

**Sangita Pudasainee-Kapri, PhD, DNP, RN, APN, FNP-BC, CPN**  
**E-mail: Sangita.pudasaineeKapri@rutgers.edu**

### **Academic Position**

Fall 2020 - Present

Assistant Professor, Rutgers University – Camden

### **Education**

Doctor of Nursing Practice (2020)

Rutgers University

PhD in Child and Family Studies (2017)

Syracuse University

MS in Child and Family Studies (2012)

Syracuse University

Bachelor's Degree in Nursing (2007)

Tribhuvan University, Nepal

Bachelor's Degree in Health Education (2005)

Tribhuvan University, Nepal

### **Fields of Research Interest**

Pediatric Asthma

Health Disparities

Social Determinants of Health

Preterm birth and/Low Birth Weight

Academic, Cognitive, and Mental Health Outcomes

Global Health Policy

### **Research Experience**

#### ***Publications***

**Pudasainee-Kapri, S.** (2020). Providers' Adherence to Evidence-Based Asthma Guidelines in Pediatric Primary Care. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 57, 18-24. <https://doi.org/10.1016/j.pedn.2020.09.020> PMID: 33212342

**Pudasainee-Kapri, S., & Razza, R. A.** (2019). Low Birth Weight and Children's Cognitive Competence: The Role of Maternal Warmth in Early Childhood. *Early Child Development and Care* GECD. <https://doi.org/10.1080/03004430.2019.1590351>.

**Pudasainee-Kapri, S., & Razza, R. A.** (2015). Associations among Supportive Coparenting, Father Engagement and Attachment: The Role of Race/Ethnicity. *Journal of Child and Family Studies*, 24, 3793-3804. <https://doi.org/10.1007/s10826-015-0187-6>

#### ***Manuscripts Under Review***

Atkins, R., Kelly, T., Johnson, S., Deatrack, J., Wunnenberg, M., Joseph, P., **Pudasainee-Kapri, S.**, Gage, G., Pontes, N., & Williams, W. Salient Beliefs and Willingness towards Participating in Genetic Salivary Testing in a Multi-Ethnic Sample of Mothers At-Risk for Depression.

**Pudasainee-Kapri, S.** Moderate Low Birth Weight and Socioemotional Competence Among Children: The Role of Parenting Factors in Early Childhood

#### ***Manuscripts Under Preparation***

**Pudasainee-Kapri, S.,** Zhang Y., & Razza, R. (Anticipated: 2021) “Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children”

Zhang Y., **Pudasainee-Kapri, S.,** & Razza, R. “Early Sleep Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families”

**Pudasainee-Kapri, S.,** (Anticipated: 2021). Low Birth Weight, Developmental Vulnerability and Economic Development in Nepal (*Book Chapter*)

### ***Works in Progress***

- Pudasainee-Kapri, S., Pontes, N. M. H. & Pontes, M. C. The Association Between Bullying Victimization and Asthma Outcomes
- Pudasainee-Kapri, S., Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding

### **Grant Activities**

#### **Internally-Funded Research Grants**

- |      |  |
|------|--|
| 2021 | Rutgers University, Committee on Institutional Equity and Diversity (CIED) Mini Grant “ <i>Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding.</i> ” Role: Principal Investigator (PI) (Amount: \$5000). |
| 2020 | Rutgers University, School of Nursing-Camden, Research start-up fund (Amount: \$5000).   |

#### **External Research Grant**

- |      |   |
|------|---|
| 2021 | Society for Research in Child Development (SRCD) Early Career Grant “ <i>Impact of Preterm Birth on Maternal Mental Health, Parenting Self-Efficacy, and Parent-Infant Bonding: The Role of Race and Ethnicity,</i> ” Role: PI (Unfunded).  |
| 2021 | South Jersey Institute for Population Health (SJIPH) Grant, “ <i>Impact of Preterm Birth on Maternal Psychological Distress, Parenting Self-Efficacy, and Mother-Infant Bonding: The Role of Race/Ethnicity, Social Determinants of Health, and COVID-19 Pandemic</i> ” Submitted and Pending, Role: PI |
| 2021 | Robert Wood Johnson Foundation, Health Equity Scholars for Action “ <i>Factors Influencing Asthma Self-Management Behaviors, Disparities in Asthma Outcomes and Academic Performance among Low-Income Minority Adolescents,</i> ” Role: PI (Unfunded).  |
| 2021 | William T. Grant Foundation, The William T. Grant Scholars Program “ <i>Factors Impacting Asthma Self-Management and Inequalities in Asthma Outcomes,</i>   |

*Quality of Life, and Academic Outcomes among Low-Income Minority Adolescents,” Submitted and Pending, Role: PI*

## **Employment History**

### **Teaching Related Experience**

01/2020 – 05/2020	Teaching Assistant, Rutgers University-Camden
01/2019 – 05/2019	Part-time Lecturer, Rutgers University-Camden
08/2010 – 05/2012	Graduate Teaching Assistant, Syracuse University

### **Clinical Experience**

#### ***Registered Nurse***

12/2017 – 08/2020	Jefferson Washington Township Hospital, Turnersville, NJ
03/2017 – 06/2018	Cooper University Hospital, Camden, NJ
10/2014 – 07/2016	St. Cloud Hospital, St. Cloud, MN
07/2013 – 07/2014	Elmcrest Children's Center, Syracuse, NY
03/2003 – 05/2008	Ministry of Health, Government of Nepal, Nepal
09/2002 – 03/2003	Kanti Children's Hospital, Kathmandu, Nepal
08/2002 – 02/2003	Om Hospital and Research Center, Kathmandu, Nepal

## **Conference Presentations and Participation**

### **Refereed Presentations**

**Pudasainee-Kapri, S. & Zhang Y. (2021).** Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children. Paper presented at 2<sup>nd</sup> Annual Pediatrics & Neonatology Conference, June 29-30, 2021, New York, NY.

**Pudasainee-Kapri, S. (2021).** The Role of Child Gender in the Relationship Between Parental Education and Child Health Care Service Utilization in Nepal. Accepted (but not presented) for Paper presentation at Seventh National Summit of Health and Population Scientists in Nepal, Organized by Nepal Health Research Council.

**Pudasainee-Kapri, S. & Zhang Y. (2021).** Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children. Poster presentation at *the Biennial Conference for the Society for Research in Child Development*, April 7 - 9, 2021.

**Pudasainee-Kapri, S. & Zhang Y. (2021).** Early Sleep Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families. Poster presentation at *Eastern Nursing Research Society, 33rd Virtual Annual Scientific Sessions*, March 25 - 26, 2021

**Pudasainee-Kapri, S. (2020).** Developmental Pathways between Low Birth Weight and Children's Cognitive and Socioemotional Competence: The Role of Maternal Warmth in Early Childhood. Accepted (but not presented) for poster presentation at *Eastern Nursing Research Society, 32<sup>nd</sup> Annual Scientific Sessions*, March 26-27, 2020.

**Pudasainee-Kapri, S. & Razza, R. A. (2013).** Associations among supportive coparenting, father engagement and mother-child attachment: The moderating role of Race/Ethnicity. *Poster presented at Biennial Conference for the Society for Research in Child Development, Seattle, WA, April 2013.*

### **Invited Presentations**

**Pudasainee-Kapri, S. (2021).** COVID-19 Pandemic: Child Health, Wellbeing, and Child Protection. Provincial dialogue on child protection and child case management at health institution in emergency situation in Nepal (Lumbini Province), June 5, 2021 (Invited Speaker)

**Pudasainee-Kapri, S. (2021).** COVID-19 Pandemic: Child Health, Wellbeing, and Child Protection. *Provincial dialogue on child protection and child case management at health institution in emergency situation in Nepal (Bagmati Province), May 27, 2021 (Invited Speaker)*

**Pudasainee-Kapri, S. (2021).** Maternal and Child Health Nursing Practice in the United States. *Pediatric Nurses Association of Nepal (PNAN), 3<sup>rd</sup> Annual Day Seminar, March 6, 2021 (Invited Speaker).*

**Pudasainee-Kapri, S. (2020).** Impact of COVID-19 Pandemic on Children's Health and Wellbeing. *Nepalese American Nurses Association (NANA), 8<sup>th</sup> Annual Seminar December 18, 2020 (Keynote Speaker).*

**Pudasainee-Kapri, S. (2018).** Cultural Competency in Health Care. *Nepalese American Nurses Association (NANA), 6<sup>th</sup> Annual Seminar, November 3, 2018 (Invited Speaker).*

**Pudasainee-Kapri, S. (2017).** The Role of parenting Processes in the Association between Moderate Low Birth Weight and Children's Academic and Socioemotional Competence. *Tribhuvan University, Maharajgunj Nursing Campus, Nepal, July 15, 2017 (Invited Speaker).*

### **Other Presentations, Webinars, Interviews, Lectures, Expert Panels, & Demonstrations**

Linz, S., **Pudasainee-Kapri, S.,** & Cypress, B., (04/2021). "Diversity, Equity, and Inclusion, What Our Students Had to Say." Presented at Faculty Organization meeting, Rutgers University, School of Nursing-Camden.

**Pudasainee-Kapri, S. (04/2021).** Served as a Nursing Facilitator for Virtual Interprofessional Team Experience Learning Event, April 22, 2021. Organized by Rutgers University Interprofessional Practice, Education, and Innovation partnering with regional pharmacy, medical, social work, and PA programs.

Linz, S., **Pudasainee-Kapri, S.**, & Cypress, B., (04/2021). Conducted workshops entitled “Diversity, Equity, and Inclusion” among Undergraduate and Graduate Nursing Students from Diverse Backgrounds at Rutgers University, School of Nursing-Camden.

2021. National Minority Quality Forum Annual Leadership Virtual Summit on Health Disparities and Health Braintrust; 4/27/2021 to 4/28/2021 (Participation in the Conference and 40 Under 40 Leaders in Minority Health Award Reception).

**Pudasainee-Kapri, S.** (2017). Low Birth Weight and Developmental Vulnerability: The Role Parenting and Socio-demographic Factors. *US-Nepal Policy Research Center, 2<sup>nd</sup> Annual Conference, Springfield, VA, September 2017.*

2019. Jefferson Nursing Research Conference, May 2, 2019, Thomas Jefferson University, PA (Conference Participation).

**Pudasainee-Kapri, S.** (2018). AACN Faculty Development Conference, as part of Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, November 14-15, 2018. New Orleans, LA (Conference Participation).

2018. Jefferson Nursing Research Conference, Philadelphia PA, May 3, 2018 (conference participation).

### **Honors and Awards**

2021	2021 Strategic Poster Award – Exemplifying Interdisciplinary Research related to Children’s Development by The Society for Research in Child Development
2021	40 Under 40 Leaders in Minority Health Award, National Minority Quality Forum
2020	Certificate of Recognition, Community Leadership Center, Rutgers University-Camden
2019	Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing
2018	Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing
2018	Nurse Faculty Loan Awards, Rutgers University, School of Nursing-Camden
2017	Human Development and Family Science Doctorate Award for Research Excellence, Syracuse University
2016	The Dean Edith Smith Dissertation Award, Department of Human Development and Family Science, Syracuse University
2015	Outstanding Newbie Award, St. Cloud Hospital, St. Cloud MN
2013	Travel Grant Subsidy for the SRCD Biennial Conference Presentations, Graduate Student Organization (GSO), Syracuse University
2012	Graduate Student Master’s Prize, David B. Falk College of Sport and Human Dynamics, Syracuse University
2011 - 2013	Stipends from the Future Professoriate Program (FPP), Syracuse University
2012	Syracuse University Graduate Fellowship, Syracuse University

2010 - 2012 Graduate Assistantship, Department of Human Development and Family Science, Syracuse University

### **Certifications/Licenses**

- Family Nurse Practitioner-Board Certified (Issued: 08/17/2020, Exp.: 08/16/2025, Certification #: 2020038538)
- New Jersey Advanced Practice Nurse (Issued: 12/09/2020; Exp.: 05/31/2022; License # 26NJ01088900)
- New Jersey Registered Professional Nurse (Issued: 08/29/2016; Exp.: 5/31/2022, License # 26NR18884800)
- Pennsylvania Registered Professional Nurse (Issued: 12/15/2016; Exp. 04/30/22, License # RN690578,)
- Certified Pediatric Nurse, Pediatric Nursing Certification Board (Issued: 06/15/2016, Exp.: 02/28/2023; Certification #: 20161810)
- Certificate of Advanced Study in Global Health (2014), Syracuse University
- Basic Life Support/CPR Certification (Active)

### **Affiliation and Membership**

- Sigma Theta Tau International Honor Society of Nursing
- American Association of Nurse Practitioners (AANP)
- American Psychological Association (APA)
- Eastern Nursing Research Society (ENRS)
- Graduate Nursing Student Academy (GNSA)
- Society for Research in Child Development (SRCD)
- Nepalese American Nurses Association (NANA): Life Member
- Nursing Association of Nepal (NAN): Life Member

### **Academic Service**

#### **Rutgers University (University-wide)**

2020-present: Member, Chancellor's Advisory Council on Undocumented Students

#### **Rutgers University, School of Nursing – Camden**

2020-present Member, School of Nursing Long Range Planning Committee

2020-present Sub-Committee Member, Diversity and Inclusion

### **External Service**

#### **Research Manuscript Reviewer**

2020 – present International Journal of Nursing and Health Care Research

2020 – present Journal of Pediatric Nursing: Nursing Care of Children and Families (JPN)

2021 – Present World Journal of Pediatrics (WJOP)

### **Other Professional and Community Service**

2021 Faculty Volunteer at COVID Vaccine Clinic in Camden NJ

2020 to present Faculty Volunteer for DNP Prospective Student Interviews and Virtual Information Sessions, Rutgers University, School of Nursing – Camden

2020 – 2022 Executive Board Member, Nepalese American Nurses Association (NANA)

02/2018 – 08/2020	Jefferson Health, EBP/Research Council Committee
04/2018 – 05/2020	Jefferson Health, Clinical Practice Guidelines Champion and EPIC Superuser
01/2018 – 06/2019	Jefferson Washington Township Hospital, Unit Council Committee
01/ 2015 – 07/ 2016	St. Cloud Hospital, Patient Satisfaction Committee
08/2015 – 07/2016	St. Cloud Hospital, Healthy Work Environment Committee
01/2015- 07/2016	St. Cloud Hospital, Integrative Therapy Committee
08/2012 – 04/2017	Syracuse University Student Council on Family Relations
02/2016- 04/2016	Clinical Preceptor for Capstone Student, St. Cloud Hospital
8/2012 – 04/2017	Syracuse University Student Council on family Relations (SUSCFR)
08/2012 – 05/2014	Future Professoriate Program at Syracuse University

### **Professional Development**

7/2021	Participated in Faculty Summer Writing Bootcamp, organized by Office for Faculty Development, Rutgers University from 05/2021 to 07/2021.
6/2021	Attended Workshop “Working with Collaborators” by Dr. Joanne Cattfesta, Rutgers Office for Faculty Development & Jianping Xu, RWJMS INSPIRE Postdoctoral Research and Education Program
4/2021	Attended Next Generation NCLEX (NGN): Writing NGN Test Items, hosted by Elsevier Education.
4/2021	Attended grant workshop “Funding Your Research in the Humanities and Social Sciences” hosted by Office for Faculty Development, Rutgers University
3/2021	Attended virtual event “Next Generation Testing with Clinical Judgment Exams: Online Testing Tools for Every Student” hosted by Exam Soft.
3/2021	Next Generation NCLEX®: Preparing Practice-Ready Nurses Event by Elsevier Education.
3/2021	Attended presentation entitled “Using My Bibliography and ORCID in SciENcv to Create NIH and NSF Biosketches”, hosted by Yingting Zhang, MLS, AHIP; Research Services Librarian, Rutgers University
3/2021:	Attended Panel Discussion “Adversity and Resilience: Implications for Child Well-Being” organized by Child Health and Well-Being Research Group and Rutgers Office for Faculty Development.
3/2021	Attended webinar “Asthma Rehabilitation- A novel approach for patients with very poorly controlled asthma” presented by Weisman Children's Hospital and Rehabilitation
2/2021	Attended Grants Series workshop. Rutgers Office for Faculty Development, Rutgers University
1/2021	Program for Early Career Excellence (PECE), Rutgers Office for Faculty Development, Rutgers University
1/2021	Attended CTTAR Workshops “ <i>Remote/Online Instruction in Fall 2020: What We Learned</i> ” hosted by Center for Teaching Advancement & Assessment Research, Rutgers University
12/2020	Attended Symposium “ <i>Thinking Beyond Walls: The Role of Nursing in Community Based Organizations</i> ” hosted by Rutgers University, Center for Professional Development

- 11/2020 Attended Virtual Discussion “*Secondary Impacts of Pandemic on Child Health & Well-Being*” organized by Child Health and Well-Being Research Group and Rutgers Office for Faculty Development
- 11/2020 Attended workshop “*Project- and Problem-Based Learning for Experiential and Engaged Civic Learning Courses*” offered by Rutgers Division of Student Academic Success and the Office of Civic Engagement.
- 11/2020 Attended *Rutgers–Camden Faculty 7th Annual eLearning Conference* hosted by Rutgers Instructional Design and Technology Center
- 1/2020: Attended Panel Discussion “*Leveling the Playing Field - Disability Services 101*” hosted virtually by the Chancellor’s Advisory Board on Disability, Rutgers University
- 10/2020: Attended Panel Discussion “*Unlocking College Access: Minority Success in Unexpected Spaces*” hosted by the Community Leadership Center, Rutgers University
- 2019 American College of Physicians- MIT Mini-Hackathon, Philadelphia, PA
- 2018/19 Clinical Practice Guidelines and EPIC Superuser Training, Jefferson Health
- 2011-2013 Future Professoriate Program (FPP) Training, Syracuse University

### **Skills**

Computer: SPSS, AMOS, STATA, M-Plus, e-MAR, EPIC, SORIAN, Microsoft Office (Word, Excel, and PowerPoint), CANVAS, BLACKBOARD

Language and Cultural Competency: Nepali (Fluent), English (Fluent), Hindi (Beginner)

### **References**

Available upon request

**Last Updated:** August 2021