Hello Chapter Members,

It is going to be another exciting year for the Eta Mu Chapter. Our board members have worked hard to create diverse programs and activities for chapter members in 2012 – 2013. Please take a moment to review the fall newsletter to see how our chapter can assist you in meeting your professional nursing needs!

I would also like to extend an invitation to our new and “seasoned” chapter members to become actively involved in our chapter by joining us at one of our upcoming events!

Sincerely,

Sherry Burrell
Acting President

A Message from the President
ETA MU COMMITTEES

Governance Committee
JoAnne Murphy (chair)
Sherry Burrell
Kathy Judge
Samantha Smith

Leadership Succession Committee
Sherry Burrell (chair)
Trish Dunphy-Suplee
Laurie Davis
Kirstin Patragnoni-Sauter

Program Committee
Yolanda Nelson (chair)
Nancy Cresse
Joanne Murphy
Debbie DeVoe

Archives Committee
Nannette Sulik
Larissa Morgan
Susan Gullo
ETA MU COMMITTEES

Fundraising Committee
Kirstin Patragnoni-Sauter (co-chair)
Laurie Stelmaski (co-chair)
Andrea Mottershead
Yolanda Nelson

Membership Involvement Committee
Laurie Davis (chair)
Lynne Borucki
Debbie DeVoe
Jennifer Baciu

Research and Awards
Lynn Eiding (co-chair)
Nanette Sulik (co-chair)
Bonnie Jerome-D’Emilia
Sherry Burrell
26th Annual STTI Tri-State Consortium Brunch

Distinguished Lecturer
Kathleen Calzone, PhD, RN, APNG, FAAN

“Genomics: How Personalized Health Care Will Influence Teaching and Practicing Nursing”

Renaissance Philadelphia Airport Hotel
500 Stevens Drive
Philadelphia, PA 19113

October 14, 2012 (Sunday)
9:00 AM - 1:30 PM

Annual Founder’s Day Dinner

Distinguished Lecturer
Grace Reilly, APN

"Nursing in NJ: what you need to know about Policy, Legislation and Regulation”

The Rutgers Club
199 College Avenue
New Brunswick, NJ 08901

October 16, 2012 (Tuesday)
5:30 PM – 9:00 PM

ETA MU’s 29th ANNUAL INDUCTION CEREMONY
APRIL 7, 2013
Scotland Run Golf Course
Williamstown, New Jersey

SAVE THE DATE
ETA MU FALL MEETING
SEPTEMBER 12, 2012
Wednesday Evening

BOARD MEETING STARTS AT 6 PM

GENERAL MEETING STARTS AT 7 PM

Guest Speaker:
Sherry Burrell, PhD(c), RN, MSN, CNE, ACNS-BC

Topic:
State of the Science: Symptoms and Quality of life in Individuals
Undergoing Surgical Treatment of Pancreatic Cancer

Location:
1415 Route 70 East - Cherry Hill Plaza
Suite 1 (lower level), Cherry Hill

Note: the building is a 6 story brick and glass structure that is in the Cherry Hill Plaza, about 400 yards from Route 295.
COMMUNITY SERVICE EVENT
DECEMBER 9, 2012
SING ALONG
WITH THE CHILDREN OF
VOORHEES PEDIATRIC FACILITY

Bring your biggest smile and your best voice for a morning full of fun. Holiday favorites will be sung with the resident children of the Voorhees Pediatric Facility. Music and lyrics will be provided as Eta Mu gathers as a group to bring holiday cheer to these children.

Feel free to bring friends and family members for this event.

For more information on Voorhees Pediatric Facility, please go to http://www.forkidcare.com/default.aspx

If you are interested in volunteering, please contact the project coordinator Yolanda Nelson at ynelson@virtua.org
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>September 12, 2012</td>
<td>Fall Meeting&lt;br&gt;Cherry Hill Plaza&lt;br&gt;Rt. 70 East, Suite 1&lt;br&gt;Cherry Hill, NJ</td>
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<tr>
<td>October 16, 2012</td>
<td>New Jersey Consortium&lt;br&gt;The Rutgers Club&lt;br&gt;New Brunswick, NJ 08901</td>
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<tr>
<td>October 21, 2012</td>
<td>Tri State Consortium&lt;br&gt;Renaissance Philadelphia&lt;br&gt;Airport Hotel&lt;br&gt;Philadelphia, PA</td>
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<td>November 2012 (TBA)</td>
<td>Bridge Walk/Run Benefit&lt;br&gt;ETA MU and Rutgers SNA&lt;br&gt;Ben Franklin Bridge&lt;br&gt;Rutgers, Camden</td>
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<td>December 9, 2012</td>
<td>Community Service Event&lt;br&gt;Holiday Visit and Sing&lt;br&gt;Voorhees Pediatrics&lt;br&gt;Voorhees, New Jersey</td>
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### CALENDAR OF EVENTS 2011-2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>January 28, 2012</td>
<td>Prospective STTI Member “Meet and Greet”</td>
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<tr>
<td>(Monday)</td>
<td>Location TBA</td>
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<tr>
<td>February 13, 2012</td>
<td>Winter Board/General Meeting</td>
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<tr>
<td>(Wednesday)</td>
<td>Location TBA</td>
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<tr>
<td>April 7, 2012</td>
<td>STTI Induction Luncheon</td>
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<tr>
<td>(Sunday)</td>
<td>Scotland Run Golf Course</td>
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<td></td>
<td>Williamstown, NJ</td>
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<tr>
<td>June 19, 2013</td>
<td>Spring Board Meeting</td>
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<tr>
<td>(Wednesday)</td>
<td>Reorganization</td>
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<tr>
<td></td>
<td>Location TBA</td>
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### STAY CONNECTED WITH THE ETA MU CHAPTER

**Facebook**

Please visit the Eta Mu Chapter’s Facebook page to stay current with all of our chapter’s events. Our Facebook page is entitled: “Eta Mu Chapter of Sigma Theta Tau International”

**Internet Website**

Please visit the Eta Mu Chapter’s website at [http://nursing.camden.rutgers.edu/eta_mu.html](http://nursing.camden.rutgers.edu/eta_mu.html)
New 2012 Sigma Theta Tau Inductees

Kimberly Barrett
Hidelita Santos Bernardo, RN
Kristine Buffa, RN
Abigail Canlas
Amanda Dixon
Morgan Ford
Katherine Freedman
Jenny Gomez, RN
Marlene A. Greenbaum, RN, BSN
Brittany Hannigan
Lorraine Hughes, RN
Dana Jarow

Chinyi Lai, RN
Melissa Lynch, RN
Thomas Masullo
Donna Mattio, RN
Pamela Myers, RN
Amanda Miccio, RN
Megan Nahf
Ying Pang
Yolanda Sime
Laongdao Singkamanand, RN
Tiffany Stiteler
Vivian Velez, RN

Nurse Leaders Community at Large

Joy Atkins, RN, BSN, Med
Wanda Foster Clark BSN, CSN
Janet Gibson, RN, MSN, MBA
Melanie Robles-Jain RN, APN
William McKeever, RN, BSN
Gina Totten, RN, BSN
GOOD NEWS CORNER

Sherry Burrell

• Defended her doctoral proposal, “Symptom Clusters and Health-related Quality Of Life in Individual Undergoing Surgical treatment of Pancreatic Cancer” at Villanova University


Patricia Suplee

• Received the Chancellor's Award for Teaching Excellence from Rutgers University-Camden.

• Recently appointed as AWHONN's representative to the American Nurses Association's Committee on Nursing Practice & Economics


Nancy Cresse

• Received the 2012 Gloucester County College Distinguished Alumni Medallion at the Gloucester County College Commencement Ceremony, May 18, 2012. Given to a graduate of GCC who has achieved success in their profession, distinguished themselves in the Gloucester county community, and demonstrated support for GCC
GOOD NEWS CORNER

Bonnie Jerome-D’Emilia

- received the School of Nursing Outstanding Nurse Educator Award

Kevin Emmons

- Earned a DrNP at Drexel University and defended his clinical dissertation "Wounds at the End of Life: Wound Symptoms and Severity, Quality of Life, and Patient-Reported Symptoms and Preferences for Care", May 8, 2012.

Joanne Robinson

- Received the School of Nursing Award for Excellence in Professional Nursing
GOOD NEWS CORNER

Nancy Powell

- Defended her dissertation, “The Effects of a Workplace Educational Program on Moral Distress among Registered Nurses” at Widener University earning a PhD, June 11, 2012

Carole-Rae Reed


The following posters were presented at Cooper University Hospital's research week:

Nursing Research Award winner: O’Shea, J., DiCristo, P., Rowello N., Hunter, C., Denton, A., & Reed, CR. Comparison of different thermometers for temperature measurement in oncology patients.


Clinical Corner:
Removing Urinary Catheters at 2400 vs 0600

It has long been nursing tradition to remove indwelling urinary catheters at 0600. However, evidence has shown that patients have better outcomes if the catheter is removed at 2400.

In one study it was found that removing the indwelling catheter at 2400 decreased patient’s anxiety while also increasing the amount of urine voided on the first and second void (177ml v. 268ml and 195 vs. 322ml respectively). Overall, the evidence in this study showed that patients experienced less urinary retention than their counterparts who had an indwelling catheter removed at 0600. This lead to earlier discharge for the 2400 group. 64% of patients who had their indwelling catheters removed at midnight were discharged on the same day of removal versus 23% in the group who had their catheters removed at 0600. None of the same day discharge patients were later readmitted for urinary retention.

Although it was not tested in this study, the author believe that the patients returned to a normal voiding pattern due to the patients being able to sleep after the 2400 removal. Sleeping would cause a decrease in anxiety and also is hypothesized to allow the bladder to fill more slowly and fully.

Eta Mu Members and the Rutgers Student Nurses Association would like to invite all members, family and friends to come out for their second bridge walk/run this fall.

Our first fundraising walk/run occurred this spring and was successful raising money for both organizations in our quest to support nursing students and community leaders.

Please come out for another fun filled weekend morning this fall for exercise, camaraderie and service for a good cause.

Stay tuned for more information on this event in the near future.