

KATHLEEN J. JACKSON, DNP, APRN, FNP-BC, ANP-BC, BC- ADM

Emil: kathleen.jackson@rutgers.edu

© (609) 306-6781

EDUCATION:

Doctorate in Nursing Practice, (DNP), May, 2011

Rutgers, The State University New Jersey,
(Legacy UMDNJ)
Graduate Program in Nursing, Newark, NJ
Academic Excellence Award

Masters of Arts in Sociology, (ABD) May 2008

Rutgers, The State University of New Jersey

Post-Masters Certificate, December 1997

The College of New Jersey, Ewing, NJ
Pediatric portion of Family Nurse Practitioner Program

Master of Science in Nursing, August 1989

University of Pennsylvania, Philadelphia, PA
Primary Care Adult Nurse Practitioner Program

Bachelor of Science in Nursing, June, 1983

Thomas Jefferson University, Philadelphia, PA
Honors: Cum Laude, Inducted into Sigma Theta Tau

Diploma, June 1977, Mercer Medical Center

School of Nursing, Trenton, NJ

EXPERIENCE:

8/11- current

Clinical Assistant Professor, School of Nursing-Camden

Rutgers, The State University of New Jersey

Teach in family and adult/gerontology nurse practitioner graduate
and in undergraduate nursing courses.

Track Coordinator Family Nurse Practitioner Program (Fall 2015- 2018).

Clinical site visits for nurse practitioner students.

Develop faculty/student community projects in Camden City.

Faculty Practice Rutgers SNC Community Health Centers Ablett & Branch

Lead APN/Direct patient care, health education & screenings, 2019 to present

**Faculty Practice Project Hope at Cathedral Kitchen, VOA Men's Shelter &
West St. Clinic Diabetes Group Visits /Diabetes Care Management**

Direct patient care, 2017 to current.

Provide direct primary care and education with low-resourced population.

Faculty Practice- KIPP NJ Summer 2015, 16 & 17 Organized and completed

pre-employment health assessments for KIPP NJ - KIPP-Lanning Square

Primary & Middle Schools

Faculty Practice- Saint Francis Medical Center

Trenton, NJ

Provided direct primary care to underserved March 2011 to January 2014

- 3/11 to 7/17** **Meridian Health**
 Adult Clinic prn - 1 day weekly until 5/16
 SOMC -Manahawkin, NJ
 MH **After Hours Care** 8/11 -8/13/17
 Toms River, NJ
- 3/11 to 8/13** **CVS Minute Clinic**
 FT & Casual
 Mount Holly, NJ
 Provide direct patient care as a Family Nurse Practitioner
 at a walk-in ambulatory clinic.
- 7/07- 7/11** **Cooper Health System**
 Camden, NJ
- 1/08- 7/11** **Camden Coalition of Health Care Providers**
Advance Practice Nurse/ Lead Care Management Project
 -Led the Care Management Team and provided home visits
 and transitional primary care on emergency department and
 hospital high cost, high needs patients and patients with poorly controlled
 diabetes in Camden City. Worked with primary care practice transformations.
- 7/07- 2/09** **Cooper Family Medicine**
Advance Practice Nurse
 -Provided direct primary care in suburban family practice.
- 8/04-8/07** **Thomas Jefferson University**
School of Nursing
 Phila, PA
Coordinator, Family Nurse Practitioner Program
 -Teach in family and adult/gerontology nurse practitioner graduate
 nursing courses.
- 8/02-11/07** **St. Francis Medical Medical Center**
 Trenton, NJ
Advance Practice Nurse
 -Provide direct primary care to people of Trenton area in mobile van
- 10/00-9/02** **University of Medicine and Dentistry of New Jersey**
 Stratford, NJ
Assistant Professor, School of Nursing
 Teach in family nurse practitioner graduate nursing courses.
 -Direct patient care in faculty practice in a primary care clinic
 October 2000 to August 2002
Faculty for Interdisciplinary Institute
 February 2001 to September 2002
Clinical Instructor-SOM
 School of Medicine
 Department of Family Medicine
 January 2001 to September 2002
- 3/01-5/04** **Bellevue Pediatrics**
 Trenton, NJ
Per diem Nurse Practitioner
 -Provide primary health care to pediatric population
- 1/95-8/03** **The College of New Jersey**

Ewing, NJ

Director Health Services /Nurse Practitioner

- Provide overall administration of college health services including: managing budgetary and personnel resources
- Consultant to college community regarding health and wellness issues
- Provided primary health care to the college students
- Developed and implemented college immunization program January 1995 to October 2000

School of Nursing-Graduate Division

Clinician Educator/Adjunct Professor

September 1997 to August 2003

Thomas Jefferson University Hospital,

Philadelphia, PA

7/93-12/95

Nurse Practitioner/Employee Health Coordinator,
Ford Road Campus

- Responsible for the Employee Health Program including direct care of patients, staff immunization program, and the health education of staff
- Also evaluated preoperative patients including history and physicals, lab results, chest x-rays and electrocardiograms
- Developed relevant policies and protocols

1/92-7/93

Peritoneal Dialysis Home Training Nurse,
Medical Care Program

- Utilized advanced clinical knowledge to assess and plan care for patients
- Provided follow-up care including clinic visits and telephone triage
- Implemented and evaluated program-based quality improvement program

8/90-12/91

Nursing Care Coordinator, Medical Care Program

- Managed financial and human resources in a dialysis unit
- Served as a consultant to nursing and other departments
- Participated in identifying research problems and data collection
- Assisted in development and implementation of new satellite dialysis unit
- Implemented and evaluated unit-based quality assurance

10/87-8/90

Clinical Nurse II, Medical Care Program

- Provided direct care for dialysis outpatients
- Edited dialysis program newsletter

2/87-10/87

Clinical Nurse III, Surgical Care Program

- Cared for critically ill adult patients including trauma and transplant patients

1/81-2/84

Clinical Nurse III, Medical Care Program

- Provided direct care to medical-surgical patients
- Provided in-depth teaching to preoperative, dialysis, and renal transplant patients
- Participated in renal transplant clinic

8/80-10/81

Staff Nurse, Respiratory Intensive Care Unit

- Cared for critically ill medical-surgical patients

7/78-8/80

Primary Nurse, Renal Medical-Surgical Unit

- Provided care to renal medical-surgical patients

9/77-7/78

Staff nurse on busy medical unit predominately oncology

9/93-6/95

Planned Parenthood of Southeastern Pennsylvania,
Philadelphia, PA
Nurse Practitioner

-Provided direct care to women and men including G-U exams,
STD screening and treatment, and prescribed contraception

2/84-2/87

Albert Einstein Medical Center, Northern Division,
Philadelphia, PA
Renal Transplant Nurse Clinician/Staff nurse, Intensive Care

-Provided direct care for adult critically ill medical-surgical
patients including trauma and open heart surgery patients

CERTIFICATIONS: American Nurses Credentialing Center- Certification as an Adult (2020) and Family (2023) Nurse Practitioner; NJ/PA Certification as Nurse Practitioner
American Association of Diabetes Educators-Certification in Advanced Diabetes Management (2021)

HONORS/ AWARDS: 2015 AANP Nurse Practitioner Nurse Practitioner State Award for Excellence for New Jersey
2017 Community Engagement Award – Rutgers-Camden
2015 to current Engaged Civic Fellow

SERVICE TO THE COMMUNITY:

Elected to NJSNA Congress on Policy and Practice in 2016 & re-elected for 2019-21
AHEC Scholars Program 3/2017 to current
Camden AHEC, member Board of Trustees, 2015 to 2017
Volunteer at Cathedral Kitchen, Camden NJ, Provide Health screening for dinner guests and culinary students. 2011 to 2019
Volunteer at 2 Camden NJ low-income public housing communities health outreach, coordinated fresh produce delivery to both communities with Farmers Against Hunger
Served on Lenape Regional School District's Long-Range Planning Committee.
Rwanda Primary Care Mission Trip 2002 with UMDNJ/ First Baptist Church of Haddonfield, NJ
Camden Citywide Diabetes Collaborative – active member
2019 Completed Peer Reviews of three Manuscripts: Public Health Nursing 4); and Journal of Nursing Practice Applications & Reviews of Research (1)
Serve on Advisory Board HRSA- Graduate Nurse Practitioner Residency Program for Hackensack Meridian Health Ann May Center University Medical Center. 2020 to 2021
Serve on Advisory Board Advance Practice Provider (APP) fellowship Program, Inspira Health. 2021

PRESENTATIONS/PUBLICATIONS:

Atkins, R., Kelly, T. A., Linz, S. J., **Jackson, K. J.**, Pontes, M. C., Wunnenberg, M., Williams, W., Stellmacher, T., Lewis, H., Halty, N. D., & Williams, W. (2021). The Effects of a Community-Based, Multicomponent, Depression Prevention Intervention in Mothers At-Risk. *Western journal of nursing research*, 1939459211037042. Advance online publication. <https://doi.org/10.1177/01939459211037042>

Linz, S., **Jackson, K. J.**, & Atkins, R. (n.d.). Using mindfulness informed Photovoice to explore stress and coping in women residing in public housing in low-resourced community *Journal of Psychosocial Nursing and Mental Health Practices*. (in press).

Jackson, K. J., Emmons, K. & Nickitas, D. M. (2021) Role of Primary Care in Detection of Subsequent Primary Cancers. *The Journal for Nurse Practitioners*. (In progress).

Atkins, R. , Kelly, T-A., **Jackson, K. J.**, Wunnenberg,, M., Stellmacher, T., Lewis, H., Davis-Halty, N. Williams, W. A Collaborative, Multi-Component, Intervention to Reduce Depression Risk for Mothers Living in Under-Resourced Communities. CANS 2020 State of Science, Congress on Nursing Research. Sept., 2020. (Poster Presentation, refereed)

Virtua CE Program – “An Overview of T2DM for Primary Care Providers”. Invited speaker. October, 2020.

Cooper Medical School of Rowan University: Transforming Healthcare Course on “Health Outreach: The whys and how.” Invited speaker. June, 2020,

Linz, S., **Jackson, K.J.**, & Atkins, R. Being Mindful, Improving Health in Vulnerable Communities. International Society of Psychiatric Mental Health Nurses. *Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade*, 21st Annual Conference. Charlotte, NC. May, 29, 2019. (Poster Presentation, refereed)

Forum of Nurses in Advance Practice (FNAP) Education Day “Diabetes Management Support Intervention Study”, Invited Speaker, November 15th, 2019.

AACN 2019 Faculty Practice Pre-Conference, "Beyond the “Bandaid”: An Academic-Practice Partnership to Increase Comprehensive Primary Care Services for a Vulnerable Population". Poster Presentation, January 16, 2019. (Poster Presentation, refereed)

Forum of Nurses in Advance Practice (FNAP) Education Day “Impact of Social Determinants on Health Promotion, Disease Prevention & Management”, Invited speaker, November 16, 2018.

ENRS Eastern Nursing Research Society, Newark, NJ
Accepted Abstract: Beitz, J. & Jackson, K.J. “Understanding Health and Healthcare in Urban Public Housing Participants: A Qualitative Descriptive Study.” Thursday, April 12, 2018. (Poster Presentation, refereed)

Rutgers-Camden. Panelist on: Let’s Talk Healthy Communities, January 31, 2018.

Jackson K. J & Beitz, J. (2016) “Understanding patient perceptions of health and healthcare in a vulnerable urban patient population.” Presentation to School Nurses in School District of Camden, NJ, on October 20, 2017; to Residents and Resident Association in Camden Community on December 17, 2017 & Housing Authority City of Camden administration on December 19, 2017.

Invited speaker for Rutgers School of Social Work: The Ethical Principles of Social Work Self Care: From Student to Professional presented “Ingredients for Living Well or Being Healthy” on March 8, 2017.

Jackson K. J & Beitz, J. (2016) “Understanding patient perceptions of health and healthcare in a vulnerable urban patient population.” Invited Speaker for 3rd World Congress on Nursing, Barcelona, Spain on April 7, 2017.

Invited speaker on panel for New Jersey Gleaning Summit. Panel on “Community Partners” with NJ Framers Against Hunger, NJ Agricultural Society. September 20, 2016.

Invited Panelist for Project H.O.P. E. and the International Society on Hypertension in Blacks sponsored by a Eugene Washington Community Engagement Award. Symposium “Community Study of Cardiovascular Metabolic Disease” on panel “Collaborative Research Approaches to Cardiometabolic Health Equity”
May 26, 2016.

Invited Speaker for Bridging the Gap Rutgers School of Public Health, Piscataway, NJ. Co-Presented with Francine Grabowski MS, RD, CDE & Jacqueline Charles Peer Educator, CCHP; July 8, 2015. Diabetes and Poverty.

Invited Speaker for Virtua Health Conference on Relationship Based Care, Voorhees, NJ. Presented June 12, 2014; “A Good Night’s Sleep”

Critical Perspectives in Nursing and Healthcare International, Vancouver, B.C.
Presented paper: June 19, 2013
Engaging Two Low Income Communities for Health

ENRS Eastern Nursing Research Society, Boston, MA
Co-Presented with Dr. Margaret Shepard
Presented paper: April 18, 2013
Community Engagement: A Tale of Two Low Income Communities

Shepard, M. P. & Jackson, K. J. (2013). Community Engagement: A Tale of Two Low-income Communities. International Family Nursing Conference, Minneapolis, MN June 19-21, 2013.

Health and Human Services Region II, New York, NY
Presented for NJSNA: November 14, 2011
Public Listening Session on Essential Health Benefits

NJSNA State Nursing Convention, Atlantic City, NJ
Presented: April, 2011
Reducing Re-Admission & Improving Care for Highest Needs, Highest Cost Populations: Lessons from Camden, New Jersey

American Diabetes Association, 4th Disparities Partnership Forum, VA
Co-presented with Dr. Steve Kaufman and Francine Grabowski, MS, RD
Poster presentation: April 2011
Transforming Primary Care in Camden City New Jersey

Centers for Disease Control and Prevention’s Division of Diabetes Translation, 34th Annual Diabetes Translation Conference, Minneapolis, MN
Co-presented with Noreen Clark, Harmony Spoonhunter, Monica Peek, Renee Frazier and James Walton
Symposia: April 2011
Alliance to Reduce Disparities in Diabetes

Preventing Avoidable Episodes or PAVE. Philadelphia
Co-Presented with Sue Lui, May 2010
Camden Coalition of Health Care Providers, Strategies to

Reduce Hospital Readmissions

Institute for Healthcare Improvement, Triple Aim
Presented: Call on Social Complexity: Community Partnerships
to Improve Health Tomorrow, May 2010

Sigma Theta Tau International Honor Society of Nursing
Biennial Convention
Co-Presented with Mary Bowen, DNS
Paper presentation: November 2007
Collaborative Partnership between Medical and Nursing Faculty Utilizing Standardized
Patients

NONPF, Orlando
Co-Presented with Mary Bowen, DNS
Poster: April 2006
Collaborating with Medical Faculty: Standardized Patients

American College Health Association, Toronto, May, 1998
Co-Presented "Merged Health and Counseling Services, Are They Effective?":

Non-reviewed

New Jersey State Nurses Association, *The New Jersey Nurse-The Institute for Nursing
Newsletter, A Day In the Life...* 42-2, April 2012

Book Chapter

Jerome-D'Emilia, B. & **Jackson, K.J.** (2015) Patient-engaged and Community
Participatory Research in Bloch, J., Clark, M, & Courtney, M. (eds.), *Practice-Based
Clinical Inquiry in Nursing: Looking Beyond Traditional Methods for PhD and DNP
Research*. Springer Publishing Company, LLC.

Webinars, expert presentations (media, print, interviews)

Contribution to blog: [https://health.usnews.com/health-news/blogs/eat-run/articles/drug-
for-weight-loss](https://health.usnews.com/health-news/blogs/eat-run/articles/drug-for-weight-loss)

Stories regarding work on Mindfulness in Community:

[https://news.camden.rutgers.edu/2021/08/study-uses-mindfulness-meditation-to-help-
camden-residents-cope-with-stress-and-to-improve-overall-health-before-during-and-
after-the-pandemic/](https://news.camden.rutgers.edu/2021/08/study-uses-mindfulness-meditation-to-help-camden-residents-cope-with-stress-and-to-improve-overall-health-before-during-and-after-the-pandemic/); [https://whyy.org/articles/rutgers-camden-study-helps-some-camden-
residents-cope-with-pandemic/](https://whyy.org/articles/rutgers-camden-study-helps-some-camden-residents-cope-with-pandemic/)

Story on our study "Family Members as Coaches for Patients with Type 2 Diabetes" :
[https://news.camden.rutgers.edu/2020/12/innovative-research-project-teaches-families-
how-to-work-together-to-manage-type-2-diabetes/](https://news.camden.rutgers.edu/2020/12/innovative-research-project-teaches-families-how-to-work-together-to-manage-type-2-diabetes/)

National Center for Health in Public Housing (fide@namgt.com) invited (by HACC)
panelist for the following webinar: **HUD Flu LEAD Webinar**. November 17, 2020.

GRANTS:

Take Care Health Promotion Grant - from American Association of Nurse Practitioners
(AANP)- \$2500. 2014.

NIH R34 Grant National Institute of Diabetes and Digestive and Kidney Diseases-
Partners in Managing Diabetes: Addressing Health Beliefs in Primary Care; Impact

Score: 41 Scored not funded. 2013.

Jackson HRSA--17-067-Advanced Nursing Education Workforce (ANEW) Grant: Rutgers University (RU) CARES for Vulnerable Populations, January, 2017. Scored 93. Not funded.

Rutgers University Camden, Provost Grants Program. Catalyst Grant: Being Mindful: Improving Health in Vulnerable Communities, Funded December, 2017. 2017-2019 Catalyst Grant from the Provost Fund for Research. \$4000.00 “Being Mindful: Improving Health in Vulnerable Communities”.

Rutgers University Camden, Provost Grants program: Multidisciplinary Grant: *PI: Dr. Kristin August* (associate professor, FASC-psychology), *Co-PI: Dr. Kathleen Jackson* (assistant professor, SNC), Title: Family Members as Coaches for Patients with Diabetes. Funded December, 2017. 2017-2018 Multidisciplinary Grant from the Provost’s Fund for Research. \$8,000.00. Co-PI with Kristin August PhD, “Family Members as Coaches for Patients with Diabetes”.

Rutgers University Camden, Experiential Education Infusion Grants Program, Experiential Learning Initiative. Title: Wellness in the Community. Funded May, 2018. 2017-2018 Experiential Infusion Grant, full funding \$5000.00 , “Infusing Experiential Learning in the Community”. Completed.

2019-2021 New Jersey Health Foundation, Inc. Grant. \$ 25,000.00 Co-PI with Kristin August PhD, “Family Members as Coaches for Patients with Type 2 Diabetes”.

2019-2020 Team member with PI Kristin August PhD. on Community Design for Health and Wellness Interdisciplinary Research Group \$3000.00 “Family Members as Coaches for Patients with Type 2 Diabetes (phase 3)”.

Served on Wanda Williams Community Impact Grant as Clinician, Spring 2021.