and the grant writing. We will work together to run a coping groups for two different populations in Camden, at risk women, and men at a shelter. Using "mindfulness" concepts we will give tools to these individual to support coping. At the same time the group will function as a support system and a bulwark against social isolation in the service of preventive mental health., Kathleen Jackson and Sheila Linz, Agency: The Catalyst Grant from the Provosts Fund for research, **Role: Co- Investigator**

01/2018-12/2019 (Grant Amount: \$11,000) This is for the research "Reducing Mental Illness Stigma with Digital Stories" This is a mixed method experimental study in which healthcare students and individuals will work together to create digital stories, the control group will receive an educational program with opportunities for socialization., Sheila Linz and Robert Emmons, Agency: Multidisciplinary Grant from the Provosts Fund for Research, **Role: Primary Investigator**

2017-2018 (Grant Amount: \$5,000) This is in preparation to co-lead digital storytelling workshops for research entitled *Reducing Mental Illness Stigma with Digital Stories*. This research is a mixed methods study that will test a digital story telling intervention to reduce stigma in healthcare providers towards people with mental illness in an effort to reduce the present healthcare disparity in this population. Co-investigators include Phyllis Solomon, Professor, Associate Dean for Research, Senior Fellow, Center for Public Health Initiatives, Faculty Fellow, Ortner Center, University of Pennsylvania, and Robert Emmons, Associate Director of The Digital Studies Center, Rutgers, Camden., Sheila Linz, Agency: Rutgers School of Nursing-Camden Dean's Summer Research Development Grant Program, **Role: Primary Investigator**

Service

Contributions to the Advancement of the Academic Profession

2020-ongoing Peer Reviewer *BMC Women's Health*

2017-ongoing Peer Reviewer for *The Journal of Psychosocial Nursing and Mental Health Services*.

2016-ongoing Peer Reviewer for *Archives in Psychiatric Nursing*

2013-2015 Peer Reviewer for *Perspectives in Psychiatric Care*

Service to Other Public Bodies

2017-2017 Public: Hosted, "Roosevelt Artists Collaborative Book Exhibition", The Roosevelt Arts Project (RAP) Assifa Space, Roosevelt, NJ

2016-2016 Public, Organizer, curator: "Nature" a visual arts exhibition, The Roosevelt Arts Project (RAP), Assifa Space, Roosevelt, NJ

2014-2014 Public, Organizer, curator, "A Moment in Time" photography exhibition of Roosevelt photographers and concert event, The Roosevelt Arts Project (RAP), Assifa Space, Roosevelt, NJ.

2013-2013 Public, Co-organizer: "Artist Studio Tours of Roosevelt" The Roosevelt Arts Project (RAP) Roosevelt, NJ

2013-2013 Public, Co-curator, co-organizer: Roosevelt Arts Committee, "Roosevelt Arts Project 25th Anniversary Art Show", Roosevelt Public School, Roosevelt, NJ

2012-2012 Public, Organizer, curator: "Talking Heads" portrait show. The Roosevelt Arts Project (RAP) Assifa Space, Roosevelt NJ

2012-2012 Public, Sponsor: Works of the renowned artist Jacob Landau at Assifa Space, The Roosevelt Arts Project, (RAP) Roosevelt, NJ

2011-2011 Public, Co-curator, co-organizer: Art exhibit and poetry recital, representing and bringing together the artists and poets of two neighboring New Jersey towns, West Windsor, and Roosevelt, The Roosevelt Arts Project (RAP) at Assifa Space, Roosevelt NJ, several long lasting creative collaborations including a documentary film and musical band resulted from this event.

2010-2010 Public, The Roosevelt Arts Project (RAP), Co-organizer, Photographer: Story telling night celebrating the history of the historic town of Roosevelt, New Jersey. Interviewed and photographed the now elderly original inhabitants for PowerPoint presentations to be used at the celebratory and well attended community event., Borough Hall, Roosevelt, NJ

2008-ongoing Public, Volunteer director of The Assifa Space Art Gallery. for The Roosevelt Arts Project (RAP). Hosts, organizes and curates an arts program (visual arts, music, fine crafts, and poetry) facilitating interaction between community members, the outside public, and other communities to come together to share artistic endeavors.

2004-ongoing Public, Elected Board Member of the Roosevelt Arts Project, Roosevelt, New Jersey

Service to Rutgers University

2021-present, Rutgers University Camden Diversity, Equity, and Inclusion Committee

2021- Long Range Planning Committee subcommittee chair of Diversity and Inclusion at The School of Nursing. Conducted two diversity remote sessions with students and defined themes.

2020-2021 Curriculum Committee, Rutgers/Camden School of Nursing

2020-2021 Long Range Planning Committee, Rutgers/Camden School of Nursing

2019-2020 Presented five mental health first aid programs to employees and affiliates of Rutgers Camden School of Nursing

2018- 2019 Chair of the Faculty Development Committee

2017-2018 Faculty Development & Scholarship Committee

07/2017-07/2017 Represented Rutgers/Camden School of Nursing at a table at New Jersey Congressman Norcorss's Community Conversation on the Disease of Addiction, Washington Township School, N. J.,

09/2016-2018 Faculty and Personnel Affairs Committee, University Senate

09/2016- 2018 University Senate, appointed, Camden/Rutgers, Representative at Large

2015-2016 Campus Climate Survey Advisory Board on Sexual Assault

09/2015-06/2017 Long Range Planning Committee, Rutgers/Camden School of Nursing

Service to the Community

2021 Invited Panelist-Applying Principles of Diversity and Cultural Competency in Health-Related Professional Practice at The College of New Jersey, April 20th, 2021.

2021 Rutgers University School of Nursing/Camden-Faculty Practice Volunteer- direct care provider faculty practice, mindfulness based psychotherapy through telehealth for woman at Ablett Village, Housing Authority public housing in Camden, New Jersey

2020-2021 Representing Rutgers University School of Nursing/Camden, direct care provider faculty practice mindfulness based coping groups for homeless veterans at the Volunteers of America, Camden New Jersey.

8/2018 Invited Panelist-WNET's *Chasing the Dream* and NJTV screening of a new series, *Getting Off the Streets*, on Wednesday, August 22nd, 2018 at Grace Performance Hall in Haddonfield, NJ. Panelist on Homelessness.

2004-Board member-ongoing Public, Elected Board Member of the Roosevelt Arts Project, Roosevelt, New Jersey

Service to Former Institution

2014-2015 Appointed: Integrity Committee 2013-2015 Appointed: Educational Policy Committee 2007-2009 Elected: Co-Chairperson: Faculty Development Committee 2014-2015 Appointed: Integrity Committee 2013-2015 Appointed: Educational Policy Committee 2007-2009 Elected: Co-Chairperson: Faculty Development Committee Service

2014-2014 Charter Day Committee

2013-2015 Education Policy Committee

2014-2015 Integrity Committee

2011-2011 Co- Founder: Doctoral Student Organization at Seton Hall University

2009-2009 Seton Hall University representative at Convocation of Catholic Universities, St John University, St Paul, Minnesota

2009-2009 Co-Organizer: First Annual Seton Hall University, College of Nursing, Arts and Crafts Exhibit

2007-2009 Co-Chair, Faculty Development Committee

Press

Fall 2019, Cover and feature article "A Project of Prevention" about breast cancer and the mentally ill study

8-23-2018 The WNET Media Group-Getting Off the Streets Preview Screening Welcomes 130 Plus Attendees-Panel Member on Homelessness

Artistic Original Works

Painting included at The Morven Museum, Princeton, N.J. "Dreaming of Utopia, Roosevelt, New Jersey" 11/15/ 2019-05/10/2020

Students Supervised

Students Supervised for Independent Studies

Seton Hall University, Gina DiMeo, Postpartum Depression and Its Effect on Mother Baby Bonding and Child Development

Master's or Doctoral Students by Type of Supervision

Doctoral-Team -Dianne Casey "A Project on Incorporating Depression Screening for Home Bound Older Patients", School of Nursing, Rutgers Camden School of Nursing, 2021-ongoing

Doctoral-Primary-Jeanna Labrie, "Implementing the COPE Program in a College Population to Reduce Stress and Anxiety" School of Nursing, Rutgers/Camden, 2019.

Doctoral-Primary-Devon Lappin, "Evaluating the Impact of Educating Primary Care Providers on Depression Screening", School of Nursing, Rutgers/Camden, 2018.

Doctoral-Team-Serena Natal, "A Practice Improvement Project, Implementation of Opioid Overdose Management Training", School of Nursing, Rutgers/Camden, 2017.

Doctoral-Committee: Jane Defazio, "Teaching Compassionate Care: Nurse Educators' Perspectives." Nursing, Seton Hall University, 2016.