

# Tyshaneka Lamina Saffold

## **Title and Address:**

Clinical Instructor  
Nursing Program  
School of Nursing  
215 N 3rd Street  
Camden, NJ 08102-1508

## **Contact Information:**

tls180@sn.rutgers.edu

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## **Education**

### **Highest Earned Degree**

PhD (Doctoral Candidate). Rutgers University, Urban Health, 2018

### **Other Earned Degrees**

Master of Science in Nursing

Bachelor of Science in Nursing

Associate of Science in Nursing

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## **Research Interests**

### **Professional Identification**

Faculty of Nursing

### **Description of Research and Scholarly or Creative Objectives**

*“Education is the most powerful weapon which you can use to change the world”*  
Nelson Mandela

Tyshaneka is currently enrolled in a PhD in Urban Systems program with an anticipated graduation date of December 2018. Adolescent health is the target population of her research. Particularly, the research focuses on prevention of both teen pregnancy and sexually transmitted infections in poverty-stricken neighborhoods.

Motivated by her drive to help the less fortunate, Tyshaneka volunteers her time mentoring teens and participating in health fairs to increase awareness in the community. In addition, Tyshaneka has a passion for mentoring students and helping them navigate the system during their educational journey. She strives to use her core values, lived experiences and evidence-based practice as the foundation of teaching. Core values shape her philosophy of nursing; everyone deserves to be treated with kindness and compassion regardless of race or socioeconomic status. Her academic expertise is within the realm of community health, leadership, urban health, health disparities, and global health. Clinical experience includes various positions in healthcare leadership, cardiac care, informatics, and community health.

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## **Publications**

### **Edited Books, Anthologies, Collections, Bibliographies**

Contributor: Mosby's Dictionary of Medicine, Nursing & Health Professions, 10<sup>th</sup> Edition

### **Other Publications**

"A Feminist Ethical Practice and Its Implications for Nursing Education". Co-authored with Dr. Mary Wunnenberg.

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### **Conference Presentations, Lectures, Demonstrations**

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#### **Keynote or Plenary Addresses**

Nursing Pinning Ceremony. New Jersey City University, 2018.

#### **Papers, Abstracts, and Lectures**

"Healthy Communities: Addressing Health Equity and Creating Opportunity", Rutgers University, Camden, NJ

"What Is Wrong With Tina Jones Today? Using Shadow Health in the Nursing Program", Rutgers University, Camden, NJ (eLearning Conference)

"Shadow Health Can Help: A Discussion on Student Skepticism. Mid-term Evaluations, Benefits of Tough Love, and Videotaping Assessments", Webinar

"Team STEPPS", Rowan University, Stratford, NJ

#### **Other Presentations, Lectures, Demonstrations**

Presenter: "CamJam". Conducted breakout sessions for middle school and high school students to discuss STI's, pregnancy prevention, nutrition and healthy lifestyles.

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### **Memberships**

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#### **Membership/Offices Held in Scholarly and Professional Societies**

2010-ongoing National League of Nursing

2012-ongoing American Nurses Association