# Nancy M. H. Pontes, PhD, RN, FNP-BC, FNAP, FAAN

Title and Address:

Assistant Professor Rutgers, The State University of New Jersey School of Nursing--Camden 530 Federal Street Camden, NJ 08102-1508 **Contact Information:** 

Email: nancy.pontes@rutgers.edu

Twitter: @DRNPNP

Google scholar

#### Education

### **Highest Earned Degree**

Ph.D. in Nursing, Columbia University, New York, NY, Nursing, 2003

#### **Dissertation**

"If I cry less, I can have more playdates": Mothers' experiences with time famine, Dissertation committee: Mary Byrne, Ph.D., N.P., F.A.A.N. (Advisor), Elizabeth Lenz, Ph.D., F.A.A.N., & Mindy Fullilove, M.D.

### **Other Earned Degrees**

M.S. in Nursing, University of Florida, Gainesville, FL., 1994

B.S. in Nursing, Pensacola Christian College, Pensacola, FL., 1985

#### **Certificates and Licenses Held**

Registered Professional Nurse # 26NR08369100 (NJ)

ANCC Nationally Certified Family Nurse Practitioner (FNP-BC)

Certified Family Nurse Practitioner #26NN08369100 (NJ)

DRCC, Disaster Response Crises Counselor (NJ)

#### **Honors and Awards**

### Fellowships/Assistantships

Civic Engagement Faculty Fellow Rutgers-Camden, Office of Civic Engagement, 2018

Faculty Research Fellow,

Rutgers University, Community Leadership Center, 2017 - Present

Digital Teaching Fellow,

Rutgers-Camden, College of Arts and Sciences, 2016

PHLIER Fellow, Public Health Leadership Initiative in Emergency Response (PHLIER) 2006 - 2007 University of Medicine and Dentistry of NJ (UMDNJ) - NJ Center for Public Health Preparedness

Columbia University Doctoral Research Assistantship

Columbia University, funded by W. K. Kellogg Foundation, 1997-2001

#### **Professional Awards and Honors**

Fellow of the American Academy of Nursing (FAAN), American Academy of Nursing, 2019 Chancellor's Civic Engagement Award for Community Engaged Scholarship, Rutgers University, 2019 Volunteer Group of the Year, ECL Spanish, Salvation Army, Ray and Joan Kroc Center, Camden, NJ 2019 ENRS/Nursing Research Authorship Award, Eastern Nursing Research Society (ENRS), 2019

Innovations in the Continuum of Care Award, Organization of Nurse Leaders of New Jersey (ONL), 2018 AACN Innovations in Professional Nursing Education Award (School award for DOE grant work), American Association of Colleges of Nursing, 2018

Distinguished Fellow and Practitioner of the National Academies of Practice, Nursing Division, 2017

Honorary Nursing Excellence Award in College Health, New Jersey College Health Association, 2013

Honor Society of Nursing Inductee, Sigma Theta Tau International, 1991 Bayard & Arthur Fawcett Scholarship for Nursing Excellence, 1991, 1990

DHEW Traineeship Award, Department of Health, Education, and Welfare (1990, 1989, 1988)

#### **Research Interests**

### **Professional Identification**

Nationally board-certified Family Nurse Practitioner (FNP-BC)

Fellow and Practitioner of the National Academies of Practice (FNAP)

Disaster Response Crises Counselor (DRCC)

### **Description of Research and Scholarly or Creative Objectives**

The overarching research focus is to explore social determinants of health and well-being among youth and families. The primary focus is secondary analysis of the nationally representative Youth Risk Behavior Survey (YRBS) to explore victimization, suicidality, substance use and weapon-carrying among U.S. high school students (YRBS).

### **Employment History**

#### **Positions Held**

Rutgers, The State University of New Jersey, School of Nursing--Camden

- 2015 Present Assistant Professor of Nursing
- 2016 2018 FNP Faculty Practice, Project Hope at Cathedral Kitchen
- 2013 2016 Assistant Dean of Faculty Practice & Director Rutgers/LEAP School Health Center

# Rowan University

- 2010 2012 Adjunct Professor of Nursing (home-schooled daughter)
- 2007 2010 Assistant Vice President for Health and Wellness
- 2004 2006 FNP/Director, Student Health Services

#### Columbia University, School of Nursing

- 2001 2003 Per Diem Research Assistant, CAPNA Project
- 1997 2001 Doctoral Research Assistant, Center for Advanced Practice Nurse Associates (CAPNA) Project

New York University, Department of Nursing

 1996 - 1997 Associate Research Scientist & FNP/Practice Director, Midtown Community Court Project

University of Medicine and Dentistry of New Jersey

• 1994 - 1996 Instructor of Nursing, Graduate Programs

University of Florida, School of Medicine

• 1991 - 1993 Nurse Practitioner & Pediatric Urology Case Coordinator

Shand's Teaching Hospital, Gainesville, FL

• 1988 - 1993 Per Diem Critical Care Registered Nurse (CCRN),

St. Mary's Hospital, West Palm Beach, Florida

• 1985 - 1988 Registered Nurse for Critical Care Units (also Per Diem till 1991)

### **Funding**

### **Externally-Funded Research and/or Training Grants**

2016-ongoing (Award# P016A160081, Total Project amount: \$566,832 over 3 years) Title: 2016-ongoing Title: "Undergraduate International Studies and Foreign Languages. Department of Education, Undergraduate International Studies and Foreign Language (UISFL) Program. This funding helped advance the study of Spanish for Health Professionals and the development of a nationally recognized comprehensive certificate program. This grant funding helped expand School of Nursing study abroad courses in Spanish-speaking countries.

Pontes, Nancy M. H., Role: Principal Investigator

### Internally-Funded Research and/or Training Grants: Principal Investigator Role

2018: Amount \$1500, Rutgers University, Summer Doctoral Research Assistant

2018: Amount: \$1000, Rutgers University, Open and Affordable Textbooks Grant

2017: Amount \$5000, Rutgers University, Summer Research Award

2017: Amount: \$1,000, Rutgers University, International Studies and Program Grant

2016: Amount \$5000, Rutgers University, Summer Research Award

2015: Amount: \$5000. Rutgers University, Research start-up funds Award

# **Doctoral Students Supervised**

#### **Chair, Doctoral Student Committee:**

Baneet Sahwney, "Hypertenstion Education in a Faith-Based Setting," Defended proposal, 2019

Rebecca Bryan, "We've Been Asking the Wrong Questions: Incorporating Adverse Childhood Experiences Knowledge into Nursing Curricula," *Defended and graduated*, 2018.

### Member, DNP Doctoral Student Committee:

Tracey Nagle, "Using an ACE=Informed Lens in Pediatric Primary Care," Early proposal development.

Raquel Zaborowski, "The Effect of Diabetic Self-Management Education on Perceived Self-Efficacy in Patients with Type 2 Diabetes Mellitus," *Defended proposal*, 2018

Ravina Chawla, "Condom Use and Education Targeting the College Student Population," *Graduated December*, 2018.

Stephanie Gerace, "The Assessment and Management of Psychological Barriers to Adherence in Primary Care Patients with Type 2 Diabetes Mellitus: A DNP Practice Improvement Project," *Graduated 2018*.

Kimberly Geria, "Application of a Modified Version of the Diabetes Prevention Program with Adolescents," *Defended and graduated 2016*.

### **Publications**

#### **Articles in Refereed Journals**

- Laguna, A. G., **Pontes**, N. M. H., & Pilla, D. M. (*Submitted 10/2019*). Improving health equity and patient safety through innovative holistic Spanish Education for Nurses and Health Professionals.
- **Pontes**, N. M. H., Ayres, C. G., & Pontes, M. C. (Forthcoming). Increased Trends in Depressive Symptoms, Suicidal Ideation and Suicide Attempts among Females: Youth Risk Behavior Survey 2009 2017 *Nursing Research*.
- **Pontes**, N. M. H., & Pontes M. C. (2019). Multiplicative and Additive Interactions between School Bullying Victimization and Gender on Weapon Carrying among US High School Students: Youth Risk Behavior Survey 2009 to 2017. *Journal of Interpersonal Violence*. doi.org/10.1177/0886260519877945
- **Pontes**, N. M., Ayres, C. G., & Pontes, M. C. F. (2018). Additive interactions between gender and bullying victimization on depressive symptoms and suicidality: Youth Risk Behavior Survey 2011-2015. *Nursing Research*. doi: 10.1097/NNR.000000000000010
- **Pontes**, N. M., Ayres, C. G., Lewandowski, C., & Pontes, M. C. F. (2018). Trends in bullying victimization among US high school students. *Journal of Research in Nursing and Health*, 41, 243-251. doi: 10.1002/nur.21868
- Ayres, C. G. & **Pontes**, N. M. (2018). Use of theory to examine health responsibility in urban adolescents. *Journal of Pediatric Nursing*, *38*, 40-45.
- Ayres, C. G., **Pontes**, N. M., & Pontes, M. C. (2017). Factors related to substance use among U.S. high school adolescents. *Journal of Nursing Practice Applications and Reviews of Research*. 7(1), 40-49.
- Ayres, C. G., **Pontes**, N. M. & Pontes, M. C. (2016). Understanding the non-medical use and abuse of prescription medications in U.S. high school adolescents. *Journal of School Nursing*, 1-8. DOI: 10.1177/1059840516677322
- Pontes, M. C. & Pontes, N. M. (2013). Undergraduate students' preference for distance education by field of study. *Online Journal of Distance Learning Administration*, 16(2).

- Pontes, M. C. & Pontes, N. M. (2012). Distance education enrollment is associated with greater academic progress among first generation low-income undergraduate students in the US in 2008. *Online Journal of Distance Education Administration*, 15(1).
- Pontes, M. C. & Pontes, N. M. (2012). Enrollment in distance education classes is associated with fewer enrollment gaps among nontraditional undergraduate students in the US. *Journal of Asynchronous Learning Networks*, 16(1), 79-89.
  - Pontes, M. C., Hasit, C., Pontes, N. M., Lewis, P. A., & Siefring, K. T. (2010). Variables related to undergraduate students preference for distance education classes. *Online Journal of Distance Education Administration*, 13(2).
  - Pontes, M. C., Pontes, N. M., & Lewis, P. A. (2009). Health insurance sources for nonelderly patient visits to physician offices, hospital outpatient departments, and emergency departments in the United States. *Hospital Topics*, 87(3), 19-27.
  - Pontes, M. C., Pontes, N. M., Tashiro, S., & Lewis, P. A. (2008). Effects of diabetes, patient age, and health insurance provider on the number of drugs ordered or provided per physician visit in the USA. *International Journal of Pharmaceutical and Healthcare Marketing*, 2(2), 143-153.
  - Lenz, E. R., Mundinger, M., Hopkins, S., Pontes, N. M. H., & Lin, S. (2005). Context of care or provider training: The impact on preventive screening practices," *Preventive Medicine*, 40(6), 718-24.
  - Pontes, M. C. F. & Pontes, N. M. H. (2005). De-biasing effects of education about appropriate antibiotic use on consumers' preferences for physicians. *Health Care Management Review*, 30(1), 9-16.
  - Pontes, M. C. F. & Pontes, N. M. H. (2003). To treat or not to treat: Evidence for a treatment bias when consumers evaluate physicians. *Health Marketing Quarterly*, 20(4), 43-61.
  - Pontes, N. M. H. (2003). "If I cry less I can fit in more play dates": Mothers' experiences with time famine. *Dissertation Abstracts International*.
  - Pontes, M. C. F. & Pontes, N. M. H. (1998). Age differences in the effects of patient involvement with treatment decisions on consumer inferences in health care. *Proceedings of the Society for Consumer Psychology*, 1998 Winter Conference Proceedings, 180-82.
  - Pontes, M. C. F. & Pontes, N. M. H. (1997). Variables that influence consumers' inferences about physician ability and accountability for adverse health outcomes. *Health Care Management Review*, 22(2), 7-20.

### **Works in Progress**

- Nickitas, D. & **Pontes**, N. M. H. (2019). Around the corner, across the globe: developing global citizens through civic engagement. *Coalition of Urban and Metropolitan Universities (CUMU) Annual Conference*, Philadelphia, PA. (Targeted for CUMC publication).
- **Pontes**, N. M. H. & Pontes, M. C. (Anticipated, 2020). Additive Interactions between forced sex and depressive symptoms and suicidality: YRBS 2001-2017. (*Targeted for JAPHA*).

- **Pontes**, N. M. H., Salomone, A., & Mattioli, A. (Anticipated 2020). Learning abroad among Guatemalan highlanders: Using narrative inquiry to analyze students' web-based reflections. *Nursing Education Perspectives*.
- **Pontes**, N. M. H., Ayres, C., & Pontes M. C. (Anticipated, 2020). Additive Interactions between Electronic Bullying Victimization and Gender on Weapon Carrying among US High School Students: Youth Risk Behavior Survey 2009 to 2015. *Journal of Research and Nursing in Health*.
- Bryan, R. & **Pontes**, **N**. (Anticipated 2020). We've been asking the wrong questions: Integrating adverse childhood experiences into nursing curricula. *Journal of Professional Nursing*.

### **Scholarship Other**

- Reviewer: Sigma Theta Tau International Conference Abstract reviewer
- Consultant: *Infusion of Population Health into School Nurses Certificate Curricula* (2017-2018). Funded by Robert Wood Johnson Foundation grant.
- Contributor: Mosby, Inc. (2016). *Mosby's Dictionary of Medicine, Nursing and Health Related Professions (10th Ed.)*. M. T. O'Toole (Ed.).St. Louis, Ms.: Elsevier.
- Contributor: Uphold, C. R. & Graham, M. V. (1998). *Clinical Guidelines in Family Practice* (3<sup>rd</sup> Ed.). Gainesville, FL: Barmarrae Books.

### **Conference Presentations, Lectures, Demonstrations**

#### **Refereed Presentations**

- **Pontes**, N. M. H., Ayres, C. G., & Pontes, M. C (2018). Additive interactions between gender and linear trends for depressive symptoms, suicidal ideation and suicide attempts among US High School Students: YRBS 2009-2017. Accepted (but not presented) *AAN Advanced Methods Conference*, *October*, 2019
- Pontes, N. M. H. & Pontes, M. C. F. (2019) Electronic bullying and weapon carrying among US students. (*ePoster AAN Conference, October 2019*)
- Pontes, N. M. H., Linz, S., Kelly, T., Atkins, R. (2019) Gender effects of physical activity on suicide attempts. (*ePoster AAN Conference, October 2019*).
- Atkins, R., Kelly, T, Johnson, S., Gage, G., Joseph, P., Williams, W., Wunnenberg, M., Cresse, N., **Pontes**, N., & Deatrick, J. (2019). Beliefs and willingness to participate in genetic (DNA) sampling in low-income and ethnic minority mothers at risk for depression. (*ePoster AAN Conference, October 2019*).
- Nickitas, D. & **Pontes**, N. M. H. (2019). Around the corner, across the globe: developing global citizens through civic engagement. *Coalition of Urban and Metropolitan Universities (CUMU) Annual Conference*, Philadelphia, PA. (Podium Presentation).
- **Pontes**, N. M. H., & Pontes, M. C (2019). The effects of school bullying victimization and gender on weapon Carrying among US High School Students: A Comparison of Statistical Analyses. *International Council of Nurses, Singapore* (Podium Presentation).

- **Pontes**, N. M. H., & Pontes, M. C (2019). Comparison of multiplicative and additive interactions between school bullying victimization and gender on weapon carrying among US high school students. *Eastern Nursing Research Society (ENRS) 31st Annual Scientific Sessions*, Rhode Island (Accepted for Paper Presentation).
- **Pontes**, N. M. H. & Pontes, M. C. F. (2018). The association between sexual activity and school violence by gender among US high school students: Youth Risk Behavior Survey 2009-2015. *Sigma Theta Tau International's 29th International Nursing Research Congress, Melbourne, Australia* (Paper Presentation).
- **Pontes**, N. M. H. & Salomone, A. (2018) Learning abroad among Guatemalan Highlanders: Using narrative inquiry to analyze students' web-based reflections. *NETNEP* 7<sup>th</sup> Annual International Nursing Educational Conference, Banff, Canada. (Paper Presentation).
- **Pontes**, N. M. H., Ayres, C. G., & Pontes, M. C (2018). The effects of bullying victimization on depressive symptoms and suicidality are significantly greater among female than male US high school students. *Eastern Nursing Research Society (ENRS) 30<sup>th</sup> Annual Scientific Sessions*, Newark, NJ. (Paper Presentation)
- **Pontes**, N. M. H., Ayres, C. G., & Pontes, M. C (2018). Trends in depressive symptoms and suicidality among US high school students. *Eastern Nursing Research Society (ENRS)* 30<sup>th</sup> Annual Scientific Sessions, Newark, NJ. (Paper Presentation)
- **Pontes**, N. M.H. & Beitz, J. (2018). Time famine: A phenomenological study. *Eastern Nursing Research Society (ENRS)* 30<sup>th</sup> Annual Scientific Sessions, Newark, NJ. (Poster Presentation)
- Ayres, C. G. & **Pontes**, N. M. H. (2018). Use of theory to examine health responsibility in urban adolescents *Eastern Nursing Research Society (ENRS) 30<sup>th</sup> Annual Scientific Sessions*, Newark, NJ. (Poster Presentation)
- **Pontes**, N. M. H., Ayres, C. G, & Pontes, M. C. (2017). The association between school-related victimization, depressive symptoms and suicidality among U.S. high school students. *Sigma Theta Tau International's 28th International Nursing Research Congress*, Dublin, Ireland. (Paper Presentation)
- Ayres, C. G. & **Pontes**, N. M. H. (2017) Factors influencing the health practices of adolescents. *International Council of Nurses: "Nurses at the Forefront Transforming Care*," Barcelona, Spain. (Paper Presentation).
- **Pontes**, N.M.H., Ayres, C. G. & Pontes, M. C. (2017). Trends in depressive symptoms and suicidality among U.S. high school students. *International Council of Nurses: "Nurses at the Forefront of Transforming Care,"* Barcelona, Spain. (Poster presentation)
- **Pontes**, N. M. H., Ayres, C. G. & Pontes, M. C. (2017) Trends in electronic bullying and school-related victimization among US high school students. *Eastern Nursing Research Society (ENRS)* 29<sup>th</sup> Annual Scientific Sessions, Philadelphia, PA. (Paper Presentation)
- **Pontes**, N. M. H., Ayres, C.G., & Pontes, M.C. (2016). The association between electronic bullying victimization and psychological distress among US adolescents. *Sixth World Nursing and Health Care Conference*, London, U.K. (Paper Presentation)

- **Pontes**, N. M. H., Ayres, C. G., & Pontes, M. C. (2016). Path analysis of the relationships between social support, interpersonal relations & perceived health in urban adolescents, *Sigma Theta Tau International's 27th International Nursing Research Congress*, Cape Town, South Africa. (Paper)
- **Pontes**, I. M., Pontes, N. M. H., Lewandowski, C., & Pontes, M. C. (2016) Analysis of High School Bullying Victimization Rates in the US (2011 and 2013)," *Northeastern Association of Criminal Justice Studies*, Roger Williams University, Rhode Island. (Paper Presentation)
- **Pontes**, N. M. H. & Pontes, M. C. (2015). "The Digital Divide: Racial and Ethnic Differences in U.S. Mobile Phone Use to Access Online Health Information," *Sigma Theta Tau International's 26th International Nursing Research Congress*, Puerto Rico. (Paper Presentation)
- Pontes, N. M. H. & Pontes, M. C. (2014). The relationship between ADHD and school attendance, school behavior and school performance. *Sigma Theta Tau International's 25th International Nursing Research Congress*, Hong Kong. (Paper Presentation)
- Pontes, N. M. H., Pontes, M. C., & Bonilla-Santiago, G. (2014). The relationship between asthma and school attendance, school behavior and school performance. *Eastern Nursing Research Society*, 26<sup>th</sup> *Annual Scientific Sessions*, Philadelphia, PA. (Paper Presentation)
- Pontes, M. C. & Pontes, N. M. (2011). Relationship between health insurance, family income, and the burden of out-of-pocket expenses for Rx drugs in the US. *Association of Collegiate Marketing Educators Annual Conference 2011*, Houston, Texas. (Paper Presentation)
- Negro, P., Pontes, N. M. P. & Pearce, A. (2008). Re-applying the social norms theory: Reducing bullying and substance use *American College Health Association*, Orlando, Florida. (Poster Presentation)
- Pontes, N. M. H. (2008). The time famine: Excessive consumption and waste. *Focus the Nation (Global Warming Solution for America)*, Glassboro, New Jersey. (Podium Presentation)
- Pontes, M. C., Pontes, N. M., Tashiro, S., & Lewis, P. A. (2008). U.S. estimates of physician visits for diabetes by age, expected source of payment, and practice setting. *Annual Meeting of MBAA International*, Chicago, Illinois. (Paper Presentation)
- Pontes, M. C., Pontes, N. M., Lewis, P. A., & Tashiro, S. (2008). U.S. estimates of prescription drug mentions during diabetes and non-diabetes physician visits. *Annual Meeting of MBAA International*, Chicago, Illinois. (Paper Presentation)
- Pontes, M. C. F. & Pontes, N. M. H. (2004) To treat or not to treat: Debiasing effects of patient education about appropriate antibiotic use on physician preferences. *CDC "Get Smart" Conference*, Atlanta, Georgia. (Poster Presentation)
- Pontes, M. C. F., Pontes, N. M. H., Lewis, P. A., & Zhu, F. X. (2003). To treat or not to treat: Effect of aggressive treatment versus watchful waiting on consumers' inferences about physicians. 39<sup>th</sup> Annual MBAA meeting, (New Realities and New Challenges), 108. (Paper Presentation)
- Pontes, N. M. H., Lenz, E. R., & Totten, A. M. (1999). Symposium: A quality improvement approach to evaluating an emerging NP practice. *Eastern Nursing Research Society Annual Research Conference*, New York. (Symposium of three podium presentations)

- Pontes, M. C. F. & Pontes, N. M. H. (1998). Age differences in the effects of patient involvement with treatment decisions and of consumers' general opinions about physicians on consumer inferences in health care", *Advances in Consumer Research*, 25, 84. 1997 Association for Consumer Research Conference. (Paper Presentation)
- Pontes, N. M. H. (1998). Self-medication practices of peri-menopausal women. *Conference Presentation at the Columbia School of Nursing Alumni Conference*, New York, NY. (Podium Presentation)
- Pontes, N. M. H., Lloyd, M., & McGivern, D. (1997). Midtown Community Court Health Center project. New York State Nurses' Association Conference, Rochester, NY. (Podium Presentation)
- Pontes, N. (1997). The Midtown Community Court Health Center project. 22<sup>nd</sup> National Primary Care Symposium, Keystone, CO. (Poster Presentation)
- Pontes, N. M. H., Lloyd, M., Wright, F., & McGivern, D. (1997). Midtown Community Court Health Center: Serving vulnerable populations in a New York City criminal court". *23<sup>rd</sup> Annual Meeting: National Organization for Nurse Practitioner Faculty*, Albuquerque, NM. (Symposium of 3 podium presentations)
- Pontes, M. & Pontes, N. M. H. (1996). Variables that influence consumers' inferences about physician ability and accountability for adverse health outcomes. *Association for Consumer Research Conference, Atlanta, GA.* (Paper presentation)
- Pontes, N. (1994). Variables that influence the initiation of the signal alarm device in nocturnal enuresis. *NPACE, Boston, MA*. (Poster Presentation)

#### **Invited Presentations**

- Laguna, A. & **Pontes**, N. M. H. (2019). Improving health equity and patient safety through innovative holistic Spanish education for nurses and health professionals. Fourth Annual Rutgers University and University of Havana Collaboration Conference: The Evolving of a New Economy, Science, and Society of Cuba: Challenges and Opportunities. Havana, Cuba
- **Pontes**, N. M. H. & Pontes, M. C. F. (2019). Accessing publically available data sources. Conference on Leveraging Data for Population Health: Community and Academic Partnerships, *Walter Rand Institute*, Camden, NJ. (Workshop Presentation)
- **Pontes**, N. M. H. (2019). Bullying Victimization as a Pathway to Suicidality among US High School Students . *New Jersey Nursing Student, Inc.* 67<sup>th</sup> Annual Convention, Atlantic City, NJ.
- **Pontes**, N.M.H., Ayres, C. G. & Pontes, M. C. (2017). Trends in depressive symptoms and suicidality among U.S. high school students. Annual Conference and Meeting in Cuba: Universities as Anchors in Sustaining Community and Economic Development. Sponsors: *Rutgers University, University of Havana, University College of San Geronimo, Faculty of Latin American Social Sciences* (FLACSO) & Institute of International Education (IIE). Varadero, Cuba. (Poster presentation)
- **Pontes**, N. M.H. (2018). Time famine: A phenomenological study. Annual Conference and Meeting in Cuba: Universities as Anchors in Sustaining Community and Economic Development. Sponsors: *Rutgers University, University of Havana, University College of San Geronimo, Faculty of Latin*

- American Social Sciences (FLACSO) & Institute of International Education (IIE). Varadero, Cuba. (Poster Presentation)
- Bonilla-Santiago, G., **Pontes**, N. M. H. & Garcia, W. (2017). El modelo LEAP: Enfoque holistico de bienestar para la familia y communidad. *4to Encuentro de Ciencias Farmacéuticas y Alimentarias* "ECFA 2017" y el 1er Taller Estudiantil de Ciencias Farmacéuticas y Alimentarias. Havana, Cuba.
- Pontes, N. M. H. (2017). Human trafficking: Identification, advocacy and call to action for nurses. *New Jersey Nursing Student, Inc.* 65<sup>th</sup> Annual Convention, "Saving Lives, Inspiring Minds," Atlantic City, NJ.
- Pontes, N.M.H. (2016). The association between electronic bullying victimization and psychological distress among US Adolescents. *Rutgers University Chancellor's New Faculty Research Symposium*, Camden, NJ
- Pontes, N. M. H. (2015). Conflict Resolution. *Live, online (Vsee) presentation for registered nurses, physicians and other health care providers in Cairo, Egypt.*
- Pontes, N. M. H. (2014). Human trafficking. *Invited presentation for population health course (nursing students) at Drexel University*, Philadelphia, PA.

### Other Presentations, Interviews, Lectures, Expert Panels & Demonstrations

- Pontes, N. M. H. (October 23, 2019). Bullying awareness month: bullying advice for parents and schools. *PH17 Television Interview*.
- Pontes, N. M. H. (2019). Recording for video to be featured on the new Rutgers.edu website to be launched December 2019. Rutgers University Communications and Marketing Production.
- Pontes, N. M. H. (2019). *RU Sustainable Camden!* Rutgers Global, Rutgers Sustainability Committee, Rutgers Sustainability Coalition (*Facilitator for Sustainable Development Goal #3*)
- Pontes, N. M. H. (2019). *Using Faculty as a Resource* workshop. Student Success Coach Office, Rutgers University, Camden NJ.
- Pontes, N. M. H. (2018). "Gauze" Film Screening and Global Health Panel. Rutgers University, Camden. (Panel Participant).
- Atkins, R., Atkins, R., Jackson, K., Pontes, N.M.P., & Saffold, T. (2018) Let's talk healthy communities: Addressing health equity and creating opportunities for healthier communities. Rutgers University, Camden: Center for the Arts and School of Nursing. (Presentation and Panel discussion)
- Pontes, N. M.H. (2014) Sexual health, nutrition and hygiene education (15 presentations) for elementary, middle and high school students. *Faithseeders STEM and Health Education Team: "Empower Me"*, Jamaica, West Indies.
- Pontes, N. M. H. (2014) Dwelling versus doing: Finding rest in the midst of time famine. *Faithseeders: Girls Going Higher Retreat*, Spring Lake, NJ.

- Pontes, N.M.H. (2013-2015) Sexual Health, nutrition and other health-related topics. *Over 60 invited presentations and trainings given to students, staff and parents of the LEAP Academy University Charter School*, Camden, NJ
- Pontes, N. M. H., Rubenstein, D., & Negro, P. (2009, 2010). RU parents ready to STEPUP? *Presentations for parents at Freshman Orientations addressing key health and wellness issues facing college students*, Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (2009). Pandemic influenza preparedness and response. *Invited presentations and trainings to the university community during H1N1/09 Pandemic Influenza*, Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (2005-2011) STD "Roulette", "Spin the Bottle" and "First-Aid". *Numerous invited presentations to students living in campus housing using interactive games and discussion to educate about health and wellness Topics*, Rowan University, Glassboro, NJ
- Pontes, N. M. H. (2008-2010) "How to be SELFISH". *Invited health presentation to Resident Directors and Resident Advisors*, Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (2006 2010) "RU safe in the sexy city?" *Invited presentation to various academic classes and student groups*, Rowan University, Glassboro, NJ.
- Pontes, N.M.H. (2008-2010) "Casual sex and the brain". *Invited presentation to various academic and non-academic groups of students, staff and faculty*, Rowan University, Glassboro, NJ.
- Pontes, N.M.H. (2006-2009) "Diabetes, not me!" *Invited presentation to high school and college classes and other non-academic groups*, Glassboro High School and Rowan University, Glassboro, NJ.
- Pontes, N. M. H. (December 1999). Integrating botanical therapy into NP practice. *Adult Nurse Practitioner Class Lecture*, Columbia University School of Nursing, New York, NY.
- Pontes, N. M. H. (December 1998). Issues surrounding self-medication practices within the United States. *Health Policy Roundtable*, Columbia University School of Nursing, New York, NY.
- Pontes, N. M. H. (December 1998). Rational phytotherapy for nurse practitioners. Adult Nurse Practitioner Class Lecture, Columbia University School of Nursing, New York, NY.
- Pontes, N. M. H. (November 1994). The traditional botanical therapies of the Bolivian curandero. *Lecture Series*, University of Medicine and Dentistry School of Nursing Newark, NJ.
- Pontes, N. (October 1993). A global perspective of international nursing. *Annual Conference of the Florida Student Nurses' Association*, Cocoa Beach, FL.
- Pontes, N. M. H. (October 1993). Pediatric enuresis and encopresis. *Family Nurse Practitioner Class Lecture*, University of Florida College of Nursing, Gainesville, FL.
- Pontes, N. M. H. (May 1993). Enuresis part II: Management of the pediatric dysfunctional 'voider'. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.

- Pontes, N. M. H. (March 1993). Enuresis part I: Management of the hard-to-manage 'sleepwetter'. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. M. H. (June, 1992). Bowel management of myelodysplasia. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. M. H. (March 1992). Urologic management of myelodysplasia. *Clinical Nurse Specialist Seminars*, Children's Medical Service (CMS), Gainesville, FL.
- Pontes, N. (May 1989). Acute burn management. *Con El Medical Team Conference*, Cochabamba, Bolivia.
- Pontes, N. (May 1989). ACLS: Pharmacologic management during cardiac arrest. *Con El Medical Team Conference*, Cochabamba, Bolivia.
- Pontes, N. (April 1989). Health care in Bolivia. *Health Educator's Association of Palm Beach County*, Palm Beach, FL.
- Pontes, N. M. H. (July 1988). ACLS: Pharmacologic management during cardiac arrest. *Con El Medical Team Conference*, Santa Cruz, Bolivia.
- Pontes, N. (June, 1988) Septic shock management. Con El Medical Team Conference, Cochabamba, Bolivia.

# **Teaching Activities**

#### **Courses Taught**

Rutgers University

• Population Health in Puerto Rico: Caring for the Diverse Needs of a Unique Island Territory.

Spring 2020\* (New Course Development)

- Improving Population Health Glocally, Graduate Spring 2020\* (*New Course Development*)
- Nursing Management and Leadership (ABS Theory) Fall 2019\*
- Wellness and Health Assessment Lab Fall 2019\*
- Scholarly Seminer III (Doctor of Nursing Practice) Spring 2019\*, Spring 2020
- Population Health in Cuba through Sustainable Community Development, Undergraduate Spring 2018\* (New course development), Spring 2019
- Community Health Nursing/Global Health (Theory), ABS Fall 2017\*, Spring 2017, Fall 2016
- Health and Healing in Guatemala: A Service Learning Journey, Undergraduate Spring 2017\*, Spring 2016
- Wellness and Health Assessment (Theory), Undergraduate Fall 2016\*
- Advanced Health Assessment (Theory & Lab), Graduate

Fall 2015\*

- Grant supported course buy-out (1 course each)

  Fall 2015, Spring 2016, Fall 2017, Spring 2018, Spring 2019
- Sabbatical Leave

Fall 2019

### Rowan University

- Community Health Nursing/Global Health (Theory & Clinical), RN to BSN Spring 2013, Fall 2010
- Leadership and Management in Nursing (Theory & Clinical), RN to BSN Spring 2011, Spring 2012
- Advanced Health and Physical Assessment (Theory & Lab), RN to BSN Fall 2012

University of Medicine and Dentistry of New Jersey (UMDNJ)

- Advanced Health and Physical Assessment (Theory & Lab), Graduate Fall 1994, Fall 1995
- Pharmacology

Summer 1995, Spring 1995

- Adult Nurse Practitioner IV Role (Theory & Clinical)
   Fall 1995
- Adult Nurse Practitioner III Gerontology (Clinical)
   Spring 1995
- Adult Nurse Practitioner I (Theory & Clinical)

### **Recent Professional Development**

Sigma Theta Tau International, Institute for Global Health Leadership

• Emerging Global Health Care Leadership Symposium, London, UK, 2018

National League for Nurses (NLN)

• Scholarly Writers Retreat Group, 2017 (Mentor, Leslie Nicoll, PhD, MBA, RN, FAAN, Editor-in-Chief, CIN: Computers, Informatics and Nursing

#### **Rutgers University**

- OASIS Faculty Leadership and Development Program for Academic Women, 2018
- Engaged Civic Learning Fellowship, 2018
- Path Analysis Training, 2017
- Faculty Mentorship Training, 2017
- RAPPS Training, 2017
- Integrating Safety into the Curricula & CUSON standards, 2016
- Digital Teaching Fellow 2016-2017
- Citi Research Training
- Management Training 2014-2016

### **Academic Service**

Rutgers University (University-wide)

• Member, Child Health and Wellbeing Research Group, 2019to Present

- Faculty Associate, New Jersey Gun Violence Research Center, 2019 to Present
- Core Faculty Member, Rutgers Global Health Institute, 2018 to Present
- Member, Rutgers Global Health Institute Strategic Planning Task Force, 2017 to 2018
- Member, Research Committee for the Cuba Collaboration, 2017 to Present

# Rutgers University – Camden Campus

- Member, Learning Abroad/Study Away Committee, 2019 to Present
- Member, Experiential Learning Grant Selection Committee, 2018 to Present
- Chair, Undergraduate International Studies and Foreign Languages DOE/IFLE Grant, Advisory Board, 2015 to Present
- Member, Cuba Research and Education Collaboration Task Force, 2016 Present
- Member, LEAP Academy Committees (Parent, Curriculum, Health and Wellness) 2013 -2015

### Rutgers University, School of Nursing – Camden

- Member, School of Nursing, Educational Resources Committee, 2017 to Present
- Member, Graduate and Professional Programs Committee, 2014-2017
- Member, Faculty Practice Task Force, 2014-Present

#### Rowan University

- Incident Commander, H1N1 Influenza Pandemic, 2009-2010
- Founder and Chair, Sexual Violence Prevention Task Force, 2007-2010
- Member, STAT Strategic Threat Assessment Team 2005-2010
- Member, Vice President's Council 2007-2010
- Member, CIRT Critical Incident Response Team (Psychological First Aid) 2003-2010
- Member, Latino Network Association 2003 2013

### **Global Health Initiatives, Service and Research**

Reviewer (2018), Sigma Theta Tau International Research Congress, Presentation Abstracts

Varadero, Cuba (2018) 3<sup>rd</sup> Annual Conference and Meeting of the Rutgers Cuba Collaboration in Varadero, Cuba, followed by project visits to Matanzas, Santa Clara, Cienfuegos, Trinidad, and Havana

Learning Abroad Course, (2018, 2019): "Population Health in Cuba through Sustainable Community Development" La Habana, Republic of Cuba.

La Habana, Republic of Cuba (2017). Grant-Funded Travel for a conference presentation and to expand academic partnerships with the University of Havana and the Ministry of Health and preparation for a 2018 learning abroad trip to explore population health through sustainable community partnerships.

Learning Abroad Course (2016, 2017): Health and Healing in Guatemala: A service learning journey (2016, 2017). Taught and led students to Guatemala's highlands with Rutgers University International Studies Program and Highland Support Project where we built stoves and provided health screening and education.

"Empower Me": STEM and Health Education in Jamaica (2015). Provided health education to students in elementary, middle and high School through Faithseeders

Homes of Hope (2011). House-building project among the poor and underserved populations of <u>Montego</u> Bay, Jamaica.

Hawkins-Lee, B., Ochoa, B. Walker, R.D., and Pontes, N. M. H. (1993). Interviews, examination, family pedigree and laboratory DNA extraction of persons with "Ochoa Syndrome" also called Uro-Fascial Syndrome. Research in collaboration with University of Florida and Universidad de Medellin. Medellin, Colombia

Con El Medical Team (1988, 1989, 1990). Worked peri and post-operative care and follow-up teaching to underserved individuals in Bolivia and teaching medical and nursing personnel at the Universidad de Cochabamba. Cochabamba, Bolivia and Hospital Japonés, Santa Cruz, Bolivia.

South America Mission Medical Team (1982, 1983, 1984). Worked with underserved children with physical and mental disabilities. Assisted with pre and post-operative care of underserved children receiving orthopedic surgery in Amazonian region, <u>Pucallpa</u>, <u>Peru</u>.

# **Institutional Membership and Professional Service**

American Academy of Nurses

• Fellow & Member

American Public Health Association, Public Health Nursing and International Health divisions

• Member

American Nurses Association & New Jersey State Nurses Association

• Member

Eastern Nursing Research Society

• Member

International Association for Preparedness and Response

• Member

National Academies of Practice

• Distinguished Practitioner and Fellow

New Jersey College Health Association (NJCHA)

- Executive Board, 2010 to Present
- President, Executive Board, 2009-2010
- Vice President & Continuing Education Coordinator, Executive Board, 2006 2009
- Awards Chair, 2004 -2006

NJDHSS – New Jersey Disaster Mental Health Services

• DRCC, Certified Disaster Response Crises Counselor 2010 - Present

National League for Nursing

• Member

Sigma Theta Tau International, Alpha Theta Tau Chapter & Eta Mu

• Member & Abstract Reviewer

New Jersey Traumatic Loss Coalition (TLC)/International Trauma Center & Genesis Training Institute

• Member & Certified in Psychological First Aid and Post-Traumatic Stress Management

# **Community Membership and Service**

Gloucester County Children's Choir (501C3)

- Secretary, Board of Trustees, 2018 Present
- Member, Board of Trustees, 2016 Present
- President, Parent Guild, 2016-2017
- Vice President, Parent Guild, 2015-2016
- Parent Guild Member, 2012-2017

Faithseeders (501C3) (Education, Leadership and service in Liberia and Jamaica)

• Member, Trustee Board 2013-Present

# **Rutgers Choral Singers**

• Soprano, Spring 2016

United Methodist Communities at Pitman

• Volunteer Vesper Pianist, 2009 - 2017

Community Church 2008 - 2019

- Worship vocalist
- Sunday school teacher
- Miscellaneous community service