

February 2020

Rebecca Hilgen Bryan DNP, AGPCNPC, APN

124 West Summit Avenue  
Haddonfield, New Jersey  
08033

### **Education**

Doctor of Nursing Practice, 2018, Rutgers University-Camden

Trauma-Competent Certificate, 2018, Lakeside Global Institute

Population Health Certificate, 2016, Institute for Health Improvement I-CAN Course

Teacher Adult Education Program Certificate, 2010, University of Pennsylvania

Master of Science in Nursing, 1992, University of Pennsylvania, Primary Care of the  
Adult

Bachelor of Science in Nursing, 1986, Gwynedd-Mercy College

Associate Degree in Nursing, 1984, Gwynedd-Mercy College

### **Professional Experience**

2020, January-present, Director of Professional Nursing Development, Rutgers  
University School of Nursing-Camden

2012-2018, Founder and Director, UrbanPromise Wellness Center

1996-2012, Nurse Practitioner, Wolfe-Simon Medical Associates, P.A.

1994-1996, Nurse Practitioner, Broadway Family Practice

1992-1994, Case Manager, Linkage Consultants (United Healthcare), Our Lady of  
Lourdes Medical Center

1986-1992, Registered Nurse, Hospital of the University of Pennsylvania

1984-1986, Registered Nurse, Kennedy Memorial Hospital, Cherry Hill Division

### **Academic Positions**

2019, Adjunct Professor, Rutgers-Camden School of Nursing

2008 – 2012, 2014 Advanced Lecturer, University of Pennsylvania School of Nursing

### **Consultation**

2019 – present – Owner, Rebecca Bryan Consulting LLC

<https://www.rebeccabryanconsulting.com>

2019- present – Health Federation of Philadelphia

2019-present – Lakeside Global Institute

2008- 2016, 2018-present - Health Faculty for Presbyterian USA Credo Conferences

### **Other Appointments**

2006-2009, Clinical Associate, University of Pennsylvania School of Nursing

### **Certifications/Licensure**

12/01/2018 – 11/30/2023, Adult Gerontological Nurse Practitioner, American Nurses Credentialing Center

1993 – 5/31/20, New Jersey Advanced Practice Nurse 26NN06026000

1984 – 10/31/21, Commonwealth of Pennsylvania Registered Nurse RN267179L

6/28/09 – 10/31/21, Commonwealth of Pennsylvania Certified Registered Nurse Practitioner Adult Health

### **Publications**

Bryan, R. & Beitz, J. M. (2019). Connections among biologic embedding of childhood adversity, adult chronic illness, and wound care: A review of the literature. *Wound Management & Prevention*, 65(10), 18-28. doi: 10.25270/wmp.2019.10.1828

Bryan, R. (2019). Getting to why: Adverse childhood experiences impact on adult health. *Journal for Nurse Practitioners*, 15(2), 153-157. doi: 10.1016/j.nurpra.2018.09.012

Bryan, R., Buzby, M, O’Sullivan, A. (April 24, 2012). Impact of health care reform APRN scope of practice. *Medscape*. [www.medscape.com/viewarticle/762350\\_2](http://www.medscape.com/viewarticle/762350_2).

Bryan, R.H. (2010). Under the radar: Are we missing vitamin B12 deficiency in the primary care setting? *The Journal for Nurse Practitioners*, 6(7), 519-523.

- Bryan, Hilgen, R. (October 2007). New treatment for impetigo (altabax). *Pills, Liquids & Tablets: Advance for Nurses*, 8(25), 38.
- Bryan, Hilgen, R. (2007). Fish oil by prescription (lovaza). *Pills, Liquids & Tablets: Advance for Nurses*, 9(10), 39.
- Bryan, Hilgen, R. (June 2007). Quitting the habit (chantix). *Pills, Liquids & Tablets: Advance for Nurses*, 8(14), 33.
- Bryan, Hilgen, R. (2007). Reducing pain (lyrica). *Pills, Liquids & Tablets: Advance for Nurses*, 9(6), 40.
- Bryan, Hilgen, R. (2007). For restless legs (requip). *Pills, Liquids & Tablets: Advance for Nurses*, 8(2), 40.
- Bryan, Hilgen, R. (January 2007). Cancer prevention (gardasil). *Pills, Liquids & Tablets: Advance for Nurses*, 8(25), 37.
- Bryan, Hilgen, R. (2007). Ahead with apidra. *Pills, Liquids & Tablets: Advance for Nurses*, 8(16), 42.
- Bryan, Hilgen, R. (2006). Lowering cholesterol, naturally. *Advance for Nurses*, 8(8), 31.
- Bryan, Hilgen, R. (2006). Help for insomnia (rozerem). *Pills, Liquids & Tablets: Advance for Nurses*, 8(21), 40.
- Bryan, Hilgen, R. (2006). Help for migraines (topamax). *Pills, Liquids & Tablets: Advance for Nurses*, 8(12), 37.
- Bryan, Hilgen, R. (2006). Osteoporosis treatment (boniva). *Pills, Liquids & Tablets: Advance for Nurses*, 8(8), 39.
- Bryan, Hilgen, R. (2005). Lunesta (eszopiclone). *Rx Extra: Advance for Nurses*, 7(21), 11.
- Bryan, Hilgen, R. (2005). Pertussis vaccines. *Rx Extra: Advance for Nurses*, 7(14), 45.
- Bryan, Hilgen, R. (2005). Not a perfect match. *Rx Extra: Advance for Nurses*, 7(8), 44.
- Bryan, Hilgen, R. (May 2005). A step ahead. *Advance for LPNs*
- Bryan, Hilgen, R. (2005). Vytorin. *Rx Extra: Advance for Nurses*, 7(6), 37.
- Bryan, Hilgen, R. (2004). Breath of fresh air. *Rx Extra: Advance for Nurses*, 6(18), 49.

- Bryan, Hilgen, R. (July 2004). Controlling cholesterol. *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R. (2004). Therapy for alzheimer's. *Rx Extra: Advance for Nurses*, 6(14), 45.
- Bryan, Hilgen, R. (April 2003). Allergy season. *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R. (April 2003). Coreg (carvedilol). *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R. (April 2003). Plavix (clopidogrel bisulfate). *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R., MacDonald, K. (April 2003). Relenza (zanamivir). *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R. (April 2003). Reminyl, (galantamine hbr) improves and maintains general function and cognition. *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R. (2003). Sarafem (fluoxetine hydrochloride). *Advance for Nurses*, 3(4), 34.
- Bryan, Hilgen R. (2003). Tequin (gatifloxacin). *Rx & OTC Update: Advance for Nurses*.
- Bryan, Hilgen, R. (2002). Clarinex (desloratadine). *Rx Extra: Advance for Nurses* 4(8), 38.
- Bryan, Hilgen, R. (2002). Allergy season. *Rx Extra: Advance for Nurses*, 2(7), 36.
- Bryan, Hilgen, R. (2001). An adverse drug reaction. *Advance for Nurses*, 3(21), 11.
- Bryan, Hilgen, R. (2000). Preventive therapy for asthma patients: Pulmicort. *Rx Extra: Advance for Nurses*, 8(2), 27.
- Bryan, Hilgen, R. (June 1999). Celebrex (celecoxib): new treatment for arthritis. *Rx & OTC Update; Advance for Nurses*.
- Bryan, Hilgen, R. (April 1999). Singulair: An adjunct to preventive treatment for people with asthma. *Rx & OTC Update: Advance for Nurses*.

### **Lectures/Workshops**

2020 – February: Emotional Intelligence Workshop

2020 – January: Self-Care and Resilience Workshop

2019 – November: Becoming Trauma-Informed with Your Colleagues

2019 – October: Self-Awareness and Professional Skills

2019 – September: Coping Mechanisms and Survival Patterns

2019 – September: Adverse Childhood Experiences and Trauma-Informed Care

2019 – July: Motivational Interviewing Workshop, Health Partners Plans, Phila, PA

2019 – July: Grand Rounds, Princeton Behavioral Health

2019 – March to present: ongoing Health Federation trauma-informed trainings for a regional health system

2019 – April: White & Williams MedX Talk

2019 – March: Grand Rounds, Cooper University Hospital, Emergency Department

2019 – February: Health Federation ACEs 101: Understanding Survival Patterns, Drexel medical students

2019 – February: Grand Rounds, University Medical Center of Princeton, Religious Ministries Department

2015 – 2018 - August: Teacher Training workshop on Trauma-Informed Classrooms, UrbanPromise Ministries

2018 – July: Understanding the Impact of Adverse Childhood Experiences on Health and Well-Being across the Lifespan, given at the UrbanPromise International Malawi Summit

2018 – June: Addressing the Impact of Exposure to Adverse Childhood Experiences on Health Across the Lifespan, given at the American Association of Nurse Practitioners 2018 National Conference

2017 – December: E-module and in person Adverse Childhood Experience workshop for University of Pennsylvania Family Nurse Practitioner faculty

2017 – May: E-module and in-person Adverse Childhood Experiences workshop for Rutgers nursing faculty

2014-2018 – November: The Impact of Adverse Childhood Experiences on Health Across the Lifespan, University of Pennsylvania School of Nursing

2014-2018 – November: Poverty as a Social Health Determinant, University of Pennsylvania School of Nursing

2014 – September: Evidence-Based Practice, University of Pennsylvania School of Nursing

2014 – March, Cannabis: Why It's Worth the Conversation, UrbanPromise Ministries

2013-2014 Trauma Informed 101 given to United Way, Genesis Counseling Centers, Domestic Violence Support Staff, multiple UrbanPromise work groups

2013 – February, What is Going on With Our Kids: Looking at the Impact of Exposure to Trauma and Violence on Our Youth, UrbanPromise Ministries

2012 – October, The Impact of Toxic Stress and the Importance of Self-Care, UrbanPromise Ministries

2009-2011 - Evidence-Based Practice, University of Pennsylvania School of Nursing

2009-2012 - Abdominal Evaluation in the Primary Care Setting, University of Pennsylvania School of Nursing

2009-2012 - April, Treating Depression in the Primary Care, University of Pennsylvania School of Nursing

2004-2012 biannual, Hyperlipidemia lecture, University of Pennsylvania School of Nursing

### **Professional Awards**

2019 – Haddonfield Memorial High School Lifetime Achievement Award

2014 – Certificate of Special Recognition, The Horizon Foundation of New Jersey

2012 – Teaching Excellence Award, University of Pennsylvania School of Nursing, Family Health Division

### **Memberships in Professional Societies**

1992 – Present, member, New Jersey Nurses Association

1992 –Present, member, Forum of Nurses in Advanced Practice (Treasurer, 1999 – 2000)

1986 – Present, member, Sigma Theta Tau Nursing Honor Society, Iota Kappa Chapter

2003 – Present, member, American Association of Nurse Practitioners

2016- 2017, member, Academy on Violence and Abuse

### **Selected Professional Activities**

2019 – Facilitator, ChesPenn Health System Trauma Champion Team meetings

2017, February Panel Member, Collaborating in Camden: A Community in Healing

2015-present Camden Healing10 Collaboration, Strategic Planning Committee

2015 – present - Philadelphia ACEs Task Force, Youth Messaging Committee

2013 - 2018 - Field Instructor for Rutgers University School of Social Work clinical social work student, 2<sup>nd</sup> year

1995 – 2012 - preceptor for University of Pennsylvania School of Nursing nurse practitioner students, 2 per semester

2010 – Chair, Graduate Preceptor Task Force, University of Pennsylvania School of Nursing

2011, January – designed and implemented preceptor website, University of Pennsylvania School of Nursing

### **Volunteer Activities**

1996 – present, member, First Presbyterian Church, Haddonfield:  
Ordained Elder currently on Session; hand bell and singing choirs, Sunday School teacher for 5 years, Confirmation teacher for 9 years, currently chair of the Justice and Advocacy Committee, past chair of Music and Worship Committee

2018, June – present - Advisor to UrbanPromise Wellness Center; providing work physical exams and mentoring for teens, UrbanPromise International Fellows