

Wanda M. Williams, PhD, RN, WHNP-BC, CNE

Contact Information

Work Address:

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Education

Postdoctoral Fellowship, University of North Carolina at Chapel Hill, 2011-2013.

PhD - Nursing, University of North Carolina at Greensboro (UNCG), December 2010.

Post-Master's, Women's Health Nurse Practitioner, UNC-Chapel Hill, 1997.

MSN - Nursing Administration, University of North Carolina at Greensboro (UNCG), 1989.

BSN, North Carolina Central University (NCCU), Durham, NC, 1985.

Certificates and Licenses

- Certified Nurse Educator (CNE): NLN 539373, August 2019 – December 2024
 - National Provider Identifier (NPI): 1730229535
 - Registered Nurse (RN), New Jersey: 26NR16842400
 - Advance Practice Nurse (APN), New Jersey: 26NJ00504800
 - Registered Nurse, North Carolina, licensed since 1985: 90514 (Active)
 - Women's Health Nurse Practitioner, National Certification Corporation. Certified since 1998 - Ongoing
 - Basic Life Support for Health Care Providers, American Heart Association - Ongoing
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Employment History

TEACHING

- | | |
|--------------|---|
| 2013-present | Rutgers, The State University of New Jersey School of Nursing-Camden <ul style="list-style-type: none">• Program Director of the Doctor of Nursing Practice (DNP) program (2021 -)• Associated Clinical Professor (2021 -)• Assistant Professor (2013-2020) |
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Courses taught at Rutgers:

Graduate - Doctor of Nursing Practice (DNP):

APN Role Transition (58:705:526) - Hybrid

- Spring: 2017, 2018, 2019, 2020, & 2021

Women's Health & Perinatal (58:705:669)

- Spring: 2019, 2020, & 2021

Undergraduate:

Nursing of Women and the Childbearing Family (57:705:301)

- Fall 2013, 2014, 2015 & 2016; (Sabbatical leave-2017); Fall 2018 & Spring 2020

Wellness and Health Assessment (57:705:203)

- Course Coordinator; Lead Faculty
Fall 2013, Summer 2014.

Community Health Nursing and Global Health (57:705:405)

- Course Coordinator; Lead Faculty - Spring 2014.

Nursing Research (57:705:411)

- Spring 2013; Fall 2014 & 2015; Spring 2016

Seminar on Professional Nursing (57:705:101)

- Summer 2014, Spring 2015, 2016, 2017, 2018 & 2019

Fall 2015 & 2016

Guest Lecturer: Introduction to Health Sciences (50:499:101) at Rutgers-Camden. Topic: Overview of the Nursing Profession.

Other Schools:

2011-2013

(Summer terms)

Adjunct Assistant Professor, Winston-Salem State University School of Health Sciences, Division of Nursing Winston-Salem, NC

Primary Health Care of Women in Families (NUR 6322) – DNP (graduate)

2012

Guest Lecturer: NUR 833: Specialty Care of Women at The University of North Carolina at Chapel Hill. Topic: Management of Abnormal Pap Smears: Colposcopy

2010-2011

Durham Technical Community College Durham, NC -Taught the foundational course for Certified Nursing Assistant (CNA).

1990-1991

OB Clinical Instructor, North Carolina Central University, Durham, NC

MANAGEMENT / LEADERSHIP

08/2020 - 2022

Member since
2014

Co-chair of the Chancellor's Committee on Institutional Equity and Diversity (CIED).

- Executed programs and policies to promote and ensure diversity and equity on the campus
- Collaborated closely with the Chancellor to facilitate programs that promoted inclusiveness, especially with recruitment and hiring of diverse faculty.

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|-------------------|---|
| 1/2020 – 12/2020 | Fellow of the NLN Leadership Institute – LEAD <ul style="list-style-type: none"> • Motivated to develop and strengthen leadership skills aimed at academia. • Cultivated enhanced communication and negotiating skills. • Initiated a “Student’s Success and Retention” program to identify at-risk students to foster students’ success throughout the nursing program. |
| 2019 – 2021 | <i>Chair of Scholastic Standing and Recruitment Committee</i> <ul style="list-style-type: none"> • Guided the discussion of student’s academic standing and facilitate disposition of a student based on standing policies and procedures. • Facilitated the revisions of academic policies related to student enrollment, progression and re-admission. • Aligned support for recruitment events within the nursing department |
| 8/2018 – 5/2020 | <i>Course Coordinator for Maternity Nursing (50:705:301)</i> <ul style="list-style-type: none"> • Planned, facilitated, and implemented the maternity curriculum to ensure quality and consistency among the classes. • Collaborated with colleagues to ensure course objectives were being met. • Conceptualized and implemented clinical processes (virtual clinical) utilizing ATI videos to meet clinical objectives. • Ensured integration of ATI throughout the course with appropriate remediation and follow-up. |
| 8/2018 – 5/2019 | Chair Curriculum Committee <ul style="list-style-type: none"> • Guided the review and implementation of curriculum updates and changes. • Facilitated the development of new courses. • Lead the new curriculum mapping initiative. |
| Member since 2017 | |
| 8/2018 – 5/2019 | Co-chair Faculty Organization Committee <ul style="list-style-type: none"> • Collaborated closely with the Dean of Nursing to facilitate program governance and communication among faculty. • Formulated and facilitated the agenda and monthly meeting with faculty • Ensured the integrity and formulation of minutes and policies. |
| 1994-1997 | Director of Women's and Infants - Maria Parham Hospital, Henderson, NC. <ul style="list-style-type: none"> • Managerial oversight and budgetary responsibility for the running of the Women's and Infants Unit, which consisted of labor & delivery, postpartum, the nursery, and a GYN surgery. • Essential member of the nursing council for the Nursing department. |
| 1992-1994 | <i>Obstetrical Unit Manager</i> - Granville Medical Center, Oxford, NC. <ul style="list-style-type: none"> • Managerial oversight and budgetary responsibility for the running of the Nursery, Postpartum, and Labor & Delivery. |
| 1990-1992 | Nursing Administrative Supervisor - Alamance County and Alamance Memorial Hospitals (now Alamance Regional Medical Center), Burlington, NC. |

- Supervised the nursing department during off hours, with full managerial oversight.

CLINICAL PRACTICE

Women's Health Nurse Practitioner:

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|--------------|---|
| 2020-Present | Axia - Regional Women's Health Group of New Jersey (per diem) |
| 2016-2019 | Planned Parenthood of Northern, Central and Southern New Jersey |
| 2012-2013 | Orange County Health Department Chapel Hill, NC |
| 2011-2012 | Duke University Health System, Obstetrics and Gynecology, Durham, NC |
| 2006-2007 | Central Family Practice, Durham, NC |
| 1998-2011 | Nurse Practitioner, Durham County Health Department, Obstetrics and Family Planning |
| 1997-1998 | Beckford Medical Center, Henderson, NC (M, W, F) |
| 1997-1998 | Warren Women's Health Center, Henderson, NC (T & Th) |

Registered Nurse (RN):

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|-----------|---|
| 1997-1998 | Staff Nurse – Labor & Delivery (Per Diem), Duke University Medical Center, Durham, NC |
| 1985-1994 | Staff Nurse (Labor & Delivery & Geriatric medicine unit) Durham Regional Hospital, Durham, NC |

Professional Development

TEACHING:

- Clinical Judgment and Next Generation NCLEX workshop conducted by Linda Caputi, EdD, MSN, CNE, ANEF, RN. Rutgers School of Nursing-Camden. 6-contact hours, September 14, 2019
- NLN's Certified Nurse Educator Prep Course – June 7, 2019
- A National Council Licensure Exam (NCLEX) Regional Workshop, Monmouth, NJ - 1/9/15
- Advanced eCollege Training, (ClassLivePro (CLP) powered by Blackboard Collaborate), Rutgers University, Camden, NJ - 2/21/14
- 5th Annual Online Hybrid Learning Conference, Rutgers University, New Brunswick, NJ - 1/16/14
- Excellence in Teaching Course for Nurse Educators (Summer Institute), Marilyn H. Oermann, PhD, RN, ANEF, FAAN - The University of North Carolina at Chapel Hill, NC. 45-ANCC contact hours.
Date: 5/20/13 – 5/24/13

CLINICAL:

- Nexplanon (Implanon) – Clinical Training Program, Organon USA Inc., Raleigh NC, 2007. Updated Philadelphia, 10/2016 & 5/2019
- Paragard T380A Training Program, DuraMed Pharmaceuticals, Inc., Durham, NC, 2008

- Colposcopy for Advanced Practice Program, Emory Regional Training Center, Atlanta, Georgia - 2004.

Honors and Awards

Fellowships

- Digital Teaching Fellow – 2017, Rutgers University - Camden
- NIH Fellow - The Sixteenth Annual Summer Institute on Randomized Behavioral Clinical Trials sponsored by The NIH Office of Behavioral and Social Sciences Research (OBSSR) in collaboration with the National Heart, Lung, and Blood Institute (NHLBI), July 10 - 22, 2016. Airlie, Warrenton, VA 20187
- Advanced Methods in Population-Based Health Disparities Research (Summer Research Institute), Center for Health Equity Research at the University of Pennsylvania's School of Nursing, June 1-5, 2015
- Civic Engagement Faculty Fellow, The Office of Civic Engagement Rutgers, The State University of New Jersey - Camden, Spring 2014.
- Physical Activity and Public Health Fellow, Centers for Disease Control and Prevention & University of South Carolina, Arnold School of Public Health, Park City, UT, September 10-18, 2013.

| Year | Professional Awards and/or Honors |
|----------------|--|
| 2017 | The "Excellence in Professional Nursing Practice" awards from Rutgers School of Nursing-Camden |
| 2016 | Chancellor's Committee on Institutional Equity and Diversity (CIED) Grant |
| 2011 | Outstanding Dissertation Award, The Gamma Zeta Chapter of Sigma Theta Tau International Honor Society of Nursing. The University of North Carolina at Greensboro, North Carolina |
| 2008 | Johnson and Johnson Minority Nurse Faculty Scholar, American Association of Colleges of Nursing. (http://www.aacn.nche.edu/students/scholarships/JJScholarsF08.pdf) |
| 2008 | Triangle Region Scholarship, The North Carolina Nurses Association |
| 2008 | Ruby Gilbert Barnes Scholarship, University of North Carolina at Greensboro |
| 1990 - ongoing | Sigma Theta Tau International, Honor Society of Nursing, Gamma Zeta Chapter, University of North Carolina at Greensboro |
| 2007 | Dare to Make a Difference Honoree, The Ebonettes Service Club |
| 2006 | Outstanding Alumni Award, North Carolina Central University, Nursing Alumni Association |
| 2005 | Outstanding Alumni Award, North Carolina Central University, Nursing Alumni Association |
| 2001 | Nurse Practitioner of the Year for the State, North Carolina Nurses Association |
| 1985 | Graduated Cum Laude, North Carolina Central University |

Research Agenda / Activities

- Research interest focuses on improving health outcomes for women across the lifespan (multigenerational) through an interdisciplinary approach that promotes physical activity. Believing that by promoting better health habits (lifestyle behavior modification) in adolescence, will lead to better health outcomes in adulthood. Research goal is directed at designing theory-driven behavioral interventions aimed at improving physical activity in minority females to reduce their incidences of obesity, heart disease and diabetes, which is much more prevalent in minority females and can be directly linked to physical inactivity.
- Conducted a quantitative study with female college students to explore students' behavior and perceptions of physical activity and to explore for any racial/ethnic differences among female students, 2018.
- Conducted secondary Analysis of National Health Interview Survey (NHIS) data to explore factors with Black women meeting physical activity guidelines, 2017.
- **Postdoctoral Fellowship:** University of North Carolina at Chapel Hill, Interventions to Manage & Prevent Chronic Illness. A mixed-method study to explore Black mothers' and daughters' insight and attitudes regarding physical activity: Barriers or factors that promote and/or hinder. 2011-2013.
- **Dissertation:** *A Church-based Intervention to Promote Physical Activity in Black Adolescent Girls*. 2010, 185 pages. A 12-week church-based physical activity intervention for Black adolescent girls, aimed at changing attitudes that would result in a significant increase in physical activity. Published Dissertation UMI 3434199. Greensboro, NC: The University of North Carolina at Greensboro.

Publications

Chapter in a book: **Williams, W.** (2021). Chapter 10: Physical Activity Interventions among African American Women. In A. Vermeesch (ed.). *Integrative Health Nursing Interventions for Vulnerable Populations*. Springer Publications.

Articles in Refereed Journals (*Data based)

*Pontes, N., & **Williams, W.** (2021). Interactions between race/ethnicity and gender on physical activity among US high school students: Youth risk behavior survey 2011-2017. *Journal of Pediatric Nursing*.

Williams, W., & Ayres, C. (2020). Can active video games improve physical activity in adolescents? A review of RCT. *International Journal of Environmental Research and Public Health*, 17(669). doi:10.3390/ijerph17020669. Retrieve from <https://www.mdpi.com/1660-4601/17/2/669>

Rahshida, A., Kelly, T.A., **Williams, W.**, Linz, S., Jackson, K., Lewis, H., Davis-Halty, N., & Wunnenberg, M. (2020). Academic-community partnerships: A collaborative, pilot, intervention that improves psychosocial outcomes in young to middle aged adult mothers at-risk for depression.

- ***Williams, W. M.**, Morris, L., & Scalera, N. (2019). Healthy choices can be fun: An overview of an in-school nutritional program for middle school girls. *Open Access Journal of Public Health*, 2 (4). (ISI indexed) (ISSN 2637-7713)
- ***Williams, W. M.**, Vermeesch, A., MacLean, L. (2019). Factors associated with Black & Latina women meeting the US federal physical activity guidelines: Secondary analysis of NHIS data. *ARCH Women Health Care Volume 1*(4), 1–7.
- ***Williams, W. M.**, Sienko, D.M., & Chittams, J. (2018). Promoting physical activity among female college students: Identifying possible racial differences. *American Journal of Health Studies*, 33(3), 80-88.
- ***Williams, W. M.**, Yore, M., & Whitt-Glover. (2018). Estimating Physical Activity Trends Among Blacks through Examination of Four National Surveys. *AIMS Public Health*, 5(2), 144-157. doi: 10.3934/publichealth.2018.2.144
- *Atkins, R., Gage, G., Kelly, T., Joseph, P., Johnson, S., Ojo, E., & **Williams, W.** (2018). Exploring expressions of depression in black single mothers. *Issues in Mental Health Nursing*, <https://doi.org/10.1080/01612840.2018.1466942>
- ***Williams, W. M.**, Alleyne, R., & Henley, A. (2017). The Root of Physical Inactivity Among Black Women: Identifying Exercise Friendly Hairstyles. *The Journal of the National Black Nurses Association (JNBNA)*, 29(2), 26-31.
- ***Williams, W.**, & Berry, D. A. (2016). Qualitative Study: Black girls' perceptions of why physical activity decline in high school? *Journal of the National Black Nurses Association*, 26(2). 60-66.
- *Berry, D.C., **Williams, W.M.**, Hall, E.G., Heroux, R., & Lewis, T.B. (2016). Imbedding interdisciplinary diabetes group visits into a community-based medical setting. *The Diabetes Educator*, 42(1), 96-107. doi: 10.1177/0145721715620022.
- Williams, W.**, & Yeo, S. (2014). Is attitude a key factor to consider when designing physical activity interventions for Black adolescent girls: A review. *Journal of Black Psychology*, doi: 10.1177/0095798414551790
- ***Williams, W.**, & Berry, D. (2014). It's time to get moving: What African American mothers say about physical activity. *The Journal of the National Black Nurses Association*, 25 (2), 47-54.
- (Name changed from Thompson to Williams)
- ***Thompson, W.**, Berry, D. & Hu, J. (2013). A church-based intervention to change attitudes about physical activity among Black adolescent girls: A feasibility study. *Public Health Nursing*, 30(3), 221-230. doi: 10.1111/phn.1200
- Thompson, W.** (2011). Physical inactivity of Black adolescent girls: Is it all about attitude? *Home Health Care Management and Practice*, 23(3), 186-192.
- Thompson, W.**, & Barksdale, D. (2010). Physical inactivity in female African American adolescents: Consequences, cost, and care. *The Journal of National Black Nurses Association*, 21(1), 39-45.
- Thompson, W.** (2010). Adolescent health: Obesity and physical activity. *AHA: Connections*, 8(3), 13-14.

Publications in Progress:

- Invited to submit an article for publication for a Special Issue: "Physical Activity and Healthy Lifestyle " for the International Journal of Environmental Research and Public Health (IJERPH). Title of manuscript: *The influence of Sociocultural factors on Physical Activity behavior among Black and Latina Women: Systematic review*. Will be first author.

Presentations, Abstracts & Posters (*Data based)

National:

- (Invited speaker) Williams, W.** (October 17, 2017). *Is Attitude a Key Factor to Consider When Designing Physical Activity Interventions for Black Adolescent Girls*. Oral presentation during 38th International Conference on Nursing and Healthcare at Hilton New York, JFK Airport Hotel, New York
- *Williams, W.** (April 7, 2017). Factors associated with Black women meeting physical activity guidelines: Secondary Analysis of NHIS data. Oral presentation during ENRS 29th Annual Scientific Sessions, Sheraton Philadelphia
- *Williams, W.** (November 1, 2016). *It's all about F.U.N: A church-based intervention to promote physical activity in African American adolescent girls*. Oral presentation during the American Public Health Association (APHA) 2016 Annual Meeting & Expo, Denver Colorado
- *Vermeesch, A., Williams, W., & MacLean, L.** (September 2016). *Physical Activity Trends Among Minority Women* for the 19th Annual NPWH Premier Women's Healthcare Conference, New Orleans. National Association of Nurse Practitioners in Women's Health [NPWH] (Poster).
- *Berry, D.C., & Williams, W.M.** (July 21-25, 2016). *Optimizing diabetes self-management outcomes in low-income ethnic minority patients in the United States* for Sigma Theta Tau International's 27th International Nursing Research Congress in Cape Town, South Africa for Session: Health Promotion & Disease Prevention (Poster).
- *MacLean, L., Williams, W., and Vermeesch, A.** (June 2016). *Correlations Between BMI, Acculturation, and the US Department of Health and Human Services 2008 Physical Activity Guidelines in Latinas*, accepted for poster presentation at 7th Annual Latino Health Equity Conference, Portland, OR (Poster).
- *Berry, D.C., & Williams, W.M.** (October 2015). *Diabetes group visits improve diabetes self-management in low-income minority patients*. Advancing Science, Improving Lives: National Institute of Nursing Research's (NINR) 30th Anniversary Scientific Symposium and Poster Session, Bethesda, Maryland (Poster).
- *Berry, D.C., & Williams, W.M.** (October 2015). Diabetes group visits do improve metabolic control. American Academy of Nursing Annual Conference, Bethesda, Maryland (Poster).

***Williams, W.** (April 2015). *Is the School Environment Contributing to Physical Inactivity Among African American High School Girls?* Eastern Nursing Research Society (ENRS) 27th Annual Scientific, Washington, DC. (Poster).

(Name changed from Thompson to Williams)

***Thompson, W.** (November 2013). What Black Mothers and Daughters Say About Being Physically Active. The Obesity Society Annual Scientific Meeting, Atlanta, GA. (Poster).

***Yeo, S., Logan, J., & Thompson, W.** (March 2013). *Duration of Exercise, Work, and Sedentary Activities of Low-Income Pregnant Women.* 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), San Francisco, California (Poster).

***Thompson, W.** (September 2010). *It's all about F.U.N: A church-based intervention to promote physical activity in African American adolescent girls.* The Obesity Society Annual Scientific Meeting, San Antonio, Texas (Poster).

***Thompson, W., & Nichols, T.** (February 2010). *The mother-daughter bond: A key to promoting physical activity in adolescent girls.* The Annual Research Conference of the Southern Nursing Research Society: Health Care Challenges in the Next Decade. Austin, Texas. (Poster was rated in the top 10%)

Thompson, W. (February 26, 2010). *The mother-daughter bond: A key to promoting physical activity in adolescent girls.* Annual Minority Health Conference Building Community in the Age of Information: Fighting Health Inequality in the Modern World. Chapel Hill, North Carolina (Poster).

Local / Regional Presentations:

***Invited Speaker:** 2019 Chancellor's Spring Research Symposium. *"Considering racial difference when implementing physical activity programs among college females"* April 22, 2019

***Eta Mu Chapter of STTI, Fall Research Program.** *"Promoting Physical Activity Among Female College Students: Identifying Racial Differences,"* Rutgers University-Camden. Date: September 27, 2018

Invited panelist (Social Work, Nursing, & Psychology) for a *"Self-Care Panel"* aimed at students that will be employed in "Helping Professions." Sponsored by the School of Social Work. Rutgers University-Camden. Dates: March 2015 and October 2015

***Let's Get Moving Toward Better Health,** presented at the Chancellor's Junior Faculty Research Seminar, Rutgers-Camden, April 30, 2015. Chancellor: Phoebe A. Haddon, J.D., LL.M.

Health issues facing Black women: How not to become a statistic. Woman's Fellowship Brunch at St. John Baptist Church of Pennsauken, NJ, March 2015

Lifestyle choices to being healthy: The importance of physical activity. Youth workshop. St James Gospel Baptist Church, Durham NC, October 10, 2012.

***Berry, D.C., Lewis, T., Thompson, W.M., Hall, E.G., Neal, M. Neiters, M., & Radar, M.,** Results from the diabetes group visits study. Alliance Medical Ministry Executive Board, Raleigh, NC, March 2014. (Name changed from Thompson to Williams)

Diabetes Management: Physical Activity & Diet for the “Genesis Home.” Representing the Community Health Coalition, Inc. Durham NC, March 12, 2012.

Facts and myths about sex: Talking abstinence, Youth Workshop. St James Gospel Baptist Church, Durham NC, June 26, 2010.

Don't Be A Statistic: An Overview of Sexual Transmitted Infection, Incidences & Prevalence, The Leadership Advantage Program for the University of North Carolina at Chapel Hill, April 14, 2009.

Keeping It Safe: Contraceptive Methods and STD's Overview. TEAS (Together Everyone Accomplish Something) –John Avery's Boys & Girls Club-Teen community group, 2004 & 2007.

What Parents Need to Know About Their Teens and Sex. Local Parent Group; GSP Baptist Church - Youth Conference, August 15, 2006.

Pap Smears & Fibroids: What Women Need to Know. Women's Health Forum for Grace AME Zion Church, August 19, 2005.

What Teens Need to Know About Sex. John Avery's Boys & Girls Club, July 15, 2005

Editorial Activities

Journal Manuscript Reviewer

Journal of Nursing Practice Applications and Reviews of Research

Journal for Nurse Practitioners (Elsevier), June 2016 - ongoing

Journal of Adolescent Health (Elsevier), August 2016 - ongoing

Health Promotion Practice, June 2018 - ongoing

Contemporary Clinical Trials, November 2018

The Journal of Black Psychology (Sage), January 2017

Journal for Nurse Practitioners (Elsevier), May 2016

Journal of Child and Family Studies (Springer), June 2013.

Journal of Physical Activity & Health (Human Kinetics Journals), May 2012.

Journal of Physical Activity & Health (Human Kinetics Journals), February 2011.

Preventing Chronic Disease (USDHHS), May 2010.

Mentoring & Tutoring: Partnership in Learning (Rutledge), October 2009.

Professional Affiliations

Membership/Offices Held in Scholarly and Professional Societies

- **American Nurses Association / New Jersey State Nurse Association, 2013 – Ongoing**
 - **ANA: 1/2020-12/2020:** Appointed to serve on the Committee on Honorary Awards Appointed to serve on the Committee on Honorary Awards – Makes recommendations Re: award policies/procedures, recipients of awards sponsored by ANA, and new national awards sponsored by ANA. Evaluates the overall awards program. Reviews award criteria to ensure adherence to the National Awards Program Guide
- Sigma Theta Tau International, Honor Society of Nursing - Gamma Zeta Chapter, 1990-Present.

- **2018-2020: Elected** to serve on the Research/Awards Committee for Eta Mu Chapter- School of Nursing, Rutgers-Camden
 - American Association of Nurse Practitioners (AANP), 2017 – Ongoing
 - Eastern Nursing Research Society (ENRS), 2013 - Ongoing
 - The Council for Advancement of Nursing Science, 2011- 2018
 - The Obesity Society (National Organization), 2011-Fall 2014
 - Chair, The Diversity Section, 2013-14
 - Chair Elect, The Diversity Section, 2012-13
 - Southern Nursing Research Society, 2008-2012.
 - North Carolina Nurses Association (NCNA) / ANA, 1989-2013.
 - NP Council, 2003-2008
 - Awards Committee, 2002-2003
 - Director for District 11, 1993-1994
 - Cabinet on Marketing, 1992-1994
 - Vice President of District 11, 1992-1993
 - Convention Delegate, 2011, 2009, 2007, etc.
- NCCU Nursing Alumni Association, 2002-2015.
- President (elected), NCCU Nursing Alumni Association, 2004-2007.
- Chi Eta Phi Sorority, Pi Chapter, Durham NC, 1987-1995 (Inactive)

Engagement & Community Involvement

Service to Rutgers University, Camden

- [The Committee on Institutional Equity and Diversity \(CIED\)](#). 2014-present
 - Co-Chair: 2020-2022
 - Faculty Diversity Initiatives sub-committee (2017)
- Member of the Dean Search Committee for the School of Nursing, May 2017- January 2018
- Member of the search Committee for Grant Facilitator / Research Coordinator position, April 2016 – June 2016
- Member of the Faculty Search Community, School of Nursing 2015-2016
- Research Committee, to address our Strategic-Planning Initiatives and Commitments for the Camden campus, 2015
- University Advisor for the Alpha Kappa Alpha (AKA) Sorority, Inc., Camden Campus 2014 - 2016

Service to Rutgers School of Nursing-Camden

- Member of the Faculty Search Committee, School of Nursing, January 2020 – Sept 2020
- Scholastic Standing and Recruitment Committee
 - Chair: 2020 – 2021
 - Co-Chair 2019 - 2020
- Member of the Graduate and Professional Programs Committee, September 2019 – 2021
- Appointed Co-Diversity Officer, School of Nursing – Rutgers Camden, September 2018 - Ongoing

- Course Coordinator for Maternity Health, School of Nursing – Rutgers Camden, August 2018 - 2020
- Co-Chair for the Faculty Organization Committee, September 2018 – 2019
- Member of the Curriculum Committee 2016-2019, serving as co-chair 2018-2019
- Member of the Faculty Search Committee, School of Nursing - February 2017- May 2017
- School of Nursing PhD Taskforce, 2014 – 2017.
- NCLEX Committee, 2014 – 2016
- Faculty Development and Scholarship Committee, 2013 - 2016.

Service to the Community:

- October 2020 - Appointed to the Board of Directors | [Women of the Dream, Inc](#)
- Speaker for the Annual STEM Conference for Girls - Drexel University, cosponsored by Women of the Dream, Inc
 - May 2020 (Cancelled due to COVID-19)
 - May 2019
- Mentor for underserved adolescent girls through the Women of the Dream, Inc, 2017- Ongoing
- Invited member of the African American Health Equity Initiative (AAHEI) Work Group for Susan G. Komen of Central and South Jersey, August 2018 - 2019
- Grant Reviewer for Komen Central and South Jersey's Community Grants program, 2016, 2017 & 2018
- Keynote speaker at St. John Baptist Church of Pennsauken, NJ for their Woman's Fellowship Brunch - March 28, 2015
- Community Health Coalition, Inc., Durham, North Carolina, 2010-2013.
- Durham County Women's Commission (member), 2004-2006.
- Nurse of the Day for the NC Legislature, 3/2003

Research Funding

Internal Funding (Rutgers University)

| # | Date | Title / Focus | Agency / Source | Role | Amount |
|----|--------|---|---|------|------------|
| 1. | 4/2017 | Research Grant: A quantitative study with female college students to explore students' behavior and perceptions of physical activity and to explore for any racial/ethnic differences among female students | Eta Mu Chapter of STTI | PI | \$ 1000.00 |
| 2. | 2017 | Conducted secondary Analysis of National Health Interview Survey (NHIS) data to explore factors with Black women meeting physical activity guidelines. | Dean's Summer Research Grant - School of Nursing | PI | \$ 5000.00 |
| 3. | 2016 | Funded research development by attending the Sixteenth Annual Summer Institute on Randomized Behavioral Clinical Trials | Committee on Institutional Equity and Diversity (CIED) mini grant | | \$ 2071.00 |
| 4. | 2015 | Conducted a pilot study of mothers & daughters to test the PARE model among African Americans. | Dean's Summer Research Grant - School of Nursing | PI | \$ 5000.00 |

External

Awarded:

October 2020: Awarded a \$ 25,000.00 “Community Impact Grant” from Medline Foundation to implement a breast cancer awareness program for underserved women in the Camden community.

Funding Efforts: (Not Funded / Not Awarded)

| # | Date Submitted | Proposal Title - - Purpose | Agency | Score | Role | Amount |
|----|----------------|--|--|--------|-------|---|
| 1. | 3/3/2020 | Scholarships for Disadvantaged Students (SDS) program. The SDS Program aims to enroll and retain full-time students from disadvantaged backgrounds, including students who are members of racial and ethnic minority groups. | HRSA (HRSA-20-006) | 95 | PI | \$650,000 per year |
| 2. | 2019 | Smart & Connected Communities: A youth-driven, youth-centered approach to developing a technological solution to empower youth to become advocates for their health | National Science Foundation (NSF) | ----- | Co-PI | |
| 3. | 2019 | Advanced Nursing Education Workforce Program (ANEW) - The purpose of the program is to support innovative academic-practice to educate primary care Nurse Practitioners (NP) prepared to meet the challenges practicing in rural and underserved communities | HRSA | 95 (*) | PI | \$ 700,000 per year |
| 4. | 2/14/2019 | Programs to diversify the health professional workforce so that it more closely matches across many dimensions the populations to be served <i>CANDOO</i> | Macy Faculty Scholars Program | ----- | PI | \$100,000 (plus fringe) per year for two years. |
| 5. | 2017 | Eliminating Barriers to Healthy Behaviors in High Risk Populations - (The Center of Excellence in the Elimination of Health Disparities (CEEHD) is located at Winston-Salem State University). Was invited to be the PI on this study for the <i>church-based /community grant section</i> | National Institute on Minority Health and Health Disparities | ----- | PI | \$ 500,000 over 5 years |
| 6. | 4/27/2017 | Exploring the Feasibility of Changing the Environment to Improve Physical Activity of Pre-adolescents from Low Income Neighborhoods | The American Nurses Foundation (ANF). | ----- | PI | \$ 5000.00 |
| 7. | 2016 | It's MAD FUN: A Faith-based Intervention to Promote Physical Activity among Black Adolescent Girls aided by their Mothers. | NIH (FOA: PAR14-32) R21/R33 | | PI | |
| 8. | 2016 | Interdisciplinary Research Leaders | Robert Wood Johnson Foundation (RWJF) | | PI | |
| 9. | 2016 | Cultivating Healthy Communities | Aetna Foundation's | | PI | |

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|---|------|---|---|--------|----|--|
| 10. | 2016 | Testing the Feasibility of MAD FUN: A Faith-Based Physical Activity Program for African American Mothers and Daughters. | Rockefeller University Heilbrunn Nurse Scholar | | PI | |
| 11. | 2015 | MAD FUN: Black Mothers and Daughters, A Faith-Based Physical Activity Program. | NIH (FOA: PA14-176) R21 | 39(♦) | PI | |
| 12. | 2014 | MAD FUN- Black Mothers and Daughters, A Faith-Based Physical Activity Program | NIH (FOA: PA14-176) R21 | 33 (♦) | PI | |
| (*) Recommended for funding, but not funded due to lack of funds. | | | | | | |
| (♦) Scores below 30 could be selected for funding | | | | | | |

Involvement in Other Research:

2012 - Principal Investigator: Wanda Thompson. A Church-Based Physical Activity Program: Lessons learned from the FUN Project. Funded by T32 grant (Postdoctoral study). Funded 7,500

Principal Investigator: SeonAe Yeo. Clinic-Based Intervention to Increase Physical Activity among Gynecologic Oncology Patients: A Pilot Study. Funded by the North Carolina Cancer Hospital (NCCH) Endowment Fund for \$15,000. February 2012 - August 2013. *Role: Research Assistant.*

Principal Investigators: Diane Berry and Tara Lewis. Developing a Model for Group Diabetes Visits. Funded by the Kate B. Reynolds Charitable Trust and the Duke University Health System Charitable Grants, 2011-2013, \$150,000. *Role: Interventionist.*

Principal Investigator: SeonAe Yeo. Preliminary Data for Development of Physical Activity Intervention in Low-Income Pregnant Women. Data Analysis of the Pregnancy Physical Activity Questionnaire (PPAQ) from 13 County Health Departments: Duration of Exercise, Work, and Sedentary Activities of Low-Income Pregnant Women, 2012. *Role: Research Assistant - data management.*

Principal Investigator: Jie Hu. Health-related quality of life of seniors regarding chronic illness: Management and care of elderly diabetics. Funded by the National Center for Minority Health and Health Disparities at the National Institutes of Health (NIH), 2007-2008. *Role: Research Assistant.*